



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
2016/2017 Number 32
9 May 2017



VRWC Preferred Supplier of Shoes, clothes and sporting accessories.

Address: RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)
Telephone: 03 9817 3503
Hours: Monday to Friday: 9:30am to 5:30pm
Saturday: 9:00am to 3:00pm
Website: <http://www.runnersworld.com.au>
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WHAT'S COMING UP

Lots coming up in the next few weeks. Local highlights:

- The next VRWC winter season races will be held on **Sunday 14th May**. Pre-enter VRWC races if possible at <http://vrwc.org.au/wp1/>. Entries for the AV 15km championship must be completed online via the AV website – <http://athsvic.org.au/event/av-15km-walks-championships/>. AV entries will close in the next day or so do not miss out.

Sunday 14th May 2017, Middle Park, AV & VRWC CHAMPIONSHIPS

Entries close for all VRWC 45 minutes before the event.

Pre-entry via the AV website is required for AV 15km.

| | | | |
|---------|---------------|---|--------------------|
| 9.00am | 15km | AV Championship | Open Men |
| 9.00am | 15km | AV Championship | Open Women |
| 9.00am | 15km | VRWC Championship - Elsie Jacobson Trophy | Open Women |
| 9.00am | 15km | VRWC Championship | Under 20 Men/Women |
| 9.00am | 15km | Points race | Open |
| 9.40am | 10km | Points Race | Open |
| 10.20am | 5km | Points Race | Open |
| 10.20am | 3km | Points Race | Open |
| 10.50am | 1.5km | Points Race | Open |
| 11.15am | Presentations | | |

Note: VRWC members racing in the AV event are automatically placed into the 15km point race

- Looking a further 2 weeks ahead, the **Victorian 10km Roadwalk Championship**, along with the **Victorian Country Roadwalk Championships**, are to be held on **Saturday 27th May** at Middle Park. AV advise that entries are now open via their online portal at <http://athsvic.org.au/event/av-10km-av-country-walks-championships/>
- The entry form for the Lake Burley Griffin Carnival in June is now available at Middle Park. It can also be downloaded from the ACTRWC website at <http://www.actwalkers.com.au/lbg-racewalking-carnival-2017-the-tradition-continues/>. Remember to give your completed entry to your walking club secretary. All entries must go through your local walking club. Do not send entries directly to the Canberra organizers. Note that for all Victorians, **entries close with your club secretary on Sunday 22nd May**.
- The next couple of weekends are big ones internationally with the **Pan American Race Walking Cup** to be held next weekend in Lima, Peru and the **European Race Walking Cup** to be held Podesbrady, CZE, the following weekend. No Australians in action but lots of top walkers overall.

VRWC ROAD RACES, MIDDLE PARK, SATURDAY 6 MAY

Conditions were pretty miserable for the 50 walkers who braved the elements at Middle Park on Saturday. The forecast cold change swept through about 1:30PM, with a blanket of heavy rain inundating the course. Although most of the rain has passed by the time the first races started at 2:15PM, it was still cold and bitter, with lots of big puddles to be negotiated. With the Grand Prix cleanup not yet completed, walkers were restricted to a 1km loop once again. Luckily the races were 8km or less so it was not too bad. As I was not there, thanks to club handicapper Mark Donahoo for forwarding the results to me.

NZ Rio Olympian **Quentin Rew** went straight to the front, walking on his own to record fastest time of 35:02. Behind him were a group consisting of **Adam Garganis**, **Jemima Montag**, **Reese Walmsley** and **Pramesh Prasad**. While Adam and Jemima walked the full 8km, Reese and Pramesh contented themselves with the shorter 6km race. We also welcomed young **Keelan Perry** from country Victoria for his first walk with us. Handicap winners are shown for each distance, alongside the actual time placings.

| | | | | | |
|-----------------|---------------------|------|-------|--------------------|----------------------|
| 8km Walk | | | | H'cap Place | |
| 1. | Montag, Jemima | Open | 38:35 | | |
| 2. | Davison, Mackayla | U18 | 48:54 | | First one |
| 3. | Carr, Heather | M60+ | 49:30 | 4 | |
| 4. | Feain, Madeleine | Open | 50:35 | 1 | PB 2:25 |
| 5. | Elms, Donna-Marie | M40+ | 51:27 | 3 | |
| 6. | O'Neill, Karyn | M60+ | 55:38 | 2 | |
| 1. | Rew, Quentin | Open | 35:02 | 5 | |
| 2. | Garganis, Adam | Open | 37:45 | 3 | |
| 3. | Walmsley, Hayden | U18 | 44:22 | 6 | |
| 4. | O'Neill, Terry | M60+ | 49:54 | 1 | |
| 5. | Dickenson, Russ | M60+ | 53:37 | 4 | |
| 6. | Moritz, Paul | M40+ | 54:23 | 2 | |
| | Gardiner, Bob | M60+ | DNF | | |
| 6km Walk | | | | H'cap Place | |
| 1. | Tindal, Pam | M40+ | 33:07 | 1 | |
| 2. | Rosenbrock, Carolyn | M40+ | 39:20 | 3 | |
| 3. | O'Mahony, Kathleen | U16 | 40:13 | 2 | |
| 1. | Walmsley, Reese | Open | 28:56 | 2 | |
| 2. | Prasad, Pramesh | M40+ | 28:56 | 1 | PB 1:26 |
| 3. | Kennedy, Paul | M60+ | 38:10 | | |
| 4. | Beveridge, Heath | U14 | 39:48 | 4 | |
| 5. | Hess, Albin | M40+ | 40:24 | 3 | |
| 4km Walk | | | | H'cap Place | |
| 1. | Knight, Cassandra | Open | 22:51 | 1 | |
| 2. | Muldoon, Wendy | M40+ | 23:37 | 3 | |
| 3. | McGougan, Tracy | M40+ | 27:11 | | |
| 4. | Steed, Gwen | M60+ | 27:26 | 2 | |
| 1. | Blackwood, Mark | M40+ | 19:41 | 2 | |
| 2. | Dickson, Corey | U16 | 20:42 | 3 | |
| 3. | Smyth, David | M40+ | 21:39 | 1 | |
| 4. | Hay, Angus | U14 | 24:35 | 5 | |
| 5. | Barrow, Geoff | M60+ | 28:18 | 4 | |
| | Bennett, Ralph | M60+ | DNS | | |
| 2km Walk | | | | H'cap Place | |
| 1. | Hay, Charlotte | U14 | 10:50 | 3 | |
| 2. | Briet, Brianna | U14 | 11:45 | | |
| 3. | Lillie, Gemma | U12 | 12:51 | 4 | |
| 4. | Dingli, Isabella | U16 | 13:56 | 2 | |
| 5. | Hugo, Beverly | M60+ | 16:30 | 1 | |
| | Farrell, Judy | M60+ | DQ | | |
| | Dingli, Alannah | U14 | DNS | | |
| 1. | Prys, Joel | U12 | 10:43 | 1 | |
| 2. | Epps, Luke | U12 | 11:10 | 2 | |
| 3. | Barrett, Anthony | M60+ | 14:36 | 3 | |
| 4. | Conboy, Bruce * | M60+ | 15:57 | | |
| | Feain, Gerard | M40+ | DQ | | |
| 1km Walk | | | | H'cap Place | |
| 1. | Cunningham, Ella | U10 | 07:40 | 1 | |
| 2. | Mews, Pam | M60+ | 11:02 | 2 | |
| | Kennedy, Alexandra | U10 | DNS | | |
| 1. | Liam Hutchins | U10 | 05:21 | 3 | |
| 2. | Blackwood, Hamish | U10 | 05:40 | 4 | |
| 3. | Xuereb, Justin | U12 | 06:04 | 5 | |
| 4. | Kent, Lucas | U12 | 06:58 | 2 | |
| 5. | Perry, Keelan | U14 | 07:01 | | First time with VRWC |
| 6. | Kent, Chris | M40+ | 07:17 | 1 | |

