



HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club
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WALKER OF THE WEEK

A quick word before going to my Walker of the Week. Since I am in China at the moment, I am locked out of quite a few of the resources from which I put together my weekly newsletter – facebook, twitter, dropbox, all google facilities and various other normally inoffensive websites, not to mention my own gmail account. So if your results aren't there or I haven't responded to your email, it may be that I was just not able to pick them up. Email me via terick@melbpc.org.au and I can rectify in next week's newsletter. And now onto business!

This weeks' Walker of the Week goes to 23 year old Australian representative **Dane Bird-Smith**. Racing in the IAAF World Championship 20km race on Sunday morning, he overcome a mid-race bingle and an upset stomach to finish eighth, confirming his status as the next big thing in Australian walking. Dane was among a group of several walkers who crashed over a flower bed in the middle of the course at the 12km mark but he was able to regroup to claim eighth spot in a time of **1:21:37**, three places better than on his world titles debut two years ago in Moscow.

Well done Dane....we look forward to tracking your continuing fortunes on the international stage as you test yourself against the best in the world.



Dane keeps cool in the heat of Beijing last Sunday (photo <http://www.sbs.com.au/>)

WHAT'S COMING UP

The **2015 Australian Road Walking Championships** will be held at Middle Park (Melbourne) next Sunday 30th August and we can expect to see around 150 walkers in action.

Provisional entry list as of last week at <http://www.vrwc.org.au/documents/RWA2015Entries18.8.15.pdf>. There may have been a few additions or changes by now – as I am in Beijing now with the World Championships, I am out of the loop and will unfortunately miss Sunday's nationals. But I do look forward to reporting on them in next week's newsletter.



The 2015 IAAF World Championships (official website <http://www.iaaf.org/competitions/iaaf-world-championships>) kicked off last Saturday and there have been some fantastic races already.

20km Walk Men, Sunday 23 August, 8:30AM

The walks program started with the men's 20km last Sunday morning. Although it was an 8:30AM start, it was already hot and humid and the water stations were in great demand right from the start. Although the race started and finished on the track, the majority of it was contested over a 1km road course outside the Birds Nest and a big crowd was on hand for one of the few free spectacles on offer and it was a superbly run event. Rather than invent my own race report, I will reproduce that of Jon Mulkeen for the IAAF (<http://www.iaaf.org/competitions/iaaf-world-championships/15th-iaaf-world-championships-4875/news/report/men/20-kilometres-race-walk/final>)

For more than a fleeting moment, it looked as though Asia – and specifically China – would win their first IAAF World Championships gold medal in the men's 20km race walk. The Olympic bronze medallist went into the championships with a winning streak dating back to May last year. After finishing fourth in 2011, he was keen to impress on home soil. He wasn't quite the pre-race favourite, though. Japan's Yusuke Suzuki had broken the world record earlier this year and was his country's top hope of a medal in Beijing. But race walks can be unpredictable at the best of times. Add in the depth and pressure that comes with a major championship, combine it with the hot and humid conditions in the Chinese capital, and the form book may as well go out of the window. Suzuki, as it happened, dropped out just after half way. Olympic champion Chen Ding was the third of the Chinese athletes to cross the finish line. And Spain's Miguel Angel Lopez improved on his finishing position from two years ago to strike gold, making his move with two kilometres to go.

A group of about 20 athletes were bunched together during the early stages. Suzuki, who usually likes to go off fast, chose to stay with the group this time. Instead it was Germany's Hagen Pohle who made the first break, passing 5km in 20:10. His lead lasted for just a couple of the one-kilometre laps and he was soon reeled back in by the pack. Chen was leading a three-pronged Chinese attack with Lopez and Canada's Ben Thorne also within the pack.

After Suzuki dropped out some 45 minutes into the race, Chen, Wang and Chinese compatriot Cai Zelin were still at the front with Lopez close behind. Little more than a kilometre later, Wang then made a move and opened up a gap. The real racing was now on. Lopez set out in pursuit of Wang as Ecuador's Andres Chocho followed with Thorne close behind. A bit further back, Cai almost came to a standstill with what looked to be stomach cramps, but he soon got going again. The next significant development was the disqualification of Chocho, which instantly put Thorne into a medal position in the closing stages. Wang, meanwhile, was still in the lead but was sitting on two warnings.

