# VICTORIAN RACE WALKING CLUB



# ANNUAL REPORT

2003

## **OFFICERS**

President Senior Vice President Junior Vice President Treasurer Secretary

## **GENERAL COMMITTEE**

Asst. Secretary/Treasurer Club Captain Club Vice Captain Publicity Officer Race Secretary Handicapper Delegate to Athletics Victoria VRWC Selectors (2) Judging Coordinator Social Secretary Development Officer General Committee

Auditor

Harry Summers Mark Donahoo Bob Gardiner Michael Bodey Tim Erickson

Ron Miller Andrew Jamieson Ezo Girgin Ray Smith Ron Miller Mark Donahoo Peter Vysma Ron Miller, Mark Donahoo Diane Lowden

Mark Donahoo Paul Kozaris, Heather Carr

### Alan Cater

## LIFE MEMBERS

1928	Frank O'Rourke *	1960	Jack Cummins *
1933	Alfred Robinson *	1961	Augustus Theobold *
1933	Frank Byrne *	1964	Ralph Field
1933	William Billsborrow *	1964	George Knott *
1936	James McDonald *	1971	Radcliffe Grace *
1938	Rupert Blackley *	1975	Elsie Jacobson *
1946	Edward Drayton *	1978	Mabel Robinson *
1948	Herbert Gardiner *	1983	Ray Smith
1948	Jack Larkin *	1987	Robert Gardiner
1955	James Gaylor *	1987	Ronald Miller
1955	Norman Goble *	1990	Thomas Daintry *
1955	Fred O'Grady *	1990	Harold Summers
1956	Frank McGuire	1998	Alan Johnson
1959	Charles Jacobson *	2001	Mark Donahoo

\* Deceased

### PRESIDENTS

1923-24	Robert Croll
1925	
1926	William Dickenson
1927	
1928	Rexx Merrick
1929-30	Francis Byrnes
1931-36	Edward Drayton
1937-41	Alfred Robinson
1942-45	
1946-76	Alfred Robinson
1977-83	Raymond Smith
1983-	Harold Summers

We have enjoyed an exciting and busy year. The support of our members has been pleasing with good race day attendances. The improvement of our younger walkers over the year augers well for the future of our sport and I believe that we are doing our bit for the development of race walking by providing the races and support for this important group.

Our committee have continued to be a positive and pro active group. My thanks to them for their time and effort, particularly our enthusiastic secretary, Tim, who keeps the club running efficiently and smoothly, also our volunteers who give their time to officiate, judge and cater at our events. Without them there would be no competition.

1 hope all our members have enjoyed the year and we look forward to the future with further development and improvement of our club

Harry Summers.

## **PUBLICITY OFFICER'S REPORT**

**THE SPORT** receives good media coverage every two years during the games periods. Publicity for the club is entirely dependent on outstanding performances by our members.

**THE CLUB** can possibly only receive general media publicity if the club collectively has a major achievement. Individuals have received publicity through their first claim clubs and local newspapers.

**WEBSITE** is well established. Race Fixtures and Competition Rules are featured. All results are posted on a weekly basis and the results pages are becoming a valuable archive for all time.

Future projects include permanent photo and pen portrait displays of all international representatives. A huge task for Tim Erickson. It won't be achieved in a day but it will be forever.

Former **VRWC NEWS** has been renamed **VRWC TIMES** and is now principally a pictorial publication. Previous week's recorded times and race start times for day of issue are included.

4, November 2003

Ray Smith

## **SECRETARY'S REPORT**

Over the last 3 years, our membership has grown from 120 in 2001 to 126 in 2002 to 146 in 2003. This reflects a very healthy club that is bucking the current trend evident in athletics as a sport. In a time of reducing participation rates, we are growing as a club and continuing to attract new members and old members alike.

Part of our strategy has been to offer a reduced membership rate to walkers who are members of one of the Country racewalking clubs (Ballarat, Bendigo, Barwon or Geelong). This is in line with our current club strategy to grow the sport throughout Victoria and to support and work with the other walking clubs rather than setting ourselves up in competition to them.

This membership was split between 133 competitive members and 13 non-competitive members who were in various categories – general supporters, officials and life members.

The 133 competitive members were split into age groups (as based on our age cutoff date of 1 October 2002) as follows

Age Group	Total	Female	Male
U10	12	9	3
U12	14	9	5
U14	17	10	7
U16	6	3	3
U18	8	6	2
U20	2	1	1
20+	13	8	5
30+	11	7	4
40+	14	6	8
50+	19	6	13
60+	15	5	10
70+	2	0	2
	133	70	63

Nearly 50 of our competitive membership are in the Under 20 or younger age groups. While that augurs well for the future of the club, the challenge is always to provide an environment for these young walkers that will nurture their development and keep them in the sport. We still lose far too many young walkers in the final years of secondary school.

During the course of the year, many non-members walked at Albert Park in special events such as Victorian Championships, Victorian Veteran Championships or Schools Championships or simply as visitors giving competitive walking a try. Every year, a number of these decide to become members of VRWC and the constant trickle of new members ensures our membership remains healthy.