Peter Vysma sent me a list of officials. Thanks to all who helped out. Apologies for anyone I have missed.

Officials: Mark Donahoo, Terry O'Neill, Karyn O'Neill, Ralph Bennett

Judges: Peter Vysma (Chief), Gordon Loughnan, Stuart Cooper, Mark O'Mahony, Michael Bodey

Canteen: Wendy Cooper, Kate Suich

Photos: Terry Swan (see <http://www.vrwc.org.au/piwigo/index.php?category/426>)

The VRWC Points Competitions (Handicap, Actual Times and Style Awards) progressive points, after the first 2 rounds of winter season competition, are found at <http://www.vrwc.org.au/vrwcpointscmps.shtml>.



Jemima Montag, Adam Garganis, Keelan Perry, Mackayla Davison and Madeleine Feain



Paul Moritz, Quentin Rew, Pramesh Prasad and Gwen Steed (all photos Terry Swan)



Start of Open 2km and 1km walks



Start of Open 8km, 6km and 4km walks

VRWC RUNNERS WORLD SUMMER SEASON AWARDS

Neil Ryan of Runners World Kew approached VRWC early in the 2009 winter season with an offer of some club sponsorship. While we had our Points and Handicap awards, the awards were not necessarily won by our BEST walkers as they were influenced by participation rates. So, after various discussions, it was decided to institute Runners World Winter and Summer Season Awards. Eight years later, the awards are still going strong, thanks to Neil's generous ongoing sponsorship.

The Summer Season award gives our top male and our top female walker each a Runners World Kew \$500 gift voucher, along with a cheque from Neil for \$500 - for a grand total of \$1000 per walker. The awards in years past have been given to very worthy recipients

| | |
|------------------|------------------------------|
| Summer 2009/2010 | Rhydian Cowley, Heather Carr |
| Summer 2010/2011 | Nathan Brill, Heather Carr |
| Summer 2011/2012 | Nathan Brill, Jemima Montag |
| Summer 2012/2013 | Nathan Brill, Kelly Ruddick |
| Summer 2013/2014 | Jesse Osborne, Kelly Ruddick |
| Summer 2014/2015 | Kyle Swan, Jemima Montag |

The VRWC committee has now voted and I am pleased to announce that the 2016/2017 Summer Season Awards have been won by **Pramesh Prasad and Simone McInnes**. Pramesh and Simone had wonderful summer seasons, doing PBs in most of their races and regularly featuring in my Walker of the Week competitions. They are indeed worthy winners.

To see the full award criteria and to read the full list of Summer and Winter winners, check out <http://www.vrwc.org.au/vrwcrunners-world.shtml>.



Pramesh and Simone in action in the AV 5km Teams Roadwalk Championships in Middle Park in February 2017

We thank Neil for his wonderful support and we urge all our members to make Runners World Kew their shop of choice for all sporting goods apparel and footwear. See more at <http://www.runnersworld.com.au/>.

ACTRWC ROADWALKS, YERRABI POND, CANBERRA, SATURDAY 6 MAY

Thanks to Robin Whyte for the latest results from Canberra. **Mitchell Baker** (51:00) and **Tim Fraser** (51:04) look like they had a great race in the 10km.

10km Walk

| | | |
|-----|----------------------|---------|
| 1. | Mitchell Baker | 51:00 |
| 2. | Tim Fraser | 51:04 |
| 3. | Gabby Hunt | 57:17 |
| 4. | Matt Griggs | 57:31 |
| 5. | Greg Durr | 57:46 |
| 6. | Ann Staunton-Jugovic | 1:02:14 |
| 7. | Robin Whyte | 1:06:15 |
| 8. | Kate Black | 1:08:43 |
| 9. | Bryan Thomas | 1:12:45 |
| 10. | Monika Short | 1:14:10 |
| 11. | Doug Fitzgerald | 1:19:43 |
| 12. | Jayden Elphick | 1:26:16 |
| 13. | Geoff Barker | 1:26:16 |
| 14. | Phil Essam | 1:26:46 |
| | Val Chesterton | DNF |

4km Walk

| | | |
|----|-----------------|-------|
| 1. | Hannah Manning | 22:17 |
| 2. | Helena Bialecki | 25:59 |
| 3. | David Mackenzie | 33:22 |
| 4. | Raine Thompson | 39:36 |

2km Walk

| | | |
|----|----------------------|-------|
| 1. | Andrew Camp-Liddiard | 12:44 |
| 2. | Ella Baker | 14:21 |
| 3. | Harry Baker | 18:06 |
| | Nola de Chazal | DNF |

SARWC - KNIGHT AND CAMPBELL / MCFADDEN TROPHY, PEACOCK RD, ADELAIDE, SAT 6 MAY

The South Australian Racewalking Club were racing in Adelaide again last Saturday, with road walks over a variety of distances. Best performance of the day to **Kim Mottrom** (46:13 for 10km).