At 17km Lopez temporarily drew level with Wang at the water station, but the Chinese race walker sped up again after grabbing a sponge. The same thing happened another kilometre later, reached in 1:11:36. But with the clock at 1:14:00, Lopez finally struck. Once the European champion went past Wang, there was no looking back. Lopez maintained his lead to the finish, winning in a PB of 1:19:14 to become Spain's first 20km race walk world champion since 1993. Wang held on for second place in 1:19:29, while Thorne – the biggest surprise of the race – took bronze in a Canadian record of 1:19:57. Ukraine's Igor Glavan came through for fourth place in 1:20:42, just two seconds ahead of Cai. Chen finished further down in ninth as China was the only country to get three race walkers into the top 10. But Asia's wait for a gold medal in the men's 20km race walk will continue for another two years.

Our three Australian representatives toughed it out for the whole way in the tough conditions. **Dane Bird-Smith** was the standout, overcoming a mid-race bingle and an upset stomach to finish eighth, confirming his status as the next big thing in Australian walking. Dane was among a group of several walkers who crashed over a flower bed in the middle of the course at the 12km mark but he was able to regroup to claim 8th spot in a time of **1:21:37**, three places better than on his world titles debut two years ago in Moscow. Nice articles at <http://www.sbs.com.au/news/article/2015/08/23/bird-smith-impreses-20km-beijing-walk> and <http://athletics.com.au/News/beijing-2015-158>.

Multiple world and Olympic medallist **Jared Tallent** was back in 26th spot with **1:24:19**, with his best shot of a podium finish to come in Saturday's 50km race. But he did not seem worried by the finishing spot, still believing he can be a contender in his favoured longer event. "The pace is totally different for the 50K. Today I felt like I could go forever, I just couldn't go any faster. I probably didn't finish off as well as I thought I could, mentally I was struggling a bit. But I am looking forward to next week."

Chris Erickson, also doing the 20km/50km double alongside Jared, was another walker to have a tough day in the office, finishing 32nd in **1:25:15**. Like Jared, he now has 6 days to recover and prepare for his favoured event, the 50km. Luckily, that will start at 7:30AM on Saturday, hopefully ensuring cooler conditions for at least the early stages.

Of the 61 starters, there were 50 finishers, 5 DQs and 6 DNFs. There were only 3 PBs from what I can gather and they are acknowledged below. Although the Chinese did not win gold, they were the dominant team with 2nd, 5th and 9th place. **Ben Thorne** walked superbly for bronze and a new Canadian national record and I think that **Lebogang Shange** also walked a new South African record in finishing 11th. After many years in the walking doldrums, it was great to see 6 Commonwealth walkers in the top 20. This omens well for the 2018 Commonwealth Games. The Canadians in particular showed great depth with **Ben Thorne** 3rd, **Evan Dunfee** 12th and **Inaki Gomez** 14th. Other Commonwealth walkers to do well included **Quentin Rew** (17th) and **Tom Bosworth** (24th). Indian Baljinder Singh was initially also in the top 20 mix, finishing 12th but eventually being relegated to DNF status as he had walked a lap short.

The IAAF has put out a great article on bronze medallist Ben Thorne – see <http://www.iaaf.org/news/feature/beijing-2015-ben-thorne-canada-race-walk>.

Full results and race splits at http://www.marciadalmondo.com/admin/pdf/risultati/24082015247Beijing2015_20M.pdf.

