



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
2017/2018 Number 37  
12 June 2018



### VRWC Preferred Supplier of Shoes, clothes and sporting accessories.

Address: *RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)*  
Telephone: 03 9817 3503  
Hours: Monday to Friday: 9:30am to 5:30pm  
Saturday: 9:00am to 3:00pm  
Website: <http://www.runnersworld.com.au>  
Facebook: <http://www.facebook.com/pages/Runners-World/235649459888840>

### WALKER OF THE WEEK

I had plenty of choice for My Walker of the Week due to the many fine walks in Sunday's Lake Burley Griffin Carnival in Canberra, but one walker stood out. 10 year old Victorian **Darcey Roberts** finished the weekend with 2 PBs, two individual golds and 2 team silvers.

Walking in the U12 Girls 2km race, she stormed home to win by 42 secs with an 18 sec PB time of **10:02**. She went even faster a short while later to win the U14 Girls 2km race with **9:58**. Then she backed up later in the program, coming fifth in the U18 Girls 5km race in her first ever 5km, her time an impressive **29:19**. She also helped RWV win team silvers in the U14 and U18 age groups. She also bettered her own VRWC Girls U11 2km club record and bettered the VRWC Girls U11 and U12 5km club records.

Now that is what I call a pretty good day's work for a first year walker.



*Darcey in action in the U12, U14 and U18 events on Sunday in Canberra (photos Tim Erickson)*

### WHAT'S COMING UP

- Next Saturday sees another round of our VRWC roadwalking season at Middle Park and it is one which everyone seems to like. It is our '**Guess your finish time**' round. When entering the race, tell the race secretary the time you will walk. The results on the day will be determined by whomever is closest to their predicted time. No watches are to be worn and no times are called during the race. Prizes are on offer for the first 3 male/female walkers in each race. You can pre-enter (and put in your estimated time) at <http://vrwc.org.au/wp1/race-entries-2/race-entry-sat-16-jun-18/>.

<b>Saturday 16<sup>th</sup> June 2018, Middle Park</b>		
<b>VRWC EVENTS: Entries close for all events at 1.45pm sharp.</b>		
<b>Prizes for all winners of each race who gets closest to their race time.</b>		
2.15pm	8km Guess your finish time & Points Race	Open
2.15pm	6km Guess your finish time & Points Race	Open
2.15pm	4km Guess your finish time & Points Race	Open
2.30pm	2km Guess your finish time & Points Race	Open
2.30pm	1km Guess your finish time & Points Race	Open

- The following week sees another of our big championship days with Victorian, Victorian Schools, Victorian Masters and VRWC medals on offer. You can enter the VRWC and VMA races on the day or, more preferably, via our online panels at <http://vrwc.org.au/wp1/race-entries-2/race-entry-sun-24jun18/>. You must enter the AV or AV Schools races via the AV online entry panel at <http://athsvic.org.au/event/2018-av-20km-schools-walks-championships/>. Any school student can enter the AV Schools championships, but to compete in the AV 20km championship, you must be a current AV member. **AV entries close at 11:59PM on Thursday 21<sup>st</sup> June.** So there is something for everyone!

<b>Sunday 24<sup>th</sup> June 2018, Middle Park</b>		
<b>A.V., A.V. Schools, VMA &amp; VRWC Championships</b>		
VRWC & VMA EVENTS: Entries close for all events at 45 minutes before the event.		
8.30am	<b>20km AV Championship</b>	<b>Open Men</b>
8.30am	<b>20km VRWC Championship - Alf Robinson Trophy</b>	<b>Open Men</b>
8.30am	<b>20km VMA Championships</b>	<b>Masters Men</b>
8.30am	<b>20km AV Championship</b>	<b>Open Women</b>
8.30am	<b>20km VMA Championships</b>	<b>Masters Women</b>
8.30am	20km Non- championship	Open
9.15am	<b>10km AV Schools Championship</b>	<b>U20 Men/Women</b>
9.15am	10km Non- championship	Open
9.30am	<b>3km AV Schools Championship</b>	<b>U16 Boys/Girls</b>
9.30am	<b>3km AV Schools Championship</b>	<b>U14 Boys/Girls</b>
9.50am	<b>5km AV Schools Championship</b>	<b>U18 Men/Women</b>
9.50am	5km Non- championship	Open
10.00am	2km Non- championship	Open
10.15am	<b>1.5km VRWC Championship</b>	<b>U10 Boys/Girls</b>
10.25am	<b>2.5km VRWC Championship</b>	<b>U12 Boys/Girls</b>
11.00pm	Presentations	

- And a reminder that our **Twilight Trivia** has now been rescheduled to **Saturday 14 July**, starting at 4:30PM. See [http://www.vrwc.org.au/documents/Twilight\\_Trivia\\_July14.jpg](http://www.vrwc.org.au/documents/Twilight_Trivia_July14.jpg).

**LAKE BURLEY GRIFFIN WALKING CARNIVAL, STROMLO FOREST PARK IN CANBERRA, SUNDAY 10 JUNE**

It was a big and exciting trip for the many Australians who travelled to our national capital city of Canberra last weekend for the 52<sup>nd</sup> annual Lake Burley Griffin Racewalking Carnival. It remains our biggest racewalking carnival for the year, with the underage races in particular being highly contested.

The carnival was changed from the traditional Lake Burley Griffin venue after the 50<sup>th</sup> staging in 2016, with the 2017 event being held at the Stromlo Forest Park, NW of the city. This venue was used again this year, with walkers competing on a fast 1km road loop within the venue. With great facilities and with a superb sunny day presented to us, conditions were just about perfect for the walkers.

There were a couple of significant changes this year. Firstly, the race direction was reversed, with walkers starting and finishing down a gentle incline rather than up it. From what I heard, competitors seemed to prefer last year's direction. And the judges certainly did – it is not easy judging downhill starts and finishes, especially in the younger age groups. Secondly, the traditional 20 Miles and 10 Miles distances were changed to 30km and 15km. I had no issues with this change – the imperial distances made sense on an out and back course around the lake, but they are no longer relevant on a short 1km lap.

There were the usual standout performances. In no particular order, these caught my attention

- Tyler Jones** with an inaugural win in the Open 30km (his first time over the distance) with a time of 2:21:27
- Rachel Tallent** with a double – wins in the Women's Open 15km (1:14:58) and the Women's Open 5km (23:04)
- Mitchell Baker** with a double – wins in the Men's U20 10km (46:25) and the Men's U18 5km (22:38)
- Darcey Roberts** with a double – wins in the Girls' U12 2km (10:02) and the Girls' U14 2km (9:58)
- Connor Frew** with a win in the Men's Open 15km (1:13:34) and third in the Men's 18 5k (23:16)
- Oscar Tebbutt** with 2 silvers – second in the Men's 15km (1:15:06) and second in the Men's U18 5km (23:01)
- Toby Wilks** with a win in the Boys' U14 2km (9:18) and 3<sup>rd</sup> in the Boys' U16 3km (13:47)
- Corey Dickson** with a very strong win in the Boys' U16 3km (13:34) and 7<sup>th</sup> in the U18 5km (24:15)
- Allanah Pitcher** with second in the Girls' U16 3km (14:19) and a win in the Girls' U18 5km (26:03)

- **Alanna Peart** with a win in the Girls' U16 3km (14:02) and fourth in the Women's Open 5km (25:51)
- **Jack McGinniskin** who was 4<sup>th</sup> in the U20 10km, then fought out the U16 3km with Corey Dickson, just going down by 2 secs with 13:36.

All the following photos are taken from my album at <http://www.vrwc.org.au/piwigo/index.php?category/471>. Thanks also to Kerrie Peart who has also contributed photos of her own to the album.



*Mitchell Baker, Oscar Tebbutt, Tyler Jones and Jack McGinniskin*



*Allanah Pitcher, Robin Whyte, Toby Wilks and Connor Frew*

But this is principally a Victorian newsletter, so I will zoom in on the Victorian results. We sent only a small team but they did so well, with 13 individual medals (including 8 golds) and 9 teams placings (including 4 team wins). I think I have captured them all!

Gold	<b>Rachel Tallent</b>	Open Women 15km	1:14:58
	<b>Peter Curtis</b>	Open Men 10km	1:00:28
	<b>Luke Epps</b>	U12 Boys 2km	10:18
	<b>Darcey Roberts</b>	U12 Girls 2km	10:02
	<b>Darcey Roberts</b>	U14 Girls 2km	9:58
	<b>Corey Dickson</b>	U16 Boys 3km	13:34
	<b>Alanna Peart</b>	U16 Girls 3km	14:02
	<b>Rachel Tallent</b>	Open Women 5km	23:04



Silver	<b>David Smyth</b> <b>Fraser Saunder</b>	Master Men 15km U14 Boys 2km	1:30:51 9:46
Bronze	<b>Donna-Marie Elms</b> <b>Charlotte Hay</b> <b>Jemma Peart</b>	Masters Women 15km U18 Girls 5km Open Women 5km	1:42:07 26:44 25:16
Team Gold	U12 Boys 2km U14 Boys 2km U16 Boys 3km Open Women 5km	<b>Luke Epps, Liam Hutchins, Hamish Blackwood</b> <b>Fraser Saunder, Luke Epps, Marcus Wakim</b> <b>Luke Epps, Angus Hay, Liam Hutchins</b> <b>Rachel Tallent, Jemma Peart, Alanna Peart</b>	
Team Silver	U14 Girls 2km U16 Boys 3km U18 Girls 5km	<b>Darcey Roberts, Kaylah Heikkila-Dubowik, Riannah Tatlock</b> <b>Luke Epps, Angus Hay, Liam Hutchins</b> <b>Charlotte Hay, Darcey Roberts, Kathleen O'Mahony</b>	
Team Bronze	U14 Boys 2km U18 Boys 5km	<b>Liam Hutchins, Scott Peart, Hamish Blackwood</b> <b>Corey Dickson, Heath Beveridge, Angus Hay</b>	

It was as always a huge team performance, with so many of our walkers competing in more than one event. Special mentions to Multiple walk performances

- 3 race finishes to **Luke Epps** (U12 U14 U16), **Liam Hutchins** (U12 U14 U16) and **Darcey Roberts** (U12 U14 U18)
- 2 race finishes to **Heath Beveridge** (U16 U18), **Hamish Blackwood** (U12 U14), **Corey Dickson** (U16 U18), **Angus Hay** (U16 U18), **Kayla Heikkila-Dubowik** (U14 U16), **Scott Peart** (U12 U14), **Alanna Peart** (U16 and Open), **Fraser Saunder** (U14 U16), **Rachel Tallent** (15km and 5km) and **Riannah Tatlock** (U12 U14).

