



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
2017/2018 Number 29
17 April 2018



VRWC Preferred Supplier of Shoes, clothes and sporting accessories.

Address: RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)
Telephone: 03 9817 3503
Hours: Monday to Friday: 9:30am to 5:30pm
Saturday: 9:00am to 3:00pm
Website: http://www.runnersworld.com.au
Facebook: http://www.facebook.com/pages/Runners-World/235649459888840

WHAT'S COMING UP

The winter season has already kicked off for a number of our Australian based racewalking clubs, but for us Victorians, the VRWC winter season commences on Saturday 28th April. See our club fixture at http://www.vrwc.org.au/vrwcw18.shtml. First a welcome back and a few items of information from the Committee. It's been around 10 years since VRWC race fees were raised and our costs have risen drastically since, then so the decision to go for a small increase is sensible and timely. Anyway...read on

To VRWC Members
From the VRWC Committee

Welcome back to Winter Season 2018. Our First round is back at Middle Park on the 28th April, racing starting at 2.15PM.

Please allow plenty of time, as the first few weeks of the season are very busy with memberships. Membership Forms will be available on the day and can be done online (http://vrwc.org.au/wp1/vrwc-financial-membership/), if you are going to pay on the day via cash or cheque, please ensure your form is already completed. Correct change will always be appreciated and we do not offer credit card facilities.

The membership year runs from October 1st to September 30th. You will also be pleased that the VRWC Committee have kept membership costs the same for this year. However, we will be looking to increase the membership fee at the end of this season.

This winter season this year has 15 races at Middle Park plus our various championship races, with LBG in June (more details to come) and the second RWA federation event in Maleny, Sunshine Coast, Qld in late August, (to be confirmed.) We will also be trialing a new RELAY event at the end of the year. It is hoped this will be a fun event where junior and senior athletes can compete as teams. It will be a handicapped race and will make for some exciting racing. We are looking forward to some healthy competition.

The VRWC Committee has been forced to increase race days fees this year in order to stay ahead. Rising club affiliation fees, (Aths Vic Fees), Clubroom rent increase, rising utility costs, medals and trophies means we have to pass on these costs. The good news is that we will offer a "season pass" this year. Pay \$85 upfront and you will have nothing else to pay on racedays, a saving of \$30 based on 15 events. Effectively what you paid in in 2017.

Table with 2 columns: Fee Category and Amount. Rows include Normal Race Days (Members \$7, Non-financial members \$10, Families \$15), VRWC Championship Days (\$10 or \$5), and Temporary (Race Timing tags \$2, Race BIB Numbers \$2).

Just a reminder that you can pre-enter all our races via the VRWC web page http://vrwc.org.au/wp1/race-entries-2/

The Middle Park Bowling Club have been busily working on the facility and you will notice more improvements, newly painted club rooms, new outdoor furniture and a BBQ area.

Looking forward to seeing you all at Middle Park for the seasons opener

VRWC Committee

Also, advance notice of the VRWC TWILIGHT TRIVIA which is to be held on Saturday 12<sup>th</sup> May, after our club races at Middle Park. I'll be there!

Victorian Race Walking Club

**\*\*TWILIGHT TRIVIA \*\***

Saturday 12 May, after the AV 15km championships  
4.30pm (heads down 5pm) to 7.00pm

at the Middle Park Bowling Club

\$15 per head, \$30 per family – BYO snacks and nibbles.  
Drinks available at the bar. Tea and coffee provided.

**\*\* Come and support our Club and our sport in this vital fundraiser!**

Make up tables of 6-8 for an evening of entertainment including Trivia questions, music, raffles and prizes!

**Spread the word! Book a table and bring along your family and friends.**

Tickets can be pre-booked :

- at the VRWC on race days, or
- by contacting Stu Cooper at [stuwalks@yahoo.com.au](mailto:stuwalks@yahoo.com.au) . (If you choose this method, you can pay by direct transfer -  
BSB: 063-143  
Acc: 008 00455  
Reference: (Surname)Trivia (Remember that bit, so we can identify you.)

All tickets should be booked by Monday 7 May, to ensure you are placed on a competitive table, and to help with our planning for the evening.

**\* This is our first major fundraiser for some years.  
So COME ALONG and help make it a success !**

In other news, I will be busy next weekend helping to run the Australian Centurions 24 Hour Walk Qualifier at the Harold Stevens Athletics Track in Coburg, a northern Melbourne suburb. I look forward to reporting on the carnival in next week's newsletter.

Next weekend also sees lots more racing with Croatian, Latvian, Swiss and Hungarian Race Walking Championships in Europe alone.

The action never stops!

**SARWC TRACK WALKS, SA ATHLETICS, STADIUM, MILE END, ADELAIDE, WEDNESDAY 11 APRIL**

Thanks to Colin Hainsworth for the latest results from the South Australian Masters in Adelaide. He explains that the 5000m Club Championships, which were to be conducted a little later in the evening, were cancelled because of the amount of smoke in the atmosphere from nearby fires. They will now be held next Wednesday evening.

**800m SAMA Championship Walk**

|    |                 |      |     |
|----|-----------------|------|-----|
| 1. | Marie Maxted    | 4:46 | W57 |
| 1. | Rebecca Hunter  | 5:53 | W38 |
| 1. | Rodger Barber   | 5:47 | M80 |
| 2. | David Robertson | 6:40 | M84 |

|    |                 |      |     |
|----|-----------------|------|-----|
| 1. | Gil McIntosh    | 5:17 | M67 |
| 1. | Mark Worthing   | 4:02 | M55 |
| 1. | Richard Everson | 3:58 | M54 |

#### 800m Club Walk

|    |                   |      |     |
|----|-------------------|------|-----|
| 1. | Margaret McIntosh | 6:23 | W65 |
| 1. | Kate White        | 6:30 | W52 |
| 1. | Roger Lowe        | 6:29 | M75 |
| 1. | James Hoare       | 5:45 | M71 |
| 2. | Graham Harrison   | 6:10 | M74 |
| 1. | Malcolm Tiggeman  | 5:53 | M65 |

### TASMANIAN RWC ROADWALKS, DOMAIN, HOBART, SATURDAY 14 APRIL

Thanks to Wayne Fletcher for the following results from Hobart – on a cool and windy day.

#### 5km Walk

|    |                |       |
|----|----------------|-------|
| 1. | Eugene Gerlach | 32.53 |
| 2. | Steve Aherne   | 34.39 |
| 3. | Ron Foster     | 34.42 |
| 4. | Dave Moore     | 43.09 |

#### 4km Walk

|    |               |       |
|----|---------------|-------|
| 1. | Alice Randall | 23.27 |
|----|---------------|-------|

#### 3km Walk

|    |                |       |
|----|----------------|-------|
| 1. | Will Robertson | 14.44 |
| 2. | Chloe Aherne   | 22.18 |

### ACTRWC ROAD WALKS, MOLONGLO REACH, CANBERRA, SATURDAY 7 APRIL

Thanks to Robin Whyte for results from the ACTRWC winter season openers on Saturday 7th April and Saturday 14<sup>th</sup> April.

#### ACTRWC Roadwalks, Lake Tuggeranong, Sat 14 April

##### 10km Walk

|    |                      |         |
|----|----------------------|---------|
| 1. | Mitchell Baker       | 47:56   |
| 2. | Callum Burns         | 55:18   |
| 3. | Ann Staunton-Jugovic | 1:01:08 |
| 4. | Bryan Thomas         | 1:13:52 |
| 5. | Phil Essam           | 1:36:46 |
|    | Doug Fitzgerald      | DNF     |

##### 4km Walk

|    |                 |       |
|----|-----------------|-------|
| 1. | Hannah Manning  | 23:27 |
| 2. | Robin Whyte     | 25:31 |
| 3. | Helena Bialecki | 27:24 |
| 4. | Jane Bates      | 29:57 |
| 5. | Val Chesterton  | 41:40 |
| 6. | Pat Fisher      | 41:40 |

##### 2km Walk

|    |               |       |
|----|---------------|-------|
| 1. | Ella Baker    | 14:11 |
| 2. | Jack Thackray | 18:45 |

##### 1km Walk

|    |             |       |
|----|-------------|-------|
| 1. | Tom Hunt    | 04:48 |
| 2. | Sidney Shaw | 05:27 |

#### ACTRWC Roadwalks, Molonglo Reach, Sat 7 April

##### 8km walk

|    |                      |         |
|----|----------------------|---------|
| 1. | Mitchell Baker       | 39:51   |
| 2. | Tim Fraser           | 40:15   |
| 3. | Ann Staunton-Jugovic | 47:39   |
| 4. | Greg Durr            | 48:03   |
| 5. | Bryan Thomas         | 1:00:30 |
| 6. | Rod Gilchrist        | 1:03:49 |

##### 4km Walk

|    |                 |       |
|----|-----------------|-------|
| 1. | Helena Bialecki | 26:57 |
| 2. | Derek Robinson  | 30:14 |

##### 2km Walk

|    |             |       |
|----|-------------|-------|
| 1. | Ella Baker  | 14:10 |
| 2. | Harry Baker | 15:27 |

##### 1km Walk

|    |                  |       |
|----|------------------|-------|
| 1. | Eloise Smith     | 06:39 |
| 2. | Eliza Booth-Hunt | 09:11 |

### QMA ROUNDUP

#### 3000m Walk, SAF, Brisbane, Saturday 14 April

|    |              |     |          |          |        |
|----|--------------|-----|----------|----------|--------|
| 1. | Mark Carlile | M44 | Brisbane | 21:18.21 | 52.14% |
|----|--------------|-----|----------|----------|--------|

**10,00m Walk, SAF, Brisbane, Wednesday 11 April**

1. Mark Carlile M44 Brisbane 1:14:27.96 52.28%

**102<sup>ND</sup> JAPAN NATIONAL CHAMPIONSHIPS – 50KM WALK, WAJIMA, ISHIKAWA, SUNDAY 15 APRIL**

It always seems a strange scheduling to me, with the Japanese National Roadwalking Championships being traditionally held on the third weekend of April, given that every second year sees the IAAF World Race Walking Team Championships on the first weekend in May. It means that in these years, many of the big names are missing. This was certainly the case last weekend. Of course, it makes little difference in a racewalking powerhouse like Japan, with huge numbers entered in each championship

50km men: 27 walkers  
 50km women: 9 walkers  
 10km men: 43 walkers  
 10km women: 21 walkers  
 10km U20 men: 61 walkers  
 10km U20 women: 32 walkers  
 5km U18 men: 56 walkers  
 5km U18 women: 49 walkers

Saturday afternoon saw the 10km races, along with other events over shorter distances. Sunday saw the 50km races and the 5km races. Day 1 of racing is well reported by marciadalmondo (see [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3141](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3141)). Full results at [http://www.marciadalmondo.com/admin/pdf/risultati/15042018398Wajima\\_2018Apr14.pdf](http://www.marciadalmondo.com/admin/pdf/risultati/15042018398Wajima_2018Apr14.pdf).

**10km Senior Men**

Of the 41 starters, 35 finished. A win to **Yasushi Morita** (41:14) ahead of **Toshiki Ueda** (41:24) and **Yoshida So** (41:29).

|     |                       |     |       |       |
|-----|-----------------------|-----|-------|-------|
| 1.  | MORITA YASUSHI        | JAP | 20:24 | 41:14 |
| 2.  | UEDA TOSHIKI          | JAP | 20:37 | 41:24 |
| 3.  | YOSHIDA SO            | JAP | 20:37 | 41:29 |
| 4.  | KAWATA ATSUTO         | JAP | 20:37 | 42:03 |
| 5.  | NAKAGAWA TAKESHI      | JAP | 21:03 | 42:28 |
| 6.  | SHIRINASHIHAMA YUSAKU | JAP | 20:53 | 42:35 |
| 7.  | UEDA TAKAHIRO         | JAP | 21:05 | 42:52 |
| 8.  | FURUKAWA SEIYA        | JAP | 21:15 | 43:09 |
| 9.  | MORIKAWA MASAKI       | JAP | 21:17 | 43:35 |
| 10. | OSHIMA YUTO           | JAP | 21:50 | 43:40 |
| 11. | NOSE KOUSUKE          | JAP | 21:38 | 43:41 |
| 12. | OKABE HIKARU          | JAP | 21:20 | 43:47 |
| 13. | NAKAGAMI KAZUYA       | JAP | 22:05 | 44:48 |
| 14. | SHIROMOTO MAKITO      | JAP | 21:41 | 44:51 |
| 15. | TAKAHASHI HIRONORI    | JAP | 22:11 | 44:56 |
| 16. | MATSUMOTO KAITO       | JAP | 21:50 | 45:10 |
| 17. | UEDA KAZUMA           | JAP | 22:15 | 45:17 |
| 18. | HIGUMA TAKAFUMI NWS   | JAP | 22:48 | 45:17 |
| 19. | OIKAWA TOMOHIRO       | JAP | 22:45 | 45:19 |
| 20. | SHIMADA FUMIYA        | JAP | 22:19 | 45:21 |
| 21. | MASUDA HIROTO         | JAP | 22:42 | 45:22 |
| 22. | YADA KAZUMA           | JAP | 22:12 | 45:23 |
| 23. | YONEDA KENJI          | JAP | 22:38 | 46:21 |
| 24. | IKEUCHI HIROKI        | JAP | 23:29 | 47:51 |
| 25. | GODA TOMOYA           | JAP | 23:28 | 47:59 |
| 26. | HIROSAWA TOSHIAKI     | JAP | 24:16 | 48:43 |
| 27. | SENBA SHUYA           | JAP | 23:17 | 48:54 |
| 28. | OZAWA TAIGO           | JAP | 24:26 | 49:12 |
| 29. | FURUBE DAICHI         | JAP | 22:58 | 49:12 |
| 30. | OOMORI KENICHI        | JAP | 24:18 | 49:18 |
| 31. | YAMAMOTO YUITO        | JAP | 24:17 | 49:35 |
| 32. | KAMITATARA KAZUMA     | JAP | 24:17 | 50:21 |
| 33. | SENBA YUUYA           | JAP | 24:50 | 50:29 |
| 34. | MORI HIROMASA H20     | JAP | 25:15 | 50:32 |
| 35. | SHIMADA NAOKI         | JAP | 23:07 | 53:09 |

**10km U20 Men**

54 of the 59 starters finished in the U20 Men's 10km, but some significant DQs in the leading group. A win to **Sho Sakazaki** (40:30) ahead of **Motofumi Suwa** (40:32) and **Hiroto Jusho** (40:46).

