



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
2018/2019 Number 41
Tuesday 9 July 2019



VRWC Preferred Supplier of Shoes, clothes and sporting accessories.

Address: RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)
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Saturday: 9:00am to 3:00pm
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WALKER OF THE WEEK

My Walker of the Week is 73 year old VRWC walker **Andrew Jamieson**. Andrew has been amongst the world's best masters walkers for many years now. In fact he has been nominated for the World Masters Athletics Athlete of the Year on 4 occasions (2007, 2009, 2012 and 2016) and has gone on to win the prestigious award on 2 occasions (2007 and 2016).

2016 was one of his best ever years, and he started 2017 in the same fashion, winning two golds in the 2017 WMA World Indoors T&F Championships in Taipai (10km roadwalk in 55:14 and 3000m track walk in 16:24). But then injury struck and it has taken him two years to get back into the sort of shape that we have grown used to seeing.

His last two walks in VRWC competition have been outstanding and indicate that all the hard work over the last couple of years is now paying dividends. A week ago, he walked **57:32** for the 10km roadwalk for an impressive 93.01% age graded ranking. Last Saturday, he competed in our VRWC 8km walk, recording a time of **45:55**, slightly faster again.

Welcome back Andrew!



Andrew in action this week (left) and last week (right) at Middle Park

WHAT'S COMING UP

- Next Saturday sees our second round of VMA Roadwalk Championships, along with our annual Racewalking Australia Postal Challenge. This is a Racewalking Australia club versus club competition. The points from the fastest competitor from each club in each race will be added and the club with the lowest points declared the winner. If a club fails to have a competitor finish in any category, that club will be awarded the same points as the highest scoring competitor. Master athletes will not be scored on their time but their age grading so all Master athletes must submit their age at entry time.

So come along and help us win this year! Age is taken as 'age on the day'. Pre-enter at <http://vrwc.org.au/wp/> (our preferred option) or enter on the day. Here's the timetable.

Saturday 13th July 2019, Middle Park			
Racewalking Australia Postal Challenge event			
VMA, RWA & VRWC EVENTS: Entries close for all events at 1.45pm sharp			
2.15pm	10km	VMA Championship	Masters Men
2.15pm	10km	VMA Championship	Masters Women
2.15pm	10km	RWA Challenge	Open Men/Women
2.15pm	10km	RWA Challenge	Masters Men/Women
2.15pm	10km	RWA Challenge	Under 20 Men/Women
2.15pm	8km	RWA Challenge	Under 18 Men/Women
2.15pm	5km	RWA Challenge	Under 16 Boys/Girls
2.15pm	5km	VRWC Non championship event	Open
2.30pm	3km	RWA Challenge	Under 14 Boys/Girls
2.30pm	2km	RWA Challenge	Under 12 Boys/Girls
2.30pm	2km	VRWC Non championship event	Open
2.40pm	1.5km	RWA Challenge	Under 10 Boys/Girls

Once the races and presentations are done and dusted, we have our annual Twilight Trivia. Get your table ready!



Saturday 13 July, after the VMA Masters and Interstate Challenge races
4.00 (heads down by 4.30) to 7.00pm

at the Middle Park Bowling Club

\$15 per head, \$40 per family of 3+ members. BYO snacks and nibbles.
Drinks available at the Bowling Club bar. Tea and coffee provided.

Make up tables of 6-10 for some after-race entertainment including:
Quiz questions * Games * Music * Prizes * ~~Take no prisoners competitiveness~~ * Socialising
and Laughs!!

**** Come and support our Club and our sport in this vital fundraiser.
Friends and quiz tragics welcome!**

**** Please pre-book by Saturday 6 July**, to assist us with our planning. Tickets can be pre-booked:

- at the check-in table on race days, or
- by contacting Stu Cooper at stuwalks@yahoo.com.au to confirm your attendance. (If you choose this method, you can pay at the Club or by direct transfer at any Commonwealth bank - BSB: 063-143 Acc: 008 00455 Reference: (Your surname)Trivia (Remember that bit so that we can identify you.)

**Last year's was good, so come along,
have some fun and help make this year's even better!**

- Finally, the 30th Summer Universiade (<https://www.universiade2019napoli.it>) is currently underway in Naples, Italy and will see a number of Australians in action in the walks, including VRWC members Jemima Montag and Philippa Huse.
- The Athletics component kicked off yesterday (Monday 8th) and will run for 6 days, finishing on Saturday 13th. The walks are being held together at 7AM on Friday 12th July at the Stadio San Paolo. Good luck everyone!
 - 20km Walk Women: **Katie Hayward** (QLD), **Jemima Montag** (VIC) and **Philippa Huse** (VIC)
 - 20km Walk Men: **Declan Tingay** (WA)

A.A. article at <https://www.athletics.com.au/news/a-strong-australian-team-to-compete-at-the-world-uni-games/>.

VRWC ROADWALKS, MIDDLE PARK, SATURDAY 6 JUNE

Conditions were perfect for our latest VRWC winter season roadwalks – mild, still and sunny. With the AV Road Relays on at Sandown Racecourse, we were missing a few regulars but the 38 walkers who turned up produced some great performances. It was one of our regular Prizes Days, with awards for the handicap winner in each division. For that reason, I have included the Handicap places as an additional column. Note that to get a handicap, you have to be a financial member and you must have raced that distance or a comparable distance in the recent past.

Well done to handicap winners **Tracy Feiner, Mark Donahoo, Gwen Steed, Mark Blackwood, Emily Smith, Albin Hess, Eliza Thompson, Hamish Blackwood, Darcey Roberts** and **Sebastian Weickhardt**. Prize presentations will be made after next week's races. Congrats also to 11 year old **Darcey Roberts** who bettered her U12 1km roadwalk record with a superb 5:43.

8km Open				Hcp place	Hcp Diff	
1.	Tracy Feiner	M40-59	42:56	1	+0:18	
2.	Heather Carr	M60+	52:23	2	+0:43	
3.	Karyn O'Neill	M60+	56:42	3	+0:41	
1.	Corey Dickson	U18	38:11	2	-0:46	
2.	Kevin Cassidy	M40-59	42:46	5	+0:24	
3.	Andrew Jamieson	M60+	45:55	4	-0:05	
4.	Heath Beveridge	U16	49:47	6	+3:30	
5.	Mark Donahoo	M60+	50:20	1	-2:02	
6.	Gerard Feain	M40-59	51:37	3	-0:12	
6km Open				Hcp place	Hcp Diff	
1.	Charlotte Hay	U16	32:07	2	+0:10	PB 0:36
2.	Brianna Breit	U16	39:49	4	+2:49	First one
3.	Donna-Marie Elms	M40-59	40:52	3	+2:12	
4.	Gwen Steed	M60+	43:04	1	-1:27	
1.	Mark Blackwood	M40-59	28:28	1	-0:39	
2.	Angus Hay	U16	38:36	2	+3:11	
4km Open				Hcp place	Hcp Diff	
1.	Holly Cocking	U18	21:56	E3	-0:34	PB 0:04
2.	Madeleine Feain	Open	22:58	E3	-0:34	PB 0:50
3.	Emily Smith	U14	23:29	1	-0:50	PB 0:16
4.	Marnie Grace	M40-59	26:37	5	-0:04	First time
5.	Merilyn Thompson	M40-59	27:53	2	-0:44	
1.	Pramesh Prasad	M40-59	20:07	2	+0:30	
2.	Luke Epps	U12	23:26	3	+1:04	
3.	Albin Hess	M40-59	24:44	1	-0:28	PB 0:53
4.	Geoff Barrow	M60+	29:29	4	+1:16	
2km Open				Hcp place	Hcp Diff	
1.	Ariana Pashutina	U12	11:25	2	-0:18	PB 0:17
2.	Eliza Thompson	U16	12:28	1	-0:26	PB 0:26
3.	Glennis McPherson	M60+	13:48	3	-0:08	
1.	Liam Hutchins	U12	10:23	2	-0:18	
2.	Hamish Blackwood	U12	10:52	1	-0:44	PB 0:02
3.	Alex Barnes	U10	11:52	4	+0:32	
4.	Aiden Smith	U12	14:27	3	-0:11	
	Riley Coughlan	U12	DNF			
1km Open				Hcp place	Hcp Diff	
1.	Darcey Roberts	U12	04:43	1	-0:02	PB 0:06 VRWC Rec
2.	Ela Uzun	U10	05:23	3	+0:06	
3.	Jo Van Zealand	Open	06:05	Unfinancial		First time
4.	Havana Ali	U10	06:06	2	+0:02	
1.	Sebastian Weickhardt	U14	05:21	1	0:00	PB 0:04
2.	Ethan Nash	U12	05:57	2	+0:08	PB 0:06

Thanks as always to our many officials, judges and helpers. Apologies if I missed anyone.