And a couple of additional Victorian related shouts.

- Our small Ballarat contingent of **Scott, Alanna and Jemma Peart, Rachel Tallent and Fraser Saunder** did superbly, all winning medals. It must be the water!
- Coach **Frances Attard** did it again, with her walkers cutting a swathe through the carnival and winning medals everywhere.

Finally, ACT walker **Robin Whyte** started in his 52<sup>nd</sup> LBG carnival, having walked in the 20 Miler on 51 occasions and starting in the 30km this year. Alas, the judges were not kind to him but it remains a superb record of longevity.



*Fraser Saunder, Luke Epps, Darcey Roberts and Liam Hutchins*



*Corey Dickson, Peter Curtis, Rachel Tallent and Alanna Peart*



*Our small but talented Ballarat group of Alanna Peart, Fraser Saunder Scott Peart, Jemma Peart and Rachel Tallent*

Full results have now been posted to <https://my1.raceresult.com/100546/>. I have extracted them into a more user friendly format and reproduce them below.

**LAKE BURLEY GRIFFIN CARNIVAL, STROMLO FOREST PARK, CANBERRA  
SUNDAY 10 JUNE 2018**

**EVENT 1: OPEN 30KM WALK**

**MEN**

1.	TYLER JONES	206	NSWRWC	2:21:27
	LUIS BUSTAMANTE (INV)	203	MEXICO	2:22:32
2.	DYLAN RICHARDSON	207	NSWRWC	2:31:19
3.	IAN RAYSON	200	ACTW	2:35:33
4.	ANDREW DUNCAN	210	WARWC	2:41:34
5.	PETER BENNETT	208	RWQ	3:12:51
6.	PETER CRUMP	25	SARWC	3:15:59
	ROBIN WHYTE	202	ACTW	DQ

CARL GIBBONS	205	NSWRWC	DNF
IGNACIO GONZALEZ (INV)	204	MEXICO	DNF
BRENDON READING	201	ACTW	DNF

#### MASTERS MEN

1.	ANDREW DUNCAN	210	WARWC	02:41:34
2.	PETER BENNETT	208	RWQ	03:12:51
3.	PETER CRUMP	25	SARWC	03:15:59
	ROBIN WHYTE	202	ACTW	DQ

**OLDEST FINISHER** PETER BENNETT RWQ

---

#### EVENT 2: FITNESS 30KM WALK MEN

1.	BRYAN THOMAS	212	ACTW	3:55:15
----	--------------	-----	------	---------

#### WOMEN

1.	SUSAN ARCHER	211	ACTW	3:50:31
----	--------------	-----	------	---------

**OLDEST FINISHER** BRYAN THOMAS ACTW

---

#### EVENT 3: MEN & WOMEN AACT 30KM CHAMPIONSHIP MEN

1.	PETER BENNETT	1208	RWQ	3:12:51
	ROBIN WHYTE	1202	ACTW	DQ

---

#### EVENT 4: WOMEN 15KM WALK

1.	RACHEL TALLENT	112	RWV	1:14:58
2.	ANNA CROSS	110	SARWC	1:20:53
3.	CHELSEA GOODHEW	103	NSWRWC	1:27:13
4.	ANN STAUNTON-JUGOVIC	100	ACTW	1:33:59
5.	ANNE WEEKES	105	NSWRWC	1:36:31
6.	DONNA-MARIE ELMS	111	RWV	1:42:07
7.	JOAN PURCELL	104	NSWRWC	2:02:19
8.	NOELA MCKINVEN	108	RWQ	2:09:36

#### MASTERS

1.	ANN STAUNTON-JUGOVIC	100	ACTW	01:33:59
2.	ANNE WEEKES	105	NSWRWC	01:36:31
3.	DONNA-MARIE ELMS	111	RWV	01:42:07
4.	JOAN PURCELL	104	NSWRWC	02:02:19
5.	NOELA MCKINVEN	108	RWQ	02:09:36

#### HANDICAP

1.	NOELA MCKINVEN	108	RWQ
2.	JOAN PURCELL	104	NSWRWC

#### TEAMS

1.	NSWRWC	7	CHELSEA GOODHEW, ANNE WEEKES, JOAN PURCELL
----	--------	---	--

**OLDEST FINISHER** JOAN PURCELL NSWRC

---

#### EVENT 5: MEN 15KM WALK

1.	CONNOR FREW	102	ACTW	1:13:34
2.	OSCAR TEBBUTT	107	NSWRWC	1:15:06
3.	TRAVIS BARENDREGT	106	NSWRWC	1:24:17
4.	ARGENIS GUEVARA	109	RWQ	1:29:19
5.	DAVID SMYTH	113	RWV	1:30:51
6.	GREG DURR	101	ACTW	1:38:17

#### MASTERS

1.	ARGENIS GUEVARA	109	RWQ	01:29:19
----	-----------------	-----	-----	----------

2.	DAVID SMYTH	113	RWV	01:30:51
3.	GREG DURR	101	ACTW	01:38:17

---

#### EVENT 6: FITNESS 15KM WALK

##### MEN

1.	DOUG FITZGERALD	119	ACTW	2:00:55
2.	GEORGE MEGAS	120	RWQ	2:15:48

##### WOMEN

1.	LORNA ENGLAND	117	ACTW	2:14:43
2.	RUTH ENGLAND	118	ACTW	2:14:44
3.	VAL CHESTERTON	116	ACTW	2:20:02

---

#### EVENT 7: FITNESS 8KM WALK

##### MEN

1.	MICK SAUNDERS	505	ACTW	0:57:52
2.	ROBERT PARKER	503	ACTW	0:59:49
3.	GEOFF BARKER	500	ACTW	1:06:50
4.	BRENDON HYDE	508	NSWRWC	1:20:19
	PHIL ESSAM	502	ACTW	DNS

##### WOMEN

1.	LISA CASEY	501	ACTW	0:54:45
2.	ROSEMARY PARKER	504	ACTW	1:02:23
3.	ROBYN SAUNDERS	506	ACTW	1:08:55
4.	HELEN TOYNE	507	ACTW	1:08:55

---

#### EVENT 8: MEN U20 10 KM WALK

1.	MITCHELL BAKER	1	ACTW	0:46:25
2.	JOE CROSS	386	SARWC	0:48:10
3.	TIM FRASER	3	ACTW	0:49:07
4.	JACK MCGINNISKIN	27	NSWRWC	0:51:21
5.	CALLUM BURNS	2	ACTW	0:51:51
6.	RYAN THOMSON	28	NSWRWC	0:52:06
7.	HAYDEN BLASKETT	26	NSWRWC	0:52:12
8.	TRAVIS BARENDREGT	23	NSWRWC	1:09:31
	KYLE BEDFORD	24	NSWRWC	DNF

##### HANDICAP

1.	JACK MCGINNISKIN	27	NSWRWC
2.	CALLUM BURNS	2	ACTW
3.	RYAN THOMSON	28	NSWRWC

##### TEAMS

1.	ACTW	15	MITCHELL BAKER, TIM FRASER, CALLUM BURN
2.	NSWRWC	7	JACK MCGINNISKIN, RYAN THOMSON, HAYDEN BLASKETT

---

#### EVENT 9: AACT MEN U20 10KM CHAMPIONSHIP

1.	MITCHELL BAKER	1001	ACTW	0:46:25
2.	TIM FRASER	1003	ACTW	0:49:07
3.	CALLUM BURNS	1002	ACTW	0:51:51
4.	TRAVIS BARENDREGT	1023	NSWRWC	1:09:31

---

#### EVENT 10: OPEN 10 KM WALK

1.	PETER CURTIS	383	RWV	1:00:28
----	--------------	-----	-----	---------

---

#### EVENT 11: WOMEN U20 10 KM WALK

1.	HANNAH MISON	32	NSWRWC	0:57:11
2.	RHIANNON LOVEGROVE	387	SARWC	0:57:50
3.	MOLLY O'NEILL	33	NSWRWC	0:59:33

4.	BRIDGET BELL	29	NSWRWC	1:00:07
5.	JANAYA LEE	31	NSWRWC	1:00:14
6.	ELAINE WANG	35	NSWRWC	1:01:01
7.	TEEGAN PENGILLEY	34	NSWRWC	1:01:29
	KATHLEEN O'MAHONY	334	RWV	DNS
	CHARLOTTE HAY	333	RWV	DNS