1. SAKAZAKI SHO JAP 20:23 40:30

|     |                    |     |       |       |
|-----|--------------------|-----|-------|-------|
| 2.  | NAGAYAMA TATSUHIKO | JAP | 20:24 | 40:32 |
| 3.  | SUWA MOTOFUMI NWS  | JAP | 20:24 | 40:46 |
| 4.  | JUSHO HIROTO       | JAP | 20:23 | 41:06 |
| 5.  | OKAMOTO KOKI       | JAP | 20:36 | 41:24 |
| 6.  | IWAKAWA YUSUKE     | JAP | 20:37 | 41:53 |
| 7.  | TAKIGUCHI KIICHI   | JAP | 20:37 | 42:09 |
| 8.  | KATAOKA RYUYA      | JAP | 20:58 | 42:35 |
| 9.  | GOTO HYOGO         | JAP | 20:58 | 42:41 |
| 10. | KOBAYASHI KANTA    | JAP | 21:04 | 42:42 |
| 11. | KASE YUUDAI        | JAP | 21:10 | 42:54 |
| 12. | ISHIDA RIHITO      | JAP | 20:57 | 43:03 |
| 13. | INOUE YUTARO       | JAP | 21:07 | 43:19 |
| 14. | SUZUKI MASARU      | JAP | 21:33 | 43:22 |
| 15. | SAWADA HAYATO      | JAP | 21:10 | 43:26 |
| 16. | MANJU HARUKI       | JAP | 21:23 | 43:31 |
| 17. | AZAKAMI TOMOKI     | JAP | 21:23 | 43:45 |
| 18. | HAMANISHI RYO      | JAP | 21:05 | 44:11 |
| 19. | YANAHASHI KAZUKI   | JAP | 21:47 | 44:11 |
| 20. | NOMURA NARUKI      | JAP | 21:38 | 44:18 |
| 21. | OOSIMA RYOUGA      | JAP | 21:59 | 44:24 |
| 22. | UMEMOTO TAKAHIRO   | JAP | 21:38 | 44:30 |
| 23. | KOBUKAI TAISHI     | JAP | 21:30 | 44:40 |
| 24. | NAKAGAWA TAKATSUGU | JAP | 21:11 | 44:41 |
| 25. | NAKASHIMA REI      | JAP | 22:06 | 44:54 |
| 26. | NAKAYA KENTA       | JAP | 22:35 | 45:08 |
| 27. | YUKAWA SOUSHI      | JAP | 21:52 | 45:13 |
| 28. | TAKAKI KENTA       | JAP | 22:15 | 45:21 |
| 29. | KAWANO TATSUAKI    | JAP | 22:18 | 45:23 |
| 30. | WASHIO YUTA        | JAP | 22:03 | 45:37 |
| 31. | MORIGUCHI RINTARO  | JAP | 22:42 | 45:46 |
| 32. | HIROTA TEMMARU     | JAP | 22:23 | 45:50 |
| 33. | YAMASHITA RYOMA    | JAP | 22:05 | 45:57 |
| 34. | TATEIWA KAZUHIRO   | JAP | 22:16 | 46:13 |
| 35. | TANIGUTI YAMAMATO  | JAP | 22:18 | 46:20 |
| 36. | AKIYAMA KAISEI     | JAP | 22:26 | 46:21 |
| 37. | KAMEI TSUBASA      | JAP | 23:03 | 46:22 |
| 38. | UEDA TSUYOSHI      | JAP | 22:23 | 46:23 |
| 39. | TAKAO YUUTA        | JAP | 22:42 | 46:44 |
| 40. | TOMA TAKAHIRO      | JAP | 23:17 | 47:03 |
| 41. | KURAKAZU YUKI      | JAP | 22:36 | 47:13 |
| 42. | NAKAZAWA TAISEI    | JAP | 23:07 | 47:32 |
| 43. | MIYOSHI SEIMA      | JAP | 23:37 | 48:03 |
| 44. | GOTOU SHUNSUKE     | JAP | 23:45 | 48:04 |
| 45. | KANZAKI KAZUKI     | JAP | 23:20 | 48:12 |
| 46. | KARITA TOKUNOSUKE  | JAP | 23:35 | 49:02 |
| 47. | ITO SHUN           | JAP | 23:59 | 49:05 |
| 48. | NAKAMURA YUUTA     | JAP | 23:45 | 49:11 |
| 49. | NAKANO YUSEI       | JAP | 23:54 | 49:11 |
| 50. | UENO TATSUKI       | JAP | 23:37 | 49:16 |
| 51. | OGAWA KEITO        | JAP | 23:57 | 49:54 |
| 52. | UENO YUKI          | JAP | 25:19 | 50:25 |
| 53. | YOSHIZAW ISSEI     | JAP | 25:47 | 51:54 |
| 54. | YAMADA SYUNYA      | JAP | 25:04 | 51:58 |

#### 10km Senior Women

15 out of 19 finished in the Senior Women's 10km. A win to **Ai Michiguchi** (45:55) ahead of **Rena Goto** (46:22) and **Yuki Yoshizumi** (46:54)

|     |                  |     |       |       |
|-----|------------------|-----|-------|-------|
| 1.  | MICHIGUCHI AI    | JAP | 22:57 | 45:54 |
| 2.  | GOTO RENA        | JAP | 22:57 | 46:22 |
| 3.  | YOSHIZUMI YUKI   | JAP | 23:16 | 46:54 |
| 4.  | HONMA SHION      | JAP | 23:34 | 47:07 |
| 5.  | OONO MIYU        | JAP | 24:37 | 49:44 |
| 6.  | TSUBOHIRA SAKIKO | JAP | 25:13 | 51:00 |
| 7.  | NEMOTO YUUMI     | JAP | 25:15 | 51:29 |
| 8.  | NAKAGAWA HARUKO  | JAP | 25:37 | 52:21 |
| 9.  | KURIHARA YUHO    | JAP | 25:35 | 52:44 |
| 10. | OGINO MUTSUMI    | JAP | 26:45 | 54:01 |

|     |                  |     |       |       |
|-----|------------------|-----|-------|-------|
| 11. | YOKOYAMA HIKARI  | JAP | 27:27 | 55:48 |
| 12. | IKEDA MIO        | JAP | 27:17 | 56:08 |
| 13. | YAMASHITA TOMOKO | JAP | 28:04 | 56:30 |
| 14. | ARIMA HANA       | JAP | 29:01 | 58:20 |
| 15. | YAMAMOTO MACHIKO | JAP | 29:33 | 61:23 |

### 10km U20 Women

All 29 starters finished in the U20 women's 10km. A win to **Nanako Fujii** (45:42) ahead of **Minori Yabura** (47:10) and **Maika Yagi** (47:19).

|     |                   |     |       |       |
|-----|-------------------|-----|-------|-------|
| 1.  | FUJII NANAOKO     | JAP | 22:57 | 45:42 |
| 2.  | YABUTA MINORI     | JAP | 23:04 | 47:10 |
| 3.  | YAGI MAIKA        | JAP | 23:34 | 47:19 |
| 4.  | HASHI AGURI       | JAP | 23:34 | 47:45 |
| 5.  | YOSHIDA YUU       | JAP | 23:35 | 47:50 |
| 6.  | TAMAKI AKANE      | JAP | 23:49 | 48:13 |
| 7.  | NORIMOTO NANAOKO  | JAP | 23:49 | 48:16 |
| 8.  | SUGIBAYASHI AYUMI | JAP | 24:12 | 48:48 |
| 9.  | KITAKOJI SAE      | JAP | 24:20 | 48:59 |
| 10. | OOTANI NANAOKO    | JAP | 24:18 | 49:00 |
| 11. | HAYASHI NAMI      | JAP | 24:19 | 49:07 |
| 12. | TATSUMI MAO       | JAP | 24:23 | 49:13 |
| 13. | MINAMOTO ARU      | JAP | 23:50 | 49:16 |
| 14. | KURIMOTO MAMI     | JAP | 24:12 | 49:25 |
| 15. | MATSUMOTO MINAMI  | JAP | 24:30 | 49:37 |
| 16. | IKEDA RIRIKA      | JAP | 24:32 | 49:40 |
| 17. | KAKUDA HINASE     | JAP | 24:34 | 50:44 |
| 18. | YAJIMA FUKA       | JAP | 24:39 | 51:05 |
| 19. | MATSUMOTO YUZUMI  | JAP | 25:22 | 51:51 |
| 20. | ODA RISAKO        | JAP | 25:05 | 51:55 |
| 21. | TAMAKI MINAMI     | JAP | 25:24 | 52:14 |
| 22. | MORITA KANON      | JAP | 25:57 | 52:57 |
| 23. | HAYASHI MIKU      | JAP | 26:46 | 53:44 |
| 24. | WATANABE MARIN    | JAP | 26:11 | 54:11 |
| 25. | SHIBATA AOI       | JAP | 27:27 | 55:20 |
| 26. | KATSUMATA AOI     | JAP | 26:13 | 55:23 |
| 27. | SANO KANA         | JAP | 28:04 | 56:30 |
| 28. | HAYASHI ANNA      | JAP | 28:28 | 57:07 |
| 29. | ISHIGAKI AYUMI    | JAP | 28:41 | 58:54 |

Sunday (Day 2) was dedicated to the 50km, with 24 men and 9 women competing in rainy and cool conditions. Well reported in [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3142](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3142). See full results at [http://www.marciadalmondo.com/admin/pdf/risultati/1504201864Wajima\\_2018Apr15.pdf](http://www.marciadalmondo.com/admin/pdf/risultati/1504201864Wajima_2018Apr15.pdf)

### 50km Senior Men

**Takayuki Tanii** led the field through the 20km mark with 1:29:02, ahead of **Tomohiro Noda** (1:29:58) and **Yuki Yamazaki** (1:32:29). By 30km, Noda had taken the lead (2:15:03) and was 46 secs ahead of Tanii with Yamazaki a long way back but still in third place. Noda (went on to win with 3:45:56 ahead of Tanii (3:52:33) while **Shuto Goto** came home strongly to take third place with 3:57:57. It says a lot for Japan that they have a 3:45 and a 3:52 walker but neither has made their World Cup team!

|     |                    |     |         |
|-----|--------------------|-----|---------|
| 1.  | NODA TOMOHIRO      | JAP | 3:45:56 |
| 2.  | TANII TAKAYUKI     | JAP | 3:52:33 |
| 3.  | GOTO SHUTO         | JAP | 3:57:57 |
| 4.  | YAMAZAKI YUKI      | JAP | 4:03:09 |
| 5.  | ISHII KATSUYA      | JAP | 4:05:46 |
| 6.  | KANNO TOMOFUMI     | JAP | 4:06:32 |
| 7.  | TANAKA TATSUYA     | JAP | 4:09:22 |
| 8.  | HIGUMA TAKAFUMI    | JAP | 4:11:03 |
| 9.  | SATO TAKANE        | JAP | 4:15:57 |
| 10. | MATSUO NAOYA       | JAP | 4:17:57 |
| 11. | MURAKAMI HIROYOSHI | JAP | 4:20:44 |
| 12. | MIYAJIMA HIDEAKI   | JAP | 4:23:08 |
| 13. | MANIWA YUTAKA      | JAP | 4:23:30 |
| 14. | OTSUBO TAKAHITO    | JAP | 4:29:58 |
| 15. | TOMATSU HIRONARI   | JAP | 4:35:23 |
| 16. | KOYAMA NAOHIR      | JAP | 4:36:31 |
| 17. | KUROKI RYOTA       | JAP | 4:48:02 |
| 18. | HIROTA TENMARU     | JAP | 4:52:46 |

|     |                    |     |         |
|-----|--------------------|-----|---------|
| 19. | SAITOUARATA        | JAP | 4:54:29 |
|     | KAWAGISHI RYOSUKE  | JAP | DNF     |
|     | NAKAYUSUKE         | JAP | DNF     |
|     | WARITAHITOSHI      | JAP | DQ      |
|     | YAMAMOTO TORU      | JAP | DQ      |
|     | YAMAGUCHI MASAHIRO | JAP | DQ      |

### 50km Senior Women

The inaugural women's 50km championship saw 8 of the 9 starters finishing, with victory going to **Serena Sonoda** (4:31:52) ahead of **Nami Kumagai** (4:39:01) and **Natsumi Kurahara** (4:44:45). Very impressive for such a new event on the international calendar.

|    |                  |     |         |
|----|------------------|-----|---------|
| 1. | SONODA SERENA    | JAP | 4:31:52 |
| 2. | KUMAGAI NAMI     | JAP | 4:39:01 |
| 3. | KURAHARA NATSUMI | JAP | 4:44:45 |
| 4. | YAMATO CHIAKI    | JAP | 4:48:46 |
| 5. | TAMAKI AKANE     | JAP | 4:53:50 |
| 6. | TAKEUCHI MARI    | JAP | 5:06:18 |
| 7. | KURIHARA MIYABI  | JAP | 5:08:53 |
| 8. | TAHIRACHIHO      | JAP | 5:17:05 |
|    | YAGI NOZOMI      | JAP | DNF     |



*Japanese 50km champions Tomohiro Noda and Serena Sonoda (photos marciadalmondo)*

## INTERNATIONAL RACEWALK MEET, NAUMBURG, GERMANY, SATURDAY 14 APRIL

The German Open, U23 and Masters 20km championships were contested last Saturday as part of the International Racewalk Meet at Naumburg.