1.	Miguel Angel LOPEZ	ESP	88	1:19:14	PB
2.	Zhen WANG	CHN	91	1:19:29	
3.	Benjamin THORNE	CAN	93	1:19:57	PB
4.	Ihor HLAVAN	UKR	90	1:20:29	
5.	Zelin CAI	CHN	91	1:20:42	
6.	Caio Oliveira DE SENA BONFIM	BRA	91	1:20:44	
7.	Eider AREVALO	COL	93	1:21:13	
8.	Dane Alex BIRD-SMITH	AUS	92	1:21:37	
9.	Ding CHEN	CHN	92	1:21:39	
10.	Hyun-Sub KIM	KOR	85	1:21:40	
11.	Lebogang SHANGE	RSA	90	1:21:43	PB
12.	Evan DUNFEE	CAN	90	1:21:48	
13.	Isamu FUJISAWA	JPN	87	1:21:51	
14.	Inaki GOMEZ	CAN	88	1:21:55	
15.	Eder SÁNCHEZ	MEX	86	1:21:56	
16.	Alvaro MARTIN	ESP	94	1:22:04	
17.	Quentin REW	NZL	84	1:22:18	
18.	Hagen POHLE	GER	92	1:22:29	
19.	Massimo STANO	ITA	92	1:22:53	
20.	Giorgio RUBINO	ITA	86	1:23:23	
21.	Ruslan DMYTRENKO	UKR	86	1:23:37	
22.	José MONTANA	COL	92	1:23:53	
23.	Dzianis SIMANOVICH	BLR	87	1:23:54	
24.	Tom BOSWORTH	GBR	90	1:23:58	
25.	Alexandros PAPAMIKHAIL	GRE	88	1:24:11	
26.	Jared TALLENT	AUS	84	1:24:19	
27.	Federico TONTODONATI	ITA	89	1:24:33	
28.	Horació NAVA	MEX	82	1:24:40	
29.	Diego GARCIA	ESP	96	1:24:52	
30.	Georgiy SHEIKO	KAZ	89	1:24:58	
31.	Julio Cesar SALAZAR	MEX	93	1:24:58	
32.	Chris ERICKSON	AUS	81	1:25:15	
33.	Kevin CAMPION	FRA	88	1:25:16	
34.	Nils BREMBACH	GER	93	1:25:21	
35.	Gurmeet SINGH	IND	85	1:25:22	
36.	Joao VIEIRA	POR	76	1:25:49	
37.	Mauricio ARTEAGA	ECU	88	1:25:50	
38.	Christopher LINKE	GER	88	1:26:10	
39.	Ivan LOSEV	UKR	86	1:26:32	
40.	Ato IBANEZ	SWE	85	1:26:34	
41.	Chandan SINGH	IND	87	1:26:40	
42.	Juan Manuel CANO	ARG	87	1:27:10	
43.	Marco Antonio RODRIGUEZ	BOL	94	1:27:15	
44.	Anton KUCMÍN	SVK	84	1:27:46	
45.	Byung-Kwang CHOE	KOR	91	1:28:01	
46.	Richard VARGAS	VEN	94	1:28:18	
47.	Eiki TAKAHASHI	JPN	92	1:28:30	
48.	Jose Maria RAYMUNDO COX	GUA	93	1:29:01	
49.	Yerko ARAYA	CHI	86	1:29:12	
50.	Kenny Martin PEREZ	COL	94	1:29:31	

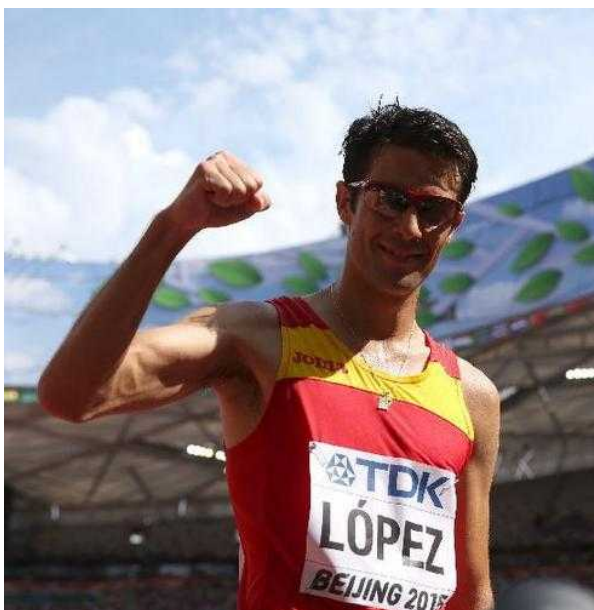
Andres CHOCHO	ECU	83	DQ
Alex WRIGHT	IRL	90	DQ
Young-Joon BYUN	KOR	84	DQ
Marius SAVELSKIS	LTU	94	DQ
Aleksandr LIAKHOVICH	BLR	89	DQ
Pavel Chihuan CAMAYO	PER	86	DNF
Sérgio VIEIRA	POR	76	DNF
Erik TYSSE	NOR	80	DNF
Perseus IBANEZ	SWE	90	DNF
Yusuke SUZUKI	JPN	88	DNF
Baljinder SINGH	IND	86	DNF