#### HANDICAP

1.	BRIDGET BELL	29	NSWRWC
2.	JANAYA LEE	31	NSWRWC
3.	ELAINE WANG	35	NSWRWC

#### TEAMS

1.	NSWRWC	16	HANNAH MISON, MOLLY O'NEILL, BRIDGET BELL
2.	NSWRWC	6	JANAYA LEE, ELAINE WANG, TEEGAN PENGILLEY

---

#### EVENT 12: BOYS U10 1 KM WALK

1.	THOMAS VARGA-STRIKE	38	NSWRWC	0:05:31
2.	CHRISTOPHER NILON	36	NSWRWC	0:05:35
3.	SAM WILKS	388	SARWC	0:05:50
4.	DYLAN RYAN	37	NSWRWC	0:06:14
5.	HEATH TATLOCK	335	RWV	0:10:11

#### HANDICAP

1.	DYLAN RYAN	37	NSWRWC
2.	HEATH TATLOCK	335	RWV

#### TEAMS

1.	NSWRWC	7	THOMAS VARGA-STRIKE, CHRISTOPHER NILON, DYLAN RYAN
----	--------	---	--

---

#### EVENT 13: GIRLS U10 1 KM WALK

1.	MIA STEWART	42	NSWRWC	0:05:35
2.	ELOISE SMITH	4	ACTW	0:05:36
3.	MAKENNA CLARKE	326	RWQ	0:05:39
4.	CHELSEA CAPPS	325	RWQ	0:05:56
5.	WANDA SKUODAS	41	NSWRWC	0:06:10
6.	ZAHLIA HEIKKILA-DUBOWIK	336	RWV	0:06:17
7.	CAETLIN ASHBY	39	NSWRWC	0:07:04
8.	CARA-LEE FLECKNOE	40	NSWRWC	0:08:19
9.	ZOE ZANTIOTIS	43	NSWRWC	0:11:11

#### HANDICAP

1.	ZOE ZANTIOTIS	43	NSWRWC
2.	CARA-LEE FLECKNOE	40	NSWRWC
3.	CHELSEA CAPPS	325	RWQ

#### TEAMS

1.	NSWRWC	7	MIA STEWART, WANDA SKUODAS, CAETLIN ASHBY
----	--------	---	---

---

#### EVENT 14: BOYS U12 2 KM WALK

1.	LUKE EPPS	338	RWV	0:10:18
2.	PETER ELLIOTT	49	NSWRWC	0:10:39
3.	SAM MCCURE	328	RWQ	0:10:47
4.	LIAM HUTCHINS	339	RWV	0:10:49
5.	CHARLIE CAPPS	327	RWQ	0:10:51
6.	MYLES ASHBY	47	NSWRWC	0:10:52
7.	OWEN TOYNE	6	ACTW	0:11:02
8.	DARCY BELL	48	NSWRWC	0:11:22
9.	HAMISH BLACKWOOD	337	RWV	0:11:23
10.	SCOTT PEART	341	RWV	0:12:01
11.	CHRISTOPHER NILON	50	NSWRWC	0:12:13
12.	THOMAS VARGA-STRIKE	52	NSWRWC	0:12:23
13.	AIDAN POSPISCHIL	51	NSWRWC	0:12:29
	ANDREW CAMP-LIDDIARD	5	ACTW	DQ



**HANDICAP**

1.	CHARLIE CAPPS	327	RWQ
2.	DARCY BELL	48	NSWRWC
3.	HAMISH BLACKWOOD	337	RWV

**TEAMS**

1.	RWV	21	LUKE EPPS, LIAM HUTCHINS, HAMISH BLACKWOOD
2.	NSWRWC	19	PETER ELLIOTT, MYLES ASHBY, DARCY BELL
3.	NSWRWC	6	CHRISTOPHER NILON, THOMAS VARGA-STRIKE AIDAN POSPISCHIL

---

**EVENT 15: GIRLS U12 2 KM WALK**

1.	DARCEY ROBERTS	344	RWV	0:10:02
2.	JAYDA STANLEY	63	NSWRWC	0:10:44
3.	SIENNA PITCHER	61	NSWRWC	0:10:45
4.	RUDI BLACKLEY	56	NSWRWC	0:10:56
5.	CHLOE LAMB	59	NSWRWC	0:11:02
6.	HANNAH WILKS	390	SARWC	0:11:46
7.	KATIE DERUVO	389	SARWC	0:12:01
8.	RIANNAH TATLOCK	345	RWV	0:12:16
9.	ABBEY BEKTAS	53	NSWRWC	0:12:18
10.	ELLIA NORDENSON	60	NSWRWC	0:12:19
11.	JESSEY BEKTAS	55	NSWRWC	0:12:50
12.	JASMINE WONG	64	NSWRWC	0:13:15
13.	GEORGIA FREW	7	ACTW	0:14:23
14.	WANDA SKUODAS	62	NSWRWC	0:14:32
15.	SARAH CHALLINOR	57	NSWRWC	0:14:53
16.	AMELIA CROCKER	58	NSWRWC	0:16:14
	ZAHLIA HEIKKILA-DUBOWIK	343	RWV	DNS

**HANDICAP**

1.	AMELIA CROCKER	58	NSWRWC
2.	RIANNAH TATLOCK	345	RWV
3.	CHLOE LAMB	59	NSWRWC

**TEAMS**

1.	NSWRWC	25	JAYDA STANLEY, SIENNA PITCHER, RUDI BLACKLEY
2.	NSWRWC	15	CHLOE LAMB, ABBEY BEKTAS, ELLIA NORDENSON
3.	NSWRWC	6	JESSEY BEKTAS, JASMINE WONG, WANDA SKUODAS

---

**EVENT 16: BOYS U14 2 KM WALK**

1.	TOBY WILKS	392	SARWC	0:09:18
2.	FRASER SAUNDER	355	RWV	0:09:46
3.	TOM HUNT	9	ACTW	0:10:18
4.	LUKE EPPS	348	RWV	0:10:54
5.	MARCUS WAKIM	356	RWV	0:11:01
6.	DARCY BELL	66	NSWRWC	0:11:11
7.	SAM MCCURE	329	RWQ	0:11:19
8.	LIAM HUTCHINS	351	RWV	0:11:22
9.	BRENDAN POSPISCHIL	69	NSWRWC	0:11:26
10.	PETER ELLIOTT	68	NSWRWC	0:11:42
11.	MYLES ASHBY	65	NSWRWC	0:11:57
12.	SCOTT PEART	354	RWV	0:12:01
13.	HAMISH BLACKWOOD	346	RWV	0:12:11
14.	HARRISON BAKER	8	ACTW	0:12:19
15.	SAM WILKS	391	SARWC	0:12:19
16.	SEBASTIAN YOUNG	10	ACTW	0:12:25
	LIAM O'ROURKE	352	RWV	DNS

**HANDICAP**

1.	SAM WILKS	391	SARWC
2.	HARRISON BAKER	8	ACTW
3.	DARCY BELL	66	NSWRWC

**TEAMS**

1.	RWV	32	FRASER SAUNDER, LUKE EPPS, MARCUS WAKIM
2.	NSWRWC	19	DARCY BELL, BRENDAN POSPISCHIL, PETER ELLIOTT
3.	RWV	14	LIAM HUTCHINS, SCOTT PEART, HAMISH BLACKWOOD
4.	ACTW	14	TOM HUNT, HARRISON BAKER, SEBASTIAN YOUNG

---

**EVENT 17: GIRLS U14 2 KM WALK**

1.	DARCEY ROBERTS	358	RWV	0:09:58
2.	IZABELLA DUNNE	73	NSWRWC	0:10:02
3.	ANIKA CLARKE	330	RWQ	0:10:03
4.	ELLIE DECELIS	72	NSWRWC	0:10:19
5.	EMMA THOMAS	83	NSWRWC	0:10:20
6.	LAURA BURNS	12	ACTW	0:10:30
7.	SIDNEY SHAW	13	ACTW	0:11:00
8.	CHLOE KRKLINSKI	74	NSWRWC	0:11:17
9.	KAYLAH HEIKKILA-DUBOWIK	357	RWV	0:11:35
10.	JADA THOMSON	85	NSWRWC	0:11:38
11.	ISABELLE NILON	80	NSWRWC	0:11:52
12.	CHIA WALTERS	87	NSWRWC	0:12:03
13.	RIANNAH TATLOCK	361	RWV	0:12:30
14.	ZSOFIA VARGA-STRIKE	86	NSWRWC	0:12:41
15.	ELLA BAKER	11	ACTW	0:12:52
16.	EMILY CHALLINOR	71	NSWRWC	0:15:54
	CATHERINE SCHOFIELD	82	NSWRWC	DNS
	SIENNA PITCHER	81	NSWRWC	DNS
	RUDI BLACKLEY	70	NSWRWC	DNS
	KATIE DERUVO	393	SARWC	DNS

**HANDICAP**

1.	EMILY CHALLINOR	71	NSWRWC
2.	KAYLAH HEIKKILA-DUBOWIK	357	RWV
3.	JADA THOMSON	85	NSWRWC

**TEAMS**

1.	NSWRWC	39	IZABELLA DUNNE, ELLIE DECELIS, EMMA THOMAS
2.	RWV	28	DARCEY ROBERTS, KAYLAH HEIKKILA-DUBOWIK, RIANNAH TATLOCK
3.	ACTW	23	LAURA BURNS, SIDNEY SHAW, ELLA BAKER
4.	NSWRWC	22	CHLOE KRKLINSKI, JADA THOMSON, ISABELLE NILON
5.	NSWRWC	9	CHIA WALTERS, ZSOFIA VARGA-STRIKE, EMILY CHALLINOR