Officials: Mark Donahoo, Tim Erickson, Ralph Bennett, Bill Carr, Cheryl Beveridge, Donna Dickson, Mark Roberts, Therese Smith
Judges: Peter Vysma (Chief), Shane Dickson, Michael Bodey, Terry O'Neill, Gordon Loughnan, Stuart Cooper
Canteen: Wendy Cooper, Kate Suich
Photos: Tim Erickson (see <http://www.vrwc.org.au/piwigo/index.php?category/540>)



Handicap winners Eliza Thompson, Darcey Roberts, Emily Smith and Albin Hess



More handicap winners: Mark Blackwood, Hamish Blackwood, Gwen Steed and Sebastian Weickhardt (photos Tim Erickson)

With only 2 rounds to go now in our VRWC Winter Season Competitions, there is not much time left to catch the leaders. Check out the latest points scores at <http://www.vrwc.org.au/vrwcpointscomps.shtml> . Here were the style award points from this week.

Men

Corey Dickson	8
Heath Beveridge	7
Liam Hutchins	7
Kevin Cassidy	6
Mark Blackwood	3
Luke Epps 1	
Andrew Jamieson	1

Women

Tracy Feiner	7
Charlotte Hay	7
Holly Cocking	5
Heather Carr	4
Emily Smith	4
Merilyn Thompson	3
Darcey Roberts	1
Eliza Thompson	1
Ariana Pashutina	1
Brianna Briet	1

SARWC ROADWALKS, BELAIR NATIONAL PARK, ADELAIDE, SATURDAY 5 JULY

Kim Mottrom reports that SARWC had their mountain championships today in perfect weather at Belair National Park in the Adelaide foothills. A tough 5.1km course, with 231m rise, was used for the longer events.

Open Men 10.2km

1.	Kim Mottrom	56:09
2.	Tristan Camilleri	58:27
3.	Mathew Bruniges	1:08:38

Over 35 Men 10.2km

1.	Royrie Upton	1:14:05
2.	Peter Crump	1:19:02

Open Women 5.1km

1.	Kristie Goznik	33:34
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Under 18 Women 5.1km

1.	Victoria Upton	37:00
2.	Chloe Upton	42:06

Under 18 Men 5km

1.	Adrian Upton	38:12
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Under 15 Girls 3.5km

1.	Kiera Ross	21:40
2.	Kitarni Upton	22:41
3.	Katie DeRuvo	23:56
4.	Elli Pusionjic	25:13

Under 15 Boys 3.5km

1.	Sebastian Richards	23:21
2.	Zayden Kamish	23:21

Under 12 Girls 2.1km

1.	Tarique Kamish	17:48
2.	Zahra Kamish	17:58
3.	Matilda Rech	19:12

Under 12 Boys 2.1km

1.	Cooper Rech	15:33
2.	Edward Upton	17:47
3.	Alexander Richards	17:59

SAMA ROADWALKS, EAST TERRACE, ADELAIDE PARKLANDS, ADELAIDE, SATURDAY 6 JULY

Thanks to Colin Hainsworth for this week's results from the South Australian Masters in Adelaide. He commented: Calm, sunny afternoon. Good turn out.

10km Walk

1.	RICHARD EVERSON	57:05	M55	77.06%
2.	GEORGE WHITE	1:04:12	M74	84.50%
3.	MARIE MAXTED	1:09:51	W59	73.24%
4.	GIL MCINTOSH	1:10:50	M68	70.91%

10km Club Walk

1.	KEVIN FINN	1:10:54		
2.	BRIAN WITTY	1:16:22	M68	65.77%
3.	RODGER BARBER	1:22:43	M81	72.96%
4.	GRAHAM HARRISON	1:29:26	M75	61.52%
5.	DAVID ROBERTSON	1:32:07	M85	70.32%

5km Walk

1.	RHIANNON LOVEGROVE	30:34		
2.	SABINE ORCHARD-SIMONIDES	36:53	W52	61.63%
3.	JAN LAYNG	39:58	W70	70.51%
4.	COLIN HAINSWORTH	50:35	M89	66.59%

5km Club Walk

1.	ROGER LOWE	40:22	M76	67.16%
2.	NEIL HAYFORD	42:14	M67	57.23%
3.	VALMAI PADGET	43:12	W75	70.65%
4.	KRISTINE FREEMAN	43:51		
5.	EDNA BATES	45:47	W66	58.16%
6.	GILLIAN WHITE	46:08	W70	61.09%
7.	CATHIE HORE	46:08		

TRWC ROADWALKS, PONTVILLE, HOBART, SATURDAY 5 JULY

Dave Moore reports from Tasmania: Our Walkers today at Pontville started off their races in the fog and finished in brilliant sunshine. The highlights of the day were PBs to **Oliver Morgan**, **Steve Ahern** and a very good first ever completed 5km for **Will Bottle**.

5km Walk

1.	William Robertson	26.32	
2.	Steve Ahern	26.33	PB
3.	Will Bottle	26.56	1 st ever
4.	Alice Randall	26.56	
5.	Eugene Gerlach	34.40	
6.	Ron Foster	37.06	

1km Walk

1.	Oliver Morgan	6.02	PB
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3km Walk

1.	Wayne Fletcher	24.13	
2.	Dave Moore	26.16	



Wayne Fletcher, Will Bottle, Alice Randall, Will Robertson (David Moore, Eugene Gerlach, Ron Foster and Steve Ahern obscured (photos Wayne Fletcher)

FRENCH CHAMPIONSHIPS - CADETS AND JUNIORS, ANGERS, SUNDAY 7 JULY

Emmanuel Tardi was in Angers, 300km west of Paris, on Sunday for the French U20 and U18 T&F Championships. He was one of the judging panel for the 4 racewalking events. Only the first race was with good weather conditions. After that, conditions quickly warmed. The highlight was provided by **Matteo Duc** who bettered his PB with a time of 43:29.

10,000m U20 Men, 8AM

1.	DUC Matteo	01	A.s. Aix les Bains	43:29.50
2.	ROBICHON Alexis	00	Ac Roche-sur-yon	44:17.58
3.	MADLINE-DEGY Martin	01	Ecla Albi	44:21.64
4.	GOGNIES Ryan	00	Ca Montreuil 93	44:21.79
5.	HUE Aymeric	01	Ec Orleans CJF	44:56.02

10,000mU20 Women, 9:05AM

1.	STEY Pauline	01	Rohan Athletisme Saverne	49:00.36
2.	MOUTARD Camille	01	Athle 21	49:48.07
3.	MOLIST Lucille	01	Cs Bourgoin Jallieu	50:38.71
4.	MANARESI Marion	00	Ac Romorantin	50:40.29
5.	TERREC Maele	01	Ac Roche-sur-yon	50:52.91

5000m U18 Men, 10:15AM

1.	DREVILLE Lucas	02	Beauvais Oise UC	21:45.51
2.	DURAND Dimitri	02	Paris Uc	21:58.30
3.	PETER Florian	02	Ca Ambilly	22:50.87
4.	DURAND Esteban	02	Paris Uc	23:13.61
5.	BATIFOL Ellis	03	Bagnols Marcoule Athletisme	23:24.21

5000m U18 Women, 10:55AM

1.	CARRE Elvina	03	S/l Louhans	24:42.50
2.	BIRE-HESLOUIS Maele	02	Stade Saint-lo	25:08.12
3.	LAURENS Emilie	03	Cs Bourgoin Jallieu	25:42.95
4.	DUTOT Camille	02	Ea Du Plateau Est	26:35.37

Judges: Emmanuel TARDI – Européen, Gildas SIZORN – National, Françoise MELTIER – Fédéral, Yves DOMINGIE – Fédéral, Jacques GOUÉDEUX -Fédéral, Patrice CLAVIER – Fédéral, Patricia LANDREAU – Fédéral, Christian THOMAS - Régional (penalty zone)



Matteo Duc in action in Angers (photo from Emmanuel Tardi)

SWEDISH LONG WALK CHAMPIONSHIPS, ESKILSTUNA, SATURDAY 6 JULY

The Swedish Long Roadwalk Championships would normally be held in Sept/Oct but, as this would clash with this year's World Championships in Doha, the meet was moved to July and shortened from 50km to 35km. There were 4 starters, with **Perseus Karlström** and **Ato Ibáñez** out front walking together at a steady speed and **Christer Svensson** and **Remo Karlström** walking together at a slower pace. Perseus and Ato stayed together for the first 34 km, before Perseus put the foot down and stormed home with a last lap of 3.48 and a winning time of 2.46.43 (48.03 + 47.55 + 47.42 + 23.03). Ato was just on one minute in arrears with 2.47.33. Christer and Remo walked together for 20 km (1.46.03) before Remo retired but Christer continued on his own to finish third in the 35km with 3.19.37. In the women's 20 km, **Julia Ibrahim** was the sole finisher with 2.11.54.



