

THE CANBERRA CARNIVAL AND THE OPEN 20 MILE EVENT

RACEWALKING AUSTRALIA



Tim Erickson

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INTRODUCTION

The inaugural Canberra 20 Mile walk was held on the Queens Birthday Long Weekend in June 1967. On that occasion, there were 14 finishers in what was an inauspicious start.

Very quickly a carnival built up around the 20 Miler and other events were added. The carnival was backed by the Australian Federation of Race Walking Clubs (now trading as Racewalking Australia) and became its major yearly event.

By the mid eighties the carnival boasted over 200 walkers and by 1990, it had grown to over 300. But the 20 Mile event remained the central showpiece and regularly attracted between 30 and 50 walkers each year. The tough hilly course challenged the walkers, both topline and club standard and the cream of Australia's walkers have strived to win this prestigious event year after year. Even now it remains one of the most highly sought prizes in the Australian racewalking calendar.

Over the years, a number of women have conquered this demanding course and the best of them is Regan Lamble whose time of 2:32:17, set in 2012, sets a daunting standard.

For many years, Willi Sawall was the undisputed king of the Canberra 20 miles. His race record of 2:16:48, set in 1980, withstood all attacks until 2007 when Jared Tallent finally beat it with 2:15:43. In fact, he held the two fastest times overall until Jared's fantastic walk. This, combined with his 8 wins and 2 second placings, put him at the top of the pedestal. Those of us who were privileged to see Willi at his peak are not surprised at this.

But with his 2014 win, Jared Tallent bettered Willi's enviable record of 8 wins and he now has six of the top 12 times ever recorded on this daunting 20 mile course as well as the overall course record of 2:15:43.

This document now nearly complete and contains the full 20 Mile results for all years except for 1969. Many thanks to Bill Starr for providing many of the missing results lists and to John Leydon for checking and finding the various mistakes in my initial attempt.

Tim Erickson

LBG 20 MILE FIRST FIVE PLACINGS, 1967 – 2016

The first five places are shown for each year. In 1999, it was decided that if an overseas walker placed in the first three, then additional medals would be awarded to the first three Australians. From this point onwards, additional placings are shown in the case of overseas medallists.