10km Handicap

| | | |
|----|-------------------|---------|
| 1. | Samantha Findlay | 51:30 |
| 2. | James Hoare | 1:12:37 |
| 3. | Tristan Camilleri | 51:59 |
| 4. | Kim Mottrom (F/T) | 46:13 |
| 5. | Peter Crump | 58:13 |
| 6. | Bill Starr | 1:16:13 |
| 7. | Royrie Upton | 1:03:26 |
| 8. | Cherie Rothery | 1:07:57 |
| 9. | John Leydon | 1:06:57 |

1km Walk

| | | |
|----|----------------|-------|
| 1. | Tarique Kamish | 09:50 |
| 2. | Xavier Upton | 09:58 |
| 3. | Edward Upton | 10:03 |

5km Handicap

| | | |
|----|----------------------|-------|
| 1. | Victoria Upton (F/T) | 28:15 |
| 2. | Chloe Upton | 30:19 |
| 3. | Adrian Upton | 35:49 |
| 4. | Kitarni Upton | 30:53 |
| 5. | Greg Metha | 34:25 |
| | Rhiannon Lovegrove | DNF |
| | Alix Harlington | DNF |

2km Walk

| | | |
|----|----------------|-------|
| 1. | Danielle Walsh | 11:17 |
| 2. | Seth Upton | 11:52 |
| 3. | Zayden Kamish | 12:33 |

SAMA ROADWALKS, FELIXSTOWE, ADELAIDE, SATURDAY 6 MAY

Thanks to Colin Hainsworth for the latest results from the South Australian Masters in Adelaide. Colin commented: hilly course. Good to see former Collingwood walker **Trevor Mayhew** winning the 4km Handicap walk. As usual, **George White** was the top performer with an Age Graded performance of 82.87 for his M71 4km (24:18)

8km Yacht Handicap

| | | | | |
|----|-----------------|---------|-----|--------|
| 1. | Avril Hill | 1:05:41 | W68 | 69.17% |
| 2. | Graham Harrison | 1:01:40 | M73 | 68.88% |
| 3. | Edna Bates | 1:11:18 | W64 | 60.22% |
| 4. | David Robertson | 1:09:35 | M83 | 71.09% |

4km Yacht Handicap

| | | | | |
|----|------------------|-------|-----|---------------|
| 1. | Trevor Mayhew | 27:26 | M71 | 73.41% |
| 2. | Jan Layng | 31:00 | W68 | 69.57% |
| 3. | Jeff Kennett | 37:36 | M66 | 50.48% |
| 4. | Kristine Freeman | 32:26 | W56 | 57.69% |
| 5. | George White | 24:18 | M71 | 82.87% |
| 6. | Valmai Padget | 33:05 | W72 | 69.08% |
| 7. | Roger Lowe | 33:41 | M74 | 62.15% |
| 8. | Julia Lycett | 30:29 | W52 | 59.05% |
| 9. | David Padget | 43:15 | M85 | 57.28% |

BENDIGO WALKERS CLUB ROADWALKS, LAKE NEANGAR, BENDIGO. SUNDAY 7 MAY

Thanks to Paul Rance for the latest report from Bendigo, in country Victoria. Paul reports:

The Bendigo Walkers Club held 2km and 5km handicap events on Sunday morning at Lake Neanger, with fine, cool conditions prevailing. The 2km race saw 11 year old **Charlotte Murphy** take 1st and fastest time with a personal best while **Annette Curtis** was 2nd and another of the Club's younger athletes **Maddison Vaughan** claimed 3rd place. In the 5km race **Annette Major** raced to her 2nd victory in succession as she smashed her handicap time to win easily with **Barb Bryant** 2nd and **Norm West** in 3rd place.

2km Walk

| | | |
|----|------------------|-------|
| 1. | Charlotte Murphy | 12.07 |
| 2. | Annette Curtis | 13.33 |
| 3. | Maddison Vaughan | 14.04 |
| 4. | Jennie Payne | 12.39 |
| 5. | Caitlyn Curtis | 17.25 |

5km Walk

| | | |
|----|---------------|-------|
| 1. | Annette Major | 31.19 |
| 2. | Barb Bryant | 30.09 |
| 3. | Norm West | 40.51 |
| 4. | Paul Rance | 27.37 |
| | Peter Curtis | DNF |

NSWRWC ROADWALKS, TEMPE, NSW, SATURDAY 29 APRIL

To complete our Australian reporting, back a week for the NSWRWC meet at Tempe. Best performance goes to 16 year old **Ryan Thomson** with his 6km time of 28:31.

6km Walk

| | | |
|----|-----------------|-------|
| 1. | Ryan Thomson | 28.31 |
| 2. | Kyle Bedford | 28.51 |
| 3. | Hayden Blaskett | 34.12 |
| 4. | Janaya Lee | 35.24 |
| 5. | Baden White | 45.08 |
| 6. | Joan Purcell | 45.38 |

3km Walk

| | | |
|----|--------------------|-------|
| 1. | Renee Hardy | 16.09 |
| 2. | Brittany Robertson | 17.46 |
| 3. | Hannah Parker | 18.04 |
| 4. | Brooke Martin | 18.19 |
| 5. | Jada Thomson | 18.20 |
| 6. | Davina Lee | 18.36 |
| 7. | Carmel Parker | 20.24 |
| 8. | Nicolle Challinor | 23.23 |
| 9. | Judy Brown | 27.24 |

U10 1km Walk

| | | |
|----|-------------------|------|
| 1. | Christopher Nilon | 6.54 |
| 2. | Dylan Ryan | 7.42 |
| 3. | Angelina Sipura | 8.12 |
| 4. | Charli Deagan | 8.56 |

U16 3km Walk

| | | |
|-----|---------------------|-------|
| 1. | Elizabeth McMillan | 15.30 |
| 2. | Emma Thomas | 16.49 |
| 3. | Olivia Thomson | 17.41 |
| 4. | Chloe Krklinski | 17.48 |
| 5. | Ellie DeCelis | 18.28 |
| 6. | Brendan Pospischil | 18.39 |
| 7. | Shaqiulle Lee | 18.42 |
| 8. | Rhianni Deagan | 19.34 |
| 9. | Chia Walters | 19.52 |
| 10. | Brodie Douglas | 20.03 |
| 11. | Isabelle Nilon | 20.42 |
| 12. | Zsofia Varga-Strike | 20.56 |
| 13. | Aiden Hardy | 23.32 |
| 14. | David Sipura | 24.03 |

U12 1.5km Walk

| | | |
|----|---------------------|-------|
| 1. | Peter Elliott | 8.13 |
| 2. | Milly Boughton | 8.14 |
| 3. | Chloe Lamb | 9.29 |
| 4. | Thomas Varga-Strike | 10.34 |
| 5. | Mark Sipura | 12.38 |
| 6. | Amelia Crocker | 13.27 |

MIDLANDS RWA TRACK CHAMPIONSHIP, TAMWORTH, ENGLAND, SATURDAY 7 MAY

Thanks to Mark Wall for the results from the Midlands RWA Track Championships in Tamworth, Staffordshire. The meet would normally have featured local walker Emma Achurch (2016 World Cup Junior representative) but she was absent on this occasion. Photos at <http://www.fotocompli.com/sport/170507/170507.html>.