Swedish 35km medallists Ato Ibáñez, Perseus Karlström and Christer Svensson (photo <http://www.gang.se/>)

Open Men 35km

1.	Perseus Karlström	90	Eskilstuna FI	2.46.43
2.	Ato Alm Ibáñez	85	Eskilstuna FI	2.47.33
3.	Christer Svensson	69	Växjö AIS	3.19.37
	Remo Karlström	88	Eskilstuna FI	DNF

Open Women 20km

1.	Julia Ibrahim	96	GK Steget	2.11.54
	Ann-Christin Hermansson	63	GK Steget	DNF

Masters Men 20km

1.	H50	Christer Svensson	69	Växjö AIS	1.46.03
1.	H55	Bengt Bengtsson	61	GK Steget	2.03.59
1.	H60	Anders Björkman	56	K Jarl Rättvik	2.07.47

Masters Women 10km

1.	D55	Celeste Scheepers	60	Växjö AIS	1.05.15
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BC ATHLETICS CHAMPIONSHIPS, KAMLOOPS, CANADA, 5-7 JULY

Evan Dunfee was in career best form last weekend, setting a new Canadian record in the 10,000m track walk at the BC Athletics Championships in Kamloops. His time of 38:54.20 was well ahead of his 2016 record of 39:21.30!

He will be in action next in the Athletics Canada National Championships, then competing in the Pan-Am Games and then finally off to Doha for the IAAF World Championships. He looks to be on target for some big walks.

10,000m Track Walk

1.	Dunfee, Evan	Racewalk West-CA	38:54.20
2.	Cheng, Caleb	Racewalk West-CA	48:06.84
3.	Thies, Erik	Racewalk West-CA	DNF
4.	Ho, Kenny	Racewalk West-CA	DNF



2019 SWEDISH FOTRALLY, SWEDEN, FROM FRIDAY 28 JUNE FOR AS LONG AS IT TAKES!

Last week, I gave a progress report on the Swedish Fotrally. At that stage, it was down to the final few walkers. Let's take up the story at the 55 hour mark with just 4 walkers left - **Agne Truss** (2, PB 87:48), **Jonatan Nordebo** (135, first timer), **Niklas Yjord** (182, PB 48:20) and **Roman Matus** (226, first timer).

For a further 20 hours, the final four walkers trudged on, none willing to stop. Then the end came quickly. First Jonatan stopped at 74hr 14 min and Roman stopped just 6 minutes later at 74 hr 20 min, leaving the final 2. Less than an hour later, Niklas had reached the end of the road and sankdown, time 75 hrs 6 mins. That left Agne as the first non-Swedish winner in the 11 year history of the event.

Plenty of videos at <https://www.facebook.com/fotrally.ik>, Article at <https://www.lt.se/artikel/gang/agne-truss-fran-sodertalje-promenerade-oavbrutet-i-75-timmar-vann-extrema-tavlingen-fick-bara-henne-till-lagenheten>.

Here are the placings and distances of the first 10 (as per <http://www.fotrally.se/resultat>).

1	Agne Truss	Södertälje	Estonia	75 hr 06 min
2	Niklas Yjord	Glumslöv	Sweden	75 hr 06 min
3	Roman Matus	Hässleholm	Sweden	74 hr 20 min
4	Jonatan Nordebo	Umeå	Sweden	74 hr 14 min
5	Charlotta Sahlström	Täby	Sweden	55 hr 05 min
6	Lars Hagstedt	Örebro	Sweden	53 hr 10 min
7	Tommy Johansson	Svartsjö	Sweden	48 hr 32 min
8	Stephen Claw	Stockholm	Great Britain	42 hr 31 min
9	Fredrik Göthe	Värmdö	Sweden	41 hr 50 min
10	Jon Enqvist	Stockholm	Sweden	41 hr 50 min



Last 2 standing - winner Agne Truss and second placed Niklas Yjord (photos <https://www.lt.se>)

OUT AND ABOUT

- If you have ever wondered about how big Masters Athletics is in Victoria, you only have to check out the monthly *Around The Grounds* magazine to see the huge numbers of athletes, including our walkers, competing in the weekly Masters competitions at the many venues around Victoria. Check out this month's issue at <https://vicmastersaths.org.au/wp-content/uploads/2019/07/ATG-MAY-2019.pdf>.
- Russia's athletics federation says it is cooperating with global athletics officials in a probe into allegations that some of its representatives forged documents in a doping case British newspaper The Sunday Times reported that forged medical documents were filed to the Athletics Integrity Unit, which probes doping cases in the sport, in order to provide an athlete with a medical excuse for having failed to declare his whereabouts last year. The athlete, high jumper Danil Lysenko, had been one of the Russians cleared to compete internationally by the IAAF for having demonstrated he was training in a doping free-environment. But he lost his status and was provisionally suspended in August, 2018 for having failed to provide his whereabouts. So let's be quite clear about this - the so called 'New' Russia is accused of still being involved in the same old illegal drugs related activities as recently as last year. They do not deserve to be allowed back! See <https://www.reuters.com/article/us-sport-doping-russia-athletics/athletics-russia-assisting-in-doping-probe-into-alleged-forged-documents-idUSKCN1T30NO>.
- With that sad enditment above, it is disappointing to see another 37 Russian athletes being approved to compete internationally as authorized neutral athletes (ANAs). At least there are no walkers in the latest listing – at least that's something. See http://aroundtherings.com/site/A_77325/Title_IAAF-approves-the-application-of-37-Russians-to-compete-internationally-as-neutral-athletes/292/Articles
- World champion canoeist Tamara Takács of Hungary is facing a four-year ban after she tested positive for a prohibited substance. In a statement, the International Canoe Federation (ICF) said the 22-year-old, a three-times European champion,

had been informed of the anti-doping rule violation. It is not yet clear what substance Takács, a member of the women's K4 crew which claimed the gold medal at the 2017 World Championships, failed for or when the test took place. The ICF said further details would be announced once the appeal period had expired. See <https://www.insidethegames.biz/articles/1081586/takacs-facing-four-year-doping-ban>.

MARCIADALMONDO ROUNDUP

marciadalmondo has only 2 press releases for us this week.

- Sun 8 Jul - Granollers (ESP): Eloy Homero Gallent and Mireia Urrutia Herrera Spanish U20 Champions
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3529
- Mon 2 Jul - Preview of European U23 Championship walks
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3527

And here are a selection of results from omarchador. Rather than reproduce them myself, you can read all about them by following the links.

- Mon 8 Jul - Mexico dominates the NACAC U-18 and U-23 Championships in Querétaro
<http://omarchador.blogspot.com/2019/07/mexico-domina-marcha-nos-campeonatos.html>
- Sun 8 Jul- Results of Masters Cup in Grodno, Belarus
http://omarchador.blogspot.com/2019/07/grodno-masters-cup-bielorrussia_7.html
- Fri 5 Jul - Noelia Vargas and José Oswaldo Calel win in the Central Americans in Managua
<http://omarchador.blogspot.com/2019/07/noelia-vargas-e-jose-oswaldo-calel.html>
- Thu 4 Jul - Results of North-Northeast Trophy in Recife, Brazil
<http://omarchador.blogspot.com/2019/07/trofeu-norte-nordeste-no-recife-pe.html>
- Wed 3 Jul - José Manuel Pérez and Marina Peña win Sanish U23 Walks
<http://omarchador.blogspot.com/2019/07/jose-manuel-perez-e-marina-pena-vencem.html>
- Tue 2 Jul - Mohamed Ragab and Souad Azzi win in Casablanca, Morocco
http://omarchador.blogspot.com/2019/07/mohamed-ragab-e-souad-azzi-vencem-em_2.html

THE ROAD TO DOHA

Thanks to Mark Wall for passing this one onto me. With the 2019 IAAF World Championships in Doha not far away now, the statistics website tilastopaja has published the qualification lists for all events. The lists are very comprehensive and restricted to 3 athletes per country. The fastest non automatic qualifiers are also shown as well as those outside the top 3 in their country but who are under the entry standard mark. Check them out at <https://www.tilastopaja.com/roadtodoha/index.php>.