1967	Frank Clark	2:54:57	Harry Summers	2:57:11	Bob Gardiner	2:57:12	Robin Whyte	2:59:03	Bob Steadman	3:07:59
1968	Jim Gleeson	3:01:22	Bob Steadman	3:03:39	Peter Waddell	3:03:52	Robin Whyte	3:06:46	Les Wade	3:10:07
1969	Frank Clark	2:41:03	Geoff Laycock	2:57:28	Peter Waddell	2:57:42	Justin Coxhead	3:02:08	Ian Henderson	3:05:48
1970	Graeme Nicholls	2:46:40	Justin Coxhead	2:51:36	Arthur Jones	2:57:29	Geoff Laycock	3:00:22	Dave Black	3:02:11
1971	Peter Fullager	2:40:08	Steve Hausfeld	2:40:21	Justin Coxhead	2:44:43	Robin Whyte	2:49:46	Ian Henderson	2:50:35
1972	Peter Fullager	2:39:39	Graeme Nicholls	2:43:48	Steve Hausfeld	2:45:17	Robin Whyte	2:46:29	Eddie Dawkins	2:49:35
1973	Peter Fullager	2:40:04	Graham Nicholls	2:43:25	Robin Whyte	2:46:13	Lindsay Carrucan	2:58:27	Brian Carman	2:59:44
1974	Peter Fullager	2:43:36	Clarrie Jack	2:53:52	Tim Erickson	2:53:52	Eddie Dawkins	2:57:18	Russell Miller	2:59:49
1975	Peter Fullager	2:40:51	Robin Whyte	2:42:12	Tim Erickson	2:42:51	Clarrie Jack	2:50:45	Eddie Dawkins	2:51:51
1976	Willi Sawall	2:33:29	Tim Erickson	2:40:43	Peter Fullager	2:44:55	Robin Whyte	2:49:20	John Tormey	2:53:28
1977	Willi Sawall	2:33:14	Tim Erickson	2:35:01	Clarrie Jack	2:45:54	Robin Whyte	2:50:13	Terry O'Neill	2:51:55
1978	Willi Sawall	2:30:45	Tim Erickson	2:36:47	David Smith	2:38:28	Robin Whyte	2:46:01	John Sheard	2:46:33
1979	Willi Sawall	2:23:10	Tim Erickson	2:33:45	Terry O'Neill	2:41:06	John Sheard	2:43:42	John Smith	2:46:02
1980	Willi Sawall	2:16:48	John Sheard	2:35:17	John Smith	2:37:34	Harry Summers	2:45:47	Robin Whyte	2:48:18
1981	Willi Sawall	2:22:14	Tim Erickson	2:27:23	Bill Dyer	2:39:56	Keith Knox	2:44:13	Rod Huxley	2:45:48
1982	Willi Sawall	2:18:18	Bill Dyer	2:36:52	Keith Knox	2:37:27	Michael Harvey	2:40:20	Bruce Cook	2:42:12
1983	David Smith	2:32:50	Duncan Knox	2:35:39	Michael Harvey	2:36:44	Simon Baker	2:38:47	Bill Dyer	2:39:44
1984	Simon Baker	2:28:00	Michael Harvey	2:29:39	Colin Barnett	2:43:49	David Thomson	2:45:40	Richard Everson	2:46:02
1985	Simon Baker	2:31:02	Willi Sawall	2:31:40	Bill Dyer	2:35:43	Andrew Jachno	2:37:27	Ian Fay	2:38:00
1986	Willi Sawall	2:26:26	Andrew Jachno	2:30:06	Michael Harvey	2:32:44	Terry Jones	2:38:04	Colin Barnett	2:39:55
1987	Simon Baker	2:25:18	Michael Harvey	2:28:36	Robbie McFadden	2:39:44	Mark Donahoo	2:41:39	Bill Dyer	2:43:10
1988	Simon Baker	2:27:37	Michael Harvey	2:27:53	Andrew Jachno	2:31:55	Robbie McFadden	2:32:50	Mark Donahoo	2:36:29
1989	Andrew Jachno	2:27:19	Willi Sawall	2:32:44	Michael Harvey	2:34:21	Tim Erickson	2:43:04	Rod Huxley	2:44:24
1990	Andrew Jachno	2:27:31	Michael Harvey	2:34:07	Mark Donahoo	2:34:12	Mark Dossetor	2:38:00	John Leydon	2:38:47
1991	Simon Baker	2:29:11	Michael Harvey	2:29:54	Steve Beecroft	2:34:15	Greg Robertson	2:35:37	Mark Donahoo	2:41:34
1992	Michael Harvey	2:30:14	John Leydon	2:38:42	Bill Dyer	2:43:48	Shane Pearson	2:46:31	Mark Fletcher	2:47:10
1993	Nick A'Hern	2:24:35	Paul Copeland	2:29:13	Michael Harvey	2:31:18	Simon Baker	2:33:59	Mark Donahoo	2:39:36
1994	Michael Harvey	2:25:55	Mark Dossetor	2:43:14	Duncan Knox	2:45:59	Ignacio Jimenez	2:47:26	Frank Bertei	2:49:36
1995	Scott Nelson (NZ)	2:28:45	Duane Cousins	2:29:29	Michael Harvey	2:36:41	Brent Vallance	2:38:47	Mark Thomas	2:39:53
1996	Craig Barrett (NZ)	2:21:22	Duane Cousins	2:24:39	Simon Baker	2:31:10	Shane Pearson	2:32:34	Dom McGrath	2:33:27
1997	Nick A'Hern	2:22:19	Craig Barrett (NZ)	2:22:26	Dion Russell	2:27:36	Luke Adams	2:33:05	Shane Pearson	2:34:24
1998	Craig Barrett (NZ)	2:19:37	Nathan Deakes	2:21:50	Dion Russell	2:26:14	Duane Cousins	2:28:47	Brent Vallance	2:30:12
1999	Craig Barrett (NZ)	2:25:27	Tony Sargisson (NZ)	2:32:47						
	Darren Bown	2:41:14	Lachlan McDonald	2:51:19	Duncan Knox	2:55:07	Michael Pearson	3:03:24	Peter Vysma	3:03:43
2000	Dion Russell	2:21:35	Craig Barrett (NZ)	2:25:02						
			Nick A'Hern	2:29:53	Duane Cousins	2:35:11	Darren Bown	2:36:00	Brad Malcolm	2:39:38
2001	Luke Adams	2:30:56	Troy Sundstrom	2:31:04	Marcus Dwyer	2:40:48	Michael Harvey	2:46:15	Frank Bertei	2:48:15
2002	Luke Adams	2:31:37	Darren Bown	2:32:05	Troy Sundstrom	2:36:52	Frank Bertei	2:42:54	Chris Erickson	2:44:37
2003	Darren Bown	2:31:46	Liam Murphy	2:32:09	Frank Bertei	2:42:12	Chris Erickson	2:43:58	Mark Donahoo	3:03:33
2004	Craig Barrett (NZ)	2:30:02								
	Chris Erickson	2:37:07	Darren Bown	2:39:05	Troy Sundstrom	2:44:44	Andrew Ludwig	3:00:33	Peter Bennett	3:09:08
2005	Jared Tallent	2:22:39	Chris Erickson	2:27:04	Craig Barrett (NZ)	2:28:24				
			Duane Cousins	2:37:20			Darren Bown	2:39:38	Troy Sundstrom	2:42:40
2006	Duane Cousins	2:32:48	Jared Tallent	2:37:31	Tom Barnes	2:40:40	Troy Sundstrom	2:41:52	Andrew Jamieson	2:46:23
2007	Jared Tallent	2:15:43	Chris Erickson	2:24:18	Adam Rutter	2:26:23	Tom Barnes	2:33:17	Tony Sargisson	2:38:58
2008	Jared Tallent	2:20:31	Adam Rutter	2:25:42	Chris Erickson	2:27:08	Darren Bown	2:32:00	Tom Barnes	2:32:32
2009	Jared Tallent	2:14:57	Luke Adams	2:18:49	Chris Erickson	2:22:47	Adam Rutter	2:28:40	Darren Bown	2:34:27
2010	Jared Tallent	2:26:35	Chris Erickson	2:27:59	Ian Rayson	2:28:13	Darren Bown	2:39:53	Stuart Kollmorgen	3:06:07
2011	Jared Tallent	2:18:59	Luke Adams	2:19:46	Nathan Deakes	2:21:50	Chris Erickson	2:24:37	Adam Rutter	2:25:55
2012	Jared Tallent	2:18:00	Chris Erickson	2:26:36	Regan Lambie	2:32:17	Iggy Jimenez	2:59:42	Peter Crump	3:02:19
2013	Jared Tallent	2:20:42	Chris Erickson	2:21:12	Ian Rayson	2:22:20	Kim Mottrom	2:37:59	Brad Simpson	2:49:17
2014	Jared Tallent	2:27:27	Chris Erickson	2:31:50	Adam Rutter	2:32:53	Dean Nipperess	3:07:19	Justin Hill	3:08:53
2015	Quentin Rew	2:21:17	Jared Tallent	2:23:02	Ian Rayson	2:27:49	Brendon Reading	2:33:30	Bradley Simpson	2:50:35
2016	Chris Erickson	2:19:51	Quentin Rew	2:21:26	Jared Tallent	2:23:43	Darren Bown	3:01:17	Peter Bennett	3:08:17
2017	Darren Bown	2:57:56	Ignacio Jimenez	3:05:52	Peter Crump	3:20:52	Peter Bennett	3:26:46	Robin Whyte	3:48:16

ALL PERFORMANCES UNDER 2:40:00 FOR THE 20 MILE EVENT

This list includes all performances under the nominal standard of 2:40:00. This time has always been the target for which generations of walkers have striven. To break 2:40:00 on the tough Canberra course has always been regarded as a high standard walk.