But there is always scope for increasing our membership even further. Various areas remain relatively untapped. These include

- the summer walkers who compete in Interclub but who do not choose to enhance their walking with a winter season of roadwalking
- the many veteran walkers who compete at their local veteran venues
- school and Little Athletics based walkers.
- fitness walkers.

This winter season, we experimented with Unjudged Fitness walks and initially attracted some participants. But the format was obviously not attractive enough and the numbers soon dwindled and we have now discontinued this. I feel personally that we need someone to take this up and to develop it as an alternative activity rather than just as an adjunct to the normal day's racing. I am reminded of the Little Walkers which ran in the 70's at Albert Park under the auspices of Brian Parkinson and others. It developed into its own sub culture and was very successful for a number of years.

I can report that our current Committee form a very experienced and hard working group who have ensured that the Club remains a club for the members. The social atmosphere each Saturday is a reflection on the team spirit that pervades the club at the moment. Thanks to everyone who has made the year such a successful one from an administrative point of view.

Those who toe the line every weekend for another race do not perhaps realise the hard work that goes on behind the scenes to make it all happen. I wish to personally thank all those who perform above and beyond the course of duty. This list includes

- Harry, Bob, Ross and the others who set up and dismantle the courses
- Barb, Joyce and Kate who provide for us all in the canteen and kitchen
- Michael and Ron who take the race entries and look after all money matters
- Paul, Lou, Mark, Julie and the various helpers who look after the stopwatches and lapsheets
- Mark who does the handicapping and coaching sessions
- Ray who mans the camera, shows the results after the race and produces the weekly newsletter
- Gordon, Ray, Peter, Marion, Alan, Lloyd, Michael, David and the other judges without whom we would have no sport.

My apologies to anyone I have missed. There are so many people who make our club tick.

Club communication continuues to be a big plus for us. Ray Smith once again produced a weekly each race day. This was complemented by an Internet based email newsletter that I also produced on a weekly basis. The VRWC website was also updated weekly with the latest results and information. Added together, we have a communications network that is second to none.

This year, we started to use our newly acquired club computer on race days for administration purposes. Using a suite of programs developed by Mark Donahoo, the computer is now used to produce race sheets, total monies, track race entries and sundry other tasks. A big thank you to Mark for pushing us unwillingly forward.

For many years, the lack of proper VRWC uniform has made us stand out in AFRWC carnivals. Walking clubs from other States have distinctive tracksuits or caps or jackets but we come across as a hotch potch. This year, the Committee decided to rectify this situation and have organised club beanies and jackets. These are selling well and will hopefully be the first steps towards establishing a proper club uniform that identifies and advertises us.

Our current club headquarters are unique amongst Australian walking clubs. The facilities lease from Middle Park Bowling Club guarantees us our own headquarters and allows us to develop top racewalking courses on the surrounding service roads. It is generally acknowledged that our courses are the best in Australia and Interstate walkers regularly come to Albert Park in the hope of good times on guaranteed courses. Yet, nothing is certain in the life of a tenant. MPBC have recently been advised by Parks Victoria that their yearly lease payment is to be increased from \$6,500 to \$20,000. If this is ratified, it may well mean a significant increase in our own yearly lease payment (currently \$3,300) to MPBC. Time will tell but we are concerned about this development.

Once again we combined with our sister walking clubs in Ballarat, Bendigo and Geelong to field strong teams in the Australian Federation of Race Walking Clubs Carnival in Canberra (45 members competed). We continue to constructively build our relationship with the country walking clubs

VRWC also hosted a series of championships during the course of the year. These included

- The Australian 50 Km Championship and Selection Trial for the 2003 World Championships
- The Australian Roadwalking Championships
- All of the Athletics Victoria Roadwalking championships
- The Athletics Victoria Schools Roadwalking championships
- The Victorian Veteran Assn Roadwalking championships
- Our own VRWC club championships.

Thus we can indeed lay claim to be at the centre of Melbourne and Victorian based walking.

Here are the main results of these various championship races.

## **VRWC CLUB CHAMPIONSHIPS**

Four separate sets of VRWC club championships were run during the year. These events covered a variety of distances and age groups and involved a number of perpetual trophies. Medallists are as follows

## ALBERT PARK, 15 DECEMBER 2002

VRWC 20 KM OPEN MEN GUS THEOBOLD MEMORIAL		VRWC 10 KM VETERAN WO STELLA MURNANE MEMOR	
1. Paul Van Kopplen	1:39:59	1. Heather Carr	59:32
2. Brian Trower	1:48:59	2. Celia Johnson	66:30
3. Simon Evans	2:06:50	3. Gwen Steed	69:49
VRWC 1.5K UNDER 12 BOYS		VRWC 3K UNDER 15 WOMEN	1
1. Jayson Stoddart	10:46	1. Sarah Alexander	19:04