Here are the lists for the men's and women's 20km and 50km walks. Excuse me if I am wrong but the 50km discipline does not look dead to me. Calling the IAAF RW Committee - you might like to reconsider your view as a parting gift to us.

20km Men

Entry Standard: 1:22:30 – Target number: 60 - Qualification Period from 07 Mar 2018 to 06 Sep 2019 - Free slots: 0

1	Toshikazu Yamanishi	JPN	1:17:15	Nomi (JPN)	17.03.2019	Q
2	Masatora Kawano	JPN	1:17:24	Nomi (JPN)	17.03.2019	Q
3	Koki Ikeda	JPN	1:17:25	Nomi (JPN)	17.03.2019	Q
4	Massimo Stano	ITA	1:17:45	La Coruña (ESP)	08.06.2019	Q
5	Perseus Karlström	SWE	1:18:07	La Coruña (ESP)	08.06.2019	Q
6	Vasily Mizinov	RUS	1:18:41	La Coruña (ESP)	08.06.2019	Q
7	Christopher Linke	GER	1:18:42	La Coruña (ESP)	08.06.2019	Q
8	Caio Bonfim	BRA	1:18:47	La Coruña (ESP)	08.06.2019	Q
9	Diego García Carrera	ESP	1:18:58	La Coruña (ESP)	08.06.2019	Q
10	Wang Kaihua	CHN	1:19:01	Huangshan (CHN)	10.03.2019	Q
11	Eider Arévalo	COL	1:19:14	La Coruña (ESP)	02.06.2018	Q
12	Dane Bird-Smith	AUS	1:19:34	Gold Coast (AUS)	08.04.2018	Q
13	Cai Zelin	CHN	1:19:36	Huangshan (CHN)	10.03.2019	Q
14	Tom Bosworth	GBR	1:19:38	Gold Coast (AUS)	08.04.2018	Q
15	Samuel Gathimba	KEN	1:19:51	Gold Coast (AUS)	08.04.2018	Q
16	Lu Xiaotong	CHN	1:19:52	Huangshan (CHN)	10.03.2019	Q
17	José Alejandro Barrondo	GUA	1:19:55	La Coruña (ESP)	08.06.2019	Q

18	Wayne Snyman	RSA	1:20:17	Podébrady (CZE)	06.04.2019	Q
19	José Montaña	COL	1:20:18	La Coruña (ESP)	08.06.2019	Q
20	Rhydian Cowley	AUS	1:20:19	Nomi (JPN)	17.03.2019	Q
21	Georgiy Sheiko	KAZ	1:20:21	Nomi (JPN)	17.03.2019	Q
22	Andrés Chocho	ECU	1:20:30	La Coruña (ESP)	08.06.2019	Q
23	Carlos Sánchez	MEX	1:20:39	La Coruña (ESP)	08.06.2019	Q
24	Álvaro Martín	ESP	1:20:42	Berlin (GER)	11.08.2018	Q
25	Brian Pintado	ECU	1:20:44	La Coruña (ESP)	08.06.2019	Q
26	Nils Brembach	GER	1:20:48	Naumburg (GER)	13.04.2019	Q
27	Kevin Campion	FRA	1:20:49	Podébrady (CZE)	06.04.2019	Q
27	Benjamin Thorne	CAN	1:20:49	Gold Coast (AUS)	08.04.2018	Q
27	Choe Byeong-Kwang	KOR	1:20:49	Nomi (JPN)	17.03.2019	Q
30	Alex Wright	IRL	1:20:50	La Coruña (ESP)	08.06.2019	Q
31	Ivan Losev	UKR	1:20:53	Lutsk (UKR)	10.03.2018	Q
32	Miguel Ángel López	ESP	1:20:54	La Coruña (ESP)	02.06.2018	Q
33	Julio César Salazar	MEX	1:20:57	La Coruña (ESP)	08.06.2019	Q
33	Kolothum Thodi Irfan	IND	1:20:57	Nomi (JPN)	17.03.2019	Q
35	Giorgio Rubino	ITA	1:20:59	La Coruña (ESP)	08.06.2019	Q
36	Kim Hyun-Sub	KOR	1:21:01	Nomi (JPN)	17.03.2019	Q
37	Artur Brzozowski	POL	1:21:07	Zaniemysl (POL)	13.04.2019	Q
38	José Ojeda	MEX	1:21:08	La Coruña (ESP)	08.06.2019	Q
39	Luis Campos	PER	1:21:11	La Coruña (ESP)	08.06.2019	Q
40	Ruslan Dmytrenko	UKR	1:21:12	Lutsk (UKR)	10.03.2018	Q
41	Manuel Soto	COL	1:21:13	La Coruña (ESP)	02.06.2018	Q
42	José Maria Raymundo	GUA	1:21:14	La Coruña (ESP)	08.06.2019	Q
43	Federico Tontodonati	ITA	1:21:20	Podébrady (CZE)	06.04.2019	Q
44	Erick Barrondo	GUA	1:21:24	La Coruña (ESP)	08.06.2019	Q
45	Devender Singh	IND	1:21:25	Nomi (JPN)	17.03.2019	Q
45	Ivan Banzeruk	UKR	1:21:25	Lutsk (UKR)	10.03.2018	Q
47	Simon Wachira	KEN	1:21:28	Nairobi (KEN)	06.06.2018	Q
48	Hagen Pohle	GER	1:21:29	La Coruña (ESP)	08.06.2019	Q
49	Dawid Tomala	POL	1:21:33	Zaniemysl (POL)	13.04.2019	Q
50	Callum Wilkinson	GBR	1:21:34	Podébrady (CZE)	06.04.2019	Q
51	Salih Korkmaz	TUR	1:21:37	Izmir (TUR)	03.03.2019	Q
52	Jordy Jiménez	ECU	1:21:41	La Coruña (ESP)	08.06.2019	Q
53	Gabriel Bordier	FRA	1:21:43	Alytus (LTU)	19.05.2019	Q
54	Marius Žiukas	LTU	1:21:44	Adelaide (AUS)	10.02.2019	Q
55	Quentin Rew	NZL	1:21:47	Gold Coast (AUS)	08.04.2018	Q
56	Aliaksandr Liakhovich	BLR	1:21:53	Gomel (BLR)	04.04.2018	Q
57	João Vieira	POR	1:22:05	Rio Maior (POR)	06.04.2019	Q
58	Richard Egrey Vargas	VEN	1:22:10	Warszawa (POL)	23.06.2018	Q
59	Krishnan Ganapathi	IND	1:22:13	Nomi (JPN)	17.03.2019	Q
60	Joo Hyun-Myong	KOR	1:22:17	Nomi (JPN)	17.03.2019	Q
61	Moacir Zimmermann	BRA	1:22:21	La Coruña (ESP)	08.06.2019	Q
62	Evan Dunfee	CAN	1:22:23	Adelaide (AUS)	10.02.2019	Q
63	José Carlos Mamani	PER	1:22:27	La Coruña (ESP)	08.06.2019	Q

Top 8 of not qualified athletes

Aléxandros Papamihaíl	GRE	1:22:48	Rio Maior (POR)	07.04.2018
Mohamed Ragab Saleh	EGY	1:23:15	Cairo (EGY)	05.04.2019
Lebogang Shange	RSA	1:23:20	Suzhou (CHN)	24.09.2018
José Alessandro Bagio	BRA	1:23:23	Rio Maior (POR)	07.04.2018
Juan Manuel Cano	ARG	1:23:26	Rio Maior (POR)	07.04.2018
Miguel Carvalho	POR	1:23:31	Rio Maior (POR)	07.04.2018
Aleksi Ojala	FIN	1:23:41	Podébrady (CZE)	06.04.2019
Yassir Cabrera	PAN	1:23:43	La Coruña (ESP)	08.06.2019

Athletes who achieved the entry standard (not a top three performance or not selected)