1.	2:14:57	Jared Tallent	VRWC	2009	53.	2:27:53	Michael Harvey	VIC	1988
2.	2:15:43	Jared Tallent	VRWC	2007	54.	2:27:59	Chris Erickson	VRWC	2010
3.	2:16:48	Willi Sawall	VIC	1980	55.	2:28:00	Simon Baker	VIC	1984
4.	2:18:00	Jared Tallent	RWV	2012	56.	2:28:13	Ian Rayson	REGAL	2010
5.	2:18:18	Willi Sawall	VIC	1982	57.	2:28:24	Craig Barrett	ACTRFCW	2005
6.	2:18:49	Luke Adams	REGAL	2009	58.	2:28:36	Michael Harvey	VIC	1987
7.	2:18:59	Jared Tallent	VIC	2011	59.	2:28:40	Adam Rutter	NSWRWC	2009
8.	2:19:37	Craig Barrett	NZ	1998	60.	2:28:45	Scott Nelson	NZ	1995
9.	2:19:46	Luke Adams	REGAL	2011	61.	2:28:47	Duane Cousins	VRWC	1998
10.	2:19:51	Chris Erickson	RWV	2016	62.	2:29:11	Simon Baker	VRWC	1991
11.	2:20:31	Jared Tallent	VRWC	2008	63.	2:29:13	Paul Copeland	PP	1993
12.	2:20:42	Jared Tallent	RWV	2013	64.	2:29:29	Duane Cousins	VRWC	1995
13.	2:21:12	Chris Erickson	RWV	2013	65.	2:29:39	Michael Harvey	VIC	1984
14.	2:21:17	Quentin Rew	RWV	2015	66.	2:29:53	Nick A'Hern	REGAL	2000
15.	2:21:22	Craig Barrett	NZ	1996	67.	2:29:54	Michael Harvey	VRWC	1991
16.	2:21:26	Quentin Rew	RWV	2016	68.	2:30:02	Craig Barrett	NZ	2004
17.	2:21:35	Dion Russell	VRWC	2000	69.	2:30:06	Andrew Jachno	VIC	1986
18.	2:21:50	Nathan Deakes	VRWC	1998	70.	2:30:12	Brent Vallance	REGAL	1998
19.	2:21:50	Nathan Deakes	VIC	2011	71.	2:30:14	Michael Harvey	VRWC	1992
20.	2:22:14	Willi Sawall	VIC	1981	72.	2:30:45	Willi Sawall	VIC	1978
21.	2:22:19	Nick A'Hern	REGAL	1997	73.	2:30:56	Luke Adams	REGAL	2001
22.	2:22:20	Ian Rayson	REGAL	2013	74.	2:31:02	Simon Baker	VIC	1985
23.	2:22:26	Craig Barrett	NZ	1997	75.	2:31:04	Troy Sundstrom	REGAL	2001
24.	2:22:39	Jared Tallent	VRWC	2005	76.	2:31:10	Simon Baker	VRWC	1996
25.	2:22:47	Chris Erickson	VRWC	2009	77.	2:31:10	Brendan Reading	ACTW	2011
26.	2:23:02	Jared Tallent	SARWC	2015	78.	2:31:16	Luke Adams	REGAL	1998
27.	2:23:10	Willi Sawall	VIC	1979	79.	2:31:18	Michael Harvey	PP	1993
28.	2:23:43	Jared tallent	RWV	2016	80.	2:31:31	Ian Rayson	REGAL	2011
29.	2:24:18	Chris Erickson	VRWC	2007	81.	2:31:37	Luke Adams	REGAL	2002
30.	2:24:35	Nick A'Hern	NSW	1993	82.	2:31:40	Willi Sawall	VIC	1985
31.	2:24:37	Chris Erickson	VIC	2011	83.	2:31:46	Darren Bown	SARWC	2003
32.	2:24:39	Duane Cousins	VRWC	1996	84.	2:31:50	Chris Erickson	RWV	2014
33.	2:25:02	Craig Barrett	NZ	2000	85.	2:31:55	Andrew Jachno	VIC	1988
34.	2:25:18	Simon Baker	VIC	1987	86.	2:32:00	Darren Bown	SAAWC	2008
35.	2:25:27	Craig Barrett	NZ	1999	87.	2:32:05	Darren Bown	SARWC	2002
36.	2:25:42	Adam Rutter	NSWRWC	2008	88.	2:32:09	Liam Murphy	SARWC	2003
37.	2:25:55	Michael Harvey	VRWC	1994	89.	2:32:17	Regan Lamble (F)	RWV	2012
38.	2:25:55	Adam Rutter	NSWRWC	2011	90.	2:32:32	Tom Barnes	VRWC	2008
39.	2:26:14	Dion Russell	VRWC	1998	91.	2:32:34	Shane Pearson	QRWC	1996
40.	2:26:23	Adam Rutter	NSWRW	2007	92.	2:32:44	Michael Harvey	VIC	1986
41.	2:26:35	Jared Tallent	VRWC	2010	93.	2:32:44	Willi Sawall	VIC	1989
42.	2:26:36	Chris Erickson	RWV	2012	94.	2:32:47	Tony Sargisson	NZ	1999
43.	2:26:56	Willi Sawall	VIC	1986	95.	2:32:48	Duane Cousins	VRWC	2006
44.	2:27:04	Chris Erickson	VRWC	2005	96.	2:32:50	Dave Smith	VIC	1983
45.	2:27:08	Chris Erickson	VRWC	2008	97.	2:32:50	Robert McFadden	SA	1988
46.	2:27:19	Andrew Jachno	VIC	1989	98.	2:32:53	Adam Rutter	NSWRWC	2014
47.	2:27:23	Tim Erickson	VIC	1981	99.	2:33:05	Luke Adams	REGAL	1997
48.	2:27:27	Jared Tallent	SARWC	2014	100.	2:33:12	Ian Rayson	REGAL	2008
49.	2:27:31	Andrew Jachno	VRWC	1990	101.	2:33:14	Willi Sawall	VIC	1977
50.	2:27:36	Dion Russell	VRWC	1997	102.	2:33:17	Tom Barnes	VRWC	2007
51.	2:27:37	Simon Baker	VIC	1988	103.	2:33:27	Dominic McGrath	VRWC	1996
52.	2:27:49	Ian Rayson	REGAL	2015	104.	2:33:29	Willi Sawall	VIC	1976