### ALBERT PARK, 18 MAY 2003

VRWC 35 KM OPEN MEN		VRWC 15 KM OPEN WOMEN	
RAY SMITH TROPHY		ELSIE JACOBSON TROPHY	
1. Frank Bertie	3:02:07	1. Megan Peters	1:16:58
2. Chris Erickson	3:03:56	2. Rachael Loone	1:20:32
3. Mark Donahoo	3:14:27	3. Sandra Geisler	1:25:27
VRWC 15 KM UNDER 20 MEN		VRWC 15 KM UNDER 20 WOMEN	
1. Travis Middlemiss	1:20:23		
VRWC 5KM UNDER 16 BOYS		VRWC 5KM UNDER 16 GIRLS	
1. Shaun Burgess	29:46	1. Tyne Boddy	29:22
2. Nicholas Mirarchi	33:08	2. Kylie Vandenheiligenberg	35:55
VRWC 5KM UNDER 14 BOYS		VRWC 5KM UNDER 14 GIRLS	
1. Daniel Payne	17:22	1. Sarah Alexander	15:54
2. Jayson Stoddart	19:59	2. Eda Girgin	16:12
		3. Diana Nielsen	16:35
VRWC 1KM UNDER 12 BOYS		VRWC 1KM UNDER 12 GIRLS	
1. Timucin Girgin	5:21	1. Regan Lamble	5:02
2. Ergenekon Girgin	5:32	2. Rachel Tallent	5:11
		3. Anne Whitworth	5:30
VRWC 1KM UNDER 9 BOYS		VRWC 1KM UNDER 9 GIRLS	
		1. Nicole Hallett	6:17
		2. Nikki Apostolidis	6:20
		3. Chloe McNicol-Davidson	7:54
L			

## ALBERT PARK, 29 JUNE 2003

VRWC 20 KM MEN		VRWC 10 KM WOMEN	
ALF ROBINSON MEMORIAL		MABEL ROBINSON MEMOR	IAL
1. Frank Bertei	1:33.25	1. Simone Wolowiec	48.38
2. Chris Erickson	1:40.23	2. Megan Peters	48.57
3. Colin Heywood	1:45.58	3. Kylie Bonney	51.48
VRWC 1.5 KM U12 BOYS		VRWC 1.5 KM U12 GIRLS	
1. Jayson Stoddart	9.06	1. Anne Whitworth	8.39
		2. Hanna Banks	8.58
		3. Amy Johnson	9.36
VRWC 1.5 KM U9 BOYS		VRWC 1.5 KM U9 GIRLS	
1. David Butteriss	9.51	1. Nicole Hallett	9.55
		2. Nikki Apostolidis	10.02
		3. Jasmine Irshard	11.20

## ALBERT PARK, 20 JULY 2003

VRWC 2 KM U12 BOYS 1. STODDART, Jayson 2. GIRGIN, Ergenekon	11:21 12:23	VRWC 2 KM U12 GIRLS 1. LAURIE, Natalie 2. WHITWORTH, Anne 3. NEYLAN, Alicia	11:02 11:25 11:35
VRWC 2 KM U9 BOYS		VRWC 2 KM U9 GIRLS1. APOSTOLIDIS, Nikki2. HALLETT, Nicole3. McNICOL-DAVIDSON, Chloe	13:00 13:06 13:42

## ATHLETICS VICTORIA CHAMPIONSHIPS

VRWC hosted all 5 A.V championship days during the winter season. Our officials and judges form an expert pool from which A.V. can draw and we provide a key service to A.V. in hosting these events.

A.V. 50 KM OPEN MEN, 18/05/2003 . Duane Cousins	3:59:33		
A.V. 30 KM OPEN MEN, 20/07/2003			
1. Frank Bertei	2:25:44		
<ol> <li>Chris Erickson</li> <li>Andrew Jamieson</li> </ol>	2.27:04 2:39:49		
	2:39:49		0.07/2002
A.V. 20KM OPEN MEN, 29/06/2003	1 22 25	A.V. 20 KM OPEN WOMEN, 2	
1. Frank Bertei	1.33:25	1. Simone Wolowiec	1.38:15
2. Jared Tallent	1.33:55	2. Rachel Loone	1.46:29
3. Chris Erickson	1.40:23	3. Kellie Wapshott	1.49:09
A.V. 15 KM OPEN MEN, 03/05/2003		A.V. 15KM OPEN WOMEN, 0	3/05/2003
1. Jared Tallent	70:01	1. Simone Wolowiec	73:22
2. Frank Bertei	70:06	2. Rachel Loone	79:25
3. Mark Donahoo	74:28	3. Sandra Geisler	83:33
A.V. 10KM OPEN MEN 212/04/2003		A.V. 10KM OPEN WOMEN, 2	9/06/2003
C.H. "BERT" GARDINER MEDAL		1. Simone Wolowiec	48:38
1. Paul Van Kopplen	46:39	2. Megan Peters	48:57
2. Chris Erickson	47:11	3. Kylie Bonney	51:48
3. Jared Tallent	48:01		
A.V. 20 KM U20 MEN, 20/07/2003			
1. Jared Tallent	1:40:21		
2. Travis Middlemiss	1:40:23		
A.V. 10 KM U20 MEN, 29/06/2003		A.V. 10 KM U20 WOMEN, 20/	07/2003
1. Travis Middlemiss	47:38	1. Rebecca Wilkie	56:49
A.V. 8 KM U18 MEN, 20/07/2003		A.V. 8 KM U18 WOMEN, 20/0	
		1. Fauve Jacobs	45.08
		2. Emma Gray	45:20
		3. Tyne Boddy	50:33
A.V. 5 KM U16 BOYS, 20/07/2003		A.V. 5 KM U16 GIRLS, 20/07/2	2003
1. Kyle Bryant	27:04	1. Jessica Rothwell	25:52
2. Shaun Burgess	29:06	2. Sarah Alexander	26:41
3. Daniel Lineen	29:39	3. Sibon Buzzard	27:38
A.V. 3 KM U14 BOYS, 20/07/2003		A.V. 3 KM U14 GIRLS, 20/07/2	2003
1. Timucin Girgin	16:24	1. Jessie Palfreyman	15:26
2. John Platt	16.36	2. Katie Lovus	15:32
3. Daniel Payne	17.30	3. Natalie Laurie	16:29
A.V. U20 BOYS 10 KM SCHOOLS, 2	29/06/2003	A.V. U20 GIRLS 10 KM SCHO	OOLS, 29/06/2003
		1. Jodie Emmerson	64:10
A.V. U18 BOYS 5 KM SCHOOLS, 29		A.V U18 GIRLS 5 KM SCHOO	
1. Tim Stevenson	28:24	1. Tyne Boddy	28.58
		2. Fauve Jacobs	29:14
		3. Stefanie Tymms	34:22
A.V. U16 BOYS SCHOOLS, 29/06/20	03	A.V. U16 GIRLS 3 KM SCHOO	DLS, 29/06/2003
1. Kyle Bryant	15:47	1. Sarah Alexander	15:35
2. David Ranger	15:50	2. Eda Girgin	15:42
3. Timucin Girgin	16:08	3. Natalie Laurie	15:55