10km Open Men

| | | | |
|----|-------------------|---------------------|---------|
| 1. | Mark Williams | Unattached | 56.16.5 |
| 2. | Peter Boszko | Birchfield Harriers | 59.48.8 |
| 3. | Colin Vesty | Leicester W.C. | 64.46.0 |
| 4. | John Constandinou | Birchfield Harriers | 66.55.8 |
| 5. | David Fall | Birchfield Harriers | 74.28.1 |
| 6. | Julian Barnett | Birchfield Harriers | 79.05.6 |
| | Terry Morris | Nuneaton Harriers | DQ |

5km Open Women

| | | | |
|----|----------------|-------------------|---------|
| 1. | Carolyn Dyall | Nuneaton Harriers | 29.20.0 |
| 2. | Wendy Kane | Notts A.C. | 30.34.9 |
| 3. | Ann Wheeler | Unattached | 30.54.9 |
| 4. | Sarah Trundley | Nuneaton Harriers | 31.44.5 |

5km U17 Boys

| | | | |
|----|-----------|----------------|---------|
| 1. | Ben Allen | Leicester W.C. | 28.49.7 |
|----|-----------|----------------|---------|

3km U15 Boys

| | | | |
|----|-----------------|-------------------|---------|
| 1. | Faris Alkhamesi | Nuneaton Harriers | 17.41.8 |
|----|-----------------|-------------------|---------|

2km U13 Girls

| | | | |
|----|----------------|---------------------|---------|
| 1. | Caitlin Cassey | Birchfield Harriers | 12.53.9 |
| 2. | Elizabeth Pap | Nuneaton Harriers | 13.34.4 |

800m U11 Development Race

| | | | |
|----|--------------|---------------------|--------|
| 1. | Katie Collis | Birchfield Harriers | 6.20.7 |
|----|--------------|---------------------|--------|

HUNGARIAN TRACK WALKING TEAM CHAMPIONSHIP, SZEKESFEHERVAR, HUNGARY, SATURDAY 6 MAY

I picked up these two Hungarian results from one of the stats website. Looks like they were U16 and U18 walks by the ages of the competitors.

U16 Men 5000m Race Walk

| | | | | |
|----|--------------------|-----|----|----------|
| 1. | Bálint SZENTMARJAI | HUN | 03 | 29:59.37 |
| 2. | Leon BÁNK | HUN | 03 | 29:59.81 |
| 3. | Tamás KONCZVALD | HUN | 04 | 36:56.42 |

U16 Women 3000m Race Walk

| | | | | |
|-----|------------------|-----|----|----------|
| 1. | Katalin TÓTH | HUN | 02 | 16:53.86 |
| 2. | Dorottya TAMÁS | HUN | 03 | 17:07.84 |
| 3. | Bernadett RÉPÁSI | HUN | 02 | 17:09.19 |
| 4. | Elizabet KOCSI | HUN | 02 | 17:12.73 |
| 5. | Orsolya EGYED | HUN | 02 | 17:23.57 |
| 6. | Boglárka MOLNÁR | HUN | 03 | 18:32.84 |
| 7. | Demetria BENKE | HUN | 02 | 18:53.65 |
| 8. | Fanni MÉSZÁROS | HUN | 03 | 19:06.40 |
| 9. | Babett MÉSZÁROS | HUN | 04 | 19:12.72 |
| 10. | Jázmin KOLMER | HUN | 04 | 19:30.37 |
| 11. | Viktória DOMBI | HUN | 02 | 19:43.24 |
| 12. | Anikó ORAVECZ | HUN | 04 | 20:42.08 |
| 13. | Hanna DOBI | HUN | 03 | 22:05.03 |

HUNGARIAN SUPER LEAGUE TOURNAMENT, SZÉKESFEHÉRVÁR, HUNGARY, 6-7 MAY**U18 Men 5000m Race Walk**

| | | | | |
|----|----------------|-----|----|----------|
| 1. | Balázs NYERGES | HUN | 01 | 30:35.26 |
|----|----------------|-----|----|----------|

U18 Women 5000m Race Walk

| | | | | |
|----|-------------|-----|----|----------|
| 1. | Dóra CSÖRGO | HUN | 01 | 26:24.24 |
|----|-------------|-----|----|----------|

ITALIAN REGIONAL CHAMPIONSHIPS, AROUND ITALY, 6-7 MAY

Last weekend saw the first round of the Italian Club Championships, which included 10,000m track walks for men and 5000m track walks for women. Right around Italy, clubs battled to gain access to the subsequent rounds. Some regions saw big walks fields - Lombardy with 24 women and 15 men and Tuscany with 21 women and 13 men - but other regions saw only a few walkers. Well reported in http://www.marciadalmundo.com/eng/dettagli_news.aspx?id=2788.

The top male times went to **Leonardo Dei Tos** (Bolzano PB 40:06.73), **Francesco Fortunato** (Naples 40:33.39) and **Federico Tontodonati** (Turin, 41:27.28). The top female times went to **Valentina Trapletti** (Bergamo 22:03.30), **Sibilla Di Vincenzo** (Bergano 22:04.18), **Diana Cacciotti** (Rome 22:54.59), **Mariavittoria Becchetti** (Rome 22:59.78) and **Tatyana Gabellone** (Matera 23:03.73). A selection of results from various centres follows, with bigger fields restricted to the top 8 places only.