105. 2:33:30	Brendon Reading	ACTW	2015	133. 2:37:20	Duane Cousins	VRWC	2005
106. 2:33:45	Tim Erickson	VIC	1979	134. 2:37:24	Scott Nelson	NZ	1997
107. 2:33:59	Simon Baker	VRWC	1993	135. 2:37:27	Keith Knox	NSW	1982
108. 2:34:07	Michael Harvey	VRWC	1990	136. 2:37:27	Andrew Jachno	VIC	1985
109. 2:34:12	Mark Donahoo	VRWC	1990	137. 2:37:31	Jared Tallent	VRWC	2006
110. 2:34:15	Steve Beecroft	VRWC	1991	138. 2:37:34	John Smith	NSW	1980
111. 2:34:21	Michael Harvey	VIC	1989	139. 2:37:40	Ian Waters	VIC	1988
112. 2:34:27	Darren Bown	SAAWC	2009	140. 2:37:59	Kim Mottrom	SARWC	2013
113. 2:34:28	Shane Pearson	QRWC	1997	141. 2:38:00	Ian Fay	SA	1985
114. 2:34:43	Duane Cousins	VRWC	1997	142. 2:38:00	Mark Dossetor	VRWC	1990
115. 2:34:58	Michael Harvey	VRWC	1997	143. 2:38:04	Terry Jones	WA	1986
116. 2:35:01	Tim Erickson	VIC	1977	144. 2:38:28	Dave Smith	VIC	1978
117. 2:35:11	Duane Cousins	VRWC	2000	145. 2:38:42	John Leydon	NSW	1992
118. 2:35:17	John Sheard	VIC	1980	146. 2:38:47	Simon Baker	VIC	1983
119. 2:35:37	Greg Robertson	TAS	1991	147. 2:38:47	John Leydon	VRWC	1990
120. 2:35:39	Duncan Knox	VIC	1983	148. 2:38:47	Brent Vallance	NSW	1995
121. 2:35:43	Bill Dyer	VIC	1985	149. 2:38:58	Tony Sargisson	NZ	2007
122. 2:35:43	Brendon Reading	ACTRFWC	2009	150. 2:39:05	Darren Bown	SARWC	2004
123. 2:36:00	Darren Bown	SA	2000	151. 2:39:20	Marcus Dwyer	VRWC	1998
124. 2:36:29	Mark Donahoo	VIC	1988	152. 2:39:36	Mark Donahoo	VRWC	1993
125. 2:36:41	Michael Harvey	VRWC	1995	153. 2:39:38	Brad Malcolm	VRWC	2000
126. 2:36:44	Michael Harvey	VIC	1983	154. 2:39:38	Darren Bown	SARWC	2005
127. 2:36:47	Tim Erickson	VIC	1978	155. 2:39:39	Peter Fullager	SA	1972
128. 2:36:52	Bill Dyer	VIC	1982	156. 2:39:44	Bill Dyer	VIC	1983
129. 2:36:52	Troy Sundstrom	REGAL	2002	157. 2:39:53	Mark Thomas	VRWC	1995
130. 2:37:01	Tony Sargisson	NZ	1997	158. 2:39:53	Darren Bown	SARWC	2010
131. 2:37:07	Chris Erickson	VRWC	2004	159. 2:39:55	Colin Barnett	NSW	1986
132. 2:37:11	Brian Trower	VIC	1988	160. 2:39:56	Bill Dyer	VIC	1981

ALL TIME RANKINGS – 20 MILE EVENT

This list shows the best time for each competitor who has broken 2:40:00. Note that many of the competitors on this list have done this more than once.

1.	Jared Tallent	2009	VIC	2:14:57
2.	Willi Sawall	1980	VIC	2:16:48
3.	Luke Adams	2009	NSW	2:18:49
4.	Craig Barrett (NZ)	1998	NZ	2:19:37
5.	Chris Erickson	2016	VIC	2:19:51
6.	Quentin Rew	2015	VIC	2:21:17
7.	Dion Russell	2000	VIC	2:21:35
8.	Nathan Deakes	1998	VIC	2:21:50 (also in 2011, same time)
9.	Nick A'Hern	1997	NSW	2:22:19
10.	Ian Rayson	2013	VIC	2:22:20
11.	Duane Cousins	1996	VIC	2:24:39
12.	Simon Baker	1987	VIC	2:25:18
13.	Adam Rutter	2008	NSW	2:25:42
14.	Michael Harvey	1994	VIC	2:25:55
15.	Andrew Jachno	1989	VIC	2:27:19
16.	Tim Erickson	1981	VIC	2:27:23
17.	Scott Nelson (NZ)	1995	NZ	2:28:45
18.	Paul Copeland	1993	VIC	2:29:13
19.	Brent Vallance	1998	NSW	2:30:12
20.	Troy Sundstrom	2001	NSW	2:31:04
21.	Brendon Reading	2011	ACT	2:31:10
22.	Darren Bown	2003	SA	2:31:46
23.	Liam Murphy	2003	SA	2:32:09
24.	Regan Lambie (F)	2012	VIC	2:32:17
25.	Tom Barnes	2008	VIC	2:32:32
26.	Shane Pearson	1996	QLD	2:32:34
27.	Tony Sargisson (NZ)	1999	NZ	2:32:47
28.	David Smith	1983	VIC	2:32:50
29.	Robbie McFadden	1988	SA	2:32:50
30.	Dominic McGrath	1996	VIC	2:33:27
31.	Mark Donahoo	1990	VIC	2:34:12
32.	Steve Beecroft	1991	VIC	2:34:15
33.	John Sheard	1980	VIC	2:35:17
34.	Greg Robertson	1991	TAS	2:35:37
35.	Duncan Knox	1983	VIC	2:35:39
36.	Bill Dyer	1985	VIC	2:35:43
37.	Brian Trower	1988	VIC	2:37:11
38.	Keith Knox	1982	NSW	2:37:27
39.	John Smith	1980	NSW	2:37:34
40.	Ian Waters	1988	VIC	2:37:40
41.	Kim Mottrom	2013	SA	2:37:59
42.	Ian Fay	1985	SA	2:38:00
43.	Mark Dossetor	1990	VIC	2:38:00
44.	Terry Jones	1986	WA	2:38:04
45.	John Leydon	1992	NSW	2:38:42
46.	Marcus Dwyer	1998	VIC	2:39:20
47.	Brad Malcolm	2000	VIC	2:39:38
48.	Peter Fullager	1972	SA	2:39:39
49.	Mark Thomas	1995	VIC	2:39:53
50.	Colin Barnett	1986	NSW	2:39:55

MOST NUMBER OF TIMES UNDER 2:40:00

Longevity and ongoing quality of performance are highlighted in this list. Michael Harvey stands alone at the top of the list as our most consistent Canberra performer with Jared Tallent and Chris Erickson hot on his heels and set to overtake him soon, based on present form. The great Willi Sawall still sits in the top 4.