## ATHLETICS AUSTRALIA CHAMPIONSHIPS

Athletics Victoria hosted the annual A.A. 50 km title in May and VRWC helped conduct the event at Albert Park which continues to the preferred venue for major championships. The main Athletics Australia winter championships were also held at Albert Park in August and VRWC provided many of the officials and expertise that guaranteed a well run event.

	A. OPEN MEN 50 KM	4. 18/05/200	3. ALBERT PARK				
1.	Duane Cousins	VIC	3.59:33				
2.	Liam Murphy	SA	4:04:56				
2. 3.	Darren Bown	SA	4:18:43				
5.	Darren Down	SA	4.10.45				
<b>A.</b> /	A. OPEN MEN 30 KM	4. 17/08/200	3. ALBERT PARK	A.	A. OPEN WOMEN 10 KM	. 17/08/2003, AI	B'T PARK
1.	Bertei, Frank	VIC	2:27:21	1.	Wolowiec, Simone	VIC	47:45
2.	Sundstrom, Troy	NSW	2:30:11	2.	Walkley, Sarah	NSW	50:57
<u>3</u> .	Erickson, Chris	VIC	2:35:22	3.	Bonney, Kylie	VIC	52:27
<i>4</i> .	Jamieson, Andrew	VIC	2:35:31	5.	Geisler, Sandra	VIC	53:30
	Sumeson, maren	110	2.00.01	7.	Sansonetti, Nicole	VIC	55:41
	<b>A. U20 MEN 20 KM,</b>						
1.	Tallent, Jared	VIC	1:33:54				
2.	Mottram, Kim	SA	1:36:47				
3.	Middlemiss, Travis	VIC	1:41:30				
A	A. U20 MEN 10 KM, (	08/06/2003	CANBERRA	Α	A. U20 WOMEN 10 KM, 1	7/08/2003 ALRI	ERT PARK
1.	Tallent, Jared	VIC	44:55	1.	Grant, Lisa	NSW	51:39
2.	Rutter, Adam	NSW	44:56	2.	Johnson, Laura	NSW	52:52
2. 3.	Perske, Ben	QLD	47:33	3.	Becker, Yvette	SA	56:06
3. 4.	Middlemiss, Travis	VIC	47:36	4.	Wilkie, Rebecca	VIC	57:00
4.	Wilduleiiiiss, 11avis	VIC	47.30	4.	winkle, Rebecca	VIC	57.00
<b>A.</b> /	A. U18 MEN 8 KM, 1'	7/08/2003, A	LBERT PARK	A.	A. U18 WOMEN 8 KM, 17	/08/2003, ALBE	RT PARK
1.	Perske, Ben	QLD	38:41	1.	Hosking, Jillian	ACT	41:22
2.	Harris, Matt	SA	40:09	2.	Alldis, Fiona	NSW	41:47
3.	Humphrey, Aaron	TAS	40:12	3.	Burns-Rees, Lauren	NSW	43:28
4.	Stevenson, Tim	VIC	44:47	5.	Gray, Emma	VIC	44:56
				6.	Jacobs, Fauve	VIC	47:13
				7.	Boddy, Tyne	VIC	48:47
•	A. U16 MEN 5 KM, 1'	7/00/2002			A. U16 WOMEN 5 KM, 17	/08/2002 AT DE	
A. <i>I</i>	Sellen, Glen	NSW	24:22	<b>A.</b>	Rothwell, Jessica	VIC	24:09
1. 2.	Wolszczak, Gregorz	SA	25:46	2.	Alldis, Fiona	NSW	24:09
2. 3.	Reading, Brendon	ACT	25:53	3.	Holliday, Tanya	SA	24.40
3. 7.		VIC	25:55 29:35			SA VIC	
	Burgess, Shaun Lineen, Daniel			6.	Gray, Hollie		26:58
8.	/	VIC	30:04	7.	Fuzzard, Sibon	VIC	27:06
9.	Boddy, Reece	VIC	32:07		Alexander, Sarah	VIC	28:00
				11.	Donovan, Siobhan	VIC	28:06
<b>A.</b> <i>A</i>	A. U14 MEN 3 KM, 1'	7/08/2003, A	LBERT PARK	A.	A. U14 WOMEN 3 KM, 17	/08/2003, ALBE	RT PARK
	<b>A. U14 MEN 3 KM, 1</b> ' Jelfs, Aaron	<b>7/08/2003,</b> A SA	LBERT PARK 16:07	<b>A.</b> 1.	A. U14 WOMEN 3 KM, 17 Biagioni, Lauren	/ <b>08/2003, ALBE</b> WA	
1.	· · · · · · · · · · · · · · · · · · ·	,				,	15:01
1. 2.	Jelfs, Aaron	SA	16:07	1.	Biagioni, Lauren	WA	15:01 15:24
1. 2. 3.	Jelfs, Aaron Platt, John	SA VIC	16:07 16:27	1. 2.	Biagioni, Lauren Densley Scott, Danielle	WA WA	15:01 15:24 15:27
1. 2. 3. 4.	Jelfs, Aaron <b>Platt, John</b> Pisani, Jason <b>Payne, Daniel</b>	SA VIC NSW	16:07 16:27 16:43	1. 2. 3.	Biagioni, Lauren Densley Scott, Danielle <b>Palfreyman, Jessie</b> Laurie, Natalie	WA WA VIC	15:01 15:24 15:27 16:05
	Jelfs, Aaron <b>Platt, John</b> Pisani, Jason	SA VIC NSW VIC	16:07 16:27 16:43 16:51	1. 2. 3. 7.	Biagioni, Lauren Densley Scott, Danielle <b>Palfreyman, Jessie</b> Laurie, Natalie Lovus, Katie	WA WA VIC VIC	15:01 15:24