Yusuke Suzuki	JPN	1:17:47	Nomi (JPN)	17.03.2019
Isamu Fujisawa	JPN	1:17:52	Nomi (JPN)	17.03.2019
Eiki Takahashi	JPN	1:18:00	Kobe (JPN)	17.02.2019
Tomohiro Noda	JPN	1:19:00	Kobe (JPN)	17.02.2019
Hiroki Arai	JPN	1:19:00	Kobe (JPN)	17.02.2019
Zhang Jiaxu	CHN	1:19:55	Huangshan (CHN)	10.03.2019
Yin Jun	CHN	1:19:56	Huangshan (CHN)	10.03.2019
Xu Hao	CHN	1:19:57	Huangshan (CHN)	10.03.2019
Zhu Guowen	CHN	1:20:04	Huangshan (CHN)	10.03.2019
Ceng Qingcun	CHN	1:20:05	Huangshan (CHN)	10.03.2019

Gao Wenkui	CHN	1:20:07	Huangshan (CHN)	10.03.2019
Zhu Chendong	CHN	1:20:13	Huangshan (CHN)	10.03.2019
Zhu Xiaoqiang	CHN	1:20:17	Huangshan (CHN)	10.03.2019
Zhang Jun	CHN	1:20:17	Nomi (JPN)	17.03.2019
Wang Zhaozhao	CHN	1:20:20	Huangshan (CHN)	10.03.2019
Jin Xiangqian	CHN	1:20:24	La Coruña (ESP)	02.06.2018
Yuta Koga	JPN	1:20:24	Nomi (JPN)	17.03.2019
Dai Jianxing	CHN	1:20:29	Huangshan (CHN)	10.03.2019
Cui Lihong	CHN	1:20:30	Huangshan (CHN)	10.03.2019
Niu Wenchao	CHN	1:20:30	Huangshan (CHN)	10.03.2019
Daisuke Matsunaga	JPN	1:20:36	Takahata (JPN)	28.10.2018
Huang Haofeng	CHN	1:20:39	Huangshan (CHN)	10.03.2019
Liu Zhenjiang	CHN	1:20:40	Huangshan (CHN)	10.03.2019
Yin Jiaxing	CHN	1:20:41	Taicang (CHN)	11.05.2019
Li Xiaobin	CHN	1:20:43	Huangshan (CHN)	10.03.2019
Satoshi Maruo	JPN	1:20:56	La Coruña (ESP)	08.06.2019
Zhang Wanxin	CHN	1:21:06	Huangshan (CHN)	10.03.2019
Fumitaka Oikawa	JPN	1:21:09	La Coruña (ESP)	02.06.2018
Sun Shuai	CHN	1:21:13	Huangshan (CHN)	10.03.2019
Song Huazhang	CHN	1:21:14	Huangshan (CHN)	10.03.2019
Li Peng	CHN	1:21:26	Huangshan (CHN)	10.03.2019
Sun Song	CHN	1:21:28	La Coruña (ESP)	08.06.2019
Yutaro Murayama	JPN	1:21:30	Nomi (JPN)	17.03.2019
Kai Kobayashi	JPN	1:21:33	La Coruña (ESP)	08.06.2019
Gianluca Picchiottino	ITA	1:21:36	La Coruña (ESP)	08.06.2019
Peng Chen	CHN	1:21:37	Huangshan (CHN)	10.03.2019
Gao Yingchao	CHN	1:21:42	Nomi (JPN)	17.03.2019
Stefano Chiesa	ITA	1:21:46	Lugano (SUI)	11.03.2018
Zhou Yangjun	CHN	1:21:48	Huangshan (CHN)	10.03.2019
Matteo Giupponi	ITA	1:21:52	Podébrady (CZE)	06.04.2019
A Daisho	JPN	1:21:55	Nomi (JPN)	17.03.2019
Noel Ali Chama	MEX	1:21:55	La Coruña (ESP)	02.06.2018
Isaac Palma	MEX	1:21:57	Lugano (SUI)	11.03.2018
Li Kewen	CHN	1:22:00	Huangshan (CHN)	10.03.2019
David Hurtado	ECU	1:22:03	Rio Maior (POR)	06.04.2019
Xin Chaoyang	CHN	1:22:07	Huangshan (CHN)	10.03.2019
Motofumi Suwa	JPN	1:22:08	Kobe (JPN)	17.02.2019
Horacio Nava	MEX	1:22:13	Podébrady (CZE)	07.04.2018
Eduard Zabuzhenko	UKR	1:22:16	Ivano-Frankivsk (UKR)	24.03.2019
Ricardo Ortiz	MEX	1:22:16	Rio Maior (POR)	06.04.2019
Luis Alberto Amezcua	ESP	1:22:21	Rio Maior (POR)	06.04.2019
Manish Singh Rawat	IND	1:22:22	Gold Coast (AUS)	08.04.2018
Takumi Saito	JPN	1:22:23	Nomi (JPN)	18.03.2018
Eder Sánchez	MEX	1:22:23	Naumburg (GER)	14.04.2018
Viktor Shumik	UKR	1:22:24	Berlin (GER)	11.08.2018
José Luis Doctor	MEX	1:22:24	Rio Maior (POR)	06.04.2019
Bian Tongda	CHN	1:22:26	La Coruña (ESP)	02.06.2018
Li Wenbing	CHN	1:22:27	Huangshan (CHN)	10.03.2019
Wu Peng	CHN	1:22:29	Huangshan (CHN)	10.03.2019
Pedro Gómez	MEX	1:22:29	La Coruña (ESP)	08.06.2019

20km Women

Entry Standard: 1:33:30 - Targetnumber: 60 - Qualification Period from 05 Mar 2018 to 06 Sep 2019 - Free slots: 0

1	Glenda Estefanía Morejón	ECU	01:25:29	La Coruña (ESP)	08.06.2019	Q
2	Yang Jiayu	CHN	01:25:34	La Coruña (ESP)	08.06.2019	Q
3	Qieyang Shenjie	CHN	01:25:37	Huangshan (CHN)	10.03.2019	Q
4	Liu Hong	CHN	01:25:56	La Coruña (ESP)	08.06.2019	Q
5	Mária Pérez	ESP	01:26:36	Berlin (GER)	11.08.2018	Q
6	Maria Guadalupe González	MEX	01:26:38	Taicang (CHN)	05.05.2018	Q
7	Anežka Drahotová	CZE	01:27:03	Berlin (GER)	11.08.2018	Q
8	Antonella Palmisano	ITA	01:27:30	Berlin (GER)	11.08.2018	Q
9	Erica de Sena	BRA	01:27:38	La Coruña (ESP)	08.06.2019	Q
10	Kumiko Okada	JPN	01:27:41	La Coruña (ESP)	08.06.2019	Q
11	Eleonora Giorgi	ITA	01:27:46	Podébrady (CZE)	06.04.2019	Q
12	Julia Takács	ESP	01:27:58	La Coruña (ESP)	02.06.2018	Q
13	Brigita Virbalyte-Dimšienė	LTU	01:27:59	Berlin (GER)	11.08.2018	Q
14	Živilė Vaiciukeviute	LTU	01:28:07	Berlin (GER)	11.08.2018	Q