Men 10,000m Race Walk, Ancona

| | | | | |
|----|----------------|-----|----|----------|
| 1. | Giacomo BRANDI | ITA | 98 | 44:58.45 |
|----|----------------|-----|----|----------|

Men 10,000m Race Walk, Arezzo

| | | | | |
|----|-----------------------|-----|----|----------|
| 1. | Gianluca PICCHIOTTINO | ITA | 96 | 43:09.53 |
| 2. | Ettore GRILLO | ITA | 97 | 43:55.43 |
| 3. | Niccolo' COPPINI | ITA | 97 | 45:21.60 |
| 4. | Fabio BARATTINI | ITA | 99 | 46:56.21 |
| 5. | Giacomo VITANGELI | ITA | 98 | 47:17.44 |
| 6. | Davide FINOCCHIETTI | ITA | 01 | 47:49.05 |
| 7. | Leonardo CIREGIA | ITA | 00 | 47:57.45 |
| 8. | Matteo DOLFI | ITA | 98 | 48:57.85 |

Women 5000m Race Walk, Arezzo

| | | | | |
|----|------------------------|-----|----|----------|
| 1. | Ilaria Camilla GALLI | ITA | 87 | 24:29.24 |
| 2. | Giulia PANCONI | ITA | 97 | 24:31.64 |
| 3. | Francesca Azzurra PINI | ITA | 99 | 25:00.67 |
| 4. | Valeria DISABATO | ITA | 99 | 25:00.88 |
| 5. | Ilaria MARIOTTI | ITA | 91 | 25:40.86 |

| | | | | |
|---|-----------------------------------|-----|----|----------|
| 6. | Matilde CAPITANI | ITA | 00 | 26:34.44 |
| 7. | Sara PERULLO | ITA | 99 | 27:08.41 |
| 8. | Ginevra PERINI | ITA | 01 | 27:17.11 |
| Women 5000m Race Walk, Bergamo | | | | |
| 1. | Valentina TRAPLETTI | ITA | 85 | 22:03.30 |
| 2. | Sibilla DI VINCENZO | ITA | 83 | 22:04.18 |
| 3. | Nicole COLOMBI | ITA | 95 | 22:50.52 |
| 4. | Lidia BARCELLA | ITA | 97 | 23:39.71 |
| 5. | Andrada Lavinia LACATUS | ITA | 00 | 24:35.33 |
| 6. | Gladys MORETTI | ITA | 91 | 25:14.68 |
| 7. | Beatrice FORESTI | ITA | 98 | 25:27.36 |
| 8. | Camilla CRIVELLARO | ITA | 00 | 26:29.06 |
| Men 10,000m Race Walk, Bolzano | | | | |
| 1. | Leonardo DEI TOS | ITA | 92 | 40:06.73 |
| 2. | Aldo ANDREI | ITA | 01 | 47:21.53 |
| 3. | Luca VERNESONI | ITA | 99 | 48:46.98 |
| 4. | Valerio VILLA | ITA | 99 | 52:40.93 |
| 5. | Ettorino FORMENTIN | ITA | 47 | 54:23.72 |
| Men 10,000m Race Walk, Busto Arsizio | | | | |
| 1. | Stefano CHIESA | ITA | 96 | 42:38.50 |
| 2. | Davide MARCHESI | ITA | 99 | 43:29.41 |
| 3. | Manuel GIORDANO | ITA | 95 | 47:23.80 |
| 4. | Juriy MICHELETTI | ITA | 98 | 49:54.15 |
| 5. | Segundo Edison PUMACURO GUALOTUNA | ITA | 76 | 50:18.86 |
| 6. | Costantino DARIO | ITA | 01 | 50:30.75 |
| 7. | Riccardo BRAMBILLA | ITA | 97 | 50:46.46 |
| 8. | Andrea NAPPI | ITA | 00 | 51:23.48 |
| Men 10,000m Race Walk, Naples | | | | |
| 1. | Francesco FORTUNATO | ITA | 94 | 40:33.39 |
| 2. | Vincenzo VERDE | ITA | 82 | 45:09.41 |
| Women 5000m Race Walk, Orvieto | | | | |
| 1. | Valeria PEDETTI | ITA | 73 | 24:25.98 |
| 2. | Sascia GRAFEO | ITA | 92 | 24:26.48 |
| Women 5000m Race Walk, Puglia | | | | |
| 1. | Tatyana GABELLONE | ITA | 84 | 23:03.73 |
| 2. | Alessia MASTRONICOLA | ITA | 00 | 24:15.83 |
| 3. | Teresa VULPIS Maria | ITA | 99 | 27:15.37 |
| 4. | Antonella PANNOFINO | ITA | 99 | 27:19.43 |
| 5. | Elisabetta RAMUNNO | ITA | 01 | 27:56.35 |
| 6. | Martina DICORATO | ITA | 01 | 28:44.37 |
| Women 5000m Race Walk, Rome | | | | |
| 1. | Diana CACCIOTTI | ITA | 95 | 22:54.59 |
| 2. | Mariavittoria BECCHETTI | ITA | 94 | 22:59.78 |
| 3. | Valentina MANSUTTI | ITA | 00 | 25:28.48 |
| 4. | Tatiana ZUCCONI | ITA | 77 | 25:34.63 |
| 5. | Francesca BOCCHINO | ITA | 99 | 26:46.69 |
| Men 10,000m Race Walk, Turin | | | | |
| 1. | Federico TONTODONATI | ITA | 89 | 41:27.28 |
| 2. | Diego CHIRIVI' | ITA | 99 | 43:13.24 |
| 3. | Gioele ROSSO | ITA | 97 | 46:13.85 |
| 4. | Ettore BERTOLINI | ITA | 00 | 49:40.30 |
| 5. | Edoardo GAGLIARDI | ITA | 99 | 50:15.17 |
| Women 5000m Race Walk, Turin | | | | |
| 1. | Chiara VERTERAMO | ITA | 99 | 24:56.26 |
| 2. | Sofia BURDESE | ITA | 94 | 25:02.58 |
| 3. | Sara PRANDINI | ITA | 96 | 26:26.07 |
| 4. | Valentina VALLEGRA | ITA | 01 | 26:41.26 |

FRENCH REGIONAL CHAMPIONSHIPS - LOTS OF VENUES, 6-7 MAY

LaSt weekend saw the first round of France Interclub Championships. In France there are around 1000 clubs and there were some 100 matches spread everywhere around France over Saturday and Sunday. Each team must have 2 men and two women in each discipline (100m, 200m, etc). Thanks to **Emmanuel Tardi** who has trolled through the huge number of results to extract the top racewalk results (5000m for men and 3000m for women).