Victoria also won the A.A Teams events in the Open Womens 10 km Roadwalk and in the Under 16 Women 5 km roadwalk.

## 37<sup>TH</sup> AFRWC WALKING CHAMPS, WESTON PARK, CANBERRA, 8 JUNE 2003

The Canberra Carnival was held once again and what a wonderful weekend it was. The Peter Waddell memorial walk on the Saturday afternoon was a great success with over 50 walkers remembering Peter's memory in a non-race 5 km walk. The Federation Conference saw Harry Summers re-elected as AFRWC President. The Sunday races were held in the best Canberra weather we have seen for many years and over 200 walkers from all over Australia keenly raced against each other. NSWRWC continue to set the standard and won the Brennan Shield once again but our walkers did themselves proud with some fine walking. Many of our walkers did PBs and no Victorian walkers were disqualified – a great result. The Victorian results were as follows

3 4 5 7 Teams <b>AFRWC</b> 3	C OPEN 20 MILES (32KMS) BERTEI, Frank ERICKSON, Chris DONAHOO, Mark KNOX, Duncan 2. VRWC (F Bertie, C Erickson, M C MEN'S 10 MILES ERICKSON, Tim BUNKER, John		1 3 6 Teams	C WOMEN'S 10 MILES WOLOWIEC, Simone PETERS, Megan SANSONETTI, Nicole 1. VRWC (S Wolowiec, M Peters	79:44 85:11 94:42 , N Sansonetti)
4 5 7 Teams <b>AFRWC</b> 3	ERICKSON, Chris DONAHOO, Mark KNOX, Duncan 2. VRWC (F Bertie, C Erickson, M C MEN'S 10 MILES ERICKSON, Tim	163:58 183:33 193:19 1 Donahoo)	3 6 Teams	PETERS, Megan SANSONETTI, Nicole	85:11 94:42
5 7 Teams AFRWC 3	DONAHOO, Mark KNOX, Duncan 2. VRWC (F Bertie, C Erickson, M C MEN'S 10 MILES ERICKSON, Tim	183:33 193:19 I Donahoo)	6 Teams	SANSONETTI, Nicole	94:42
7 Teams AFRWC 3	KNOX, Duncan 2. VRWC (F Bertie, C Erickson, M C MEN'S 10 MILES ERICKSON, Tim	193:19 1 Donahoo)	Teams		
Teams AFRWC 3	2. VRWC (F Bertie, C Erickson, M C MEN'S 10 MILES ERICKSON, Tim	I Donahoo)		1. VRWC (S Wolowiec, M Peters	, N Sansonetti)
AFRWO	C <b>MEN'S 10 MILES</b> ERICKSON, Tim			1. VRWC (S Wolowiec, M Peters	, N Sansonetti)
AFRWO	C <b>MEN'S 10 MILES</b> ERICKSON, Tim				
3	ERICKSON, Tim	07.04			
3	ERICKSON, Tim	0	AFRW	C WOMEN'S 5,000M	
		87:04	2	PETERS, Megan	24:58
4	BONKER, JOHN	87:11	7	CARR, Heather	27:02
		07.11	15		
				GIRGIN, Eda	29:28
			16	GIRGIN, Ezo	29:39
			24	PLATT, Belinda	32:15
			28	JONES, Kelly	36:15
			Teams	3 VRWC (M Peters, H Carr, E Gi	rgin)
AFRWO	C UNDER-20 10,000M				
	TALLENT, Jared	44:55			
	MIDDLEMISS, Travis	47:36			
5		17.50			
AFRWO	C BOYS UNDER-17 5,000M		AFRW	C GIRLS UNDER-17 5,000M	
5	STEVENSON, Tim	28:16	5	BODDY, Tyne	28:39
AFRWO	C BOYS UNDER-15 3,000M		AFRW	C GIRLS UNDER-15 3,000M	
6	PLATT, John	16:44	3	ALEXANDER, Sarah	15:46
11	BODDY, Reece	18:34	9	NIELSEN, Daina	16:28
			12	GIRGIN, Eda	16:37
			21	POLMEAR, Jacinta	18:25
			Teams	2 VRWC (S Alexander, D Niel	sen, E Girgin)
				· ·	
	C BOYS UNDER-12 2,000M			C GIRLS UNDER-12 2,000M	
	GIRGIN, Timucin	10:31	4	LAURIE, Natalie	10:42
	STODDART, Jayson	11:21	6	LAMBLE, Regan	10:47
4	GIRGIN, Ergenekon	11:37	9	TALLENT, Rachel	11:26
	MIRARCHI., Nicholas	11:46	20	APOSTOLIDIS, Nikki	13:41
10	PLATT, Joshua	12:05	23	MIRARCHI, Josephine	16:45
	BUTTERISS, David	15:40		, <u> </u>	
			Teams	2. VRWC (N Laurie, R Lamble, F	Tallent)
	<ol> <li>VRWC (T Girgin, J Stoddart, E</li> <li>VRWC (N Mirarchi, J Platt, D F</li> </ol>				,
BOYS A	ND GIRLS UNDER 9 1,000M				
3	TALLENT, Ebony	6:37			
	McNICOL_DAVIDSON, Chloe	6:51			
	NIELSEN, Karla	7:36			
	·				
BOYS A	ND GIRLS UNDER 9 1,000M TALLENT, Ebony	6:37			

## AFRWC WALKING CHAMPS, SYDNEY, 3 AUGUST 2003

The second AFRWC carnival for the year was hosted by NSW Race Walking Club very few members made the trip which was held only 2 weeks before the National Roadwalking titles. This Federation carnival struggles to retain its relevance and is a year to year proposition.

AFRWC 20 KM OPEN MEN	
2. Frank Bertei	1:34:41
3 Chris Erickson	1:36:56
4. Tim Erickson	1:55:24
Teams 1 VRWC 6 F.Bertei, C. Ericks	son, T. Erickson

### **AWARD WINNERS**

### 2003 ATHLETICS VICTORIA TROPHY WINNERS

NORM GOBLE TROPHY: **BETTY NEWMAN TROPHY:** AVIS REDMAN TROPHY: TOM DAINTRY TROPHY:

Most points earned in Mens AV Championships: Womens Walking Team Champions: Under 16 Most Improved Girl: Best Under 14 First Year Walker:

Frank Bertei Knox Sherbrooke Jessica Rothwell Natalie Laurie

### 2003 VRWC TROPHY WINNERS

### FASTEST TIMES POINTS & HANDICAP POINTS COMPETITIONS

Open Women	Fastest Times Points :	Nicole Sansonetti
Open Women	Handicap Points :	Nicole Sansonetti
Open Men	Fastest Times Points :	Tom Barnes
Open Men	Handicap Points :	Tom Barnes
Under 20 Women	Fastest Times Points :	Rebecca Wilkie
Under 20 Women	Handicap Points :	Jodie Emmerson
Under 20 Men	Fastest Times Points :	Shaun Burgess
Under 20 Men	Handicap Points :	Shaun Burgess
Under 15 Girls	Fastest Times Points :	Sarah Alexander
Under 15 Girls	Handicap Points :	Sarah Alexander
Under 15 Boys	Fastest Times Points :	Nicholas Mirarchi
Under 15 Boys	Handicap Points :	Nicholas Mirarchi
Under 12 Girls	Fastest Times Points :	Alicia Neylan
Under 12 Girls	Handicap Points :	Alicia Neylan
Under 12 Boys	Fastest Times Points :	Jayson Stoddart
Under 12 Boys	Handicap Points :	Jayson Stoddart
Under 9 Girls	Fastest Times Points :	Nikki Apostolidis
Under 9 Girls	Handicap Points :	Nikki Apostolidis
Under 9 Boys	Fastest Times Points :	David Butteriss
Under 9 Boys	Handicap Points :	David Butteriss
Veteran Women	Fastest Times Points :	Heather Carr
Veteran Women	Handicap Points :	Jenny Fawkes
Veteran Men	Fastest Times Points :	John Bunker
Veteran Men	Handicap Points :	Alan Lucas