The men's 20km was a tight race for the first half, with defending champion **Christopher Linke** (41:02), Mexican **José Ojeda Levyer** (41:03), German **Hagen Pohle** (41:03) and Mexican **Eder Sanchez** (41:04) locked side by side. Linke, fresh from his victory in Podebrady last weekend, cleared away in the second half to win with 1:20:40 (second half a fast 39:38), ahead of Levyer (1:21:30), Pohle (1:21:41) and Sanchez (1:22:33). Karl Junghanss was next in, winning the U23 German title.

The women's 20km saw the first 3 placings going to German U23 walkers **Emilia Lehmeier** (1:32:49), **Saskia Feige** (1:33:23) and **Teresa Zurek** (1:33:30), all with PBs and all well under the German qualifying standard for this year's World Cup in Taicang and for this year's European Championships in Berlin.

The 20km races also saw large numbers of masters walkers, given it was also the German Masters Championship. Very impressive walking in the M75 division which was won by **Felix Maier** (2.11.36) ahead of **Peter Schumm** (2.11.49) and **Christoph Höhne** (2.19.55). The oldest participant was 79-year-old **Helga Dräger** who recorded a time of 3.02.07.

Full results at <https://www.leichtathletik.de/termine/wettkampf-kalender/veranstaltung/detail/dm-gehen-20-km-1/>. Article and photos at <https://www.leichtathletik.de/news/news/detail/christopher-linke-ueberragend-deutsche-geherinnen-ueberraschen-mit-drei-em-normen/>.

### Open and Masters 20km Men

|     |                               |      |                           |         |         |
|-----|-------------------------------|------|---------------------------|---------|---------|
| 1.  | Linke Christopher             | 1988 | SC Potsdam                | 0:41:02 | 1:20:40 |
| 2.  | Ojeda Blas José Leyver        | 1985 | MEX                       | 0:41:03 | 1:21:30 |
| 3.  | Pohle Hagen                   | 1992 | SC Potsdam                | 0:41:03 | 1:21:41 |
| 4.  | Sanchez Eder                  | 1986 | MEX                       | 0:41:04 | 1:22:23 |
| 5.  | Junghannß Karl                | 1996 | LAC Erfurt                | 0:41:29 | 1:22:51 |
| 6.  | Brembach Nils                 | 1993 | SC Potsdam                | 0:41:03 | 1:23:18 |
| 7.  | Dohmann Carl                  | 1990 | SCL Heel Baden-Baden      | 0:42:01 | 1:23:57 |
| 8.  | Seiler Nathaniel              | 1996 | TV Bühlertal              | 0:43:01 | 1:25:02 |
| 9.  | Janker Andreas                | 1983 | LG Röthenbach/Pegnitz     | 0:43:24 | 1:27:01 |
| 10. | Bustamente Franco Luis Amauri | 1985 | MEX                       | 0:43:05 | 1:27:32 |
| 11. | Colunga Angel                 | 1998 | MEX                       | 0:44:49 | 1:31:09 |
| 12. | Romero Irias Jose Leonidas    | 1983 | HON                       | 0:45:50 | 1:31:15 |
| 13. | Tommasino Francesco-Marco     | 1993 | LG Nord Berlin            | 0:47:02 | 1:36:10 |
| 14. | Franke Denis                  | 1969 | TV Bühlertal              | 0:52:14 | 1:44:46 |
| 15. | Stefes Herrmann-Josef         | 1985 | Mönchengladbacher         | 0:51:16 | 1:45:13 |
| 16. | Meyer Steffen                 | 1966 | SV Breitenbrunn           | 0:53:39 | 1:48:37 |
| 17. | Schröter Uwe                  | 1959 | LG Vogtland               | 0:53:39 | 1:48:54 |
| 18. | Daimer Nischan                | 1967 | SV Breitenbrunn           | 0:56:15 | 1:53:32 |
| 19. | Maier Joachim                 | 1970 | SV Breitenbrunn           | 0:56:16 | 1:53:39 |
| 20. | Albrecht Jürgen               | 1953 | Apoldaer LV 90            | 0:57:41 | 1:56:55 |
| 21. | Wildeman Gerard               | 1960 | NED                       | 0:59:30 | 1:57:54 |
| 22. | Prieler Helmut                | 1955 | SpVgg Niederaichbach      | 0:58:37 | 1:58:45 |
| 23. | Hauger Georg                  | 1957 | TV Bühlertal              | 0:58:46 | 2:00:01 |
| 24. | Ritzenhoff Andreas            | 1967 | BTB Oldenburg             | 0:58:58 | 2:01:44 |
| 25. | Werner Stefan                 | 1964 | LG Vogtland               | 0:59:36 | 2:01:51 |
| 26. | Papst Ronald                  | 1962 | SV Einheit 1875 Worbis    | 0:59:24 | 2:03:49 |
| 27. | Wild Andreas                  | 1982 | SV Einheit 1875 Worbis    | 0:59:29 | 2:04:42 |
| 28. | Hulisilan Boetje              | 1956 | NED                       | 1:03:32 | 2:08:54 |
| 29. | Dr. Lorscheider Rainer        | 1947 | TV Ludweiler              | 1:03:31 | 2:10:16 |
| 30. | Nißl Stefan                   | 1959 | TV Ludweiler              | 1:04:18 | 2:11:04 |
| 31. | Tolle Uwe                     | 1955 | Polizei SV Berlin         | 1:04:22 | 2:11:14 |
| 32. | Maier Felix                   | 1943 | SV Breitenbrunn           | 1:04:28 | 2:11:36 |
| 33. | Schumm Peter                  | 1942 | Alemannia Aachen          | 1:05:14 | 2:11:49 |
| 34. | Schaller Werner               | 1957 | TV Groß-Gerau             | 1:05:58 | 2:12:44 |
| 35. | Hölters Bernd Ocker           | 1946 | Polizei SV Berlin         | 1:05:10 | 2:13:16 |
| 36. | Schusters Timo                | 2000 | Gerresheimer TV           | 1:03:59 | 2:14:02 |
| 37. | Kiepert Horst                 | 1951 | MBB-SG Augsburg           | 1:06:33 | 2:15:36 |
| 38. | Höhne Christoph               | 1941 | TV Fürstenwalde           | 1:09:47 | 2:19:55 |
| 39. | Evertz Günter                 | 1957 | Polizei SV Berlin         | 1:09:42 | 2:22:52 |
| 40. | Hammer Wolfgang               | 1951 | Gehsportverein Regensburg | 1:12:25 | 2:33:26 |
|     | Arosanyin Charles T.          | 1967 | NIG                       | DQ      |         |
|     | Allen Steve                   | 1956 | GBR                       | DQ      |         |
|     | Holtslag Han                  | 1957 | NED 0:32:25               | DQ      |         |
|     | Hellig Herbert                | 1953 | Offenbacher SC            | DQ      |         |
|     | Hold Jürgen                   | 1952 | LG Kreis Verden           | DQ      |         |
|     | Maichin Richard               | 1946 | Alemannia Aachen          | DQ      |         |

### Open and Masters 20km Women

|     |                               |      |                   |         |         |
|-----|-------------------------------|------|-------------------|---------|---------|
| 1.  | Lehmeyer Emilia               | 1997 | Polizei SV Berlin | 0:45:53 | 1:32:49 |
| 2.  | Feige Saskia                  | 1997 | SC Potsdam        | 0:46:59 | 1:33:23 |
| 3.  | Zurek Teresa                  | 1998 | SC Potsdam        | 0:46:58 | 1:33:30 |
| 4.  | Jáuregui Aguilar Zayra        | 1987 | MEX               | 0:51:46 | 1:44:54 |
| 5.  | Schulze Kathrin               | 1981 | ASV Erfurt        | 0:53:14 | 1:49:44 |
| 6.  | van Andel Anne                | 1990 | NED               | 0:54:11 | 1:51:44 |
| 7.  | Schusters Katrin Gerresheimer | 1997 | TV                | 0:58:47 | 1:57:30 |
| 8.  | de Smedt Liesbet              | 1982 | BEL               | 0:59:44 | 2:04:03 |
| 9.  | Moeller Flatin Fride          | 1997 | NOR               | 1:03:34 | 2:09:13 |
| 10. | Betto Linda                   | 1977 | TV Groß-Gerau     | 1:05:58 | 2:12:41 |
| 11. | Köhler Antje                  | 1961 | TV Bühlertal      | 1:08:26 | 2:20:01 |
| 12. | Patrzalek Brigitte            | 1958 | TV Groß-Gerau     | 1:10:00 | 2:21:23 |
| 13. | Müller Monika                 | 1964 | TV Groß-Gerau     | 1:10:00 | 2:21:27 |
| 14. | Klink Ursula                  | 1944 | TV Groß-Gerau     | 1:10:55 | 2:26:57 |
| 15. | Obermeyer Diana               | 1980 | TuS Bothfeld      | 1:12:39 | 2:29:39 |



|     |                        |      |                   |         |         |
|-----|------------------------|------|-------------------|---------|---------|
| 16. | Molter Margarete       | 1947 | TV Groß-Gerau     | 1:21:53 | 2:47:48 |
| 17. | Dräger Helga           | 1939 | LG Esslingen      | 1:26:46 | 3:02:07 |
|     | Henze Julia            | 1998 | ASV Erfurt        | DQ      |         |
|     | Garves Agnieszka Agnes | 1973 | MTV Stuttgart     | DQ      |         |
|     | Fuchs Marion           | 1960 | Alemannia Aachen  | DQ      |         |
|     | Herrendoerfer Ursula   | 1940 | Polizei SV Berlin | DQ      |         |

#### 10km U20 Men

|    |                |      |                |         |
|----|----------------|------|----------------|---------|
| 1. | Stramka Jan    | 2000 | Erfurter LAC   | 0:47:13 |
| 2. | Junghannß Otto | 2000 | Erfurter LAC   | 0:49:01 |
| 3. | Reumann Marcin | 1999 | LG Nord Berlin | 0:49:36 |
| 4. | Richter Niklas | 1999 | SC Potsdam     | DQ      |

#### 10km U20 Women

|    |                |      |                |         |
|----|----------------|------|----------------|---------|
| 1. | Richter Julia  | 1999 | SC Potsdam     | 0:52:51 |
| 2. | Ulbrich Yasmin | 2000 | SG Motor Thurm | 0:58:49 |

#### 10km U18 Men

|    |                        |      |              |         |
|----|------------------------|------|--------------|---------|
| 1. | Schmidt Jakob Johannes | 2001 | SC Potsdam   | 0:45:17 |
| 2. | Frenzl Johannes        | 2001 | SC Potsdam   | 0:45:31 |
| 3. | Schmidt Moritz         | 2001 | Erfurter LAC | 1:00:23 |



German 20km championships - Hagen Pohle Christopher Linke Nils Brembach



German 20km Championships - Emilia Lehmeier, Saskia Feige und Teresa Zurek (photos <https://www.leichtathletik.de>)

**BALKAN RACE WALKING CHAMPIONSHIPS, ZRENJANIN, SERBIA, SATURDAY 14 APRIL**

A record 9 countries took part in the 17<sup>th</sup> Balkan Race Walking Championships in the Serbian city of Zrenjanin last Saturday. Turnout was good with 71 walkers in total (36 women and 35 men). Turkey was the top nation, winning medals in every individual event (3 gold, 4 silver and 2 bronze), ahead of Romania and Bulgaria. Victories in the 20km walks to **Dmytro Sobchuk** (UKR) with 1:26.27 and **Panagiota Tsinoolou** (GRE) with 1:39:01.

Full results at [http://www.marciadalmondo.com/admin/pdf/risultati/15042018760Zrenjanin\\_2018Apr04\\_\(SRB\).pdf](http://www.marciadalmondo.com/admin/pdf/risultati/15042018760Zrenjanin_2018Apr04_(SRB).pdf). Well reported by marciadalmondo at [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3143](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3143).