Michael Harvey	13
Jared Tallent	12
Chris Erickson	11
Willi Sawall	10
Simon Baker	8
Craig Barrett	7
Duane Cousins	7
Darren Bown	7
Luke Adams	6
Andrew Jachno	5
Adam Rutter	5
Ian Rayson	5
Bill Dyer	4
Tim Erickson	4
Dion Russell	3
Brendon Reading	3
Nick A'Hern	3
Mark Donahoo	3
David Smith	2
Brent Vallance	2
John Leydon	2
Robbie McFadden	2
Scott Nelson	2
Shane Pearson	2
Troy Sundstrom	2
Tom Barnes	2
Nathan Deakes	2
Quentin Rew	2
Brad Malcolm	1
Brian Trower	1
Colin Barnett	1
Dominic McGrath	1
Duncan Knox	1
Greg Robertson	1
Ian Fay	1
Ian Waters	1
John Sheard	1
John Smith	1
Keith Knox	1
Liam Murphy	1
Marcus Dwyer	1
Mark Dossetor	1
Mark Thomas	1
Paul Copeland	1
Peter Fullager	1
Steve Becroft	1
Terry Jones	1
Regan Lamble (F)	1

ALL TIME HONOURS LIST

This table lists all those walkers who have won medals in two or more Canberra 20 Miles. The standout competitors of all time are Jared Tallent and Willi Sawall, with 9 and 8 wins respectively.

Walker	Gold	Silver	Bronze	Total
Jared Tallent	9	2	1	12
Willi Sawall	8	2	0	10
Peter Fullager	5	0	1	6
Simon Baker	5	0	1	6
Craig Barrett	4	2	1	5
Luke Adams	3	2	0	6
Darren Bown	3	2	0	5
Chris Erickson	2	6	2	10
Michael Harvey	2	5	5	12
Andrew Jachno	2	1	1	4
Nick A'Hern	2	1	0	3
Quentin Rew	1	1	0	2
Duane Cousins	1	2	2	5
Graham Nicholls	1	2	0	3
Dion Russell	1	0	2	3
David Smith	1	0	1	2
Tim Erickson	0	5	2	7
Bill Dyer	0	1	3	4
Troy Sundstrom	0	1	2	3
Duncan Knox	0	1	2	3
Steve Hausfeld	0	1	1	2
Clarrie Jack	0	1	1	2
Robin Whyte	0	1	1	2
Adam Rutter	0	1	2	3
Nathan Deakes	0	1	1	2
Ian Rayson	0	0	2	2

MOST NUMBER OF FINISHES

Robin Whyte has started every 20 Mile event since its inception and has failed to finish on only 4 occasions – DNF in 1969 and DQs in 1982, 2005 and 2016. So he has 47 finishes (all are documented except for his performance in 1969 for which the results are incomplete).

Bill Starr and Duncan Knox are next numerically with 36 and 31 finishes respectively. Since all 3 walkers are still regular competitors, their dominance of this list is expected to extend even further over the next few years.

The following list shows all those walkers who have completed 3 or more Canberra 20 Mile championships.

Robin Whyte	47		Stuart Kollmorgen	4	
Bill Starr	37	Brian Hamer	6	Adam Rutter	4
Duncan Knox	31	Eddie Dawkins	6	Alan Hancock	3
Frank Overton	21	John Tormey	6	Andrew Blood	3
Peter Bennett	21	Keith Heness	6	Ben Richardson	3
Peter Waddell	18	Peter Fullager	6	Brian Carman	3
Michael Harvey	17	Ralph Field	6	Brian Trower	3
Brendan Hyde	16	Troy Sundstrom	6	Colin Barnett	3
Mark Donahoo	16	Terry O'Neill	6	Craig Webb	3
Clarrie Jack	16	Andrew Jachno	5	Daniel Andrikis	3
Keith Knox	15	Bruce Dudon	5	David Gaff	3
Tim Thompson	15	Daryl Biggin	5	Dion Russell	3
Harry Summers	13	David Thomson	5	Dominic McGrath	3
Chris Erickson	13	Justin Coxhead	5	G Martin	3
Jared Tallent	12	Mark Dossetor	5	Geoff Laycock	3
John Smith	12	Murray Marker	5	Graeme Nicholls	3
Darren Bown	12	Paul Moritz	5	Hugh Geyteman	3
Keith Law	11	Robin Wood	5	Ian Fay	3
Rod Huxley	11	Ron Whitham	5	J Millington	3
John Harris	10	Shane Pearson	5	Jim Bannan	3
Paul Dorsett	10	Tom Daintry	5	John Jardine	3
Simon Baker	10	Trevor Vogler	5	John Lardi	3
Willi Sawall	10	Warren Harbour	5	Ken Hall	3
Frank Bertei	9	Andrew Ludwig	5	Marcus Dwyer	3
Gus Theobald	9	Ian Rayson	5	Mark Dredge	3
Mark Wall	9	Terry O'Neill	5	Mark Fletcher	3
Bill Dyer	8	Lachlan Wilkinson	5	Mark Thomas	3
Claude Martin	8	Alex Crawford	4	Mick Mulligan	3
John Leydon	8	Ann Staunton (F)	4	Mike Porter	3
Tim Erickson	8	Bill Cook	4	Murray Brown	3
Robert Osborne	8	Bill Dillon	4	Noel Woller	3
Peter Crump	8	Bob Mee	4	Paul Francis	3
Val Chesterton (F)	8	Chris Stratford	4	Rob Lilley	3
Bob Chapman	7	Dave Cash	4	Robert McFadden	3
Bruce Cook	7	F Sawyer	4	Shiela Miller (F)	3
Caleb Maybir	7	Greg Sockhill	4	Sid Bray	3
Colin Hainsworth	7	Jack Webber	4	Steve Hausfield	3
Craig Barrett	7	John Sheard	4	Tony Barrett	3
Ian Jack	7	John Stenhouse	4	Tom Barnes	3
Roy McFadden	7	Mark Coleman	4	Andrew Cross	3
Stuart Cooper	7	Nick A'Hern	4	Brian Thomas	3
Duane Cousins	7	Paul Thompson	4	Colin Heywood	3
Andrew Jamieson	7	Peter Bethune	4	Ignatio Jimenez	3
Luke Adams	7	Ron Crawford	4		
Ignacio Jiminez	7	Stan Malbut	4		
Karyn O'Neill (F)	7	Vic Townsend	4		
		Tony Sargisson	4		

HONOUR LIST – FEMALE FINISHERS

Regan Lamble and Kerry Saxby Junna head the select list of women have completed this daunting event. Val Chesterton has 8 finishes to her credit, Karyn O'Neill has 7 finishes, Ann Staunton has 4 finishes and Shiela Miller has 3 finishes. Regan's time of 2:32:17 saw her finish third overall in 2012 and it sets a standard that will be hard to match.