The remaining 2 walks will take place later in the week as follows

- 20km women Fri 29 Aug, 8:30AM (Beijing time – 10:30AM Melbourne time)
- 50km Sat 29 Aug, 7:30AM (Beijing time – 9:30AM Melbourne time)



The start in the Birdcage (photo www.news.cn)



Left: Winner Miguel Angel Lopez



Right: Jared Tallent in action



Left: Dane in action (photo www.athletics.com.au)

Right: Chris Erickson (photo Jon Mulkeen)



Finally, a family photo of Lois, me and Chris after his 20km race on Sunday, thanks to English walker David Turner.
Thanks Dave!

VRWC ROADWALKS, MIDDLE PARK, SATURDAY 22 AUGUST

Although quite a few of our Australian walking clubs have now finished their winter racing seasons, VRWC racing continue at Middle Park in Melbourne with our annual Beat Your Season Best races. With prizes on offer for those who did best, a good rollout of 44 walkers ensured some healthy racing. The results are ranked in order of who beat their season best by the most. Well done to everyone on their efforts.

10km Beat Your Season Best

- | | | | |
|----|--------------------|---------|-----|
| 1. | Alison Thompson | 1:07:32 | |
| 2. | Sandra Geisler | 58:08 | F/T |
| 3. | Carolyn Rosenbrock | 1:00:45 | |
| 4. | Sandra Howorth | 1:14:38 | |
| 1. | Gerard Feain | 1:04:59 | |
| | Russ Dickenson | DNF | |
| | Rhydian Cowley | DNF | |
| | Bob Gardiner | DNF | |

5km Beat Your Season Best

1.	Kathleen O'Mahony	29:07	
2.	Donna Elms	29:58	
3.	Philippa Huse	26:51	
4.	Robyn Shaw	32:04	
5.	Gwen Steed	33:00	
6.	Madeleine Feain	33:24	
7.	Jessica Lillie	31:45	
8.	Taylor-Paige Billington	24:30	F/T

1.	Angus Hay	35:01	
2.	Corey Dickson	26:16	
3.	Reese Walmsley	24:21	
4.	Geoff Barrow	34:59	
5.	John Morrison	38:32	
6.	James Christmass	24:54	M45 VRWC Club Record
7.	Alan Huse	34:22	
8.	Kyle Swan	23:21	
9.	Adam Garganis	22:41	F/T
	Barrie Wicks	DQ	

3km Beat Your Season Best

1.	Paige De Lisen	16:10	
2.	Rebecca Henderson	15:25	F/T
3.	Madison Clark	16:28	
4.	Brodie Richardson	17:05	
5.	Grace Louey	19:00	
6.	Gemma Lillie	19:09	
7.	Lee Taylor	19:48	
8.	Claire Garganis	21:18	

1.	Hayden Walmsley	15:23	
2.	Nikola Mandic	14:57	F/T
3.	Lucas Taylor	17:08	
	Heath Beveridge	DQ	

1.5km Beat Your Season Best

1.	Ruby Paten	07:57	
2.	Charlotte Hay	07:53	F/T
3.	Elise Carbery	11:03	
4.	Pam Mews	15:47	
1.	Joel Prys	08:18	

Peter Vysma has forwarded a list of judges and officials to me so here it is. Apologies if I have missed anyone.