**20km Open Women**

|     |                       |      |     |         |
|-----|-----------------------|------|-----|---------|
| 1.  | TSINOPOULOU PANAGIOTA | 1990 | GRE | 1:39:01 |
| 2.  | OZDEMIR SEMIHA        | 1987 | TUR | 1:42:02 |
| 3.  | ACATRINEI MIHAELA     | 1995 | ROU | 1:45:07 |
| 4.  | SIMEONOVA RADOSTEVA   | 1993 | BUL | 1:48:36 |
| 5.  | GOGOVI DANICA         | 1996 | SRB | 1:49:29 |
| 6.  | SAVICEVIC TIJANA      | 1994 | SRB | 1:51:22 |
| 7.  | MOLNAR BIANKA         | 1996 | ROU | 1:52:45 |
| 8.  | RENIC IVANA           | 1996 | CRO | 1:55:58 |
| 9.  | KOC ELIF              | 1993 | TUR | 2:01:12 |
| 10. | ANGELOVA MARIYA       | 1980 | BUL | 2:02:53 |
|     | NTRIZMPIOTI ANTIGONI  | 1984 | GRE | DNF     |

**20km Open Women**

|    |                       |      |     |         |
|----|-----------------------|------|-----|---------|
| 1. | SOBCHUK DMYTRO        | 1995 | UKR | 1:26:27 |
| 2. | KAZANIN OLEKSII       | 1982 | UKR | 1:26:56 |
| 3. | DOGAN SERKAN          | 1992 | TUR | 1:27:05 |
| 4. | SENODUNCU SAHIN       | 1994 | TUR | 1:29:58 |
| 5. | ERENT BRUNO           | 1990 | CRO | 1:34:47 |
| 6. | BIUZNIUC MIHAIL       | 1993 | MDA | 1:37:47 |
| 7. | TESOVNIK ANŽE         | 1998 | SLO | 1:51:07 |
| 8. | ATANASOV ATANAS       | 1972 | BUL | 2:02:13 |
| 9. | SVYSTUN OLEH O.C.     | 1997 | UKR | 1:29:05 |
|    | LALOV PETAR           | 1992 | BUL | DQ      |
|    | TSAMOUDAKIS ZACHARIAS | 1996 | GRE | DQ      |
|    | STIRBU FLORIN ALIN    | 1992 | ROU | DNF     |
|    | MIHAILA NARCIS STEFAN | 1987 | ROU | DNF     |
|    | RUZZIER FABIO         | 1953 | SLO | DNF     |
|    | OZBEK MUSTAFA (OC)    | 1997 | TUR | DNF     |

**5km U18 Girls**

|     |                         |      |     |         |
|-----|-------------------------|------|-----|---------|
| 1.  | DEMIR EVIN              | 2001 | TUR | 0:24:27 |
| 2.  | FIASKA OLGA             | 2001 | GRE | 0:24:30 |
| 3.  | TEKIN BEDRIYE           | 2001 | TUR | 0:25:34 |
|     | KILIC AYSE (OC)         | 2001 | TUR | 0:25:42 |
| 4.  | PEVEC ELI               | 2001 | CRO | 0:25:56 |
| 5.  | HRISCA BEATRICE         | 2001 | ROU | 0:26:20 |
| 6.  | PASCA-IGNA LORENA LUCIA | 2001 | ROU | 0:26:20 |
| 7.  | JANCEK BRUNA            | 2002 | CRO | 0:27:52 |
| 8.  | ATANASOVA ALTEN         | 2002 | BUL | 0:28:11 |
| 9.  | STANKOVIC REBEKA        | 2001 | SRB | 0:28:50 |
| 10. | PENEVA VIKTORIYA        | 2001 | BUL | 0:31:16 |
| 11. | RUPAR KAJA              | 2001 | SLO | 0:32:43 |

**10km U18 Boys**

|    |                       |      |     |         |
|----|-----------------------|------|-----|---------|
| 1. | TOPSAKAL OZGUR        | 2001 | TUR | 0:46:03 |
| 2. | TEMEL UMUT            | 2001 | TUR | 0:47:03 |
| 3. | KELEPOURIS ANTHIRNOS  | 2001 | GRE | 0:47:09 |
|    | TEKDAL MUSTAFA (OC)   | 2002 | TUR | 0:49:41 |
| 4. | DUMITRU ION ADRIAN    | 2001 | ROU | 0:51:18 |
| 5. | PROROCIC MILOŠ        | 2001 | SRB | 0:55:21 |
| 6. | MILOSI GABRIEL VIOREL | 2002 | ROU | 0:57:07 |
| 7. | MEHMED MELIH          | 2002 | BUL | 1:01:36 |
| 8. | KURTEV TEODOR         | 2001 | BUL | 1:01:53 |

**10km U20 Women**

|    |             |      |     |         |
|----|-------------|------|-----|---------|
| 1. | TEKDAL AYSE | 1999 | TUR | 0:48:59 |
| 2. | DOST KADER  | 2000 | TUR | 0:51:16 |

|     |                         |      |     |         |
|-----|-------------------------|------|-----|---------|
| 3.  | FILTISAKOU KYRIAKI      | 2000 | GRE | 0:51:59 |
| 4.  | PANTA ROXANA            | 1999 | ROU | 0:53:18 |
| 5.  | ANGELESCU DIANA GEORGIA | 2000 | ROU | 0:56:36 |
| 6.  | PAPOVIC MARIJA          | 2000 | SRB | 0:57:09 |
| 7.  | CANADI EVA              | 2000 | SLO | 0:59:08 |
| 8.  | KLENEK KLARA            | 2001 | CRO | 1:00:31 |
| 9.  | INTIHAR MARULC ANA      | 2000 | SLO | 1:04:11 |
| 10. | KRASIMIROVA GABRIELA    | 1999 | BUL | 1:06:02 |
| 11. | STEFANOVA KRISTIYANA    | 2000 | BUL | 1:07:47 |

#### 10km U20 Men

|     |                       |      |     |         |
|-----|-----------------------|------|-----|---------|
| 1.  | TZATZIMAKIS GEORGIOS  | 1999 | GRE | 0:43:26 |
| 2.  | IMUK ABDULSELAM       | 1999 | TUR | 0:44:59 |
| 3.  | DELCEV JOVAN          | 1999 | SRB | 0:45:35 |
| 4.  | ERTAS AZAT            | 2000 | TUR | 0:46:19 |
| 5.  | ROTARU NATANEL        | 1999 | ROU | 0:49:43 |
|     | DANIS ABDULAZZIZ (OC) | 1999 | TUR | 0:51:10 |
| 6.  | ROŽMAN BRUNO          | 2000 | CRO | 0:51:54 |
| 7.  | NEAG CARLOS MIHAI     | 2001 | ROU | 0:52:44 |
| 8.  | STANKO JURICA         | 1999 | CRO | 0:54:13 |
| 9.  | KADIR KADIR           | 2000 | BUL | 1:00:08 |
| 10. | KUCHUKOV IVAN         | 1999 | BUL | 1:01:28 |

### POLISH ROAD WALKS, ZANIEMYSL, POLAND, SATURDAY 14 APRIL

More roadwalks, this time from Poland. 20Km wins to **Dawid Tomala** (1:24:35) and **Karatzyna Kdziebło** (1:32:50). Full results at <http://pzla.pl/file/3065-rezultaty.pdf>.

#### 30km Men

|    |              |      |                  |         |
|----|--------------|------|------------------|---------|
| 1. | SIKORA Rafal | 1987 | AZS-AWF Katowice | 2:15:44 |
|----|--------------|------|------------------|---------|

#### 20km Men

|    |                      |      |                       |         |
|----|----------------------|------|-----------------------|---------|
| 1. | TOMALA Dawid         | 1989 | AZS KU Politechniki O | 1:24:25 |
| 2. | KALESNIK Uladzimir   | 1992 | Bialorus - Brzesc     | 1:29:50 |
| 3. | SIKORA Rafal         | 1987 | AZS-AWF Katowice      | 1:31:07 |
| 4. | KLONOWSKI Adrian     | 1997 | LKS Vectra Wloclawek  | 1:32:19 |
| 5. | DROZDOWICZ Arkadiusz | 1998 | OS AZS Poznan         | 1:33:44 |
| 6. | CYNGOT Jacek         | 1996 | UKS Olimp Kozienice   | 1:41:37 |
| 7. | BARANOWSKI Michal    | 1998 | MKS Unia Hrubieszów   | 1:48:59 |
|    | FEDACZYNSKI Rafal    | 1980 | AZS UMCS Lublin       | DQ      |

#### 20km Women

|    |                      |      |                        |         |
|----|----------------------|------|------------------------|---------|
| 1. | ZDZIEBŁO Katarzyna   | 1996 | LKS Stal Mielec        | 1:32:50 |
| 2. | NIEDZIALEK Olga      | 1997 | WLKS Nowe Iganie       | 1:39:32 |
| 3. | KAPERA Monika        | 1990 | AZS-AWF Katowice       | 1:40:15 |
| 4. | CETNARSKA Malgorzata | 1998 | KKS Victoria Stalowa W | 1:44:57 |
| 5. | LOREK Antonina       | 1995 | KS AZS AWF Kraków      | 1:49:58 |

#### U20 10km Men

|    |                    |      |                       |       |
|----|--------------------|------|-----------------------|-------|
| 1. | SCHIEDEL Arkadiusz | 2000 | MLKS Nadwislanin Chel | 47:49 |
| 2. | GOLAWSKI Robert    | 1998 | WLKS Nowe Iganie      | 48:46 |
| 3. | JEZ Pawel          | 1999 | AZS-AWF Gorzów Wlkp   | 48:58 |
| 4. | NICPON Kacper      | 1999 | MKL Szczecin          | 49:45 |
| 5. | CERAZY Michal      | 1999 | AZS-AWF Gorzów Wlkp   | 50:25 |
| 6. | MACIAG Krzysztof   | 1999 | MLKS Nadwislanin Chel | 52:33 |
| 7. | KLIMEK Mateusz     | 1999 | CKS Budowlani Czesto  | 54:30 |
| 8. | SÓJKA Radoslaw     | 2000 | PLKS Gwda Pila        | 56:58 |

#### U20 10km Women

|    |                     |      |                        |         |
|----|---------------------|------|------------------------|---------|
| 1. | DRYGALSKA Zuzanna   | 1999 | CMKL Człuchów          | 50:52   |
| 2. | KRUPKA Katarzyna    | 1998 | AZS-AWF Katowice       | 53:15   |
| 3. | OLEJNIK Patrycja    | 1999 | AZS-AWF Gorzów Wlkp    | 55:55   |
| 4. | GORCZYNSKA Marta    | 2000 | MKS Durasan Plonsk     | 57:24   |
| 5. | DROZDEK Marcelina   | 2000 | MKS Boleslavia Bolesla | 58:04   |
| 6. | ZEMBIK Michalina    | 2000 | MKS Hermes Gryfino     | 58:48   |
| 7. | NOWICKA Weronika    | 1999 | LKS Vectra Wloclawek   | 59:16   |
| 8. | MIESZKOWSKA Natalia | 2000 | OS AZS Poznan          | 1:02:09 |

**U18 10km Men (first 5)**

|    |                      |      |                       |       |
|----|----------------------|------|-----------------------|-------|
| 1. | STRZESZEWSKI Tomasz  | 2001 | AZS-AWF Gorzów Wlkp   | 47:57 |
| 2. | OCZKOS Milosz        | 2001 | MLKS Nadwislanin Chel | 50:48 |
| 3. | KIJOWSKI Filip       | 2001 | KS Energetyk Poznan   | 52:04 |
| 4. | SCHIEDEL Karol       | 2002 | MLKS Nadwislanin Chel | 54:15 |
| 5. | ALEKSANDROWICZ Dawid | 2002 | UKS Przelaj Zerków    | 55:43 |

**U18 5km Women (first 5)**

|    |                    |      |                       |       |
|----|--------------------|------|-----------------------|-------|
| 1. | ZAJACZKOWSKA Olga  | 2002 | ALKS AJP Gorzów Wlkp. | 26:45 |
| 2. | KOWALSKA Julia     | 2001 | LKS Vectra Wloclawek  | 26:57 |
| 3. | OLLER Patrycja     | 2001 | MLKS Nadwislanin Chel | 27:48 |
| 4. | SKOBEL Kinga       | 2002 | CMKL Człuchów         | 28:04 |
| 5. | WALERIANCZYK Kinga | 2002 | KMKL Sztorm Kolobrzeg | 28:38 |

**10km Masters Men**

|    |                    |      |                     |         |
|----|--------------------|------|---------------------|---------|
| 1. | LUNIEWSKI Mirosław | 1957 | UKS1 Reda           | 55:58   |
| 2. | KWITA Zbigniew     | 1959 | Poznan              | 57:53   |
| 3. | MALECKI Waldemar   | 1958 | UKS Maraton Korzeni | 58:39   |
| 4. | GOLEBIEWSKI Edward | 1950 | TKKF Plomien Pobied | 1:02:00 |
| 5. | HARASINSKI Ryszard | 1956 | Harasinski          | 1:02:30 |
| 6. | SZCZESNIAK Andrzej | 1949 | Wroclaw             | 1:14:19 |

**10km Masters Women**

|    |                 |      |           |       |
|----|-----------------|------|-----------|-------|
| 1. | LISOWSKA Alicja | 1969 | Grudziadz | 59:59 |
|----|-----------------|------|-----------|-------|

**FIRE FIGHTERS MEMORIAL WALK, PEEL TO RAMSAY (50KM), ISLE OF MAN, SUNDAY 15 APRIL**

Renamed in 2018 as the Fire Fighters Memorial Walk, this traditional Isle of Man 50km roadwalk started at Peel fire station and finished in Ramsey. There were 124 starters and 96 finishers. Now that is truly impressive for a 50km walk. **David Mapp** was the overall winner with 4:43:45 and **Hannah Hunter** was the first of women with a new women's course record of 5:11:06. See more at <http://www.centurions1911.org.uk/blog/index.php?fireman-s-walk-50km>.