#### 2003 VRWC JACK LARKIN TROPHY

### HIGHEST POINT SCORING COUNTRY ATHLETES Men: Women:

### 2003 VRWC MERRIFIELD AWARDS COMBINED FASTEST TIMES AND HANDICAP POINTS

Open Men: Open Women: Under 20 Men: Under 20 Women: Under 15 Men: Under 15 Women: Veteran Men: Veteran Women:

### **CLUB TEAM FUND PRESENTATIONS**

AFRWC 20 Miles Men	$2^{nd}$
AFRWC 10 Mile Women	$1^{st}$
AFRWC 5 km Open Women	$3^{rd}$
AFRWC 3000m U15 Girls	$2^{nd}$
AFRWC 2000m U12 Girls	$2^{nd}$
AFRWC 2000m U12 Boys	$1^{st}$
Team Managers	
AFRWC 20 Km Men	$1^{st}$
Team Manager	
	AFRWC 20 Miles Men AFRWC 10 Mile Women AFRWC 5 km Open Women AFRWC 3000m U15 Girls AFRWC 2000m U12 Girls AFRWC 2000m U12 Boys Team Managers AFRWC 20 Km Men

Nicholas Mirarchi Rachael Loone

Tom Barnes Nicole Sansonetti Shaun Burgess Rebecca Wilkie Nicholas Mirarchi Sarah Alexander John Bunker Jenny Fawkes