| 5000m Men | | Team | Date | Place | Time |
|-----------|----------------------|------------------------------|------------|------------------|----------|
| 1. | CAMPION Kevin | Afa feyzin-venissieux | 2006-05-17 | Venissieux | 19:35.69 |
| 2. | CAPRICE Erick (Mri) | Athletic trois tours | 2007-05-17 | Blois | 20:09.63 |
| 3. | TERAOUI Hedi (TUN) | Haute bretagne athletisme | 2007-05-17 | Sotheville | 20:15.84 |
| 4. | BERNABE Fabien | Sco ste-marguerite marseille | 2007-05-17 | Nice | 20:14.00 |
| 5. | DINIZ Yohann | Efs reims a. | 2007-05-17 | Reims | 20:14.88 |
| 6. | BOYEZ Antonin | Doubs sud Athlé | 2007-05-17 | Belfort | 20:14.:9 |
| 7. | QUINION Aurelien | Entente franconville cesame | 2007-05-17 | Franconville | 20:15.53 |
| 8. | KUSTER David | Pays de Colmar | 2007-05-17 | Belfort | 20:18.20 |
| 9. | MOLMY Damien | Ca montreuil 93 | 2007-05-17 | Franconville | 20:35.76 |
| 10. | BOURNIER Justin | Dole ac | 2007-05-17 | Dijon | 20:45.18 |
| 11. | BEN BEHI Raouf (TUN) | Haute bretagne athletisme | 2007-05-17 | Saint-brieuc | 20:49.97 |
| 12. | BORDIER Gabriel | Us st berthevin | 2006-05-17 | Segre | 20:52.10 |
| 13. | MUTTER Axel | Ac roche-sur-yon | 2007-05-17 | La Roche sur Yon | 20:59.16 |

| 3000m Women | | Team | Date | Place | Time |
|-------------|-----------------------|------------------------------------|------------|--------------------|----------|
| 1. | MENUET Emilie | Aj blois-onzain | 2007-05-17 | Blois | 12:35.62 |
| 2. | QUENNEHEN Marine | Ca montreuil 93 | 2007-05-17 | Franconville | 13:07.20 |
| 3. | BERETTA Clemence | Athletic vosges entente clubs | 2007-05-17 | Sarreguemines | 13:20.40 |
| 4. | TISSOT Emilie | Alsace nord athletisme | 2007-05-17 | Sarreguemines | 13:30.31 |
| 5. | BEMOWSKA Joanna (POL) | Entente brive tulle athle | 2007-05-17 | Brive la gaillarde | 13:41.39 |
| 6. | TERREC Eloise | Ac roche-sur-yon | 2007-05-17 | La Roche sur Yon | 13:49.15 |
| 7. | MANAI Amani (TUN) | Ea mondeville herouville | 2007-05-17 | Sotheville | 13:56.42 |
| 8. | BOURHIS Amelie | Athle pays de l:orient | 2007-05-17 | Vannes | 13:57.40 |
| 9. | AURRIERE Camille | Us st berthevin | 2006-05-17 | Segre | 13:58.80 |
| 10. | DELHORS Maud | Villeneuve d ascq fretin athle | 2007-05-17 | Bruay la buissière | 14:03.06 |
| 11. | BAUDOIN Corinne | Montpellier athletic mediterrannée | 2007-05-17 | Nice | 14:04.36 |
| 12. | AUFRET Lucie | Entente franconville cesame | 2007-05-17 | Franconville | 14:08.88 |
| 13. | MACABEY Aurelie | Asptt dijon athletisme | 2007-05-17 | Dijon | 14:15.07 |

U18 INTERNATIONAL MATCH, TUR-BLR-UKR, BURSA, TURKEY, 6 - 7 MAY

Alas, only the winner available in each of these races. Good times for U18.

5000m Walk Men

| | | | |
|----|----------------|--------|----------|
| 1. | Mikita Kaliada | BLR 00 | 20:25.18 |
|----|----------------|--------|----------|

5000m Walk Women

| | | | |
|----|------------|--------|----------|
| 1. | Kader Dost | TUR 00 | 23:19.67 |
|----|------------|--------|----------|

61ST PHÖNIXMARCHEN, VALLENSBÄK, DENMARK, SATURDAY 6 MAY

The 61st Phönixmarchen was held on Saturday in Vallensbäk, outside Copenhagen. **Anders Hansson**, who last won there in 2012, won the 20km with 1.27.20. **Peer Jensen** won the Danish Men's 20km championship with at 2:13:39 and **Helle Jensen** won the Danish Women's 10km championship with 1:12:45.

20km Men

| | | | | |
|----|----------------|------|---------------------|---------|
| 1. | Anders Hansson | 1992 | SK Svängen, Sverige | 1.27.20 |
| 2. | Peer Jensen | 1957 | Phönix/VI39 Kapgang | 2.13.39 |
| 3. | Nis Maybom | 1965 | KIF | DQ |

10km Women

| | | | | |
|----|-----------------|------|---------------------|---------|
| 1. | Helle Jensen | 1963 | Ballerup AK | 1.12.45 |
| 2. | Birgit Klaproth | 1973 | Phönix/VI39 Kapgang | 1.16.00 |

5km Walk

| | | | | |
|----|--------------------|------|---------------------|-------|
| 1. | Thomas Christensen | 1968 | Phönix/VI39 Kapgang | 27.52 |
|----|--------------------|------|---------------------|-------|

| | | | | |
|----|----------------------|------|--------------------|-------|
| 2. | Klaus Nygaard Jensen | 1964 | KIF | 29.24 |
| 3. | Bengt Bengtsson | 1961 | GK Steget, Sverige | 28.27 |
| 4. | Ole David Jensen | 1943 | Skagen OK | 38.09 |

3km Walk

| | | | | |
|----|-------------------|------|-------------|-------|
| 1. | Asbjørn Birkelund | 2002 | KIF | 18.23 |
| 2. | Helle Jensen | 1963 | Ballerup AK | 22.35 |

FIELDS ANNOUNCED FOR 2017 PARIS-ALSACE ULTRADISTANCE CLASSIC

The field have been published for this year's PARIS-ALSACE ultradistance walk classic, to be held from 31 May to 3 June. This annual event, which used to be held between from Paris and Colmar, was changed for 2015 and now winds its way from the Paris suburb of Neuilly-sur-Marne to the Alsace city of Ribeauville, almost on the French German border and in the foothills of the Vosges Mountains. Check out the event website at <http://www.marche-mythique.org/accueil.html>.

The places are allocated by invitation only, with invitations based on performances achieved in the various 24 Hour qualifying races, the last of which was completed only last month. It is no surprise to see **Dmitriy Osipov** (last year's winner and a 6 time winner overall) taking poll position in the men's field and **Irina Poutintseva** (also a winner last year and a 4 times winner overall) taking the women's top ranking position.