1978	Shirley Brasher Elaine McFarlane	VIC SA	3:47:36 3:52:31	34 th 36 th
1979	Shiela Miller	VIC	3:31:17	29 th
1980	Shiela Miller	VIC	3:17:01	24 th
1981	Shiela Miller	VIC	3:14:08	24 th
1982	Marlaine Stanway	VIC	3:27:48	19 th
1992	Ann Staunton	ACT	3:28:06	19 th
1993	Ann Staunton	ACT	3:26:26	25 th
1994	Celia Bertei	PP	3:13:00	15 th
1997	Ann Staunton	ACT	3:29:40	24 th
1998	Ann Staunton	ACT	3:43:40	26 th
2000	Kerry Saxby Junna Simone Wolowiec	REGAL VRWC	2:41:43 2:55:14	8 th 12 th
2005	Val Chesterton	ACT	4:24:36	16 th
2006	Val Chesterton	ACT	4:31:34	14 th
2007	Megan Szirom Val Chesterton	VRWC ACT	2:53:01 4:24:06	9 th 13 th
2008	Val Chesterton	ACT	4:42:19	19 th
2009	Megan Szirom Val Chesterton	VRWC ACT	2:49:54 4:40:26	8 th 17 th
2010	Val Chesterton	ACT	4:47:54	11 th
2011	Cheryl Webb Michelle Thompson Mary Willis Karyn O'Neill	NSW VIC NSW VIC	2:52:22 3:29:14 3:57:02 4:00:21	8 th 15 th 18 th 19 th
2012	Regan Lamble Karyn O'Neill	VIC VIC	2:32:17 4:01:16	3 rd 11 th
2013	Karyn O'Neill	VIC	3:51:00	9 th
2014	Karyn O'Neill	VIC	3:54:36	11 th
2015	Karyn O'Neill	VIC	3:46:59	10 th
2016	Karyn O'Neill Sandra Howorth Val Chesterton	VIC VIC ACT	3:58:53 4:38:28 5:02:47	13 th 16 th 17 th
2017	Karyn O'Neill Val Chesterton	VIC ACT	3:54:37 5:07:53	7 th 8 th

RANKING LIST – WOMEN

1.	Regan Lamble	VIC	2:32:17
2.	Kerry Saxby-Junna	NSW	2:41:43
3.	Megan Szirom	VIC	2:49:54
4.	Simone Wolowiec	VIC	2:55:14
5.	Celia Bertei	VIC	3:13:00
6.	Shiela Miller	VIC	3:14:08
7.	Ann Staunton	ACT	3:26:26
8.	Marlaine Stanway	VIC	3:27:48
9.	Michelle Thompson	VIC	3:29:14
10.	Karyn O'Neill	VIC	3:46:59
11.	Shirley Brasher	VIC	3:47:36
12.	Elaine McFarlane	SA	3:52:31
13.	Mary Willis	NSW	3:57:02
14.	Val Chesterton	ACT	4:24:06
15.	Sandra Howorth	VIC	4:38:28

THE H. C. CAMPBELL SHIELD FOR THE 20 MILES TEAMS EVENT



H. C. Campbell

Harry Campbell, initially from East Sydney, spent some time before the First World War as the press recorder for the Adelaide Harriers and Walking Club. During this time, he was a most enthusiastic walker. After the War, he moved back to NSW and took over as Secretary of the NSW Walking and Field Games Club. He mixed walking with his administration duties for some years until he turned fully to administering the sport he so loved. He continued in that role until his death in December 1963. He was a regular attendee at all walking events throughout Australia and, when a teams event was added to the AFRWC 20 mile event in 1970, it was fittingly named in memory of him.

1970	VAWC	Graeme Nicholls	Justin Coxhead	Geoff Laycock
1971	SAAWC	Peter Fullager	Frank Leonard	Dean Knight
1972	ACTRWC	Robin Whyte	M Barfoot	John Tormey
1973	NSWRWC	Lindsay Carrucan	C Campbell	Eddie Dawkins
1974	VAWC	Clarrie Jack	Russell Miller	Tim Erickson
1975	SAAWC	Peter Fullager	Tim Thompson	Stan Malbut
1976	VAWC	Willi Sawall	Tim Erickson	Peter Bethune
1977	VAWC	Willi Sawall	Tim Erickson	Clarrie Jack
1978	VAWC	Willi Sawall	Tim Erickson	John Sheard
1979	VAWC	Willi Sawall	Tim Erickson	Clarrie Jack
1980	VAWC	Willi Sawall	John Sheard	Harry Summers
1981	VAWC	Willi Sawall	Tim Erickson	Bill Dyer
1982	VAWC	Willi Sawall	Bill Dyer	Duncan Knox
1983	VAWC	David Smith	Michael Harvey	Simon Baker
1984	VAWC	Simon Baker	Michael Harvey	Mark Donahoo
1985	VAWC	Simon Baker	Willi Sawall	Bill Dyer
1986	VAWC	Willi Sawall	Andrew Jachno	Michael Harvey
1987	VAWC	Simon Baker	Michael Harvey	Mark Donahoo
1988	VAWC	Simon Baker	Michael Harvey	Andrew Jachno
1989	VAWC	Andrew Jachno	Willi Sawall	Michael Harvey
1990	VAWC	Andrew Jachno	Michael Harvey	Mark Donahoo
1991	VAWC	Simon Baker	Michael Harvey	Steve Beecroft
1992	VAWC	Michael Harvey	Bill Dyer	Mark Fletcher
1993	PROC. PARK	Paul Copeland	Michael Harvey	Frank Bertie
1994	VRWC	Michael Harvey	Duncan Knox	Matthew Coleman
1995	VRWC	Duane Cousins	Michael Harvey	Mark Thomas
1996	VRWC	Duane Cousins	Dominic McGrath	Mark Donahoo
1997	Regal	Nick A'Hern	Luke Adams	Damian O'Mara
1998	VRWC	Nathan Deakes	Dion Russell	Duane Cousins
1999	VRWC	Lachlan McDonald	Duncan Knox	Peter Vysma
2000	VRWC	Dion Russell	Duane Cousins	Brad Malcolm
2001	VRWC	Marcus Dwyer	Michael Harvey	Frank Bertie
2002	VRWC	Frank Bertie	Chris Erickson	Andy Jamieson
2003	SAAWC	Darren Bown	Liam Murphy	Bill Starr
2004	SAAWC	Darren Bown	John Leydon	Bill Starr
2005	VRWC	Jared Tallent	Chris Erickson	Duane Cousins
2006	VRWC	Duane Cousins	Jared Tallent	Tom Barnes
2007	VRWC	Jared Tallent	Chris Erickson	Tom Barnes