**Peel to Ramsey (50km)**

|     |                  |                 |              |         |
|-----|------------------|-----------------|--------------|---------|
| 1.  | David Mapp       |                 | Senior Men   | 4:43:45 |
| 2.  | Richard Gerrard  | Manx Harriers   | Men 45-49    | 4:52:56 |
| 3.  | Hannah Hunter    | Manx Harriers   | Women 35-39  | 5:11:06 |
| 4.  | Pete Miller      | Manx Harriers   | Men 40-44    | 5:22:01 |
| 5.  | Michelle Turner  | Northern AC     | Women 45-49  | 5:23:21 |
| 6.  | Karen Chiarello  |                 | Women 50-54  | 5:28:41 |
| 7.  | Adam Cowin       | Manx Harriers   | Senior Men   | 5:30:10 |
| 8.  | Dale Farquhar    | Manx Harriers   | Men 35-39    | 5:31:45 |
| 9.  | Michael Bonney   |                 | Men 55-59    | 5:32:31 |
| 10. | Robbie Callister | IOMVAC          | Men over 60  | 5:38:55 |
| 11. | Adam Killip      |                 | Senior Men   | 5:39:25 |
| 12. | Tony Mackintosh  | Iom vets        | Men 45-49    | 5:41:02 |
| 13. | Sophie Dvorakova |                 | Senior Women | 5:41:39 |
| 14. | Paul Sayle       |                 | Men 35-39    | 5:45:46 |
| 15. | Ray Pitts        |                 | Men over 60  | 5:46:07 |
| 16. | David Walker     | Manx Harriers   | Men 45-49    | 5:54:23 |
| 17. | Tony Edwards     | Manx Harriers   | Men 55-59    | 5:57:35 |
| 18. | Karen Lawrie     | Iom vets        | Women 40-44  | 5:59:17 |
| 19. | Ray Beattie      | Manx Harriers   | Men over 60  | 6:00:24 |
| 20. | Maureen Moffatt  |                 | Women 50-54  | 6:01:18 |
| 21. | Tristan Shields  |                 | Senior Men   | 6:08:11 |
| 22. | Jayne Farquhar   | Manx Harriers   | Women 45-49  | 6:08:29 |
| 23. | Will Moffatt     |                 | Men 45-49    | 6:10:08 |
| 24. | Alan Teare Peel  | Mountain Bikers | Men 50-54    | 6:13:11 |
| 25. | Alan Cowin       |                 | Men 55-59    | 6:13:12 |
| 26. | Andrew Dawson    |                 | Men 45-49    | 6:18:49 |
| 27. | Luke McKinlay    |                 | Senior Men   | 6:23:01 |
| 28. | Louise Hollings  | Manx Harriers   | Women 35-39  | 6:29:22 |
| 29. | Mike Callister   |                 | Men 40-44    | 6:33:20 |
| 30. | Ryan Neild       |                 | Senior Men   | 6:39:10 |
| 31. | Janna Kelly      |                 | Women 50-54  | 6:39:56 |
| 32. | Jimmy Corkish    |                 | Men 55-59    | 6:41:30 |

|     |                   |                |                 |         |
|-----|-------------------|----------------|-----------------|---------|
| 33. | Emma Nation       |                | Senior Women    | 6:43:28 |
| 34. | Nick Wallinger    | IOMVAC         | Men 45-49       | 6:43:33 |
| 35. | Andy Baxendale    | IOMVAC         | Men 45-49       | 6:43:33 |
| 36. | Martin Kennaugh   |                | Men 45-49       | 6:44:34 |
| 37. | Trevor Newton     |                | Men over 60     | 6:47:19 |
| 38. | Rachael Hamilton  | Northern (IOM) | AC Senior Women | 6:48:02 |
| 39. | John J Cooper     |                | Men 35-39       | 6:49:09 |
| 40. | Kathryn Prince    |                | Women 50-54     | 6:49:12 |
| 41. | Paul Holmes       |                | Men 45-49       | 6:49:59 |
| 42. | Greg Nation       |                | Men 40-44       | 6:51:13 |
| 43. | Bryony Greasley   |                | Senior Women    | 6:51:56 |
| 44. | Hannah Miller     |                | Women 45-49     | 6:51:57 |
| 45. | Frank Feeney      |                | Men over 60     | 6:51:57 |
| 46. | Jayne Adams       |                | Women 55-59     | 6:54:26 |
| 47. | Paige Kelly       |                | Junior Women    | 6:55:31 |
| 48. | James Jones       |                | Men 35-39 4     | 6:55:54 |
| 49. | Sarah Cain        |                | Women 40-44     | 6:56:40 |
| 50. | Chris Till        |                | Men 50-54       | 6:59:06 |
| 51. | Scott St. John    |                | Men 45-49       | 6:59:12 |
| 52. | Steven Welsh      |                | Men 55-59       | 6:59:24 |
| 53. | Abbie Cooke       |                | Senior Women    | 7:03:15 |
| 54. | Michael Gillen    |                | Men 50-54       | 7:07:35 |
| 55. | Tiffany Bell      |                | Senior Women    | 7:08:11 |
| 56. | Emma Bell Senior  |                | Women           | 7:08:14 |
| 57. | Angela Corkish    | IOMVAC         | Women over 60   | 7:08:15 |
| 58. | Colin S. Moore I  | OMVAC          | Men 55-59       | 7:08:41 |
| 59. | Anita Parnell     |                | Women 45-49     | 7:09:42 |
| 60. | Miriam Garlick    |                | Women 35-39     | 7:09:43 |
| 61. | Pauline Taylor    |                | Women 50-54     | 7:10:33 |
| 62. | Carole Kelly      |                | Women 45-49     | 7:10:35 |
| 63. | Mark Cain         |                | Senior Men      | 7:12:22 |
| 64. | Lucy McDowell     |                | Women 35-39     | 7:13:25 |
| 65. | Sharon Page       |                | Women 45-49     | 7:13:25 |
| 66. | Amy Dunne         |                | Women 35-39     | 7:15:31 |
| 67. | Ewelina Majewska  |                | Senior Women    | 7:15:31 |
| 68. | Jane Oates        |                | Women 35-39     | 7:15:32 |
| 69. | Chris Phillips    |                | Women 40-44     | 7:17:33 |
| 70. | Kate Condon       |                | Women 35-39     | 7:17:33 |
| 71. | Barbara Watt      |                | Women 35-39     | 7:17:50 |
| 72. | Chrissy Lewis     | NAC            | Women 40-44     | 7:18:34 |
| 73. | Nadine Cowin      |                | Senior Women    | 7:18:34 |
| 74. | Louise Kneen      |                | Senior Women    | 7:25:13 |
| 75. | Bethany Kaneen    |                | Senior Women    | 7:28:16 |
| 76. | Siobhan Golding   |                | Senior Women    | 7:31:24 |
| 77. | Gordon Erskine    |                | Men over 60     | 7:31:33 |
| 78. | Lydia Barbara     |                | Women 35-39     | 7:31:33 |
| 79. | Catherine Healy   |                | Women 45-49     | 7:31:46 |
| 80. | Nucharee Burridge |                | Women 50-54     | 7:33:11 |
| 81. | Dermot O'Toole    |                | Men over 60     | 7:36:37 |
| 82. | Anne Dudley       |                | Women 40-44     | 7:36:37 |
| 83. | Anee Du Toit      |                | Senior Women    | 7:44:32 |
| 84. | Liz Moore         |                | Senior Women    | 7:44:33 |
| 85. | Kate Teare        |                | Women 35-39     | 7:44:46 |
| 86. | Mandy Hewes       |                | Women 45-49     | 7:45:40 |
| 87. | Catherine Jackson |                | Women 50-54     | 7:49:22 |
| 88. | Aishling Creer    |                | Women 45-49     | 7:49:38 |
| 89. | Thenral Anand     |                | Women 35-39     | 7:51:17 |
| 90. | Paul Quayle       | Peel Mtn Bike  | Men 45-49       | 7:51:19 |
| 91. | Mike Horne        |                | Men 45-49       | 7:51:20 |
| 92. | Tim Perry         |                | Men 45-49       | 7:52:18 |
| 93. | Vicki Black-Leigh |                | Senior Women    | 7:52:54 |
| 94. | Chloe Makin       |                | Senior Women    | 7:57:21 |
| 95. | Verity Almond     |                | Junior Women    | 7:57:22 |
| 96. | Steve Curtis      |                | Men over 60     | 8:21:17 |

**Those who stopped at Bride**

|              |           |         |     |
|--------------|-----------|---------|-----|
| Terry Moffat | Men 55-59 | 3:40:25 | DNF |
| Mark Hemsall | Men 50-54 | 3:54:43 | DNF |

|                      |            |              |         |     |
|----------------------|------------|--------------|---------|-----|
| Sally Rothwell Caley | Western AC | Women 45-49  | 3:56:17 | DNF |
| Sharon Cain          | Western AC | Women 45-49  | 4:13:43 | DNF |
| William Brown        |            | Senior Men   | 4:24:24 | DNF |
| Jeremy Theobald      |            | Men 45-49    | 4:25:18 | DNF |
| Helen Callow         |            | Women 35-39  | 4:33:05 | DNF |
| Hannah Duke          |            | Senior Women | 4:40:03 | DNF |
| Helen Newbery        |            | Women 40-44  | 4:40:04 | DNF |
| Emma Linley          |            | Women 35-39  | 4:44:53 | DNF |
| Phil Brown           |            | Men 50-54    | 4:57:44 | DNF |
| Nikki Norris         |            | Women 35-39  | 5:28:46 | DNF |
| Hayley Jordan        |            | Senior Women | 5:35:42 | DNF |
| Kelly Erdbeer        |            | Senior Women | 5:35:48 | DNF |

#### Those who stopped at Kirk Michael

|                       |               |              |         |     |
|-----------------------|---------------|--------------|---------|-----|
| James Quirk           | Manx Harriers | Men 45-49 15 | 1:07:28 | DNF |
| Nicola Raven          | Manx Harriers | Women 55-59  | 1:18:43 | DNF |
| Voirrey Earnshaw-Cain | Northern A/C  | Women 50-54  | 1:23:06 | DNF |
| Ramsey Richardson     |               | Men 45-49    | 1:24:35 | DNF |
| Alan Shea             |               | Men 50-54    | 1:27:39 | DNF |
| Ellan Kelly           |               | Women 35-39  | 1:28:23 | DNF |
| Robbie Stockton       |               | Men over 60  | 1:29:40 | DNF |
| Laura Corlett         |               | Women 45-49  | 1:31:42 | DNF |
| Helen Green           |               | Women 35-39  | 1:35:13 | DNF |
| Emma Gelling          |               | Women 40-44  | 1:37:07 | DNF |
| Peter MacGregor       |               | Men 45-49    | 1:37:24 | DNF |
| Abbie Quirk           |               | Senior Women | 1:41:28 | DNF |
| Rebecca Cowley        |               | Senior Women | 1:43:43 | DNF |
| Sarah Olsen           |               | Women 40-44  | 1:51:24 | DNF |

### CECIL GITTINS MEMORIAL WALKS, CYCLOPARK, GRAVESEND, SUNDAY 14 APRIL

Now to London for the latest Enfield Race Walking League fixture, which was held in conjunction with the Veterans AC.

#### 2.5km Walk

|    |                  |      |                        |       |
|----|------------------|------|------------------------|-------|
| 1. | Abigail Smith    | U15G | Blackheath & Bromley H | 15.02 |
| 2. | Charlotte Wallis | U15G | AFD                    | 15.43 |
| 3. | Millie Morris    | U17G | Medway & Maidstone     | 15.45 |
| 4. | Katie Brash      | U13G | Blackheath & Bromley H | 16.33 |

#### 5km Walk

|    |                 |     |                    |       |
|----|-----------------|-----|--------------------|-------|
| 1. | Linda Mountford | W50 | unattached         | 32.32 |
| 2. | Val Mountford   | W70 | unattached         | 43.24 |
| 1. | Peter Hannell   | M75 | Surrey WC          | 36.24 |
| 2. | Chris Edwards   | M65 | Surrey WC          | 37.05 |
| 3. | Dave Ainsworth  | M65 | Ilford             | 44.28 |
| 4. | Ken Livermore   | M85 | Enfield & Haringey | 44.40 |

#### 10km Walk

|     |                        |      |                        |       |
|-----|------------------------|------|------------------------|-------|
| 1.  | Helen Middleton        | W55  | Enfield & Hanningey    | 61.29 |
| 2.  | Melanie Peddle         | W45  | loughton               | 63.00 |
| 3.  | Jacqueline Sensan      | U20W | Ashford                | 65.11 |
| 4.  | Andrea Ingram          | W55  | lewes                  | 65.53 |
| 5.  | Fiona Bishop           | W55  | Woking                 | 68.09 |
| 6.  | Janice Bentley Pearson | W55  | Ilford                 | 70.46 |
| 7.  | Rachel Lawless         | W55  | Ilford                 | 73.56 |
| 8.  | Angela Martin          | W50  | Surrey WC              | 74.30 |
| 9.  | Anne Scurfield         | WSO  | Ilford                 | 77.38 |
| 10. | Lesley Moitis          | W55  | Ilford                 | 77.37 |
|     | Maddy Shott            | SW   | Belgrave               | DNF   |
| 1.  | Francisco Reis         | M55  | Thames Valley Harriers | 50.45 |
| 2.  | David Crane            | M40  | Surrey WC              | 52.34 |
| 3.  | Seb Parris             | SM   | Ilford                 | 56.57 |
| 4.  | Malcolm Martin         | M60  | Surrey WC              | 57.25 |
| 5.  | Ollie Hopkins          | U20M | lewes                  | 57.38 |
| 6.  | Chris Hobbs            | M60  | Ashford                | 57.44 |

|     |                |     |                  |       |
|-----|----------------|-----|------------------|-------|
| 7.  | Martin Fisher  | M55 | RedcarRWC        | 61.20 |
| 8.  | Stuart Bennett | M55 | Ilford           | 63.07 |
| 9.  | Richard Emsley | M65 | Saints & Sinners | 64.37 |
| 10. | Gary Smith     | M60 | Enfield & Hanngy | 65.26 |
| 11. | Andy Cox       | M65 | Hillingdon       | 69.05 |
| 12. | John Borgars   | W70 | loughton         | 69.14 |
| 13. | Chris Flint    | M70 | Surrey WC        | 70.27 |
| 14. | Tom Casserley  | M75 | Enfield & Hanngy | 71.26 |
| 15. | Mick Hanan     | M75 | Surrey WC        | 72.06 |
| 16. | Mark Culshaw   | M50 | Ilford           | 73.57 |
| 17. | David Hoben    | M65 | Surrey WC        | 74.15 |
| 18. | Sean Pender    | M60 | Enfield & Hanngy | 76.37 |

#### 15km Walk

|    |                |      |           |        |
|----|----------------|------|-----------|--------|
| 1. | Angela Martin  | W50  | Surrey WC | 114.06 |
| 1. | Seb Parris     | SM   | Ilford    | 85.24  |
| 2. | Malcolm Martin | M60  | Surrey WC | 85.38  |
| 3. | Ollie Hopkins  | U20M | lewes     | 88.22  |
| 4. | Martin Fisher  | M55  | RedcarRWC | 93.51  |
| 5. | Mark Culshaw   | M50  | Ilford    | 104.28 |
| 6. | Chris Aint     | M70  | Surrey WC | 107.58 |

### MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has 9 press releases this week

- Mon 16 Apr - 7 Russian walkers allowed to compete as authorized neutral athletes+  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3144](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3144)
- Sun 15 Apr - Results of the Balkan race walk Championships in Zrenjanin (SRB)  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3143](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3143)
- Sun 15 Apr - Wajima (JPN): Second day of 102nd 50km Japan Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3142](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3142)
- Sat 14 Apr - Wajima (JPN): First day of 102nd 50km Japan Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3141](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3141)
- Fri 13 Apr - Preview of the 102nd edition of the Japan Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3140](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3140)
- Wed 11 Apr - Congratulations to Italian racewalking coach Patrizio Parcesepe  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3139](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3139)
- Tue 10 Apr - Italian team for World Team Championships in Taicang  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3138](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3138)
- Mon 9 Apr - Christopher Linke and Eleonora Anna Giorgi win in Podebrady  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3137](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3137)
- Sun 8 Apr - Diego Garcia and Qieyang Shenjie win in Rio Maior  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3136](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3136)

and Omarchador has 16 press releases

- Mon 16 Apr - U20 and U18 results from Japanese Champs in Wajima  
<http://omarchador.blogspot.com.au/2018/04/sub-20-e-sub-18-em-wajima-japao.html>
- Mon 16 Apr - Turkey triumphs at the 2018 Balkan Racewalking Championships  
<http://omarchador.blogspot.com.au/2018/04/turquia-triunfa-nos-campeonatos-de.html>
- Sun 15 Apr - Sonoda and Noda win 50km in Wajima, Japan  
<http://omarchador.blogspot.com.au/2018/04/sonoda-e-noda-vencem-50-km-em-wajima.html>
- Sun 15 Apr - Results II Troféu Escola de Marcha Atlética de Pontevedra (Portugal)  
<http://omarchador.blogspot.com.au/2018/04/ii-trofeu-escola-de-marcha-atletica-de.html>

- Sun 15 Apr - IAAF authorizes seven Russian walkers to compete as 'neutral'  
<http://omarchador.blogspot.com.au/2018/04/iaaf-autoriza-sete-marchadores-russos.html>
- Sat 14 Apr - Results of the XXXIII Festival "Professor Ivo da Silva" in Brazil  
<http://omarchador.blogspot.com.au/2018/04/xxxiii-festival-professor-ivo-da-silva.html>
- Sat 14 Apr - Results of the 15th Villa de Zuera in Spain  
<http://omarchador.blogspot.com.au/2018/04/villa-de-zuera-em-15-edicao-resultados.html>
- Sat 14 Apr - Kolothum Thodi expelled from the Commonwealth Games at Gold Coast  
<http://omarchador.blogspot.com.au/2018/04/kolothum-thodi-expulso-dos-jogos-da.html>
- Fri 13 Apr - Serbia hosts the Balkan March Championships this weekend  
<http://omarchador.blogspot.com.au/2018/04/servia-e-palco-dos-campeonatos-de.html>
- Fri 13 Apr - Results of 20,000m track walk in Salinas, Ecuador  
<http://omarchador.blogspot.com.au/2018/04/marcha-integra-provas-do-premio-de.html>
- Fri 13 Apr - Wajima to host the inaugural 50km Women's Walk at the Japanese Championships  
<http://omarchador.blogspot.com.au/2018/04/wajima-na-estreia-dos-campeonatos-do.html>
- Thu 12 Apr - Results of walks in Yverdon-les-Bains, Switzerland  
<http://omarchador.blogspot.com.au/2018/04/portugueses-em-yverdon-les-bains-suica.html>
- Thu 12 Apr - Results of the Austrian 10km Championships in Vienna  
<http://omarchador.blogspot.com.au/2018/04/campeonatos-da-austria-10-km-em-viena.html>
- Wed 11 Apr - Christie and Michta-Coffey win US trials for Taicang-2018  
<http://omarchador.blogspot.com.au/2018/04/christie-e-michta-coffey-vencem-trials.html>
- Wed 11 Apr - Yohann Diniz and Cecile Naze win sixtieth edition of Challenge Facoetti  
<http://omarchador.blogspot.com.au/2018/04/yohann-diniz-e-cecile-naze-vencem.html>
- Tue 10 Apr - Results of Young Promotion Walk in Rio Maior  
<http://omarchador.blogspot.com.au/2018/04/marcha-jovem-de-promocao-em-rio-maior.html>

#### OUT AND ABOUT

- Italy's team for the IAAF World Racewalking Championships is a big one and includes **Mariavittoria Becchetti** in the inaugural women's 50km. Great stuff!: See [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3138](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3138)
- Well done to the 5 GBR walkers selected to compete in the IAAF World Race Walking Team Championships in Taicang next month:
  - 20km Men: **Tom Bosworth, Callum Wilkinson**
  - 20km Women: **Bethan Davies, Gemma Bridge, Heather Lewis**
- Bad luck for Swedish walker **Remo Karlström** who was aiming to qualify for the 50km World Cup team in China in Eskilstuna on Saturday. The race was over 35km and the required time was 2:55:00. The field included his brothers **Ato Ibanez** and **Perseus Karlström**. Although suffering from stomach issues, Remo was on target for the first 25km but was forced to stop several times in the final laps and slowed to 2:59:26. Ato and Perseus finished the 35km in 2:51:25, Persey then continuing on to 40km as a final hitout before the World Cup. It is disappointing for Remo to get so close. I think it would have been a first to have 3 brothers in the one walking team! Next time!
- I'm excited to see that USA 50km walker **Erin Taylor-Talcott** will be in the field which contests the 2018 Paris-Alsace classic in late May. This is the longest of the European ultra walk classics and the most famous, with women walking over 200km and men walking over 300km. You can support Erin by buying one of her fundraising tee shirts. See <https://www.facebook.com/oobassoon/posts/10155191593292511>.
- Perhaps we now know why the International Biathlon Union (IBU) has been so supportive of Russia in recent years and why it decided to keep the IBU World Cup Finals in the Russian resort of Tyumen despite the doping scandal in the country. Teams from Ukraine, Czech Republic, Canada, USA and Great Britain all boycotted the event but it went ahead anyway last month. The Austrian Federal Criminal Police executed a property search under warrant, at the IBU Headquarters last Tuesday. The search is linked to the investigation focusing on IBU President Anders Besseberg and IBU Secretary General Nicole Resch who are alleged to have taken big cash payments from Russian authorities in order to cover up positive doping tests ahead of the Sochi Olympics. Just how much money can be stuffed into a suitcase? We may soon



know. See [http://mobile.lemonde.fr/sport/article/2018/04/11/how-russia-bought-the-international-biathlon-union\\_5284117\\_3242.html?xtref=https://t.co/QO0nE1ZPDj](http://mobile.lemonde.fr/sport/article/2018/04/11/how-russia-bought-the-international-biathlon-union_5284117_3242.html?xtref=https://t.co/QO0nE1ZPDj).

- And it got worse for the IBU a few days later with the net now spreading and up to 12 people being investigated. See <https://antidopingworld.wordpress.com/2018/04/16/12-people-suspected-in-biathlon/>. And surprise surprise – some of them may be Russians. Why am I not surprised.
- Nations with a persistent record of doping in weightlifting are being made to pay in tough new measures announced by the sport's governing body, the International Weightlifting Federation (IWF). While "clean" countries can qualify up to eight athletes for the 2020 Olympic Games in Tokyo, the worst offenders during the most troubled period of the sport's history will be allowed to send only two. Those who will pay the biggest cost, losing six of the Olympic places they could have had with a clean doping record, are Russia, Kazakhstan, Armenia, Azerbaijan and Belarus. Several more nations, including Iran, India and Bulgaria, will be restricted to teams of four under the IWF's new Olympic Qualifying Policy, which has been approved by the IOC. See [https://www.insidethegames.biz/articles/1063889/crackdown-on-dopers-means-only-two-tokyo-2020-weightlifting-slots-for-russia-kazakhstan-and-others#.WtCTx\\_LPAKs.twitter](https://www.insidethegames.biz/articles/1063889/crackdown-on-dopers-means-only-two-tokyo-2020-weightlifting-slots-for-russia-kazakhstan-and-others#.WtCTx_LPAKs.twitter).
- Indian racewalker **Irfan Kolothum Thodi** is one of two Indian athletes sent home from the Commonwealth Games in Queensland after a syringe was found in their room. See <http://www.abc.net.au/news/2018-04-13/indian-athletes-kicked-out-of-commonwealth-games-over-syringe/9652994>.
- Sadly, The IAAF Doping Review Board has allowed more Russian athletes to compete in international competition as neutral athletes in 2018. The latest announcement, on Thursday (see <https://www.iaaf.org/news/press-release/russian-athletes-2018>) allows 7 walkers back - Sergey Shirobokov, Vasilii Mizinov, Sergey Sharypov, Klavdiia Afanaseva, Olga Eliseeva, Yana Smerdova and Yuliya Lipanova. I think my thoughts on Russian racewalking are well known!

## TAICANG 2018 SERIES - FOCUS ON THE 50 KILOMETRE WALK

Another of our feature articles on the 50km by Paul DeMeester. Thanks Paul!

### THE RACE WALK REVENUE RIVER RUNNETH DRY

By Paul F. DeMeester

#### **Free Admission**

Spending a full day on London's Mall - between Buckingham Palace and the Admiralty Arch - on the second Sunday of last year's summer month of August, to watch all of the London Worlds race walks was splendid. What a treat, in more ways than one. A world record (Inês Henriques), a masterful Yohann Diniz performance and thrilling 20K races made for a perfect day. The weather cooperated; not always a given in England, even in summer. To top it all off, this treat was exactly that: free of charge.

#### **Once Upon a Time ...**

Newsflash: IAAF, headed by an English Lord who himself won Olympic gold as a runner, sticks up for 50km Race Walk Event. If this was a trivia question, two answers would be correct to the question who that Lord was. In the mid-70s, Lord Burghley, the 1928 Olympic champion 400m hurdles, headed up the IAAF when the Olympic Committee axed the 50K from the Montreal Olympics. Lord Burghley's IAAF organized a World Championship 50K race in September of 1976 to make up for the Olympic deficit (Burghley had retired by race day). Thirty-one years on, another golden Olympic Lord presiding over the IAAF, Seb Coe, turned back an effort to cut the 50K at the 2020 Tokyo Olympics.

But much has changed since 1976. Back then, the first 'A' in IAAF stood for "Amateur." The term might as well have applied to the organization itself. The years 1976 and 2017 are worlds apart. Lord Burghley's reign ended prior to what Owen Gibson of The Guardian called "the marriage between sport and commerce that led indirectly to the spiraling crises at FIFA and the IAAF." (See <https://www.theguardian.com/sport/2016/jan/16/sebastian-coe-iaaf-dick-pound-wada-lamine-diack>.)

Currently, the U.S. Department of Justice, through its Brooklyn, New York, federal prosecutor's office, is investigating the IAAF for its award of the 2019 (Doha) and 2021 (Eugene) World Championships. The same office obtained corruption convictions against some FIFA officials late last year. The current inquiry is exploring possible racketeering, money laundering and fraud charges, according to a subpoena reviewed by the New York Times. (NYT, Jan. 31, 2018, "Justice Dept. Escalates Inquiry of Global Sports Corruption.")

#### **Sea Change Is All About Money**

Televising sporting events has made a world of difference. Bernie Ecclestone understood that in Formula One auto racing and promptly became a billionaire. The International Olympic Committee (IOC) is right up there with him. The 1984 Los Angeles Olympics were a triumph of profit and a roadmap for the IOC on how to capitalize on its exclusive property. The Olympic Movement has been a cash cow since, maybe not to local organizers and host cities, but certainly to the IOC. The IAAF, responsible

for the prime Olympic athletics program, benefits from this largesse. This Olympic bankroll has also served as a clue to the IAAF, which has become heavily involved in all kinds of meets since Lord Burghley left the presidency, like the World Athletics Championships, the World Indoor Championships, the World U20 Championships, the World U18 Championships, the Continental Cup, the World Cross Country Championships, the World Race Walking Team Championships, the World Half Marathon Championships, the World Relays, the Diamond League, the Label Road Races, the Combined Events Challenge, the Race Walking Challenge, the Hammer Throw Challenge and the Cross Country Permit Race.

All of these involve some type of bidding process and media rights, although I somehow doubt that the race walking and hammer throw events are making the IAAF accountant laugh all the way to the bank. At the other end of the spectrum, Usain Bolt did fill the stadium seats at last year's London Worlds. If only the IAAF had subpoena power to force him to appear and run at future meets, the television rights might keep their Bolt premium price tag.

Let's face it, not only does race walking not put gate money in the coffers of the IAAF, but the 20 and 50K just don't give the IAAF negotiators much leverage in broadcast rights dealmaking compared to the likes of Bolt and company. Instead, it may cost the IAAF money to stage those pesky four to five-hour races called the 50K.

### **Once Upon a Time ... Take Two**

It wasn't always that way. Back in the 1870s and 1880s, "pedestrianism" was the most popular sport in the United States. Madison Square Garden gained its first fame when full houses watched men and women walk hundreds of miles for up to six days straight. The winners would take home purses of up to U.S. \$425,000 in today's currency. Matthew Algeo described the history of these early long-distance walkers in his book *Pedestrianism, When Watching People Walk Was America's Favorite Spectator Sport* (2014 Chicago Review Press). Two decades later, this heyday was over. What contributed to its eventual downfall, according to Algeo, was that the sport "had no central governing authority." (Id., at 217.)

Ironic that in today's climate, we have a central governing authority but it is precisely the entity that wants to eliminate the 50K. The marriage of sport and commerce has something to do with it. Abolishing the 50K would be unthinkable if Yohann Diniz was as popular as Usain Bolt. Don't expect the IAAF to admit that money drives their abolitionist resolve, however. In the run-up to last year's April 2017 IAAF Council decision at which the proposed 50K cut was up for a vote, three reasons were proffered for eliminating the 50K: the lack of broadcast interest; doping; and the lack of gender equality.