Men - 425km

| | | | |
|----|----------------------|------|------------------------------|
| 1 | Dmitriy OSIPOV | RUS | Individuel St Petersburg |
| 2 | Mathieu OLIVARES | FRA | Neuilly-sur-Marne Athh!tisme |
| 3 | Florian LETOURNEAU | FRA | AC Chateau-Thierry |
| 4 | Christophe LABORIE | FRA | Essonne Athletic |
| 5 | Cedric VARAIN | FRA | AC Chateau-Thierry |
| 6 | Yves-Michel KERLAU | FRA | CM Roubaix |
| 7 | Pascal BIEBUYCK | BEL | Ath Athletisme |
| 8 | Serge GEORGELIN | FRA | Bruz Athletisme |
| 9 | Jean-Louis LACROIX | FRA | AC Chateau-Thierry |
| 10 | Daniel VANOENOAUL | BEL | C.ABW |
| 11 | Eddy ROZE | FRA | AmiensUC |
| 12 | Tony MACKINTOSH | GSR | Isle of Man Veterans AC |
| 13 | Alexandre FORESTIERI | FRA | U ST Courir a st Tropez |
| 14 | Gilles HUART | FILA | ASPIT Besan~on |

Women - 311km

| | | | |
|----|-------------------|-----|---|
| 21 | Irina POUTINTSEVA | RUS | Individueile St Petersburg |
| 22 | Tatjana MASLOVA | RUS | Baltic Star St Petersburg |
| 23 | Maggy LABYLLE | FRA | AC Souillante |
| 24 | Sylvie MAISON | FRA | Strasbourg 2A ISfL III Bruche A Ugoisheim |
| 25 | Fran~olse ARNAULT | FRA | Neuilly-sur-Marne Athh!tisme |
| 26 | Claudie SIARD | FRA | Thiais AC |
| 27 | Benedicte SALOMEZ | FRA | Neuilly-sur-Marne Athletisme |

MARCIALMONDO AND OMARCHADOR ROUNDUP

Marcialmondo has 8 press releases this week

- Tue 9 May - Preview of the European Race Walking Cup women's 20km in Podebrady
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=2789
- Mon 8 May - Results from the first round of the Italian Club Championships
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=2788
- Sun 7 May - Preview of the men's and women's 20km walks in next weekend's PanAmerican Cup in Lima
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=2787
- Sat 6 May - Entry list for next weekend's PanAmerican Cup in Lima
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=2786
- Fri 5 May - More news on next weekend's PanAmerican Cup in Lima
http://www.marcialmondo.com/eng/dettagli_news.aspx?id=2785
- Thu 4 May - Canadian walks star Inaki Gomez announces his retirement from the sport

http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2784

- Wed 3 May - More news on next weekend's PanAmerican Cup in Lima
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2783
- Tue 2 May - History of the PanAmerican Racewalk Cup and European Race Walking Cup
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2782

and Omarchador has 11 press releases

- Mon 8 May - results from U16/U18/U20 walks match between Lithuania, Estonia and Latvia
<http://omarchador.blogspot.com.au/2017/05/encontro-baltico-entre-jovens-da.html>
- Sun 7 May - Results of the Pernambuco Championships in Recife, Brazil
<http://omarchador.blogspot.com.au/2017/05/campeonatos-pernambucanos-no-recife.html>
- Sun 7 May - Results of Portuguese ANDDI National Championships in Luso
<http://omarchador.blogspot.com.au/2017/05/anddi-disputou-campeonatos-nacionais-de.html>
- Sat 6 May - HOng Kong walker Sai Nga Ching breaking new ground with her 20km national record
<http://omarchador.blogspot.com.au/2017/05/hong-kong-com-presenca-inedita-nos.html>
- Sat 6 May - Maria Michta and Alexander Bellavance win Penn Relay walks
<http://omarchador.blogspot.com.au/2017/05/penn-relays-com-triunfos-de-maria.html>
- Fri 5 May - Spanish walks legend Jordi Llopart turns 65 today
<http://omarchador.blogspot.com.au/2017/05/no-aniversario-de-jordi-llopart.html>
- Fri 5 May - Results of the first round of the Spanish Club Championships
<http://omarchador.blogspot.com.au/2017/05/campeonatos-de-clubes-de-espanha-pista.html>
- Thu 4 May - Results of the USATF Masters 20km walk championships
<http://omarchador.blogspot.com.au/2017/05/a-lideranca-de-dave-talcott-dorsal-24.html>
- Thu 4 May - Wilkinson and Kelly win 10km championships in Coventry
<http://omarchador.blogspot.com.au/2017/05/wilkinson-e-kelly-vencem-campeonatos-de.html>
- Wed 3 May - Results of the 31st Memorial Antanas Mikenas in Birstonas, Lithuania
<http://omarchador.blogspot.com.au/2017/05/memorial-antanas-mikenas-em-birstonas.html>
- Tue 2 May - Helebrandt and Madarasz stand out at the Hungarian Championships
<http://omarchador.blogspot.com.au/2017/05/helebrandt-e-madarasz-em-destaque-nos.html>

OUT AND ABOUT

Lots of discussion on the EAA proposal to review all T&F World Records

- In last week's newsletter, I pointed to the EAA taskforce report which had recommended nullifying all world records done before 2005. The response has been mixed, with a lot of angst and pushback. For instance, see this article from the Guardian: <https://www.theguardian.com/sport/2017/may/02/iaaf-must-reconsider-at-record-breaking-speed>. Athletics Australia has responded, saying it would be an "injustice" for athletes to be stripped of their pre-2005 world records: <http://www.smh.com.au/sport/athletics/athletics-australia-refuses-to-back-moves-likely-to-wipe-pre2005-world-records-20170502-gvx6of.html>.
- EAA taskforce chair Pierce O'callaghan explains the recommendation: <http://www.bbc.com/sport/athletics/39785752>.
- Russia's most senior international athletics official Mikhail Butov has come out in support of the EAA proposal to scrap world records. Butov, a member of both the Russian Athletics Federation (RusAF) Council and IAAF Council, says some Russian athletes who were absolutely clean were wrongly punished and believes the European Athletics proposal is consistent with this. Now that's a novel take on things! See <http://www.insidethegames.biz/articles/1049976/russian-official-gives-backing-to-european-athletics-world-record-recommendations>.
- Australian sports writer and long time T&F enthusiast Len Johnson weighs into the EAA proposal, with a very balanced article. <http://www.runnerstribe.com/articles/changing-music-wont-stop-noise-column-len-johnson/>.

Now some news on recent team announcements

- British Athletics has announced its team for the European Race Walking Cup, to be held in Podebrady on 21 May - see <http://www.britishathletics.org.uk/media/news/2017-news-page/may-2017/03-05-17-euro-rw-cup/>. The walkers have been rewarded for their good early season form. And a special note - it is great to see two Welsh walkers in the mix in Bethan Davies and Heather Lewis.

| | |
|-------------------|---|
| Senior men 20km | Tom Bosworth (Andi Drake) Cameron Corbishley (Andi Drake) Dominic King (George Nibre) Callum Wilkinson (Mick Graham) |
| Senior women 20km | Bethan Davies (Andi Drake) Gemma Bridge (Mark Wall) Heather Lewis (Martin Bell) |
| Junior men 10km | Christopher Snook (Verity Snook) |
| Junior women 10km | Molly Jade Davey (Patrice Terranova) |

- Sweden has named 4 walkers for the European Race Walking Cup

| | |
|----------|---|
| 20km Men | Perseus Karlström |
| 50km Men | Ato Ibáñez, Anders Hansson, Remo Karlström |

- Entry lists to the XVIII Pan-American Race Walking Cup in Lima, Peru, on 13-14 May are found at http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2786. It is great to see 5 walkers from 4 countries in an official women's 50km championship.