15	Laura García-Caro	ESP	01:28:15	Berlin (GER)	11.08.2018	Q
16	Sandra Arenas	COL	01:28:48	Dudince (SVK)	24.03.2018	Q
17	Kimberley García	PER	01:28:56	Taicang (CHN)	05.05.2018	Q
18	Inna Kashyna	UKR	01:28:58	Taicang (CHN)	05.05.2018	Q
18	Nanako Fujii	JPN	01:28:58	La Coruña (ESP)	08.06.2019	Q
20	Inês Henriques	POR	01:29:15	Rio Maior (POR)	07.04.2018	Q
21	Nadiya Borovska	UKR	01:29:22	Lutsk (UKR)	11.03.2018	Q
22	Katie Hayward	AUS	01:29:25	Adelaide (AUS)	10.02.2019	Q
23	Meryem Bekmez	TUR	01:29:36	La Coruña (ESP)	08.06.2019	Q
24	Ana Cabecinha	POR	01:29:41	La Coruña (ESP)	02.06.2018	Q
25	Valentina Trapletti	ITA	01:29:57	Berlin (GER)	11.08.2018	Q
26	Leidy Guerra	PER	01:30:01	Arequipa (PER)	10.03.2019	Q
27	Alegna Gonzalez	MEX	01:30:21	Podébrady (CZE)	06.04.2019	Q
28	Sandra Galvis	COL	01:30:33	Dudince (SVK)	23.03.2019	Q
29	Mirna Ortiz	GUA	01:30:35	La Coruña (ESP)	08.06.2019	Q
30	Paola Pérez	ECU	01:30:37	Sucua (ECU)	10.03.2018	Q
31	Saskia Feige	GER	01:30:40	Naumburg (GER)	13.04.2019	Q
31	Grace Njue	KEN	01:30:40	Nairobi (KEN)	06.06.2018	Q
33	María Luz Andia	PER	01:30:50	La Coruña (ESP)	08.06.2019	Q
34	Jemima Montag	AUS	01:30:51	Adelaide (AUS)	10.02.2019	Q
35	Mária Czaková	SVK	01:31:03	Taicang (CHN)	05.05.2018	Q
36	Kaori Kawazoe	JPN	01:31:10	Kobe (JPN)	17.02.2019	Q
37	Maria Pérez	MEX	01:31:11	Lazaro Cardenas (MEX)	20.04.2019	Q
38	Viktoryia Rashchupkina	BLR	01:31:22	Taicang (CHN)	05.05.2018	Q
39	Alana Barber	NZL	01:31:32	Taicang (CHN)	05.05.2018	Q
40	Johana Ordóñez	ECU	01:31:36	La Coruña (ESP)	08.06.2019	Q
41	Yehualeye Beletew	ETH	01:31:47	Asaba (NGR)	05.08.2018	Q
42	Viktória Madarász	HUN	01:31:48	La Coruña (ESP)	08.06.2019	Q
43	Bethan Davies	GBR	01:31:53	Lugano (SUI)	11.03.2018	Q
44	Darya Palupektava	BLR	01:32:01	Brest (BLR)	27.04.2019	Q
44	Ayse Tekdal	TUR	01:32:01	Izmir (TUR)	03.03.2019	Q
46	Katarzyna Zdziebło	POL	01:32:03	Zaniemysl (POL)	13.04.2019	Q
47	Antigóni Drisbióti	GRE	01:32:16	Berlin (GER)	11.08.2018	Q
48	Chahineze Nasri	TUN	01:32:20	Taicang (CHN)	05.05.2018	Q
49	Yeseida Carrillo	COL	01:32:24	Dudince (SVK)	23.03.2019	Q
50	Jessica Ching Siu Nga	HKG	01:32:30	Kobe (JPN)	17.02.2019	Q
51	Emilia Lehmyer	GER	01:32:36	Berlin (GER)	11.08.2018	Q
52	Valentyna Myronchuk	UKR	01:32:38	Lutsk (UKR)	11.03.2018	Q
53	Yana Smerdova	RUS	01:32:42	Taicang (CHN)	05.05.2018	Q
54	Émilie Menuet	FRA	01:32:49	Berlin (GER)	11.08.2018	Q
55	Mayra Carolina Herrera	GUA	01:33:00	La Coruña (ESP)	08.06.2019	Q
56	Maria Michta-Coffey	USA	01:33:05	Taicang (CHN)	05.05.2018	Q
57	Viviane Lyra	BRA	01:33:09	La Coruña (ESP)	08.06.2019	Q
58	Rachel Seaman	CAN	01:33:10	Tustin CA (USA)	17.03.2019	Q
59	Claire Woods	AUS	01:33:15	Taicang (CHN)	11.05.2019	Q
60	Teresa Zurek	GER	01:33:30	Naumburg (GER)	14.04.2018	Q

Top 8 of not qualified athletes

Robyn Stevens	USA	01:33:34	Tustin CA (USA)	17.03.2019
Ana Veronica Rodean	ROU	01:33:39	Berlin (GER)	11.08.2018
Baby Soumya	IND	01:33:54	Taicang (CHN)	05.05.2018
Angela Castro	BOL	01:33:55	Sucua (ECU)	10.03.2018
Emily Ngii	KEN	01:33:56	Nairobi (KEN)	06.06.2018
Andreea Arsine	ROU	01:33:59	Taicang (CHN)	05.05.2018
Regina Rykova	KAZ	01:34:10	Podébrady (CZE)	06.04.2019
Clemence Beretta	FRA	01:34:15	Podébrady (CZE)	06.04.2019

Athletes who achieved the entry standard (not a top three performance or not selected)

Yang Liujing	CHN	01:27:15	Huangshan (CHN)	10.03.2019
Wu Quanming	CHN	01:27:24	Huangshan (CHN)	10.03.2019
Ma Zhenxia	CHN	01:28:00	La Coruña (ESP)	08.06.2019
Duan Dandan	CHN	01:28:28	La Coruña (ESP)	08.06.2019
Wang Yingliu	CHN	01:28:47	La Coruña (ESP)	08.06.2019
Liang Rui	CHN	01:28:49	La Coruña (ESP)	08.06.2019
Ma Li	CHN	01:28:55	Huangshan (CHN)	10.03.2019
Su Wenxiu	CHN	01:29:00	Huangshan (CHN)	10.03.2019
Ni Yuanyuan	CHN	01:29:01	Huangshan (CHN)	10.03.2019
Lu Xiuzhi	CHN	01:29:06	Weinan (CHN)	07.09.2018

Qiji Zhuoma	CHN	01:29:06	Nomi (JPN)	17.03.2019
Gesang Zhuoma	CHN	01:29:28	Nomi (JPN)	17.03.2019
Wang Na	CHN	01:29:35	Taicang (CHN)	05.05.2018
Xie Lijuan	CHN	01:30:13	Taicang (CHN)	11.05.2019
Li Maocuo	CHN	01:30:15	Suzhou (CHN)	24.09.2018
Raquel González	ESP	01:30:15	La Coruña (ESP)	02.06.2018
Yang Weiwei	CHN	01:30:25	Huangshan (CHN)	10.03.2019
Cao Cailing	CHN	01:30:26	Huangshan (CHN)	10.03.2019
Eleonora Dominici	ITA	01:30:35	Cassino (ITA)	24.03.2019
Cun Hailu	CHN	01:31:03	Huangshan (CHN)	10.03.2019
Tang Caihong	CHN	01:31:17	Huangshan (CHN)	10.03.2019
Lidia Sánchez-Puebla	ESP	01:31:21	La Coruña (ESP)	02.06.2018
Liu Yu	CHN	01:31:22	Huangshan (CHN)	10.03.2019
Li Qiuye	CHN	01:31:25	Huangshan (CHN)	10.03.2019
Magaly Bonilla	ECU	01:31:53	La Coruña (ESP)	08.06.2019
Zhao Tongmin	CHN	01:32:10	Huangshan (CHN)	10.03.2019
Zhao Wenli	CHN	01:32:16	Shangrao (CHN)	14.04.2018
Wang Qiong	CHN	01:32:18	Huangshan (CHN)	10.03.2019
Masumi Fuchise	JPN	01:32:23	Kobe (JPN)	17.02.2019
Chiaki Asada	JPN	01:32:23	Nomi (JPN)	17.03.2019
Nicole Colombi	ITA	01:32:28	Podébrady (CZE)	06.04.2019
Valeria Ortuño	MEX	01:32:29	Podébrady (CZE)	07.04.2018
Khrystyna Yudkina	UKR	01:32:44	Lutsk (UKR)	11.03.2018
Ai Michiguchi	JPN	01:32:54	Kobe (JPN)	17.02.2019
Wang Lixue	CHN	01:32:56	Huangshan (CHN)	10.03.2019
Janeth Guamán	ECU	01:33:06	Taicang (CHN)	05.05.2018
Li Ping	CHN	01:33:11	Huangshan (CHN)	10.03.2019

50km Men

Entry Standard: 3:59:00 – Target number: 50 - Qualification Period from 07 Mar 2018 to 06 Sep 2019 - Free slots: 0