Judges: Peter Vysma (chief), Gordon Loughnan, Lloyd Nichols, Mark O'Mahoney, Stuart Cooper, Shane Dickson, Francis Attard

Officials: Michael Bodey, Susan Taylor, Damien Elms

Canteen: Wendy Cooper

Photos: Terry Swan (see <http://www.vrwc.org.au/coppermine/thumbnails.php?album=54>).

I am on the world's worst internet connection here in my Beijing hotel and I am of course locked out of google, facebook, dropbox and all the other utilities I rely on for the finer points of my newsletter. So I won't try to download and extract VRWC photos this week – it is just a bit too frustrating – a case of the great Internet Wall of China. But Terry Swan was there with camera as usual. See <http://www.vrwc.org.au/coppermine/thumbnails.php?album=54>.

ACT WALKERS CLUB ROADWALKS, MOLONGLO REACH, CANBERRA, SATURDAY 22 AUGUST

Thanks to Robin Whyte for his weekly results from Canberra.

4km Handicap

1.	Tim Fraser	22:53
2.	Jack Thackray	35:55
3.	Kate Black	24:00
4.	Fran Black	36:55
5.	Peter Baker	24:03

8km Handicap

1.	Pat Fisher	1:10:32
2.	Greg Durr	55:15
3.	Jennifer Gilchrist	1:03:49
4.	Robin Whyte	52:31
5.	Ally Durr	45:40

6. David Mackenzie	31:45	6. Bob Parker	1:00:10
7. Terry Munro	32:11	7. Zoe Hunt	44:51 F/T
8. Katie Alley	25:15	8. Geoff Barker	1:02:27
9. Helena Bialecki	25:25	9. Ann Staunton-Jugovic	49:35
10. Gabby Hunt	20:51 F/T	10. Rod Gilchrist	1:02:46
11. Rosemary Parker	29:50	11. Mick Saunders	59:10
12. Jane Bates	29:11		
13. Connor Frew	21:00	2km Handicap	
14. Callum Burns	21:13	1. Laura Burns	11:35 F/T
15. Helen Munro	39:04	2. Nola de Chazal	24:00
16. Dylan Eddowes	27:17		
17. Mitchell Baker	23:01	1km Handicap	
18. Barbara Eddowes	32:15	1. Tom Hunt	05:15 F/T
19. Raine Thompson	41:49	2. Georgia Frew	08:44

SAMA ROADWALKS, BURBRIDGE RD, ADELAIDE, SATURDAY 22 AUGUST

Thanks to Colin Hainsworth for last weekend's results from the South Australian Masters in Adelaide. Colin commented: Calm, warmish arvo. Few small hills. Small turn-out today, probably because of Adelaide Marathon and other distances tomorrow and couple of walkers not back yet from Lyon.

8km Yacht Handicap

1. Edna Bates	1:10:37	W62	59.22%
2. Doug Smart	1:04:27	M72	65.05%
3. Colin Hainsworth	1:07:54	M85	75.49%
4. Geoff Byham	0:54:30	M69	74.06%
5. Graham Harrison	1:01:41	M72	67.96%
6. David Robertson	1:08:26	M82	71.06%