---

**EVENT 18: BOYS U16 3 KM WALK**

1.	COREY DICKSON	384	RWV	0:13:34
2.	JACK MCGINNISKIN	89	NSWRWC	0:13:36
3.	TOBY WILKS	394	SARWC	0:13:47
4.	JONATHAN WEARNE	331	RWQ	0:14:37
5.	HEATH BEVERIDGE	385	RWV	0:15:14
6.	FRASER SAUNDER	367	RWV	0:15:22
7.	JOEL KEMP	88	NSWRWC	0:16:21
8.	LUKE EPPS	362	RWV	0:17:17
9.	ANGUS HAY	363	RWV	0:17:37
10.	LIAM HUTCHINS	365	RWV	0:17:55
	GWYLLYM YOUNG	14	ACTW	DNS
	LIAM O'ROURKE	366	RWV	DNS

**HANDICAP**

1.	HEATH BEVERIDGE	385	RWV
2.	JONATHAN WEARNE	331	RWQ
3.	JOEL KEMP	88	NSWRWC

**TEAMS**

1.	RWV	16	COREY DICKSON, HEATH BEVERIDGE, FRASER SAUNDER
2.	RWV	6	LUKE EPPS, ANGUS HAY, LIAM HUTCHINS

---

**EVENT 19: GIRLS U16 3 KM WALK**

1.	ALANNA PEART	370	RWV	0:14:02
2.	ALLANAH PITCHER	98	NSWRWC	0:14:19
3.	HANNAH BOLTON	90	NSWRWC	0:16:00
4.	HANNAH MANNING	16	ACTW	0:16:10
5.	CHLOE MCLOUGHLIN	94	NSWRWC	0:16:23
6.	EMMA THOMAS	300	NSWRWC	0:16:31
7.	IZABELLA DUNNE	92	NSWRWC	0:16:42
8.	ELIZABETH MCMILLEN	95	NSWRWC	0:16:51
9.	LAURA BURNS	15	ACTW	0:16:56
10.	HANNAH PARKER	97	NSWRWC	0:17:02
11.	MIA WILKS	397	SARWC	0:17:17
12.	OLIVIA THOMSON	302	NSWRWC	0:17:30
13.	CHLOE KRKLINSKI	93	NSWRWC	0:17:39
14.	JAYDA STANLEY	99	NSWRWC	0:18:07
15.	HANNAH WILKS	396	SARWC	0:18:13
16.	KATIE DERUVO	395	SARWC	0:18:17
17.	JADA THOMSON	301	NSWRWC	0:18:25
18.	BRODIE DOUGLAS	91	NSWRWC	0:20:22
	ISABELLE NILON	96	NSWRWC	DNS
	DARCEY ROBERTS	371	RWV	DNS
	KAYLAH HEIKKILA-DUBOWIK	368	RWV	DNS

**HANDICAP**

1.	HANNAH WILKS	396	SARWC
2.	KATIE DERUVO	395	SARWC
3.	HANNAH PARKER	97	NSWRWC

**TEAMS**

1.	NSWRWC	43	ALLANAH PITCHER, HANNAH BOLTON, CHLOE MCLOUGHLIN
2.	NSWRWC	33	EMMA THOMAS, IZABELLA DUNNE, ELIZABETH MCMILLEN
3.	NSWRWC	22	HANNAH PARKER, OLIVIA THOMSON, CHLOE KRKLINSKI
4.	SARWC	15	MIA WILKS, HANNAH WILKS, KATIE DERUVO
5.	NSWRWC	8	JAYDA STANLEY, JADA THOMSON, BRODIE DOUGLAS

**EVENT 20: BOYS U18 5 KM WALK**

1.	MITCHELL BAKER	17	ACTW	0:22:38
2.	OSCAR TEBBUTT	306	NSWRWC	0:23:01
3.	CONNOR FREW	18	ACTW	0:23:16
4.	TRISTAN CAMILLERI	399	SARWC	0:23:41
5.	KYLE BEDFORD	303	NSWRWC	0:23:54
6.	JOE CROSS	400	SARWC	0:24:10
7.	COREY DICKSON	373	RWV	0:24:15
8.	RYAN THOMSON	307	NSWRWC	0:25:47
9.	HAYDEN BLASKETT	304	NSWRWC	0:25:59
10.	MATHEW BRUNIGES	398	SARWC	0:27:54
11.	JOEL KEMP	305	NSWRWC	0:28:23
12.	HEATH BEVERIDGE	372	RWV	0:29:12
13.	ANGUS HAY	374	RWV	0:33:23
	TOBY WILKS	401	SARWC	DNF
	LIAM O'ROURKE	375	RWV	DNS

**HANDICAP**

1.	KYLE BEDFORD	303	NSWRWC
2.	TRISTAN CAMILLERI	399	SARWC
3.	RYAN THOMSON	307	NSWRWC

**TEAMS**

1.	NSWRWC	21	OSCAR TEBBUTT, KYLE BEDFORD, RYAN THOMSON
2.	SARWC	17	TRISTAN CAMILLERI, JOE CROSS, MATHEW BRUNIGES
3.	RWV	8	COREY DICKSON, HEATH BEVERIDGE, ANGUS HAY

**EVENT 21: GIRLS U18 5 KM WALK**

1.	ALLANAH PITCHER	314	NSWRWC	0:26:03
2.	BETHANY CROSS	402	SARWC	0:26:42

3.	CHARLOTTE HAY	377	RWV	0:26:44
4.	HANNAH MISON	312	NSWRWC	0:29:07
5.	DARCEY ROBERTS	379	RWV	0:29:19
6.	JANAYA LEE	310	NSWRWC	0:29:52
7.	KATHLEEN O'MAHONY	378	RWV	0:30:43
8.	TEEGAN PENGILLEY	313	NSWRWC	0:31:07
9.	BRITTANY ROBERTSON	316	NSWRWC	0:31:44
10.	BRODIE DOUGLAS	309	NSWRWC	0:36:12
11.	ALEXANDRA HAY	376	RWV	0:41:32
	HANNAH BOLTON	308	NSWRWC	DNF
	MIA WILKS	404	SARWC	DNS
	RHIANNON LOVEGROVE	403	SARWC	DNS
	CHLOE MCLOUGHLIN	311	NSWRWC	DNS

#### HANDICAP

1.	BRITTANY ROBERTSON	316	NSWRWC
2.	BRODIE DOUGLAS	309	NSWRWC
3.	JANAYA LEE	310	NSWRWC

#### TEAMS

1.	NSWRWC	22	ALLANAH PITCHER, HANNAH MISON, JANAYA LEE
2.	RWV	18	CHARLOTTE HAY, DARCEY ROBERTS, KATHLEEN O'MAHONY
3.	NSWRWC	6	TEEGAN PENGILLEY, BRITTANY ROBERTSON, BRODIE DOUGLAS

#### EVENT 22: WOMEN 5 KM WALK

1.	RACHEL TALLENT	382	RWV	0:23:04
2.	ANNA CROSS	405	SARWC	0:24:58
3.	JEMMA PEART	381	RWV	0:25:16
4.	ALANNA PEART	380	RWV	0:25:51
5.	CHELSEA GOODHEW	318	NSWRWC	0:26:26
6.	RHIANNON LOVEGROVE	407	SARWC	0:28:27
7.	HANNAH MANNING	20	ACTW	0:28:44
8.	MOLLY O'NEILL	320	NSWRWC	0:28:53
9.	BETHANY CROSS	406	SARWC	0:29:13
10.	ELAINE WANG	323	NSWRWC	0:29:36
11.	MIA WILKS	408	SARWC	0:29:51
12.	HANNAH PARKER	322	NSWRWC	0:29:59
13.	SIDNEY SHAW	21	ACTW	0:30:02
14.	KATE BLACK	19	ACTW	0:30:03
15.	ANN STAUNTON-JUGOVIC	22	ACTW	0:30:18
16.	ANNE WEEKES	324	NSWRWC	0:31:58
17.	CARMEL PARKER	321	NSWRWC	0:33:11
18.	NICOLLE CHALLINOR	317	NSWRWC	0:33:50
19.	NICOLE NILON	319	NSWRWC	0:34:13

#### MASTERS

1.	KATE BLACK	19	ACTW	00:30:03
2.	ANN STAUNTON-JUGOVIC	22	ACTW	00:30:18
3.	ANNE WEEKES	324	NSWRWC	00:31:58
4.	CARMEL PARKER	321	NSWRWC	00:33:11
5.	NICOLLE CHALLINOR	317	NSWRWC	00:33:50
6.	NICOLE NILON	319	NSWRWC	00:34:13

#### HANDICAP

1.	CARMEL PARKER	321	NSWRWC
2.	NICOLE NILON	319	NSWRWC
3.	NICOLLE CHALLINOR	317	NSWRWC

#### TEAMS

1.	RWV	41	RACHEL TALLENT, JEMMA PEART, ALANNA PEART
2.	SARWC	31	ANNA CROSS, RHIANNON LOVEGROVE, BETHANY CROSS
3.	NSWRWC	25	CHELSEA GOODHEW, MOLLY O'NEILL, ELAINE WANG
4.	ACTW	16	HANNAH MANNING, SIDNEY SHAW, KATE BLACK
5.	NSWRWC	8	HANNAH PARKER, ANNE WEEKES, CARMEL PARKER



## MASTERS TEAMS

1. NSW RWC

7

ANNE WEEKES, CARMEL PARKER, NICOLLE CHALLINOR

Who can resist a selfie! One final team shot of the Victorians, along with me in the front and Frances Attard back right. Well done Team Vic!



### WARWC ROADWALKS, WILSON, PERTH, SATURDAY 10 JUNE

With our walking clubs competing in the LBG carnival in Canberra last weekend, there were very few other results from around Australia. First, thanks To Terry Jones for this week's results from Western Australia.