1	Yohann Diniz	FRA	03:37:43	Alytus (LTU)	19.05.2019	Q
2	Wang Qin	CHN	03:38:02	Huangshan (CHN)	09.03.2019	Q
3	Yusuke Suzuki	JPN	03:39:07	Wajima (JPN)	14.04.2019	Q
4	Masatora Kawano	JPN	03:39:24	Wajima (JPN)	14.04.2019	Q
5	Tomohiro Noda	JPN	03:39:47	Takahata (JPN)	28.10.2018	Q
6	Niu Wenbin	CHN	03:41:04	Huangshan (CHN)	09.03.2019	Q
7	Luo Yadong	CHN	03:41:15	Huangshan (CHN)	09.03.2019	Q
8	Matej Tóth	SVK	03:42:46	Dudince (SVK)	24.03.2018	Q
9	Håvard Haukenes	NOR	03:42:50	Dudince (SVK)	23.03.2019	Q
10	Veli-Matti Partanen	FIN	03:44:43	Dudince (SVK)	24.03.2018	Q
11	Maryan Zakalnytskyi	UKR	03:44:59	Taicang (CHN)	05.05.2018	Q
12	Dzmitry Dziubin	BLR	03:45:51	Alytus (LTU)	19.05.2019	Q
13	João Vieira	POR	03:46:38	Alytus (LTU)	19.05.2019	Q
14	Artur Brzozowski	POL	03:46:42	Alytus (LTU)	19.05.2019	Q
15	Rafal Augustyn	POL	03:47:04	Dudince (SVK)	23.03.2019	Q
16	Brendan Boyce	IRL	03:48:13	Alytus (LTU)	19.05.2019	Q
17	Ivan Banzeruk	UKR	03:48:40	Alytus (LTU)	19.05.2019	Q
18	Perseus Karlström	SWE	03:48:54	Taicang (CHN)	05.05.2018	Q
18	Evan Dunfee	CAN	03:48:54	Wajima (JPN)	14.04.2019	Q
20	Quentin Rew	NZL	03:48:58	Taicang (CHN)	05.05.2018	Q
21	Teodorico Caporaso	ITA	03:49:14	Dudince (SVK)	23.03.2019	Q
22	Isaac Palma	MEX	03:49:39	Lazaro Cardenas (MEX)	21.04.2019	Q
23	Rafal Sikora	POL	03:49:54	Taicang (CHN)	05.05.2018	Q
24	Carl Dohmann	GER	03:50:27	Berlin (GER)	07.08.2018	Q
25	Jarkko Kinnunen	FIN	03:51:16	Dudince (SVK)	23.03.2019	Q
26	Jonathan Hilbert	GER	03:51:22	Aschersleben (GER)	14.10.2018	Q
27	Valeriy Litanyuk	UKR	03:51:27	Alytus (LTU)	19.05.2019	Q
28	José Ignacio Díaz	ESP	03:52:00	Alytus (LTU)	19.05.2019	Q
29	Michele Antonelli	ITA	03:52:09	Alytus (LTU)	19.05.2019	Q
30	Bernardo Uriel Barrondo	GUA	03:53:10	Taicang (CHN)	05.05.2018	Q
31	Cameron Corbishley	GBR	03:53:20	Dudince (SVK)	23.03.2019	Q
32	Matt Bilodeau	CAN	03:53:36	Dudince (SVK)	23.03.2019	Q
33	Jesús Ángel García	ESP	03:53:48	Taicang (CHN)	05.05.2018	Q
34	Nathaniel Seiler	GER	03:54:08	Berlin (GER)	07.08.2018	Q
35	Máté Helebrandt	HUN	03:54:13	Dudince (SVK)	23.03.2019	Q
36	Erick Barrondo	GUA	03:54:30	Guatemala City (GUA)	24.02.2019	Q
37	Marc Tur	ESP	03:54:51	El Vendrell (ESP)	10.02.2019	Q

38	Claudio Villanueva	ECU	03:55:04	Taicang (CHN)	05.05.2018	Q
39	Andrea Agrusti	ITA	03:55:09	Taicang (CHN)	05.05.2018	Q
40	Caio Bonfim	BRA	03:55:24	Melbourne (AUS)	02.12.2018	Q
41	Bence Venyercsán	HUN	03:55:34	Dudince (SVK)	23.03.2019	Q
42	Luis Angel Sánchez	GUA	03:55:40	Guatemala City (GUA)	24.02.2019	Q
42	Artur Mastianica	LTU	03:55:40	Alytus (LTU)	19.05.2019	Q
44	Andrés Chocho	ECU	03:55:48	Cochabamba (BOL)	05.06.2018	Q
44	José Montaña	COL	03:55:48	Dudince (SVK)	24.03.2018	Q
46	Jorge Armando Ruiz	COL	03:56:07	Lazaro Cardenas (MEX)	21.04.2019	Q
47	Aléxandros Papamiháil	GRE	03:56:19	Alytus (LTU)	19.05.2019	Q
48	Ato Ibáñez	SWE	03:56:22	Dudince (SVK)	23.03.2019	Q
49	Dominic King	GBR	03:56:35	Dudince (SVK)	23.03.2019	Q
50	Horacio Nava	MEX	03:56:39	Lazaro Cardenas (MEX)	21.04.2019	Q
51	Aurelien Quinion	FRA	03:57:05	Aschersleben (GER)	14.10.2018	Q
52	Arnis Rumbenieks	LAT	03:57:09	Alytus (LTU)	19.05.2019	Q
53	José Ojeda	MEX	03:58:14	Lazaro Cardenas (MEX)	21.04.2019	Q
54	Narcis Mihaila	ROU	03:58:17	Alytus (LTU)	19.05.2019	Q
55	Marc Mundell	RSA	03:58:32	Dudince (SVK)	23.03.2019	Q
56	Ruslans Smolonskis	LAT	03:58:35	Alytus (LTU)	19.05.2019	Q

Top 8 of not qualified athletes

Dušan Majdán	SVK	03:59:21	Berlin (GER)	07.08.2018
Luis Campos	PER	03:59:23	Cochabamba (BOL)	05.06.2018
Sandeep Kumar Sangwan	IND	03:59:28	Taicang (CHN)	05.05.2018
Lukáš Gdula	CZE	03:59:33	Dudince (SVK)	23.03.2019
Jitender Singh Rathore	IND	04:00:13	Taicang (CHN)	05.05.2018
Tadas Šuškevičius	LTU	04:00:40	Dudince (SVK)	24.03.2018
Diego Pinzón	COL	04:01:42	Lazaro Cardenas (MEX)	21.04.2019
Dominik Cerný	SVK	04:01:51	Reggio Emilia (ITA)	21.10.2018

Athletes who achieved the entry standard (not a top three performance or not selected)

Satoshi Maruo	JPN	03:40:04	Wajima (JPN)	14.04.2019
Wang Rui	CHN	03:42:08	Huangshan (CHN)	09.03.2019
Hiroki Arai	JPN	03:43:02	Wajima (JPN)	14.04.2019
Bian Tongda	CHN	03:43:06	Huangshan (CHN)	09.03.2019
Kai Kobayashi	JPN	03:43:46	Wajima (JPN)	14.04.2019
Hayato Katsuki	JPN	03:44:31	Taicang (CHN)	05.05.2018
Luo Dongpo	CHN	03:45:38	Huangshan (CHN)	09.03.2019
Liu Xu	CHN	03:48:30	Huangshan (CHN)	09.03.2019
Zhaxi Yangben	CHN	03:49:43	Huangshan (CHN)	09.03.2019
Chen Rui	CHN	03:49:58	Huangshan (CHN)	09.03.2019
Rafał Fedaczyński	POL	03:50:41	Dudince (SVK)	23.03.2019
Damian Blocki	POL	03:51:04	Wajima (JPN)	14.04.2019
Takayuki Tanii	JPN	03:51:54	Takahata (JPN)	28.10.2018
You Tao	CHN	03:51:58	Huangshan (CHN)	09.03.2019
Yuki Ito	JPN	03:52:08	Wajima (JPN)	14.04.2019
Shuto Goto	JPN	03:52:17	Takahata (JPN)	28.10.2018
Yuya Suganami	JPN	03:54:08	Wajima (JPN)	14.04.2019
Ceng Qingsheng	CHN	03:54:29	Huangshan (CHN)	09.03.2019
Adrian Blocki	POL	03:54:31	Taicang (CHN)	05.05.2018
Dmytro Sobchuk	UKR	03:54:57	Ivano-Frankivsk (UKR)	20.10.2018
Karl Junghannß	GER	03:55:01	Dudince (SVK)	23.03.2019
Marco De Luca	ITA	03:55:47	Berlin (GER)	07.08.2018
Zhang Hongliang	CHN	03:55:58	Huangshan (CHN)	09.03.2019
Benjamín Sánchez	ESP	03:56:15	El Vendrell (ESP)	10.02.2019
Jakub Jelonek	POL	03:56:33	Dudince (SVK)	23.03.2019
Meng Zhongkai	CHN	03:56:45	Huangshan (CHN)	09.03.2019
Leonardo Dei Tos	ITA	03:56:56	Gioiosa Marea (ITA)	27.01.2019
Han Jijiang	CHN	03:57:33	Taicang (CHN)	05.05.2018
Serhiy Budza	UKR	03:57:34	Alytus (LTU)	19.05.2019
Katsuya Ishii	JPN	03:57:37	Wajima (JPN)	14.04.2019
Yang Liang	CHN	03:57:46	Huangshan (CHN)	09.03.2019
Li Jichao	CHN	03:58:20	Huangshan (CHN)	09.03.2019
Isamu Fujisawa	JPN	03:58:49	Takahata (JPN)	28.10.2018