4km Yacht Handicap

1. Roger Lowe	0:31:43	M72	64.30%
2. Rodger Barber	0:30:12	M77	72.27%

WESTERN AUSTRALIAN ROUNDUP

Thanks to Terry Jones for the last couple of rounds of competition from Perth

WARWC Champs, Wilson, Perth, Sunday 22 August

20km Open

1. Dale Hennighan	105.43
Bree-Anna Hennighan	DNF

5km Masters

1. Karyn Tolardo	30.23
2. Rose-Maree Hollaway	34.35
3. Robyn Hughes	35.15
4. Janne Wells	36.18
1. John Smith	40.45

10km U20

1. Isabella Tolardo	73.21
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8km U18

1. Emily Pivac	49.03
2. Holly Hughes	54.42
Hayly Jackson	DNF
1. Declan Tingay	41.51

5km U16

1. Emily Pivac	27.42
1. Ben Reid	28.25

3km U14

1. Eliza Griffin	17.45
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WARWC Walks, Shelley, Sunday 23 August

15km Handicap

1. Dale Hennighan	73.45
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10km Handicap

1. Declan Tingay	51.05
2. Karyn Tolardo	62.35
3. John Smith	83.04
4. Bree-Anna Hennighan	74.46

5km Handicap

1. Emily Pivac	26.39
2. Janne Wells	35.23
3. Rose Hollaway	34.55
4. Hayly Jackson	33.12
5. Ben Reid	DNF

3km Handicap

1. Eliza Griffin	18.52
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2km Handicap

1. Sienna Andritsos	11.30
2. Alessia Andritsos	12.15
3. Amy Holland	12.07
4. Lesley Romeo	15.56

2. Amy Holland 19.06

2km U12

1. Alexandra Griffin 10.55
2. Sienna Andritsos 11.49
3. Myka Richards 14.50

1.5km U10

1. Alessia Andritsos 8.53
2. Kristine Wells 9.39
3. Amber Richards 9.45
4. Emily Bogaers 12.11

2015 USA VS CANADA JUNIOR RACEWALK MATCH, JENNINGS LANDING, ALBANY, NY, SUNDAY 23 AUGUST

Relatively incomplete results from the annual USA vs Canada Junior Racewalk match, held this year in Albany, New York. Overall win to USA with individual wins to Alani Cisneros (24:55) and Marek Adamowicz (46:27).

Junior Women International 5km Walk

1.	Cisneros, Anali		USA	24:55
2.	Michta, Katie		USA	25:33
3.	Newhoff, Katharine		USA	25:53
4.	Cho, Samantha	16	Canada	26:17
5.	Melendez, Amberly		USA	26:32
6.	Podlaski, Meaghan		Fleet Feet Albany	26:58
7.	Allen, Kayla		USA	27:03
8.	Danielson, Kyra	14	Canada	27:35
9.	Zhang, Zoe	17	Canada	29:22
10.	Roach, Mandy	18	Canada	29:32
11.	Leggett, Sagan	18	Fleet Feet Albany	29:54

Teams USA 16 CAN 6

Junior Men International 10km Walk

1.	Adamowicz, Marek	19	Canada	46:27
2.	Peters, Anthony		USA	46:39
3.	Haught, Cameron	17	USA	48:56
4.	Liang, Alger		Canada	50:00
5.	Peters, Alexander		USA	50:51
6.	Serna, Matias	17	USA	51:51
7.	Gruttadauer, A J		Unattached	52:13
8.	Dunn, Spencer	18	USA	54:51
	Theis, Eric	17	Canada	DQ
	Turcotte, Jean-Seb		Canada	DQ

Teams USA 11 CAN 10

24 HEURES DE VALLORBE, VALLORBE, SWITZERLAND, 22-23 AUGUST

Emmanuel Tardi was in Vallorbe, Switzerland, last weekend for the first of the 24 Hour qualifying races for next year's Paris-Alsace classic. He tells me that only a few walkers were on the start line at 1PM on Saturday. The laps were 2.850km long, then reduced to a small 845m lap in the final hour. It was not an easy course as there was a very hard hill to climb in each lap. Local walker Urbain Girod went to an early lead but stopped after 5 or 6 hours. This opened the door to Pascal Biebuyck who went on to win easily with 180.548 km. The 6 Hour walk started at 7AM on the Sunday, with Valéry Houot winning with 53.833km.