#### 2km Handicap

1.	Asha Freeman	14.00
2.	Layla Dabala	13.19
3.	Brooke Mortimore (F/T)	10.32
4.	Emily Bogaers	15.23
5.	Ashlyn Spence	11.48
6.	Lataya Lawrence	11.11
7.	Luke Lawrence	12.17
8.	John Ronan	11.48
9.	Gracie Dabala	12.47
10.	Casey Mortimore	11.18
11.	Kaytee Bogaers	12.35
12.	Ellis Freeman	16.09
	Xavier Bernard	DNF

#### 8km Handicap

1.	Wendy Farrow	54.27
2.	Brad Mann	46.11
3.	Ben Reid (F/T)	43.25

#### 6km Handicap

1.	Karyn Tolardo	38.04
----	---------------	-------

### SAMA ROADWALKS, LE FEVRE TERRACE, NORTH ADELAIDE, ADELAIDE, SATURDAY 10 JUNE

Secondly, thanks to Colin Hainsworth for this week's results from the South Australian Masters in Adelaide. Colin commented: Coolish, overcast arvo. Hilly course.

#### 8km Yacht Handicap

1.	David Robertson	1:10:17	M84	71.64%
2.	Jack Russell	54:03	M66	72.11%
3.	Gil McIntosh	57:57	M67	68.02%
4.	Marie Maxted	54:36	W58	72.97%

**8km Club Walk**

1.	Raelene Schild	1:02:26	W53	60.44%
2.	Rodger Barber	1:03:20	M80	74.30%

**4km Yacht Handicap**

1.	Helen Suridge	31:31	W67	67.51%
2.	Colin Hainsworth	38:25	M88	68.11%

**4km Club Walk**

1.	Gill White	35:43	W69	61.23%
2.	Dave Fallon	30:47	M65	60.97%
3.	Edna Bates	36:52	W65	56.23%
4.	Jeff Kennett	38:49	M67	49.45%
5.	Julie Hayford	33:32	W61	58.90%
6.	Margaret McIntosh	34:39	W65	59.82%
7.	Cathie Hore	38:31	W67	55.24%

**44<sup>TH</sup> INTERNATIONAL RACEWALKING FESTIVAL, ALYTUS, LITHUANIA, FRIDAY 8 JUNE**

Now to our overseas reporting, starting with a big double from Lithuania.

Alytus, a city of about 60,000 inhabitants and some 100km from Vilnius, the capital of Lithuania, hosted the 44<sup>th</sup> edition of its International Racewalking Festival last Friday, with Open 20km and U20 10km walks in the late afternoon. Prior to the elite races, there were walks for the younger age groups and a mass participation 1km walk with huge numbers of children participating.

The early stages of the men's 20km saw a good battle between **Christopher Linke** (GER) and **Federico Tontodonati** (ITA). Around the 9km mark, Linke broke clear, going on to win with 1:21:10. **Vasily Mizinov** (ANA) came through to take second with 1:21:45, ahead of **Ivan Losev** (UKR) with 1:23:11, while Tontodonati faded to fourth with 1:24:01. The women's 20km was a clear cut event, with pre-race favourite **Brigita Virbalyte-Dimsiene** (LTU) winning easily with 1:31:24, ahead of **Antigoni Drisbioti** (GRE) with 1:32:33 and **Zivile Vaiciukeviciute** (LTU) with 1:33:16. The U20 10km races saw wins to **Justin Bournier** (FRA) with 44:07 and **Austeja Kavaliauskaite** (LTU) with 52:52. Well reported in [http://www.marciadalmundo.com/eng/dettagli\\_news.aspx?id=3195](http://www.marciadalmundo.com/eng/dettagli_news.aspx?id=3195).

See Alytus 2018 youtube videos posted by Jonas Stadalninkas: <https://www.youtube.com/watch?v=khOH9q60dwa> and <https://www.youtube.com/watch?v=UTs2pVO13xU>.

**20km Men**

1.	Linke Christopher	1988	GER	1:21:10
2.	Mizinov Vasily	1997	ANA	1:21:45
3.	Losev Ivan	1986	UKR	1:23:11
4.	Tontodonati Federico	1989	ITA	1:24:01
5.	Dei Leonardo	1992	ITA	1:24:14
6.	Papamichail Alexandros	1988	GRE	1:24:55
7.	Wright Alex	1990	IRL	1:26:07
8.	Mastianica Artur	1992	LTU	1:26:30
9.	Smolonskis Ruslans	1996	LAT	1:26:49
10.	Jelonek Jakub	1985	POL	1:27:36
11.	Junghannß Karl	1996	GER	1:27:40
12.	Hilbert Jonathan	1995	GER	1:31:21
13.	Tokodi David	1991	HUN	1:37:00
14.	Stamelos Konstantinos	1989	GRE	1:37:10
15.	Kalstrem Remo	1988	SWE	1:40:15
16.	Sergatšjov Ruslan	2000	EST	1:41:21
17.	Ivzans Normunds	1971	LAT	1:41:56
18.	Ilhan Salman	2000	TUR	1:42:32
19.	Kovács Soma	1997	HUN	1:44:18
20.	Adusoo Virgo	1985	EST	1:51:41
21.	Mooney Joe	1998	IRL	1:52:52
22.	Lapins Ivars	1978	LAT	1:53:29
23.	Jakovlev Igor	1996	EST	2:11:58
24.	Baulin Andrei	1999	EST	2:33:49
	Šuškevičius Tadas	1985	LTU	DQ
	Vaitsis Ioannis	1995	GRE	DQ
	Quinion Aurelien	1993	FRA	DNF
	Tomala Dawid	1989	POL	DNF
	Tsamoudakis Zacharias	1996	GRE	DNF

### 20 km Women

1.	Virbalyte Dimšiene Brigita	1985	LTU	1:31:24
2.	Ntrismpioti Antigoni	1984	GRE	1:32:33
3.	Vaiciukeviciute Živile	1996	LTU	1:33:16
4.	Bekmez Meryem	2000	TUR	1:36:08
5.	Aggeliki Makri	1978	GRE	1:42:18
6.	Topic Dušica	1982	SRB	1:42:35
7.	Veale Kate	1994	IRL	1:46:36
8.	Vaitsi Athanasia	1998	GRE	1:49:07
9.	Korkou Zoe	1996	GRE	1:51:55
10.	Rosljakova Lada	1998	EST	2:03:33
11.	Mitrofanova Lika	1999	EST	2:16:25
	Tipukina Anna	1996	EST	DQ
	Glennon Rachel	1998	IRL	DNF
	Kourkoutsaki Efstathia	1998	GRE	DNF
	Kuzmickaite Aušrine	1998	LTU	DNF
	Menuet Emilie	1991	FRA	DNF
	Tsinopoulou Panagiota	1990	GRE	DNF

### 10 km U20 Men

1.	Bournier Justin	1999	FRA	44:07
2.	Chirivi Diego	1999	ITA	45:58
3.	Hava Joni	1999	FIN	46:44
4.	Määttänen Jaakko	1999	FIN	47:06
5.	Kenny David	1999	IRL	47:43
6.	Juozaitis Paulius	2000	LTU	49:48
7.	Balevicius Deividas	1999	LTU	56:35
	Gognies Ryan	2000	FRA	DNF
	Junghannß Otto	2000	GER	DNF
	Liutinskis Arnoldas	2001	LTU	DNF

### 10 km U20 Women

1.	Kavaliauskaite Austeja	2000	LTU	52:52
2.	Kelemeni Barime	1999	GRE	53:44
3.	O'Connor Niamh	2000	IRL	54:00
4.	Hacundová Ema	1999	SVK	54:55
5.	Canadi Eva	2000	SLO	58:10
6.	Gudzikaite Urte	2002	LTU	1:00:48
7.	Intihar Ana	2000	SLO	1:06:08
	Seferiadi Maria	2001	GRE	DNF

## INTERNATIONAL RACEWALK MEET, SIMNAS, LITHUANIA, SATURDAY 9 JUNE

The Lithuanian action continued on Saturday with shorter roadwalks scheduled at the International Walks Meet in Simnas, a small city some 23km west of Alytus. It was a big meet with 5km for the Open, U20 and U18 walkers and shorter distances for the U12 to U16 categories.

With Alytus winner Christopher Linke absent, victory in the men's 5km race went to ANA walker **Vasily Mizinov** (19:22), ahead of **Alexandros Papamichail** (GRE) with 19:31 and **Ivan Losev** (UKR) with 19:36. The women's race was almost a repeat of the previous day, with **Brigita Virbalyte-Dimšiene** of Lithuania winning with 21:44, ahead of **Panagiota Tsinopoulou** (GRE) with 21:59 and **Zivilé Vaiciukeviciute** (LTU) with 22:20. The U20 races saw wins to **Diego Chirivi** (ITA) with 21:14 and **Ema Hacundova** (SVK) with 24:36. U18 wins went to **Arnoldas Liutinskis** (LTU) with 23:50 and **Maria Seferiadi** (GRE) with 24:42. See more at [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3201](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3201).