Now to general news

- Congratulations to VRWC's **Peter Vysma** for his Athletics Victoria *30 Years of Officiating* award, presented at the annual AV Awards day last week. Peter is of one of our hardest working VRWC members and judges and is a Life Member of our club. See the full list of awards at <http://athsvic.org.au/generalnews/frontpage/victorian-officials-awards-function-2017/>
- Canadian champion walker **Inaki Gomez** announced his retirement from our sport last week. His career has been a stellar one and we congratulate him and wish him all the best for whatever comes next. See more about Inaki's career and his announcement at http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2784 and at <http://athletics.ca/race-walker-inaki-gomez-announces-retirement/#sthash.kMdfNn8K.dpbs>



- Spikes magazine interviews Rio bronze medallist **Dane Bird-Smith**: <https://spikes.iaaf.org/post/dane-bird-smiths-top-tips>
- Rio 50km fourth placed finisher **Evan Dunfee** walks the Vancouver Marathon in 3:10, beating all but 132 runners. See <http://runningmagazine.ca/evan-dunfee-2017-bmo-vancouver-marathon-result/>

And of course, how could I finish without the latest drugs news

- Russia is pushing hard to worm its way back into international T&F. The latest salvo - 3 more Russian athletes including a sprinter stripped of Olympic gold have admitted doping, the country's tainted track and field body (RusAF) said on last Wednesday. Did the 3 just decide to admit their guilt unilaterally .. or am I just being cynical. See <https://www.supersport.com/athletics/article.aspx?Id=3980144>.
- Three Olympic champion weightlifters from China and eight other medalists stand to be stripped of their titles after failing retests of their doping samples from the 2008 Olympics. The International Weightlifting Federation says the 11 tested positive for a range of banned substances in the latest scandal to shake the sport, which is already processing retests which caught numerous medalists from the 2008 and 2012 games. They are all provisionally suspended until the doping cases are resolved. See <http://sportsnewsdb.com/3-olympic-weightlifting-gold-medalists-fail-doping-retests-2>. Now if you really want to reduce the Olympic footprint, here is a sport worthy of further attention. Leave the 50km alone and focus on weightlifting!

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

2016/2017 Australian/Victorian Key Dates

| | |
|---------------------|---|
| May 14 (Sun), 2017 | Victorian 15km Roadwalk Championships, Middle Park, Melbourne |
| May 27 (Sun), 2017 | Victorian Country Roadwalk Championships and Victorian 10km Championship, Middle Park, Melbourne |
| Jun 9-12, 2017 | Australian Masters T&F Championships, Darwin, NT. See http://ntmastersathletics.com.au/ |
| Jun 11 (Sun), 2017 | 51 st LBG Racewalking Carnival, Stomlo Forest Park, Canberra, ACT |
| June 25 (Sun), 2017 | Victorian 20km Roadwalk Championships, Middle Park, Melbourne |
| Aug 6 (Sun), 2017 | Victorian Roadwalk Championships (including Victorian 30km Championship), Middle Park, Melbourne |
| Aug 6 (Sun), 2017 | AMA 20km Roadwalk Championships, Adelaide, SA |
| Aug 27 (Sun), 2017 | Australian Roadwalk Championships, Woolongong, NSW |
| Sept 10 (Sun), 2017 | Victorian 50km Championship, Middle Park, Melbourne |

2016/2017 International Dates

| | |
|----------------------|---|
| May 13-14, 2017 | Pan American Race Walking Cup, Lima. See http://www.athleticsnacac.org/per-copa-panamericana-de-marcha-2017/ |
| May 21, 2017 | European Race Walking Cup, Podebrady, CZE |
| June 3, 2017 | XXXI Gran Premio Cantones de La Coruna, Spain |
| June 9, 2017 | European Athletics Walks Meet, Altyus, LTU |
| Jun 29 – Jul 1, 2017 | Oceania Area Championships, Suva, Fiji |
| July 12-16, 2017 | 10 th World Youth T&F Championships, Niarobi, Kenya – THIS IS THE FINAL EDITION |
| August 4-13, 2017 | 16 th IAAF World Championships in Athletics, London, UK. See http://www.london2017athletics.com/ On Sunday 13 August, all 3 racewalks will be staged on The Mall, St James Park, London |
| August 19-30, 2017 | 29 th Summer Universiade, Taipei, Taiwan |
| Sept 9, 2017 | 8 th Race Walking Day in Veenendaal (Dutch Sprint Triathlon), Veenendaal, NED |
| Sept 24-17, 2017 | Around Lake Taihu 4 Day multi day walks race, CHN |

2017 Remaining IAAF Racewalk Challenge Series

| | |
|-------------------|---|
| June 3, 2017 | XXXI Gran Premio Cantones de La Coruna, Spain |
| August 5-13, 2017 | 16 th IAAF World Championships in Athletics, London, UK. |

Looking Further Ahead

| | |
|-----------------------|--|
| Apr 4-15, 2018 | XXI Commonwealth Games, Gold Coast, QLD (20km roadwalks). See http://www.gc2018.com Men's and Women's 20km walk, Currumbin Beachfront, Sunday 8 April |
| May 5-6, 2018 | 28 th IAAF World Race Walking Team Championships, Taicang, China |
| July 2018 | 16 th World Junior T&F Championships, Tampere, Finland |
| Sept 2018 | 22 nd World Masters Athletics T&F Championships, Malaga, Spain |
| Sept 28 – Oct 6, 2019 | 17 th IAAF World Championships in Athletics, Doha, Qatar |
| July 2019 | 30 th Summer Universiade, Brasilia, Brazil |
| 2019 | World Masters Indoors T&F Championships, Torun, Poland |
| July 24 – Aug 9, 2020 | 32 nd Olympic Games, Tokyo |
| July 20 – Aug 1, 2020 | 23 rd World Masters T&F Championships, Toronto, Canada |
| Aug 2021 | 18 th IAAF World Championships in Athletics, Eugene, USA |
| July 18-30, 2022 | XXII Commonwealth Games, TBA On 13 th March 2017, Durban announced that it would not host the Games, due to financial constraints. |

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Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)