24 Heures de Vallorbe

1.	Biebuyck Pascal	180.548 km
2.	Forestieri Alexandre	163.268 km
3.	Picot Gérard	149.495 km
4.	Varin Sylviane (F)	138.699 km
5.	Pruckner Jaroslav	130.772 km
6.	Harbulot Francis	124.431 km
7.	Champmartin Maurice	123.049 km
8.	Rassaind André	118.764 km
9.	Landru Noëlle (F)	108.744 km

10. Mauny Claude	108.541 km
11. Auvray Alain	105.947 km
12. Harbulot Rénata (F)	104.481 km
13. Buger Alain	77.249 km



Pascal Biebuyck, Valéry Houot, Sylvie Maison and Sylviane Varin (photos Emmanuel Tardi)



The hill each lap – no wonder not too many walkers turned out!

6 Heures de Vallorbe

1. Houot Valéry	53.833 km
2. Varain Cédric	52.876 km
3. Michelot Rémy	49.698 km
4. Maison Sylvie (F)	48.306 km
5. Sonnois Martine (F)	47.347 km

6.	Anxionnat Claudine (F)	46.642 km
7.	Brot Daniel	44.930 km
8.	Pheulpin Adrien	44.593 km
9.	Baptiste Hélène (F)	43.269 km
10.	Dumont Raymonde (F)	43.147 km
11.	Pastore Patricia (F)	42.176 km
12.	De Coppet Brigita (F)	41.779 km
13.	Tardy Emmanuel	40.131 km

MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo was busy this week with 6 press releases

- Sun 23 Aug - Race report and results from World Championships 20km Men
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2188
- Sat 22 Aug - Start list for World Championships 20km Men
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2187
- Fri 21 Aug - new IAAF Racewalking Committee members
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2186
- Wed 19 Aug - details of the new IAAF Racewalking Committee
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2185
- Tue 18 Aug - The passing of Italian racewalking official Sergio Cicchetti
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2184
- Tue 18 Aug – A potted history of the IAAF World Championships
http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2183

The omarchador blog will be pleased to know that they are blocked by the Great Firewall of China. Now what nefarious activities have been up to get banned apart from being a specialist blog website.

IAAF ELECTIONS

Sebastian Coe (GBR) was elected as President of the IAAF with 115 votes ahead of Sergey Bubka (UKR) with 92 votes. Coe's first job as IAAF president will be to defend athletics from stinging allegations of widespread doping which threaten to cast a dark cloud over the world championships which kick off on Saturday in Beijing. Bubka was elected as Vice President with the most number of votes (187) alongside Dahlan Al Hamad (159), Hamad Kalkaba Malboum (115) and Alberto Juantorena (111). With 102 votes (second round simple majority), Jose Maria Odriozola (ESP) is the new IAAF treasurer.

A new IAAF Racewalking Committee was also voted in - see http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=2185. Maryanne Daniel and Jean Pierre Dahm are new, the rest are returned. Congratulations to everyone and all the best for the next 4 years of planning and governing.

Chairman	Maurizio Damilano	ITA
Members	Khaled Amara	TUN
	Jean Pierre Dahm	FRA
	Maryanne Daniel Torrelas	USA
	Fumio Imamura	JPN
	Robert Korzeniowski	POL
	Peter Marlow	GBR
	Fausto Mendoza	ECU
	Miguel Angel Rodriguez Gallegos	MEX
	Luis Lafuente Saladie	ESP
	Jane Saville	AUS
	Shande Yang	CHN

#BANCHEGIN

A few bits and pieces re doping, all published in the final leadup to the World Champs

It emerged last Tuesday that the IAAF will take blood tests from only around a third of competitors at the World Championships here this week rather than testing every single athlete, as it did in 2011 and 2013. The IAAF says this is not a case of reducing its anti-doping work. It says it took blood from every athlete in 2011 and 2013 to compile a comprehensive biological passport database and that now that has been achieved, it is intent on targeting those who are most suspected of doping rather than mass screening. See <http://www.telegraph.co.uk/sport/othersports/athletics/11810653/IAAF-cuts-blood-tests-as-it-looks-to-new-chief-to-win-drugs-fight.html> and <http://www.independent.co.uk/sport/general/athletics/world-championships-2015-only-one-in-three-athletes-to-be-tested-10461196.html>

European Athletics chief Svein Arne Hansen has called on the new IAAF president and council to put doping at the top of their agenda for the next four years. See <http://www.supersport.com/athletics/article.aspx?Id=3148264>