### 5km Men

1.	Mizinov Vasilij	1997	ANA	19:22
2.	Papamichail Alexandros	1988	GRE	19:31
3.	Losev Ivan	1986	UKR	19:36
4.	Junghannß Karl	1996	GER	19:42
5.	Tomala Dawid	1989	POL	02:00
6.	Dei Leonardo	1992	ITA	20:06
7.	Tsamoudakis Zacharias	1996	GRE	20:10
8.	Wright Alex	1990	IRL	20:26
9.	Jelonek Jakub	1985	POL	20:59
10.	Mastianica Artur	1992	LTU	21:16
11.	Tontodonati Federico	1989	ITA	18:00
12.	Tokodi David	1991	HUN	21:34

13.	Vaitsis Ioannis	1995	GRE	21:37
14.	Mooney Joe	1998	IRL	23:01
15.	Karlstrom Remo	1988	SWE	23:21
16.	Hilbert Jonathan	1995	GER	DNF
17.	Kovács Soma	1997	HUN	DNF
18.	Stamelos Konstantinos	1989	GRE	DQ
19.	Šuškevicius Tadas	1985	LTU	DQ

#### 5km Women

1.	Virbalyte Dimšiene Brigita	1985	LTU	21:44
2.	Tsinopoulou Panagiota	1990	GRE	21:59
3.	Vaiciukeviciute Živile	1996	LTU	22:20
4.	Topic Dušica	1982	SRB	23:12
5.	Veale Kate	1994	IRL	23:55
6.	Vaitsi Athanasia	1998	GRE	25:08
7.	Kourkoutsaki Efstathia	1998	GRE	25:59
8.	Korkou Zoe	1996	GRE	26:56
9.	Glennon Rachel	1998	IRL	28:22

#### 5km U20 Men

1.	Chirivi Diego	1999	ITA	21:14
2.	Kenny David	1999	IRL	21:56
3.	Sergatšjov Ruslan	2000	EST	23:19
4.	Junghannß Otto	2000	GER	24:42
5.	Balevicius Deividas	1999	LTU	24:57

#### 5km U20 Women

1.	Hacundová Ema	1999	SVK	24:37
2.	Canadi Eva	2000	SLO	27:42
3.	O'Connor Niamh	2000	IRL	28:22
4.	Berteškaite Reda	2000	LTU	29:46

#### 5km U18 Men

1.	Liutinskis Arnoldas	2001	LTU	23:50
2.	Gruzdys Domantas	2001	LTU	25:31
3.	Sannikov Sergei	2002	EST	26:09
4.	Juncys Mantas	2002	LTU	26:49
5.	Galcius Justinas	2002	LTU	27:15

#### 5km U18 Women

1.	Seferiadi Maria	2001	GRE	24:42
2.	Mirotvortseva Jekaterina	2002	EST	24:48
3.	Meškauskaite Adrija	2001	LTU	25:55
4.	Gudzikaite Urte	2002	LTU	30:02
5.	Barkute Agne	2001	LTU	30:30
6.	Ruskova Lucia	2001	SVK	30:42
7.	Damynaite Migle	2002	LTU	31:42
8.	Rupar Kaja	2001	SLO	33:47

### USATF 5K RACE WALK CHAMPIONSHIPS, STAPLES OFFICE PARK, FRAMINGHAM MA, SUNDAY 10 JUNE

**John Cody Risch** (21:36) and **Maria Michta-Coffey** (22:22) were the winners in the annual USATF Race Walking Championships last Sunday in Framingham. Conditions were good, with sun and a temperature around 70°F. The course was a 1km loop. Placings are also shown for U20 and Masters categories. Note that 3 youth competitors were under the age to be eligible for Junior or Open awards.

#### Men 5k Race Walk.

1.	John Cody Risch	27	Q Elite	21:36	
2.	David Swarts	53	Pegasus A.C.	24:01	1 M50
	Yvan Bechard (INV)	56	Canada	25:24	CAN M55 Rec
3.	Dave Talcott	58	Shore Athletic Club	26:15	1 M55
4.	Alexander Price	36	Walk Usa	27:51	
5.	Bill Vayo	53	Park Racewalkers	29:53	2 M50
	Michael Thomas (INV)	13	Waltham Track Club	30:13	(under Jr age)
6.	Norman Frable	72	So Cal Track Club	30:36	1 M70
7.	Stephen Peckiconis	59	Cambridge Sports Union	30:55	2 M55
8.	Larry Epstein	59	New England Walkers	33:04	3 M55



9.	Brian Savilonis	68	New England Walkers	33:55	1 M65
10.	Morris Smith	14	Waltham Track Club	35:55	1 Junior
11.	Charles Mansbach	73	New England Walkers	37:13	2 M70
12.	Thomas Knatt	77	New England Walkers	38:30	1 M75

#### Women 5k Race Walk

1.	Maria Michta-Coffey	31	Walk Usa	22:22	
2.	Lauren Harris	18	Walk Usa	25:07	1 Junior
3.	Erin Taylor Talcott	40	Shore Athletic Club	25:26	1 W40
4.	Maegan Allen	19	New England Walkers	27:11	
5.	Sophie Riegel	17	59-Unattached	31:15	2 Junior
6.	Maryanne Daniel	59	Connecticut Racewalkers	31:32	2 W55
7.	Cheryl Armstrong	31	Raleigh Walkers	31:57	
8.	Carol Bendall	59	03-Unattached	32:46	2 W55
	Kyra Pellegrino (INV)	13	04-Unattached	33:26	(under Jr age)
	Brenna Thomas (INV)	10	Waltham Track Club	35:14	(under Jr age)
9.	Amy Tonsits	60	Atlanta Track Club	37:07	1 W60
10.	Kathleen Frable	72	So Cal Track Club	37:25	1 W70
11.	Vera Vaitones	23	New England Walkers	38:00	
12.	Valentina Vaitones	21	New England Walkers	38:00	
13.	Ellen Friend	54	New England Walkers	44:23	1 W50

### 6<sup>TH</sup> JACK FITZGERALD WALKS, TILGATE PARK, CRAWLEY, SATURDAY 9 JUNE

The English Veterans AC hosted the Jack Fitzgerald Walks at the Sussex town of Crawley last Saturday. **Ian Richards** from Steyning AC won the headline 10.325km walk with a time of 56:42, well outside his 2013 course record of 50:57 but well clear of any other men. But he did not have it all his own way, coming only a couple of seconds ahead of **Maddy Shott** of Belgrave Harriers who broke the women's course record with 56:53. The race was held to raise funds for Blind Veterans UK, as a tribute to RAF fighter pilot Jack Fitzgerald. See <http://www.vetsac.org.uk/Results-2018.html> for results and report.

#### Men's 10.325 km

1.	Ian Richards	M70	Steyning	56:42
2.	Mark Culshaw	M50	Ilford	1:03:51
3.	David Kemp	M55	Arena 80	1:07:19
4.	Paul Gaston	M70	Surrey WC	1:09:22
5.	Dan Maskell	M70	Surrey WC	1:10:26
6.	Stuart Maidment	M65	Steyning	1:11:29
7.	Tony Brackstone	M75	Sandhurst	1:11:30
8.	Chris Flint	M70	Surrey WC	1:11:43
9.	Mick Harran	M80	Surrey WC	1:15:25
10.	David Hoben	M65	Surrey WC	1:17:23
11.	Peter Hannell	M75	Surrey WC	1:20:27

#### Women's 10.325 km

1.	Maddy Shott	SW	Belgrave	56:53
2.	Melanie Peddle	W45	Loughton AC	1:03:54
3.	Eva Payton-White	U20W	Lewes	1:09:54
4.	Fiona Bishop	W55	Woking	1:10:18
5.	Sue Davies	W50	AFD	1:10:45
6.	Geraldine Legon	W55	Bexley	1:19:21

#### Men's 5.9 km

1.	John Killick	M70	Steyning	44:13
2.	Peter Selby	M75	Surrey WC	46:38
3.	William Hughes	M70	Walton	47:23

#### Women's 5.9 km

1.	Lauren Morse	U17W	Lewes	31:23
2.	Harriet Hide	W45	Winchester	35:45
3.	Charlotte Wallis	U15G	AFD	40:41
4.	Judith Carder	W60	Brighton & Hove	42:59

#### Boys 1.475km

1.	Lewis Burr	U11B	Tonbridge	10:34
----	------------	------	-----------	-------

**ILE DE FRANCE WALKS, CONFLANS-SAINTE-HONORINS, FRANCE, SUNDAY 10 JUNE**

Emmanuel Tardi was in the French city of Conflans-Sainte-Honorine last Sunday morning for the annual Ile de France Championships, for the region around Paris. After a first 1000m on the track, competitors had to complete either 9 or 19 1km laps, each lap including 400m on the track. With 60 starters, the meet was a great success. **Aurélien Quinion**, straight back home from his Alytus race, easily won the men's 10km in a strong time of 40:54. The women's 10km race was won by youngster **Adele Duclos** with 55:04. The 20km walks were won by **Kyrian Vallée** (1:36:02) and **Roseline Chapillon** (1:48:14). Note the new French W75 record for **Elisabeth Siméon** (born August 1942) with 2:38:46.