F Bertei, C Erickson, M Donahoo S Wolowiec, M Peters, N Sansonetti

M Peters, H Carr, E Girgin

S Alexander, D Nielsen, E Girgin

N Laurie, R Lamble, R Tallent T Girgin, J Stoddart, E Girgin

Tim Erickson, Daryl Biggin

F Bertei, C Erickson, T Erickson Harry Summers

## Scratch Points

Women

## Handicap Points

## Women

Kylie BonneyOpen15Amanda EmmettOpen26.5Alicia NeylanU1241Alicia NeylanU1262Natalie LaurieU1240Natalie LaurieU1249Anne WhitworthU1227Anne WhitworthU1247Sarah AlexanderU1554Sarah AlexanderU1559Daina NielsenU1527.5Andrea ContessottoU1552.5Siobhan DonovanU1525Siobhan DonovanU1547Rebecca WilkieU2018Jodie EmmersonU2013Jodie EmmersonU206Kylie VandenheiligenbergU2013Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettVet36Jenny FawkesVet63Heather CarrVet36Jenny FawkesVet52Ann HolcombeVet19Marlaine StanwayVet45	Nicole Sansonetti Sandra Geisler	Open Open	38 28	Nicole Sansonetti Sandra Geisler	Open Open	50 43
Natalie LaurieU1240Natalie LaurieU1249Anne WhitworthU1227Anne WhitworthU1247Sarah AlexanderU1554Sarah AlexanderU1559Daina NielsenU1527.5Andrea ContessottoU1552.5Siobhan DonovanU1525Siobhan DonovanU1547Rebecca WilkieU2018Jodie EmmersonU2018Jodie EmmersonU2010Rebecca WilkieU2018.5Emma GrayU206Kylie VandenheiligenbergU2013Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU919Karla NielsenU932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet1919Marlaine StanwayVet		-			-	
Anne WhitworthU1227Anne WhitworthU1247Sarah AlexanderU1554Sarah AlexanderU1559Daina NielsenU1527.5Andrea ContessottoU1552.5Siobhan DonovanU1525Siobhan DonovanU1552.5Rebecca WilkieU2018Jodie EmmersonU2021Jodie EmmersonU2010Rebecca WilkieU2018.5Emma GrayU206Kylie VandenheiligenbergU2013Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettU919Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45						
Sarah Alexander Daina Nielsen Siobhan DonovanU15 U15 2554 27.5 25Sarah Alexander Andrea Contessotto Siobhan DonovanU15 U15 25.5Rebecca Wilkie Jodie Emmerson Emma GrayU20 U2018 U20 10 U20Jodie Emmerson Rebecca Wilkie Kylie VandenheiligenbergU20 						
Daina NielsenU1527.5Andrea ContessottoU1552.5Siobhan DonovanU1525Siobhan DonovanU1547Rebecca WilkieU2018Jodie EmmersonU2021Jodie EmmersonU2010Rebecca WilkieU2018.5Emma GrayU206Kylie VandenheiligenbergU2013Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettV91919Karla NielsenV932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet19Marlaine StanwayVet45	Anne Whitworth	U12	27	Anne Whitworth	U12	47
Siobhan DonovanU1525Siobhan DonovanU1547Rebecca Wilkie Jodie Emmerson Emma GrayU2018 U20Jodie Emmerson Rebecca Wilkie V20U2021 U20Nikki Apostolidis Chloe McNicol-DavidsonU957 U9Nikki Apostolidis Chloe McNicol-DavidsonU969 U9Nicole HallettU91929 U9Chloe McNicol-Davidson Karla NielsenU953 U9Heather Carr Jenny Fawkes Ann HolcombeVet36 VetJenny Fawkes Marlaine StanwayVet63 Vet	Sarah Alexander	U15	54	Sarah Alexander	U15	59
Rebecca Wilkie Jodie Emmerson Emma GrayU2018 U20Jodie Emmerson Rebecca Wilkie Kylie VandenheiligenbergU2021 U20Nikki Apostolidis Chloe McNicol-DavidsonU957 U9Nikki Apostolidis Chloe McNicol-DavidsonU969 U9Vicole HallettU91929 19Chloe McNicol-Davidson Karla NielsenU953 U9Heather Carr Jenny Fawkes Ann HolcombeVet36 VetJenny Fawkes Marlaine StanwayVet63 Vet	Daina Nielsen	U15	27.5	Andrea Contessotto	U15	52.5
Jodie Emmerson Emma GrayU2010 U20Rebecca Wilkie Kylie VandenheiligenbergU2018.5 U20Nikki Apostolidis Chloe McNicol-Davidson Nicole HallettU957 U9Nikki Apostolidis Chloe McNicol-Davidson U9U969 53 U9Heather Carr Jenny Fawkes Ann HolcombeVet36 VetJenny Fawkes Marlaine StanwayVet63 Vet	Siobhan Donovan	U15	25	Siobhan Donovan	U15	47