Abby Hoffman, the Canadian IAAF Council Member, 4-time Olympian (1964-1976), who led the fight for gender equality in sports even as a teen, had the best retort to the broadcast argument: "Did you watch the Rio 50K?" The second reason, doping, is not unique to race walking. I doubt that the IAAF Council is scheduling a vote to abolish the 4x100m relay because Bolt and his teammates had to hand back their relay gold when one of them was caught doping. With respect to the third reason, if it had been up to IAAF staff and the race walk committee, a women's 50K would have never happened; so much the easier it would have been to explain the 50 abolition as a gesture to assuage Olympic gender equity concerns. Had it not been for this publication's editor and a courageous U.S. woman 50K walker named Erin Taylor-Talcott, the plot might have succeeded.

### **Money, Money, Money**

Why then are forces within the IAAF so set on cutting the 50K? How is it that the IAAF of 1976 - which stood up for the 50K, and helped usher in its return to Olympic competition four years later - became the force against the distance in 2017? The only inferential reason is money. Without gate receipts or huge ad contracts, the 50K is not an easy fit in this marriage of sport and commerce.

The 50K is all about sports and athleticism. Unfortunately, the IAAF doesn't have much use for that anymore, unless it fills the coffers. The Olympics and the World Championships are big business. IAAF headquarters are now in Monaco, from where staff jet set across the world to check on all those meets to which the IAAF lends its name. The athletic program has become secondary to corporate sponsorship and conducting marketing surveys. The IAAF head office has become a travel agency for its leaders, staff and consultants. No surprise then that the program events are subject to change based on what will sell at any particular time, what fad is in or what might capture the fleeting attention of the channel surfer. Forget athletics. This is P.T. Barnum.

Forgotten in this money scheme is how little race walking actually costs athletes and organizers alike. A 50K does not need a stadium, a building that often turns into a white elephant after the Olympians pack up and leave. The biggest equipment expense for the walker is her or his shoes. Televising race walks is much easier than filming the marathon as nowadays, race walks are conducted on a 2km course. Moreover, the sport translates easily to a handy skill in daily life: getting from one place to another on foot. Which in turn is good for one's health. On top of that, it's a discipline that can be practiced anywhere in the world by young and old. Jesús Angel García Bragado walked the 50K at seven Olympics (1992-2016) and 12 World Championships (1993-2015). Last month, at age 48, he still climbed the podium in the Spanish National 50km Championship, and he will be part of his national Taicang 50K team next month. At the other end of the age spectrum, the two Chinese women who won silver and bronze at the inaugural Women's 50K World Championships in London last year, Yin Hang and Yang Shuqing, were only twenty when they medaled.

### **What the IAAF Should Be Doing**

When IAAF President Seb Coe appeared before a British House of Commons committee in December of 2015, he described the U.S. as "the largest sports market," noting that "it is a country where our sport has struggled." (House of Commons Culture, Media and Sport Committee; Oral Evidence: "Blood Doping in Athletics," 2 December 2015, Q381.) What stands out about the current top two

U.S. women's 20K walkers is that both Maria Michta-Coffey and Miranda Melville are products of the New York State high school sports system in which race walking is included for girls (but ironically, not for boys). Looking after athletics in schools in a market like the U.S. (or anywhere else where organized sports are part of school life), as well as helping promote mass walks practiced in many countries, constitute two easy ways of developing the sport, besides of course, sticking up for all components of athletics, including the 50K. To their credit, the Taicang organizers have a mass race walk scheduled at the beginning of the race weekend.

**Conclusion: Get Back to Basics**

The IAAF has tried to show the 50K the door because it may not be as lucrative as other events. But that love of money has brought a new set of visitors to the door: criminal investigators and prosecutors wielding subpoenas. It's not too late for Lord Coe's IAAF to shut the door on money-driven practices and have an open door for long-distance walkers.

**TIME FOR OUR ANNUAL RACEWALKING VICTORIA UNIFORM ORDER**

All Racewalking Victoria walkers must wear official RWV uniform in the LBG Carnival in Canberra in June. We need to finalise our order by **Saturday 5 May**. I will add a few extra items to the order in case your sizing guess is not quite right. It's all online – you place your order for hoodies or crop tops or bike shorts at <http://vrwc.org.au/wp1/rwv-uniforms/>. You don't need to order singlets as we have plenty of them on stock at our clubrooms.



**HEEL & TOE 2018 WORLD RANKING LISTS – 50KM**

Thanks to **Paul DeMeester** for his latest update to the 50km World Ranking Lists for 2018, adding in the 50km results from last weekend's Japanese Championships. The lists are now growing quite large, and do not even include the many women who have completed 35km walks this year, to qualify for the 50km championships later in the year. It is wonderful to see such world wide participation. This is what is required to ensure the event continues at the international level.

And stop press – with the 50km just completed on the Isle of Man last Sunday, with 96 finishers, the lists are about to explode numerically. More next week.

**Women's 50km Performances 2018 (through April 15, 2018)**

|     |                                 |     |         |                   |
|-----|---------------------------------|-----|---------|-------------------|
| 1.  | Julia Takacs Nyerges            | ESP | 4:13:04 | Burjassot 2/25/18 |
| 2.  | Maria Czakova                   | SVK | 4:14:25 | Dudince 3/24/18   |
| 3.  | Ainhoa Pinedo Gonzalez          | ESP | 4:18:56 | Burjassot 2/25/18 |
| 4.  | Magaly Beatriz Bonilla Solis    | ECU | 4:19:43 | Sucua 3/10/18     |
| 5.  | Johanna Edelmira Ordonez Lucero | ECU | 4:28:58 | Sucua 3/10/18     |
| 6.  | Serena Sonoda                   | JPN | 4:31:52 | Wajima 4/15/18    |
| 7.  | Agnieszka Ellward               | POL | 4:32:47 | Dudince 3/24/18   |
| 8.  | Erika Jazmine Morales Cruz      | MEX | 4:32:53 | Monterrey 2/25/18 |
| 9.  | Nair da Rosa                    | BRA | 4:38:48 | Sucua 3/10/18     |
| 10. | Nami Kumagai                    | JPN | 4:39:01 | Wajima 4/15/18    |
| 11. | Nikolitsa Andreopoulou          | GRE | 4:41:44 | Dudince 3/24/18   |
| 12. | Yocy Caballero Huaman           | PER | 4:42:37 | Sucua 3/10/18     |
| 13. | Joanna Bemowska                 | POL | 4:43:48 | Dudince 3/24/18   |
| 14. | Natsuma Kuramara                | JPN | 4:44:45 | Wajima 4/15/18    |
| 15. | Mariela Sanchez Teran           | MEX | 4:46:12 | Santee 1/20/18    |
| 16. | Ivana Renic                     | CRO | 4:46:27 | Dudince 3/24/18   |
| 17. | Katie Burnett                   | USA | 4:47:50 | Santee 1/20/18    |
| 18. | Chiaki Yamato                   | JPN | 4:48:46 | Wajima 4/15/18    |
| 19. | Maria Dolores Marcos Valero     | ESP | 4:53:38 | Burjassot 2/25/18 |
| 20. | Akane Tamaki                    | JPN | 4:53:50 | Wajima 4/15/18    |

|     |                                      |     |         |                     |
|-----|--------------------------------------|-----|---------|---------------------|
| 21. | Erin Taylor-Talcott                  | USA | 4:54:39 | Monterrey 2/25/18   |
| 22. | Miriam de Jesus Gutierrez Arichavala | ECU | 4:54:54 | Sucua 3/10/18       |
| 23. | Angeliki Makri                       | GRE | 4:56:00 | Marathon 1/14/18    |
| 24. | Lizbeth Silva Miranda                | MEX | 4:58:41 | Monterrey 2/25/18   |
| 25. | Anett Torma                          | HUN | 4:59:55 | Santee 1/20/18      |
| 26. | Myriam Cartagena Bonilla             | ECU | 5:02:51 | Sucua 3/10/18       |
| 27. | Olga Cabrera Ysas                    | ESP | 5:06:13 | Burjassot 2/25/18   |
| 28. | Mari Takeuchi                        | JPN | 5:06:18 | Wajima 4/15/18      |
| 29. | Sandra Silva                         | POR | 5:08:13 | Porto de Mos 1/7/18 |
| 30. | Molly Jade Davey                     | GBR | 5:08:17 | Dudince 3/24/18     |
| 31. | Miyabi Kurihara                      | JPN | 5:08:53 | Wajima 4/15/18      |
| 32. | Tahirachiho                          | JPN | 5:17:05 | Wajima 4/15/18      |
| 33. | Morgane Ausello                      | FRA | 5:18:07 | Merignac 3/18/18    |
| 34. | Teresa Vaill                         | USA | 5:29:29 | Santee 1/20/18      |
| 35. | Efstathia Kourkoutsaki               | GRE | 5:34:21 | Marathon 1/14/18    |
| 36. | Zoe Korkou                           | GRE | 5:34:29 | Marathon 1/14/18    |
| 37. | Susan Brooke                         | CAN | 5:42:54 | Santee 1/20/18      |
| 38. | Elisabeth Cardeillac                 | FRA | 5:44:43 | Merignac 3/18/18    |
| 39. | Aura Libertad Morales Alvarez        | MEX | 5:46:47 | Monterrey 2/25/18   |
| 40. | Casandra Milenka Nieto Linares       | BOL | 5:48:56 | Monterrey 2/25/18   |
| 41. | Billie Kwok                          | HKG | 6:14:05 | Hong Kong 1/1/18    |
| 42. | Adele Ropers                         | FRA | 6:17:02 | Merignac 3/18/18    |
| 43. | Wendy Choi                           | HKG | 6:24:17 | Hong Kong 1/1/18    |
| 44. | Claudine Anxionnat                   | FRA | 6:26:35 | Merignac 3/18/18    |
| 45. | Linda Fung                           | HKG | 6:28:33 | Hong Kong 1/1/18    |
| 46. | Darlene Backlund                     | USA | 7:09:44 | Santee 1/20/18      |
| 47. | Jamie Fiddler                        | USA | 7:22:47 | Santee 1/20/18      |

These 47 walkers represent 18 member federations from four Areas.

#### Men's 50km Performances 2018 (as of April 15, 2018)

|     |                                    |     |         |                        |
|-----|------------------------------------|-----|---------|------------------------|
| 1.  | Matej Toth                         | SVK | 3:42:46 | Dudince 3/24/18        |
| 2.  | Veli-Matti Partanen                | FIN | 3:44:43 | Dudince 3/24/18        |
| 3.  | Tomohiro Noda                      | JPN | 3:45:56 | Wajima 4/15/18         |
| 4.  | Cristian Andres Choco Leon         | ECU | 3:50:27 | Monterrey 2/25/18      |
| 5.  | Takayuki Tanii                     | JPN | 3:52:33 | Wajima 4/15/18         |
| 6.  | Jose Leyver Ojedo Blas             | MEX | 3:53:37 | Monterrey 2/25/18      |
| 7.  | Jarkko Kinnunen                    | FIN | 3:54:26 | Dudince 3/24/18        |
| 8.  | Jose Leonardo Montana              | COL | 3:55:48 | Dudince 3/24/18        |
| 9.  | Marc Tur Pico                      | ESP | 3:56:05 | Burjassot 2/25/18      |
| 10. | Sandeep Kumar                      | IND | 3:56:40 | New Delhi 2/17/18      |
| 11. | Omar Zepeda                        | MEX | 3:57:31 | Monterrey 2/25/18      |
| 12. | Bernardo Uriel Barrondo Garcia     | GUA | 3:57:33 | Campo de Marte 2/10/18 |
| 13. | Benjamin Sanchez Bermejo           | ESP | 3:57:34 | Burjassot 2/25/18      |
| 14. | Shuto Goto                         | JPN | 3:57:57 | Wajima 4/15/18         |
| 15. | Artur Mastianica                   | LTU | 3:58:33 | Burjassot 2/25/18      |
| 16. | Jesus Angel Garcia Bragado         | ESP | 3:58:37 | Burjassot 2/25/18      |
| 17. | Jitendra Singh Rathore             | IND | 3:58:56 | New Delhi 2/17/18      |
| 18. | Arnis Rumbenieks                   | LAT | 4:00:06 | Dudince 3/24/18        |
| 19. | S Damen Singh                      | IND | 4:00:35 | New Delhi 2/17/18      |
| 20. | Tadas Suskevicius                  | LTU | 4:00:40 | Dudince 3/24/18        |
| 21. | David Christian Berdeja Villalobos | MEX | 4:00:45 | Monterrey 2/25/18      |
| 22. | Chandan Singh                      | IND | 4:00:58 | New Delhi 2/17/18      |
| 23. | Dusan Majdan                       | SVK | 4:01:15 | Dudince 3/24/18        |
| 24. | Luis Amauri Bustamante Franco      | MEX | 4:01:24 | Monterrey 2/25/18      |
| 25. | Horacio Nava Reza                  | MEX | 4:02:28 | Monterrey 2/25/18      |
| 26. | Yuki Yamazaki                      | JPN | 4:03:09 | Wajima 4/15/18         |
| 27. | Lukas Gdula                        | CZE | 4:03:39 | Dudince 3/24/18        |
| 28. | James Aurelio Rendon Villegas      | COL | 4:03:42 | Sucua 3/10/18          |
| 29. | Pablo Oliva Requena                | ESP | 4:05:43 | Burjassot 2/25/18      |
| 30. | Katsuya Ishii                      | JPN | 4:05:46 | Wajima 4/15/18         |
| 31. | Bence Barnabas Venyercsan          | HUN | 4:05:54 | Dudince 3/24/18        |
| 32. | Tomofumi Kanno                     | JPN | 4:06:32 | Wajima 4/15/18         |
| 33. | Dominic King                       | GBR | 4:06:34 | Dudince 3/24/18        |
| 34. | David Gerardo Velasquez Caiza      | ECU | 4:07:47 | Sucua 3/10/18          |
| 35. | Daniel King                        | GBR | 4:08:16 | Dudince 3/24/18        |
| 36. | Tatsuya Tanaka                     | JPN | 4:09:22 | Wajima 4/15/18         |
| 37. | Nick Christie                      | USA | 4:09:32 | Santee 1/20/18         |