**10km Walk**

1.	QUINION Aurelien	93	Entente Franconville Cesame VO	40:54
2.	BERCHEBRU Benoit	84	Ca Montreuil 93	45:36
3.	BOLLINGER Vincent	84	Dynamic Aulnay Club	52:47
4.	DUCLOS Eddy	69	Us Champagne-sur-seine	56:17
5.	LE LOUARN Thomas	02	Neuilly Sur Marne Athletisme	58:04
6.	DELAYRE Bernard	47	C.c. Taverny Athletisme	1:09:41
	VIAU Gilles	44	Ac Beauchamp	DQ
1.	DUCLOS Adele	00	Us Champagne-sur-seine	55:04
2.	ROUSSEAU Juliette	99	Saint-amand-montrond	57:22
3.	DUQUESNE Corinne	91	Ca Montreuil 93	1:02:29
4.	LE BASTARD Sophie	90	Plm Conflans	1:03:17
5.	CHATREFOU Cassandra	02	Entente Franconville Cesame VO	1:05:36
6.	SUDRIE Candy	00	Plm Conflans	1:08:24
7.	MONTAGNA Ingrid	76	Ac Barentin	1:11:42
8.	RIVA Emmanuelle	66	Uai Nogent-sur-marne	1:16:03
9.	DAFIET Romane	00	Us Nemours St Pierre Athle	1:16:27
10.	RICHAUD Brigitte	56	Plm Conflans	1:22:24

**20km Walk**

1.	VALLEE Kyrian	94	Ca Balma	1:36:02
2.	BOUTRAIS Andy	91	Stade Sottevillais 76	1:38:58
3.	BICHE Sebastien	73	Athletic Clubs 92	1:39:58
4.	DUMAIRE Thomas	90	Pays De Fontainebleau Athle	1:48:04
5.	SUREAU Jean-baptiste	83	Asa Maisons-alfort	1:48:52
6.	LEGENTIL Marc	84	Dynamic Aulnay Club	1:49:14
7.	PIRALI Cyril	74	Uai Nogent-sur-marne	1:49:38
8.	BECQUERELLE Maxime	92	Stade Dieppois	1:52:51
9.	GRENET Bruno	65	Usm Gagny	1:54:15
10.	AVICE Manuel	80	Ac Barentin	1:54:29
11.	BROU Florent	93	Ac Paris-joinville	1:54:35
12.	LEGENTIL Cyril	86	Dynamic Aulnay Club	1:55:55
13.	STEFANELLY David	76	Ouest Yvelines Athle	2:00:59
14.	TINTIN Ronald	79	Ao Charenton	2:03:35
15.	DEGRYSE Jean-claude	74	Ea Douchy	2:04:08
16.	DUGAST Denis	49	As Veterans De Paris	2:05:44
17.	LEMOGNE Loic	55	C.c. Taverny Athletisme	2:08:19
18.	BOYER Nicolas	77	Pays De Fontainebleau Athle	2:11:21
19.	LABROUSSE Stephane	59	Athletisme Olympic Pontois	2:14:12
20.	DE PRACONTAL Patrice	57	Athletic Clubs 92	2:28:45
21.	HELLER Denis	56	Athletic Clubs 92	2:29:58
22.	MONTIGNY Patrick	49	Elan Chevilly-larue	18km
	VERGNAUD Serge	61	Athle 78	DQ
1.	CHAPILLON Roseline	68	Ca Balma	1:48:14
2.	BRUNET Elisabeth	86	Tarbes Pyrenees Athletisme	1:49:54
3.	JOUAN Christele	75	Rouen Maromme Mont Saint Aignan	1:50:10
4.	AURRIERE Camille	98	Us St Berthevin	1:51:04
5.	RETOUT Anne-gaëlle	80	Amiens Uc	1:52:01
6.	NGUYEN VAN TU Gabrielle	94	Spn Vernon	1:54:42
7.	SARRAZIN Annelies (Bel)	81	Entente Sambre Avesnois 59	1:57:37
8.	FROMENTIN Nathalie	70	Stade Dieppois	2:01:41
9.	LIARD Laura	96	Athletisme Le Bourget Drancy	2:01:44
10.	LANGLOIS Cloe	97	Dynamic Aulnay Club	2:12:50
11.	STEINVILLE Nathalie	64	Asfi Villejuif	2:13:35
12.	GOUBIER Elodie	79	Ea Cergy Pontoise Athletisme	2:14:58
13.	LEMOGNE Jocelyne	54	C.c. Taverny Athletisme	2:21:30

14.	DE SOUSA Marie-lise	66	Ao Charenton	2:22:40
15.	DORE Sophie	77	Uai Nogent-sur-marne	2:29:58
16.	AISSANI Dalila	70	Le Chesnay 78 As	2:33:49
17.	POTONNE Françoise	48	Le Chesnay 78 As	2:37:20
18.	SIMEON Elisabeth	42	Paris Uc	2:38:46
	MARMET Marie-anne	56	Le Chesnay 78 As	DNF



*Aurelien Quinion and Adele Duclos (photos Emmanuel Tardi)*



*Kyrian Vallée and Sebastien Biche, Elisabeth Brunet and Roseline Chapillon (photos Emmanuel Tardi)*

### 3<sup>RD</sup> MEDITERRANEAN U23 T&F CHAMPIONSHIPS, JESOLO, ITALY, 9-10 JUNE

The men's and women's 10,000m walks, which were held on the first day of the U23 Mediterranean Championships in Jesolo, Italy, were contested in very hot conditions. Wins to **Stefano Chiesa** (ITA) in 41:09.10 and **Lidia Sanchez-Puebla** (ESP) with 45:13.73.

#### 10,000m Men

1.	CHIESA Stefano	1996	ITALY	41:09.10
2.	BERMUDEZ Manuel	1997	SPAIN	41:14.24
3.	PICCHIOTTINO Gianluca	1996	ITALY	42:16.60
4.	LOPEZ Ivan	1997	SPAIN	42:51.34

5.	KORKMAZ Salih	1997	TURKEY	43:00.15
6.	BRANDI Giacomo	1998	ITALY	43:05.00
7.	CHIBANI Othmane	1999	ALGERIA	52:06.50
	TZATZIMAKIS Georgios	1999	GREECE	DQ
	EL BEY Adlane	1997	ALGERIA	DQ
	OLIVA Pablo	1996	SPAIN	DNF

#### 10,000m Women

1.	SANCHEZ-PUEBLA Lidia	1996	SPAIN	45:13.73
2.	NASRI Chahinez	1996	TUNISIA	45:50.19
3.	BARROS Edna	1996	PORTUGAL	46:05.42
4.	BERETTA Clemence	1997	FRANCE	47:31.08
5.	DOMINICI Eleonora	1996	ITALY	47:58.00
6.	BARCELLA Lidia	1997	ITALY	48:22.56
7.	TEKDAL Ayse	1999	TURKEY	48:51.39
8.	LEAL Laura	1996	PORTUGAL	49:08.82
9.	COSTA Carolina	1998	PORTUGAL	51:19.63
10.	CAPEDEVILA Lluna	1998	SPAIN	51:21.98
11.	ANSALDI Martina	1996	ITALY	51:26.81
12.	DOST Kader	2000	TURKEY	53:54.22
13.	SOUAD Azzi	1999	ALGERIA	58:54.54
	BOUMAZA Tinhinane	1997	ALGERIA	DQ
	ALIKANIOTI Sofia	1998	GREECE	DNF

### GRAN PREMIO DE ATLETISMO "CIUDAD DE MURCIA", MURCIA, SPAIN, WEDNESDAY 6 JUNE

Thanks to marciadalmondo (see [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3199A](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3199A)) for the results from the Ciudad de Murcia track walk meet, held last Wednesday in the Spanish city of Murcia. Good wins to **Miguel Angel Lopez** (19:15.09) and **Amanda Cano Gomez** (22:06.83).

#### 5000m Women

1.	Amanda Cano Gomez	UCAM-Athleo Cieza	1994	22:06.83
2.	Maria Larios Lopez	Simply-Scorpio 71	1992	22:49.26
3.	Melisa Sanchez Bermejo	UCAM-Athleo Cieza	1996	24:29.08
4.	Irene Vazquez Gea	UCAM-Athleo Cieza	1998	24:36.23
5.	Angela Carrion Antoli	A.C. Jumilla	1998	25:01.47
6.	Alicia Vazquez Gea	UCAM-Athleo Cieza	1998	25:27.46
7.	Maria Alarcon Martinez	UCAM-Athleo Cieza	2000	25:28.00
8.	Sara Ammour Pedauye	Grupompleo Pamplona At	1997	26:12.86
9.	Marta Garcia Llorente	Cehegin Atletismo	2005	26:12.88

#### 5000m Men

1.	Miguel Angel Lopez Nicolas	UCAM Murcia	1988	19:15.09
2.	Manuel Bermudez Jimenez	UCAM-Athleo Cieza	1997	19:35.73
3.	Luis Manuel Corchete Martinez	Atletismo Torrevieja	1984	19:52.48
4.	Ivan Lopez Perez	CA Elche Decatlon	1997	20:01.02
5.	Ivan Pajuelo Paredes	CA Fent Cami Mislata	1993	20:39.39
6.	Pedro Conesa Ceron	Nutriban Atl Alcantarilla	2001	21:20.74
7.	Francisco Espin Valera	Cehegin Atletismo	2004	24:33.78
8.	Franklin Eduardo Minchala Macancela	A.C. Jumilla	1998	24:34.37

### 18<sup>TH</sup> ASIAN JUNIOR ATHLETICS CHAMPIONSHIPS, GIFU, JAPAN, 7-10 JUNE

Gifu, a city located just north of Nagoya in the hundred-south part of Japan, is hosting these days the U20 Asian Championships. Fields were small. Well discussed in [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3194](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3194).