Emma GrayU206Kylie VandenheiligenbergU2013Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettU919Karla NielsenU932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Rebecca Wilkie	U20	18	Jodie Emmerson	U20	
Nikki ApostolidisU957Nikki ApostolidisU969Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettU919Karla NielsenU932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Jodie Emmerson			Rebecca Wilkie		
Chloe McNicol-DavidsonU929Chloe McNicol-DavidsonU953Nicole HallettU919Karla NielsenU932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Emma Gray	U20	6	Kylie Vandenheiligenberg	U20	13
Nicole HallettU919Karla NielsenU932Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Nikki Apostolidis	U9	57	Nikki Apostolidis	U9	69
Heather CarrVet36Jenny FawkesVet63Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Chloe McNicol-Davidson	U9	29	Chloe McNicol-Davidson	U9	53
Jenny FawkesVet29Ann HolcombeVet52Ann HolcombeVet19Marlaine StanwayVet45	Nicole Hallett	U9	19	Karla Nielsen	U9	32
Ann HolcombeVet19Marlaine StanwayVet45		Vet	36	Jenny Fawkes	Vet	
•		Vet	29	Ann Holcombe	Vet	
Men Men	Ann Holcombe	Vet	19	Marlaine Stanway	Vet	45
	Men			Men		
Tom BarnesOpen34Tom BarnesOpen41		Open			Open	
Mark DonahooOpen33Mark DonahooOpen38					-	
Colin HeywoodOpen21Colin HeywoodOpen22	Colin Heywood	Open	21	Colin Heywood	Open	22
Jayson StoddartU1240Jayson StoddartU1256						
Ergenekon GirginU1231Ergenekon GirginU1245						
Timucin GirginU125Timucin GirginU127	Timucin Girgin	U12	5	Timucin Girgin	U12	7
Nichola Mirarchi U15 41 Nicholas Mirarchi U15 69	Nichola Mirarchi	U15	41	Nicholas Mirarchi	U15	69
Timucin GirginU1528Timucin GirginU1530	Timucin Girgin	U15	28	Timucin Girgin	U15	30
Daniel LineenU1518Daniel LineenU1521	Daniel Lineen	U15	18	Daniel Lineen	U15	21
Shaun BurgessU2023Shaun BurgessU2031	Shaun Burgess	U20	23	Shaun Burgess	U20	31
David ButterissU935David ButterissU945	David Butteriss	U9	35	David Butteriss	U9	45
John Bunker Vet 41 Alan Lucas Vet 69	John Bunker	Vet	41	Alan Lucas	Vet	69
Tim EricksonVet35John BunkerVet65	Tim Erickson	Vet			Vet	65
Alan LucasVet27John MorrisonVet51	Alan Lucas	Vet	27	John Morrison	Vet	51

## **TREASURER'S REPORT**

It is with great pleasure that I present my fourth annual report as Treasurer.

It has been an encouraging year. Subscriptions have shown a slight increase whilst the \$557.00 increase in race fees can be attributed to \$1.00 increase imposed at the start of the season. I don't think it unrealistic to try and improve subs to \$3500.00 and race fees to \$5000.00.

Canteen and social has been the outstanding performer and if people spend the way they have then I envisage a bright future. Many thanks to the ladies in the canteen for their superb efforts.

At present we are merchandising vests and beanies. If all stock is sold, then the club will make a small profit on the merchandise.

Expenses have remained fairly constant although postage has decreased significantly. Rentals and affiliations havenot increased and this is very encouraging. This year I have attempted to detail all expenditure rather than group some expenses under one heading of "Administration."

I consider that no money is wasted and that there is alot of voluntary labor goes into the running of the club which puts the club in a good position. Surplus for the year of \$209.72 is excellent, given the fact that AA owes the club \$700.00-\$800.00 and there is \$1000.00 tied up in vests and beanies.

Many thanks to all who assisted me in any way during the year. I look forward to serving another term.

Michael Bodey