50km Women

Entry Standard: 4:30:00 - Targetnumber: 30 - Qualification Period from 07 Mar 2018 to 06 Sep 2019 - Free slots: 1

1	Liu Hong	CHN	03:59:15	Huangshan (CHN)	09.03.2019	Q
2	Li Maocuo	CHN	04:03:51	Huangshan (CHN)	09.03.2019	Q
3	Liang Rui	CHN	04:04:36	Taicang (CHN)	05.05.2018	Q
4	Eleonora Giorgi	ITA	04:04:50	Alytus (LTU)	19.05.2019	Q
5	Julia Takács	ESP	04:05:46	Alytus (LTU)	19.05.2019	Q
6	Inês Henriques	POR	04:09:21	Berlin (GER)	07.08.2018	Q
7	Claire Woods	AUS	04:09:33	Taicang (CHN)	05.05.2018	Q
8	Raquel González	ESP	04:11:01	El Vendrell (ESP)	10.02.2019	Q
9	Alina Tsviliy	UKR	04:12:44	Berlin (GER)	07.08.2018	Q
10	Paola Pérez	ECU	04:12:56	Taicang (CHN)	05.05.2018	Q
11	Mirna Ortiz	GUA	04:13:56	Guatemala City (GUA)	24.02.2019	Q
12	Mária Czaková	SVK	04:14:25	Dudince (SVK)	24.03.2018	Q
13	Johana Ordóñez	ECU	04:14:28	Taicang (CHN)	05.05.2018	Q
14	Valentyna Myronchuk	UKR	04:15:50	Alytus (LTU)	19.05.2019	Q
15	Nastassia Yatskevich	BLR	04:16:39	Alytus (LTU)	19.05.2019	Q
16	Olena Sobchuk	UKR	04:17:07	Alytus (LTU)	19.05.2019	Q
17	Nadzeya Darazhuk	BLR	04:17:29	Alytus (LTU)	19.05.2019	Q
18	Magaly Colomilla	ECU	04:19:04	Taicang (CHN)	05.05.2018	Q
19	Masumi Fuchise	JPN	04:19:56	Wajima (JPN)	14.04.2019	Q
20	Ivana Renic	CRO	04:20:17	Dudince (SVK)	23.03.2019	Q
21	Ainhoa Pinedo	ESP	04:21:07	Alytus (LTU)	19.05.2019	Q
22	Evelin Inga	PER	04:22:57	Lazaro Cardenas (MEX)	21.04.2019	Q
23	Mariavittoria Becchetti	ITA	04:26:10	Alytus (LTU)	19.05.2019	Q
24	Mara Ribeiro	POR	04:27:14	Alytus (LTU)	19.05.2019	Q
25	Nicole Colombi	ITA	04:27:38	Gioiosa Marea (ITA)	27.01.2019	Q
26	Mayra Carolina Herrera	GUA	04:28:30	Taicang (CHN)	05.05.2018	Q
27	Aggeliki Makri	GRE	04:29:15	Alytus (LTU)	19.05.2019	Q
28	Tiia Kuikka	FIN	04:29:25	Alytus (LTU)	19.05.2019	Q
29	Serena Sonoda	JPN	04:29:45	Takahata (JPN)	28.10.2018	Q
30	Dušica Topic	SRB	04:30:43	Berlin (GER)	07.08.2018	q

Top 8 of not qualified athletes

Agnieszka Ellward	POL	04:31:19	Alytus (LTU)	19.05.2019
Robyn Stevens	USA	04:34:24	Santee CA (USA)	26.01.2019
Viviane Lyra	BRA	04:34:55	Lazaro Cardenas (MEX)	21.04.2019
Yoci Caballero	PER	04:35:35	Lazaro Cardenas (MEX)	21.04.2019
Nair da Rosa	BRA	04:38:48	Sucua (ECU)	10.03.2018
Nami Kumagai	JPN	04:39:01	Wajima (JPN)	15.04.2018
Anastasiya Rodzkina	BLR	04:40:02	Alytus (LTU)	19.05.2019
Andrea Kovács	HUN	04:40:05	Alytus (LTU)	19.05.2019

Athletes who achieved the entry standard (not a top three performance or not selected)

Ma Faying	CHN	04:07:30	Huangshan (CHN)	09.03.2019
Yin Hang	CHN	04:09:09	Taicang (CHN)	05.05.2018
Jiang Pengqin	CHN	04:14:31	Huangshan (CHN)	09.03.2019
Bai Tiantian	CHN	04:14:49	Huangshan (CHN)	09.03.2019
Wang Yingliu	CHN	04:15:33	Huangshan (CHN)	09.03.2019
Khrystyna Yudkina	UKR	04:19:57	Alytus (LTU)	19.05.2019
Chi Meijiao	CHN	04:22:47	Huangshan (CHN)	09.03.2019
Vasylyna Vitovshchuk	UKR	04:23:15	Berlin (GER)	07.08.2018
Mar Juárez	ESP	04:24:35	Alytus (LTU)	19.05.2019
Chen Yumin	CHN	04:26:42	Huangshan (CHN)	09.03.2019

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

Australian/Victorian Key Dates – 2019/2020

Aug 11 (Sun), 2019	AMA 20km National Championships, Adelaide, SA See http://www.australianmastersathletics.org.au/events/event/ama-20k-roadwalk-championships-2019/
Sept 8 (Sun), 2019	Australian Roadwalk Championships, Adelaide, SA
Dec 1 (Sun), 2019	Australian 50km Championship meet, Fawkner Park Melbourne (TBC)
Dec 6-8, 2019	Australian All Schools Championships, WA Athletics Stadium, Perth
Mar 22-29, 2020	Australian Athletics Championships, SOPAC, Sydney
Apr 10-13, 2020	Australian Masters T&F Championships, Brisbane, QLD. See http://www.brisbane2020nationals.com.au/

2019 IAAF Race Walking Challenge Series (remaining race meets)

Sep 27 - Oct 6, 2019 IAAF World Athletics Championships, Doha, Qatar
Oct 20-22, 2019 Around Taihu International Race Walking 2019, Suzhou, China

International Dates – 2019 and onwards

Jul 3-14, 2019 **30th Summer Universiade**, Naples Italy
Jul 13 (Sat), 2019 USATF San Diego Imperial 20,000m and 50,000m track walks, San Diego, USA
Jul 20-21, 2019 China National Race Walking Champions Meet, Changbaishan, CHN (20 and 50km M/W)
Jul 26-Aug 11, 2019 Pan American Games, Lima, PER (50km and 20km)
Aug 30-Sep 7, 2019 **20th Oceania Masters T&F Championships**, Mackay, Queensland, AUS
Sep 6-7, 2019 China National Race Walking Champs, Leshan, CHN (20 and 50km M/W)
Sept 28 – Oct 6, 2019 **17th IAAF World Championships in Athletics**, Doha, Qatar
Oct 20-22, 2019 Around Taihu International Race Walking 2019, Suzhou, China

May, 2020 **29th IAAF World Race Walking Team Championships**, Minsk, Belarus
July 17-20, 2020 **18th IAAF World U20 T&F Championships**, Nairobi, Kenya
July 24 – Aug 9, 2020 **32nd Olympic Games**, Tokyo
July 20 – Aug 1, 2020 **23rd World Masters T&F Championships**, Toronto, Canada

Mar 2021 **9th World Masters Indoor T&F Championships**, Edmonton, Canada
Aug 6-15, 2021 (TBC) **18th IAAF World Championships in Athletics**, Eugene, USA

July 18-30, 2022 **XXII Commonwealth Games**, Birmingham, GBR.
Aug 7-17, 2022 **24th World Masters T&F Championships**, Gothenburg Sweden

Aug 2021 (TBC) **19th IAAF World Championships in Athletics**, Budapest, Hungary

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