China's **Ma Li** won the U20 women's 10,000m track walk with 45:20.49, ahead of Japanese walker **Nanako Fujii** (45:24.35) and fellow Chinese **Li Wenxiu** (47:38.46). China also won the U20 men's 10,000m, compliments of **Gong Hao** (42:47.98), ahead of Japanese **Sho Sakazaki** (42:53.56) and Korean **Kim Mingyu** (43:06.89)

#### 10,000m Women

1.	MA, Li	CHN	45:20.59
2.	FUJII, Nanako	JPN	45:24.35
3.	LI, Wenxiu	CHN	47:38.46
4.	YABUTA, Minori	JPN	50:56.50
5.	HUANG, Guan-Ling	TPE	51:55.45



6.	SHLYKOVA, Yekaterina	KAZ	52:43.83
7.	CHIANG, Chia-Jou	TPE	53:58.79

#### 10,000m Men

1.	GONG, Hao	CHN	42:47.98
2.	SAKAZAKI, Sho	JPN	42:53.56
3.	KIM, Mingyu	KOR	43:06.89
4.	IM, Dongmin	KOR	46:02.48
5.	CHANG, Wei-Jui	TPE	46:19.73
6.	CHANG, Chia-Yang	TPE	47:24.31
	Sanjay Kumar	IND	DNF
	Juned	IND	DQ

### OUT AND ABOUT

- Some of the super strong Japanese men's walking squad out training recently: <https://twitter.com/Maruosatoshi50k/status/1003982772984209410>.
- Spain has named a team of 13 walkers for European Champs in Berlin, including 50km women in **Julia Takacs** (4:13:04), **Ainhoa Pinedo** (4:18:56) and **Mar Juárez** (4:30:30), along with 50km legend **Jesus Garcia** who, at 48 years of age, is going to his 7<sup>th</sup> European Championships. Thanks to <http://omarchador.blogspot.com/2018/06/espanha-com-13-marchadores-em-berlim.html>.
- And talking of the European Championships, the walks course has now been published. It will be at Breitscheidplatz, the city's main public square. The 20km walkers will do 1km maps while the 50km walkers will do 2kml laps. See the announcement at <http://www.european-athletics.org/competitions/european-athletics-championships/news/article=marathon-and-race-walking-courses-for-european-championships-published/>. See the course at [http://www.european-athletics.org/mm/Document/EventsMeetings/General/01/28/42/49/LAEM18\\_Streckenplan\\_Gehen\\_ohneBeschnitt\\_RZ\\_English.PDF](http://www.european-athletics.org/mm/Document/EventsMeetings/General/01/28/42/49/LAEM18_Streckenplan_Gehen_ohneBeschnitt_RZ_English.PDF).

### MARCIADALMONDO AND OMARCHADOR ROUNDUP

There are 9 press releases for us from Marciadalmondo this week

- Tue 12 June - Preview of next weekend's Italian U18 Championships in Rieti [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3202](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3202)
- Mon 11 Jun - Vasily Mizinov and Brigita Virbalyte-Dimsiene win in Simnas, Lithuania [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3201](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3201)
- Mon 11 Jun - Miguel Angel Lopez and Amanda Cano win in Murcia, Spain [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3199](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3199)
- Mon 11 Jun - Maria Perez establishes a new Spanish 3000m track walk record at Huelva [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3198](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3198)
- Sat 9 Jun - Stefano Chiesa and Lidia Sanchez Puebla win the 3<sup>rd</sup> Mediterranean U23 Championships [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3196](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3196)
- Fri 8 Jun - Christopher Linke and Brigita Virbalyte-Dimsiene win in Altyus, Lithuania [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3195](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3195)
- Thu 7 Jun - Ma Li (CHN) and Gong Hao (CHN) win the U20 Asian Championships in Gifu, Japan [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3194](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3194)
- Wed 6 Jun - Brigita Virbalyte-Dimsiene sets new Lithuanian 3000m track walk record in Utena, Lithuania [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3193](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3193)
- Thu 7 Jun - Preview of U23 Mediterranean Championships in Jesolo, Italy [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3192](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3192)

and omarchador had 20 press releases

- Tue 12 Jun - Results of the Ile-de-France Championships in Conflans Sainte-Honorine <http://omarchador.blogspot.com/2018/06/campeonatos-da-ilha-de-franca-em.html>

- Tue 12 Jun - The European Athletics Association has released details of the walks circuit for Berlin-2018  
<http://omarchador.blogspot.com/2018/06/associacao-europeia-de-atletismo.html>
- Mon 11 Jun - Lidia Sánchez-Puebla and Stefano Chiesa win Mediterranean U23 Championships  
<http://omarchador.blogspot.com/2018/06/lidia-sanchez-puebla-e-stefano-chiesa.html>
- Mon 11 Jun - Results of Youth Olympics Tournament 5000m walks in Braga, Portugal  
<http://omarchador.blogspot.com/2018/06/porto-conquista-olimpico-jovem-2018.html>
- Mon 11 Jun - Chinese dominate at the U20 Asian Championships in Gifu, Japan  
<http://omarchador.blogspot.com/2018/06/chineses-dominam-nos-campeonatos-da.html>
- Sun 10 Jun - Virbalyte and Linke win Alytus March Festival  
<http://omarchador.blogspot.com/2018/06/virbalyte-e-linke-vencem-festival-de.html>
- Sat 9 Jun - Spanish 3,000m record for María Pérez in Huelva (12.00,87)  
<http://omarchador.blogspot.com/2018/06/recorde-de-espanha-nos-3000-m-para.html>
- Sat 9 Jun - Miguel Ángel López and Amanda Cano win Murcia City GP in Spain  
<http://omarchador.blogspot.com/2018/06/miguel-angel-lopez-e-amanda-cano-vencem.html>
- Sat 9 Jun - Statistics from the Portuguese Youth Olympics Tournament walks  
<http://omarchador.blogspot.com/2018/06/distritos-na-marcha-sub-18-do-olimpico.html>
- Fri 8 Jun - Preview of the 36<sup>th</sup> edition of the Youth Olympic Tournament in Braga, Portugal  
<http://omarchador.blogspot.com/2018/06/36-edicao-do-torneio-olimpico-jovem-vai.html>
- Fri 8 Jun - Results of the Italian U20 and U23 Championships in Agropoli  
<http://omarchador.blogspot.com/2018/06/campeonatos-italianos-de-sub-20-e-sub.html>
- Fri 8 Jun - Jesolo hosts the Under-23 Mediterranean Championships this weekend  
<http://omarchador.blogspot.com/2018/06/jesolo-recebe-os-campeonatos-do.html>
- Thu 8 Jun - Preview of tomorrow's Walks Festival in Alytus, Lithuania  
[http://omarchador.blogspot.com/2018/06/festival-de-marcha-amanha-em-alytus\\_7.html](http://omarchador.blogspot.com/2018/06/festival-de-marcha-amanha-em-alytus_7.html)
- Thu 8 Jun - Results of USATF 10,000m walk champs in El Cajon  
<http://omarchador.blogspot.com/2018/06/nacionais-de-10-km-dos-eu-el-cajon-ca.html>
- Thu 8 Jun - Spain names team of 13 walkers for European Champs in Berlin. Lopez and Garcia are highlight. 3 50km women named - Julia Takacs (4:13:04) Ainhoa Pinedo (4:18:56) and Mar Juárez (4:30:30)  
<http://omarchador.blogspot.com/2018/06/espanha-com-13-marchadores-em-berlim.html>
- Wed 6 June - Walk results from the XI South American Games in Cochabamba, Bolivia  
<http://omarchador.blogspot.com/2018/06/chocho-pintado-e-kimberly-evidenciam-se.html>
- Wed 6 Jun - Brigita Virbalyte sets historic record  
<http://omarchador.blogspot.com/2018/06/brigita-virbalyte-bate-recorde-historico.html>
- Tue 5 Jun - Spanish walker dominate Iberian Under-18 Championship Trophy in Abrantes, Portugal  
<http://omarchador.blogspot.com/2018/06/supremacia-dos-marchadores-espanhois-no.html>
- Tue 5 Jun - Athletics at the South American Games in Cochabamba, starting today  
<http://omarchador.blogspot.com/2018/06/o-atletismo-nos-jogos-sul-americanos-em.html>
- Tue 5 Jun - Gifu in Japan hosts the U20 Asian Championships  
<http://omarchador.blogspot.com/2018/06/gifu-no-japao-acolhe-os-campeonatos-da.html>

#### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

#### **Australian/Victorian Key Dates – 2018**

- |                    |   |
|--------------------|---|
| Jul 14 (Sat), 2018 | VRWC Twilight Trivia, 4:30PM at Middle Park (after our race day)    |
| Aug 5 (Sun), 2018  | Australian Masters 20km Championships, Adelaide, SA                 |
| Aug 26 (Sun), 2018 | Australian Roadwalk Championships, Lake Kawana, Sunshine Coast, QLD |

Dec 2 (Sun), 2018 Australian 50km Championships Meet, Fawkner Park, VIC

**2018 Remaining IAAF Racewalking Challenge Events**

Sep 23-26, 2018 Cat B Around Taihu International Race Walking 2018, Wuzhong, CHN

**International Dates – 2018 and onwards**

July 10-15, 2018 **16<sup>th</sup> World Junior T&F Championships**, Tampere, Finland

Aug 7-12, 2018 **European Athletics Championships**, Berlin, Germany

Sept 4-16, 2018 **22<sup>nd</sup> World Masters Athletics T&F Championships**, Malaga, Spain

Mar 24-30, 2019 **World Masters Indoors T&F Championships**, Torun, Poland

July 3-14, 2019 **30<sup>th</sup> Summer Universiade**, Naples Italy

Aug 30-Sep 7, 2019 **20<sup>th</sup> Oceania Masters T&F Championships**, Mackay, Queensland, AUS

Sept 28 – Oct 6, 2019 **17<sup>th</sup> IAAF World Championships in Athletics**, Doha, Qatar

May, 2020 **29<sup>th</sup> IAAF World Race Walking Team Championships**, Minsk, Belaruss

July 24 – Aug 9, 2020 **32<sup>nd</sup> Olympic Games**, Tokyo

July 20 – Aug 1, 2020 **23<sup>rd</sup> World Masters T&F Championships**, Toronto, Canada

Aug 6-15, 2021 (TBC) **18<sup>th</sup> IAAF World Championships in Athletics**, Eugene, USA

July 18-30, 2022 **XXII Commonwealth Games**, Birmingham, GBR.

Tim Erickson, [terick@melbpc.org.au](mailto:terick@melbpc.org.au) Home: 03 93235978 Mob: 0412 257 496

Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)