2008	VRWC	Jared Tallent	Chris Erickson	Tom Barnes
2009	VRWC	Jared Tallent	Chris Erickson	Andrew Jamieson
2010	VRWC	Jared Tallent	Chris Erickson	Stuart Kollmorgen
2011	RWV	Jared Tallent	Luke Adams	Nathan Deakes
2012	RWV	Jared Tallent	Chris Erickson	Regan Lambie (F)
2013	RWV	Jared Tallent	Chris Erickson	Brad Simpson
2014	SARWC	Jared Tallent	Justin Hill	Peter Crump
2015	RWV	Quentin Rew	Bradley Simpson	Terry O'Neill
2016	RWV	Chris Erickson	Quentin Rew	Aaron McDonough
2017	QRWC	Ignatio Jimenez	Peter Bennett	Argenis Guevara

VRWC won 33 out of the 41 Teams Races up until 2010. In many cases, the VRWC teams came not only 1st but often 2nd or 3rd as well. Now rebadged as RWV, the strong Victorian contingent continues to win this shield on most occasions and the count is now up to 38 out of 48.

LBG 20 MILE HANDICAP WINNERS

A Handicap Award was instituted in 1970, to recognise the walker who most exceeded expectations in the event. Individual placegetters are excluded from this competition, in which club secretaries submit expected times. The trophy was presented to the carnival by Nigel Crew of ACT and is now named the Nigel Crew Trophy in his honour.

1970	Justin Coxhead	VAWC
1971	Rod Bambery	VAWC
1972	Graeme Evans	SA
1973	Ralph Feild	VAWC
1974	J Millington	NCC
1975	Bill Dillon	VAWC
1976	C O'Brien	SA
1977	Greg Sockhill	QLD
1978	Stan Malbut	SA
1979	Roy McFadden	SA
1980	Frank Overton	NSW
1981	Roy McFadden	SA
1982	Dave Cash	VAWC
1983	Bill Starr	SA
1984	Richard Everson	SA
1985	Bill Starr	SA
1986	Terry Jones	WA
1987	Brian Trower	VAWC
1988	Brian Trower	VAWC
1989	M Marker	SA
1990	M Dredge	NSW
1991	M Kuppler	PROC PARK
1992	Bill Starr	SA
1993	M Kuppler	PROC PARK
1994	Peter Bennett	QLD
1995	Shane Pearson	QLD
1996	Mark Donahoo	VRWC
1997	Malcolm Coleman	PROVINCIAL
1998	Mark Dossetor	ACT
1999	Peter Vysma	VRWC
2000	Simone Wolowic (F)	VRWC
2001	Bob Chapman	ACT
2002	Duncan Knox	VRWC
2003	Bill Starr	SA
2004	Andrew Ludwig	QLD
2005	Val Chesterton (F)	ACT
2006	Mark Worrall	ACT
2007	Andrew Cross	QLD
2008	Bill Starr	SA
2009	Brendon Reading	ACT
2010	Duncan Knox	VRWC
2011	Peter Bennett	QLD
2012	Bill Starr	SA
2013	Kim Mottrom	SA
2014	Robert Osborne	REGAL
2015	Darren Bown	SA
2016	Clarrie Jack	RWV
2017	Robin Whyte	ACT

CANBERRA 20 MILE EVENT – COMPLETE RESULTS 1967 – 2017

1967

Walkers from 4 States contested the inaugural 20 Mile event around Lake Burley Griffin. The race began in heavy rain which added to the hazards of a dug up road and another section of wet tar all in the first three miles. Walkers covered the remaining distance with a liberal coating of tar on their legs and black shoes. Frank Clark and Peter McCullagh began fast and opened up a break over Bob Gardiner, Robin Whyte and Harry Summers. At the half way mark, McCullagh gained an advantage over Clark but incurred the displeasure of the judges, leaving Frank about six minutes in front of Robin Whyte who was walking strongly and had a 2 minute break on Gardiner and Summers. Over the last 3 miles, the position changed with Gardiner and Summers making up a lot of ground to pass Whyte and get closer to Clark, but Frank had plenty in hand and went on to a good win.

1.	Frank Clark	NSW	2:54:57
2.	Harry Summers	VIC	2:57:11
3.	Bob Gardiner	VIC	2:57:12
4.	Robin Whyte	NSW	2:59:03
5.	Bob Steadman	VIC	3:07:59
6.	Murray Brown	VIC	3:10:36
7.	Les Wade	NSW	3:11;19
8.	Vic Townsend	NSW	3:12:12
9.	Geoff Laycock	VIC	3:14:10
10.	John Busst	VIC	3:34:13
11.	Gus Theobald	VIC	3:34:23
12.	J Connelly	NSW	3:35:03
13.	J Roberts	QLD	3:36:39
14.	Nigel Crew	ACT	3:50:25

1968

On this second staging, the Carnival was extended to include a number of subsidiary events. The list included

Men - Sub Junior & Senior 6 Miles

Women – Sub Junior, Junior and Senior 2 Miles

Under 14 ¾ Mile

1.	Jim Gleeson	VIC	3:01:22
2.	Bob Steadman	VIC	3:03:39
3.	Peter Waddell	NSW	3:03:52
4.	Robin Whyte	ACT	3:06:46
5.	Les Wade	NSW	3:10:07
6.	Vic Townsend	NSW	3:11:38
7.	Murray Brown	VIC	3:17:55
8.	Justin Coxhead	VIC	3:20:40
9.	Dave Du Bondi	VIC	3:31:45
10.	Gus Theobald	VIC	3:39:23
11.	? Parsons	VIC	3:46:05
	John Tormey	ACT	DNF
	Ray Smith	VIC	DNF
	Alan Lucas	VIC	DNF
	G Francis	ACT	DNF

1969

The race was easily won by Frank Clark in a new course record. Graeme Nicholls looked like taking second but took off on a cross country trip, well of course.