A superb summary of the issues facing the IAAF - <http://www.theguardian.com/sport/blog/2015/aug/18/athletics-doping-wada-iaaf>

In 2001, the IWF suspended Nigeria for repeated doping offences, meaning Africa's most populous nation could not send weightlifters to the 2002 Commonwealth Games. World equestrianism's governing body, the FEI, suspended the United Arab Emirates earlier this year following a series of scandals over doping, horse welfare and phantom races. The World Anti-Doping Agency believes a blanket ban on countries whose athletes regularly dope could prove an effective deterrent in sport's war on drugs. But WADA president Craig Reedie says he needs to await a report from his independent commission into the issue of doping in athletics before fully backing any such approach. See <http://edition.cnn.com/2015/08/18/sport/athletics-reedie-blanket-ban-doping/index.html>

With the 2015 world track championships about to start, a look at why anti-doping tests are so ineffective. See http://www.propublica.org/article/speed-bumps-why-its-so-hard-to-catch-cheaters-in-track-and-field?utm_campaign=sprout&utm_medium=social&utm_source=twitter&utm_content=1440072731

DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

2015/2016 Australian/Victorian Key Dates

Sun Aug 30, 2015	Australian Roadwalk Championships, Middle Park, VIC
Sun Sept 13, 2015	Vic 50km Championship, Middle Park, VIC
Oct 3-10, 2015	Australian Masters Games, Adelaide, SA
Sun Dec 13, 2015	Australian 50km Championship, Fawkner Park, VIC
Sun Feb 21, 2016	Australian Summer 20km Championships, Adelaide, SA

2015 International Key Dates

Aug 22-30, 2015	15 th IAAF World Championships in Athletics, Beijing, China. See http://www.iaafbeijing2015.com/en/
Sun Sept 13, 2015	MTR Hong Kong Racewalking Carnival (http://www.hkaaa.com), Hong Kong, HK
Sept 26-29, 2015	Around Taihu Multi-day Race Walking Challenge 2015, Taihu, CHINA
Dec 12-13, 2015	MKH Kajang 12 Hour International Walk, Kajang, Malaysia. See www.themarathonshop.com.my

2016 International Key Dates

May 7-8, 2016	27 th IAAF World Race Walking Team Championships, Cheboksary, Russia
July 19-24, 2016	16 th World Junior T&F Championships, Kazan, Russia
Oct 26 -Nov 6, 2016	21 st World Masters T&F Champs Stadia, Perth, Australia. See http://www.perth2016.com
Aug 5-21, 2016	31 st Olympic Games, Rio de Janeiro, Brazil. See http://www.rio2016.com/en

2016 IAAF Challenge Series (so far)

Sat March 12, 2016	Chihuahua, Mexico
Sat March 19, 2016	Dudince, Slovakia
Sat April 9, 2016	Rio Maior, Portugal
Sat April 23, 2016	Taicang, China
May 7-8, 2016	World Cup, Cheboksary, Russia
Sat May 28, 2016	La Coruna, Spain
August 12-21, 2016	Olympic Games, Rio de Janeiro, Brazil

Looking Further Forward

July 12-16, 2017	10 th World Youth T&F Championships, Niarobi, Kenya
August 5-13, 2017	16 th IAAF World Championships in Athletics, London, UK
August 19-30, 2017	29 th Summer Universiade, Taipei, Taiwan
May 2018	28 th IAAF World Race Walking Team Championships, Cheboksary, Russia

July 2018	16 th World Junior T&F Championships, ?
Apr 4-15, 2018	Commonwealth Games, Gold Coast, Queensland (racewalks on the program). See http://www.gc2018.com
2019	17 th IAAF World Championships in Athletics, Doha, Qatar
July 2019	11 th World Youth T&F Championships, ?
July 2019	30 th Summer Universiade, Brasilia, Brazil
July 2020	32 nd Olympic Games, Tokyo
Aug 2021	18 th IAAF World Championships in Athletics, Eugene, USA

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