|      |                                      |     |         |                        |
|------|--------------------------------------|-----|---------|------------------------|
| 38.  | Jyoti Tawtya                         | IND | 4:09:43 | New Delhi 2/17/18      |
| 39.  | Higumatakafumi                       | JPN | 4:11:03 | Wajima 4/15/18         |
| 40.  | Israel Aymar Celi                    | ECU | 4:11:04 | Burjassot 2/25/18      |
| 41.  | Jorge Alejandro Martinez Baez        | MEX | 4:11:10 | Monterrey 2/25/18      |
| 42.  | Pedro Isidro                         | POR | 4:11:25 | Porto de Mos 1/7/18    |
| 43.  | Matthew Forgues                      | USA | 4:11:43 | Monterrey 2/25/18      |
| 44.  | Jurgen Everhard Grave Chavez         | GUA | 4:11:50 | Campo de Marte 2/10/18 |
| 45.  | Bruno Erent                          | CRO | 4:12:22 | Dudince 3/24/18        |
| 46.  | Jiayu Luo                            | CHN | 4:12:31 | Huangshan 3/4/18       |
| 47.  | Darwin Fernando Leon Tenesaca        | ECU | 4:13:12 | Sucua 3/10/18          |
| 48.  | Takane Sato                          | JPN | 4:15:57 | Wajima 4/15/18         |
| 49.  | Diego Flores Espinoza                | MEX | 4:16:19 | Monterrey 2/25/18      |
| 50.  | Luis Campos Cruz                     | PER | 4:17:04 | Sucua 3/10/18          |
| 51.  | Helder dos Santos                    | POR | 4:17:34 | Dudince 3/24/18        |
| 52.  | Naoya Matsuo                         | JPN | 4:17:57 | Wajima 4/15/18         |
| 53.  | Erwin Ernesto Morales Paau           | GUA | 4:18:07 | Campo de Marte 2/10/18 |
| 54.  | Rodrigo Javier Zeballos Pena         | BOL | 4:18:25 | Sucua 3/10/18          |
| 55.  | Claudio Paulino Villanueva Flores    | ECU | 4:19:12 | Sucua 3/10/18          |
| 56.  | Hiroyoshi Murakami                   | JPN | 4:20:44 | Wajima 4/15/18         |
| 57.  | Florian Mayer                        | FRA | 4:21:02 | Merignac 3/18/18       |
| 58.  | David Tokodi                         | HUN | 4:21:14 | Dudince 3/24/18        |
| 59.  | Liangshan Ma                         | CHN | 4:21:16 | Huangshan 3/4/18       |
| 60.  | Francisco Arcilla Aller              | ESP | 4:22:48 | Burjassot 2/25/18      |
| 61.  | Hideaki Miyajima                     | JPN | 4:23:08 | Wajima 4/15/18         |
| 62.  | Xavier Alexander Mena Jara           | ECU | 4:23:25 | Sucua 3/10/18          |
| 63.  | Yutaka Maniwa                        | JPN | 4:23:30 | Wajima 4/15/18         |
| 64.  | Mario Alfonso Bran Granillo          | GUA | 4:24:50 | Campo de Marte 2/10/18 |
| 65.  | Konstantinos Alexandros Ntentopoulos | GRE | 4:24:57 | Marathon 1/14/18       |
| 66.  | Sergio Daniel Sacul Caal             | GUA | 4:25:51 | Campo de Marte 2/10/18 |
| 67.  | Dimitris Tsiordas                    | GRE | 4:26:36 | Marathon 1/14/18       |
| 68.  | Ronald Rey Quispe Misme              | BOL | 4:27:33 | Sucua 3/10/18          |
| 69.  | Jay Prakash Singh                    | IND | 4:28:32 | New Delhi 2/17/18      |
| 70.  | Guichao Cui                          | CHN | 4:28:45 | Huangshan 3/4/18       |
| 71.  | Takahito Otsubo                      | JPN | 4:29:58 | Wajima 4/15/18         |
| 72.  | Sagar S. Joshi                       | IND | 4:31:52 | New Delhi 2/17/18      |
| 73.  | Anjani Kumar Singh                   | IND | 4:32:07 | New Delhi 2/17/18      |
| 74.  | Kostas Stamelos                      | GRE | 4:35:18 | Marathon 1/14/18       |
| 75.  | Hironari Tomatsu                     | JPN | 4:35:23 | Wajima 4/15/18         |
| 76.  | Rafael Ballesteros Garcia            | ESP | 4:35:54 | Burjassot 2/25/18      |
| 77.  | Naohiro Koyama                       | JPN | 4:36:31 | Wajima 4/15/18         |
| 78.  | Jean Blancheteau                     | FRA | 4:37:01 | Merignac 3/18/18       |
| 79.  | Jonathan Hobbs                       | GBR | 4:37:42 | Merignac 3/18/18       |
| 80.  | Jefferson Santiago Imbacuan Paucar   | ECU | 4:38:32 | Sucua 3/10/18          |
| 81.  | Cristiano Antonio                    | POR | 4:39:56 | Porto de Mos 1/7/18    |
| 82.  | Jean-Franck Vanoosthuysse            | FRA | 4:40:04 | Merignac 3/18/18       |
| 83.  | Maxime Faiteau                       | FRA | 4:40:34 | Merignac 3/18/18       |
| 84.  | Luis Angel Sanchez Perez             | GUA | 4:41:12 | Campo de Marte 2/10/18 |
| 85.  | Jose Manuel Gomez Garcia             | ESP | 4:42:08 | Burjassot 2/25/18      |
| 86.  | Som Kumar                            | IND | 4:42:16 | New Delhi 2/17/18      |
| 87.  | Luis Silva                           | POR | 4:44:11 | Porto de Mos 1/7/18    |
| 88.  | Krishna Bind                         | IND | 4:44:49 | New Delhi 2/17/18      |
| 89.  | Anthony Joseph Gruttadauro           | USA | 4:45:15 | Santee 1/20/18         |
| 90.  | David Pueyo Ministral                | ESP | 4:47:42 | Burjassot 2/25/18      |
| 91.  | Ryota Kuroki                         | JPN | 4:48:02 | Wajima 4/15/18         |
| 92.  | Marc Guerrero Plaza                  | ESP | 4:49:00 | Burjassot 2/25/18      |
| 93.  | Tenmaru Hirota                       | JPN | 4:52:46 | Wajima 4/15/18         |
| 94.  | Fabio Urday Salazar                  | PER | 4:52:47 | Sucua 3/10/18          |
| 95.  | Saitouarata                          | JPN | 4:54:29 | Wajima 4/15/18         |
| 96.  | Maxime Cottevieille                  | FRA | 4:54:54 | Merignac 3/18/18       |
| 97.  | Pablo Gomez                          | USA | 4:56:19 | Santee 1/20/18         |
| 98.  | Gerard Guetat                        | FRA | 4:57:28 | Merignac 3/18/18       |
| 99.  | Henrique Santos                      | POR | 4:57:29 | Porto de Mos 1/7/18    |
| 100. | Peter Tichy                          | SVK | 4:57:38 | Dudince 3/24/18        |
| 101. | Dominique Van Hille                  | FRA | 5:00:54 | Merignac 3/18/18       |
| 102. | Daniel Foudjem Ganno                 | CMR | 5:03:21 | Merignac 3/18/18       |
| 103. | Antonio Gonzalez Arrabal             | ESP | 5:04:11 | Burjassot 2/25/18      |
| 104. | Christophe Erard                     | FRA | 5:14:22 | Merignac 3/18/18       |
| 105. | Marc Legentil                        | FRA | 5:15:42 | Merignac 3/18/18       |

|                       |     |         |                  |
|-----------------------|-----|---------|------------------|
| 106. Dave Talcott     | USA | 5:28:40 | Santee 1/20/18   |
| 107. Dimitri Hugon    | FRA | 5:32:41 | Merignac 3/18/18 |
| 108. Peter James Back | SGP | 5:54:26 | Hong Kong 1/1/18 |
| 109. Steve Harper     | USA | 5:57:12 | Santee 1/20/18   |
| 110. Walker Wong      | HKG | 6:03:50 | Hong Kong 1/1/18 |
| 111. Adrian Zamudio   | USA | 6:28:14 | Santee 1/20/18   |
| 112. Chan Wai-on      | HKG | 6:39:01 | Hong Kong 1/1/18 |
| 113. Paul Terbrack    | USA | 7:02:04 | Santee 1/20/18   |

These 113 walkers represent 25 member federations from five Areas.

Paul has analysis the number of finishers, to hone in on the attrition rate for this, the toughest of the athletics disciplines. Not for the faint hearted!

| 50K Attrition Rate 2018 Races |         | Men             | Women          |
|-------------------------------|---------|-----------------|----------------|
| Hong Kong                     | 1/01/18 | 1/4             | 2/5            |
| Porto de Mos                  | 1/07/18 | 4/9             | 0/1            |
| Marathonas                    | 1/15/18 | 3/6             | 3/7            |
| Santee                        | 1/20/18 | 2/11            | 2/10           |
| Campo de Marte                | 2/10/18 | 0/6             | -              |
| New Delhi                     | 2/17/18 | 9/19            | -              |
| Burjassot                     | 2/25/18 | 16/28           | 7/11           |
| Monterrey                     | 2/25/18 | 6/15            | 1/6            |
| Huangshan                     | 3/04/18 | 9/12            | -              |
| Sucua                         | 3/10/18 | 3/13            | 0/6            |
| Merignac                      | 3/18/18 | 5/17            | 0/4            |
| Dudince                       | 3/24/18 | 10/2            | 2/9            |
| Wajima                        | 4/15/18 | 6/25            | 1/9            |
| Subtotals                     |         | 74/190<br>38.9% | 18/68<br>26.5% |

Summary:: Overall, 92 out of 258 starters did not complete their race (35.7%). Four athletes (Erin Taylor-Talcott; Jonathan Hobbs; Nikolitsa Andreopolou and Angeliki Makri) completed the distance twice. Two walkers (Mariela Sanchez and Konstantinos Alexandros Ntentopoulos) each started two races, finishing one.

### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

#### Australian/Victorian Key Dates – 2018

|                     |  |
|---------------------|--|
| Apr 21-22, 2018     | Australian Centurions 24 Hour Qualifying Race, Harold Stevens Athletics Track, Coburg, VIC   |
| Apr 28-29, 2018     | Australian Little Athletics Championships, Gold Coast, QLD   |
| Apr 26-29, 2018     | Australian Masters T&F Championships, Perth, WA. See <a href="http://www.mastersathleticswa.org/perth2018/">http://www.mastersathleticswa.org/perth2018/</a> |
| June 10 (Sun), 2018 | Lake Burley Griffin Carnival, Stromlo Forest Park, Canberra, ACT   |
| Aug 5 (Sun), 2018   | Australian Masters 20km Championships, Adelaide, SA  |
| Aug 26 (Sun), 2018  | Australian Roadwalk Championships, Sunshine Coast, QLD (TBC)   |

#### 2018 Remaining IAAF Racewalking Challenge Events

|                 |  |
|-----------------|--|
| May 5-6, 2018   | Cat A IAAF World Race Walking Team Championships, Taicang, CHN   |
| May 26, 2018    | Cat B XXXII Gran Premio Cantones de La Coruña, La Coruña, ESP    |
| Sep 23-26, 2018 | Cat B Around Taihu International Race Walking 2018, Wuzhong, CHN |

#### International Dates – 2018 and onwards

|                    |  |
|--------------------|--|
| Apr 28 (Sat), 2018 | International Walks Meet and Mikenas Memorial, Birstonas, LTU  |
| May 5-6, 2018      | <b>28<sup>th</sup> IAAF World Race Walking Team Championships</b> , Taicang. See <a href="http://www.taicang2018.org.cn/">http://www.taicang2018.org.cn/</a> . |
| May 9-11, 2018     | Melanesian Regional Championships, Port Vila, Vanuatu (AA team - U18 walks)  |
| Jun 8 (Fri), 2018  | 44 <sup>th</sup> International Racewalking Festival, Alytus, Lithuania   |
| Jun 9 (Sat), 2018  | International Racewalk Meet, Simnas, Lithuania   |
| July 10-15, 2018   | <b>16<sup>th</sup> World Junior T&amp;F Championships</b> , Tampere, Finland   |
| Aug 7-12, 2018     | <b>European Athletics Championships</b> , Berlin, Germany  |
| Sept 4-16, 2018    | <b>22<sup>nd</sup> World Masters Athletics T&amp;F Championships</b> , Malaga, Spain   |
| Mar 24-30, 2019    | <b>World Masters Indoors T&amp;F Championships</b> , Torun, Poland   |
| July 3-14, 2019    | <b>30<sup>th</sup> Summer Universiade</b> , Naples Italy   |
| Aug 30-Sep 7, 2019 | <b>20<sup>th</sup> Oceania Masters T&amp;F Championships</b> , Mackay, Queensland, AUS   |

Sept 28 – Oct 6, 2019 **17<sup>th</sup> IAAF World Championships in Athletics**, Doha, Qatar

May, 2020 **29<sup>th</sup> IAAF World Race Walking Team Championships**, Minsk, Belarrus

July 24 – Aug 9, 2020 **32<sup>nd</sup> Olympic Games**, Tokyo

July 20 – Aug 1, 2020 **23<sup>rd</sup> World Masters T&F Championships**, Toronto, Canada

Aug 6-15, 2021 (TBC) **18<sup>th</sup> IAAF World Championships in Athletics**, Eugene, USA

July 18-30, 2022 **XXII Commonwealth Games**, Birmingham, GBR.

Tim Erickson, [terick@melbpc.org.au](mailto:terick@melbpc.org.au) Home: 03 93235978 Mob: 0412 257 496

Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)