1.	Frank Clark	NSW	2:41:03
2.	Geoff Laycock	VIC	2:57:28
3.	Peter Waddell	NSW	2:57:42
4.	Justin Coxhead	VIC	3:02:08
5.	Ian Henderson	VIC	3:05:48
6.	Ray Smith	VIC	3:10:08
	Robin Wood	VIC	3:12:03
	Clarrie Jack	VIC	3:13:51
	Gus Theobald	VIC	3:39:45

1970

This year there were ample officials to mark the course route and times were also fairly regular. The carnival had a lavish trophy presentation on the Sunday evening at the Workman's club.

Harry Campbell of NSW served the sport of racewalking both as a competitor and later as an administrator from 1924 till his death in December 1963. He was a regular attender at all walking events throughout Australia and, when a teams event was added to the AFRWC 20 mile event in 1970, it was fittingly named in memory of him. The inaugural H. C. Campbell Shield Teams Event was won by Victoria with its team of Graeme Nicholls, Justin Coxhead and Geoff Laycock.

1.	Graeme Nicholls	VIC	2:46:40
2.	Justin Coxhead	VIC	2:51:36
3.	Arthur Jones	NSW	2:57:29
4.	Geoff Laycock	VIC	3:00:22
5.	Dave Black	VIC	3:02:11
6.	Gavan Breen	VIC	3:06:21
7.	Clarrie Jack	VIC	3:08:45
8.	Robin Whyte	ACT	3:09:08
9.	Alistair Johnson	NSW	3:10:31
10.	Jim Henderson	VIC	3:10:35
11.	John Tormey	ACT	3:11:15
12.	Keith Heness	NSW	3:12:36
13.	Vic Townsend	NSW	3:12:57
14.	Stuart Cooper	VIC	3:13:13
15.	Brendan Hyde	NSW	3:22:07
16.	Terry Jones	ACT	3:25:34
17.	Jack Webber	SA	3:27:17
18.	Chris Moynham	NSW	3:35:32
19.	? Edwards	NSW	3:39:55
20.	Graham Anderson	VIC	3:44:29

Retirees:

Robin Wood, Frank Overton, Ray Smith, Alan Lucas, Murray Brown, Nigel Crew, Paul Dorsett.

1971

By this stage, the Under 14 event had been increased to 1 Mile and an Under 9 ½ Mile had been introduced.

Ex British International walker Peter Fullager, a recent arrival in Australia, broke Frank Clark's course record after a tough battle with NSW walker Steve Hausfeld. This win enabled the SA team of Fullager, Frank Leonard and Dean Knight to wrest the Teams event trophy from Victoria.

1.	Peter Fullager	SA	2:40:08
2.	Steve Hausfeld	NSW	2:40:21

3.	Justin Coxhead	VIC	2:44:43
4.	Robin Whyte	ACT	2:49:46
5.	Ian Henderson	VIC	2:50:35
6.	Frank Leonard	SA	2:57:36
7.	Rod Bamberry	VIC	2:59:25
8.	Russell Miller	VIC	3:00:37
9.	Dean Knight	SA	3:00:57
10.	B Whittaker	SA	3:01:40
11.	Clarrie Jack	VIC	3:02:05
12.	Peter Waddell	ACT	3:02:45
13.	Robin Wood	VIC	3:03:50
14.	Brian Carman	SA	3:04:07
15.	Mike Barfoot	ACT	3:10:14
16.	Stuart Cooper	VIC	3:10:17
17.	Alan Lucas	VIC	3:11:04
18.	Peter Whitham	SA	3:11:31
19.	John Tormey	ACT	3:12:52
20.	Ray Smith	VIC	3:13:44
21.	Frank Overton	NSW	3:17:13
22.	Reg Tarte	NSW	3:17:40
23.	Brendan Hyde	NSW	3:20:32
24.	Graeme.Evans	SA	3:21:04
25.	Vic Townsend	NSW	3:24:24
26.	D Buxton	SA	3:26:14
27.	Ken Menser	NSW	3:26:39
28.	R Hutton	???	3:31:47
29.	Sid Bray	QLD	3:33:48
30.	Gus Theobald	VIC	3:36:56
31.	Nigel Crew	ACT	3:44:01
32.	Ralph Field	VIC	3:46:59
33.	Bill Starr	SA	3:49:21
34.	Pat Fisher	ACT	4:00:00

1972

This year's event saw a very popular and well deserved Teams Event win to the ACT home team of Robin Whyte, Mike Barfoot and John Tormey. The race provided the closest of finishes as SA scored the same number of points as ACT but lost on a countback. Victoria, with a large number of retirees, failed to finish any teams. Peter Fullager of SA led the field home in a course record of 3:39:39 in what turned out to be a rather disappointing race. The easier course and the ideal conditions were expected to produce a much higher standard.

1.	Peter Fullager	SA	2:39:39
2.	Graeme Nicholls	VIC	2:43:48
3.	Steve Hausfeld	NSW	2:45:17
4.	Robin Whyte	ACT	2:46:29
5.	Eddie Dawkins	NSW	2:49:35
6.	Frank Leonard	SA	2:55:56
7.	Robin Wood	VIC	2:57:35
8.	Mike Barfoot	ACT	3:01:34
9.	John Tormey	ACT	3:03:29
10.	Peter Waddell	ACT	3:04:55
11.	Jim Henderson	VIC	3:05:20
12.	Graeme Evans	SA	3:06:57
13.	Frank Overton	NSW	3:08:05
14.	Stan Malbut	SA	3:10:42
15.	Barry Wittaker	SA	3:12:29
16.	G Jones	NSW	3:15:43
17.	Stuart Cooper	VIC	3:16:04
18.	Kevin Finn	SA	3:16:46

19. John Lardi	QLD	3:18:08
20. Colin Hainsworth	SA	3:20:13
21. Brendan Hyde	NSW	3:21:25
22. R Byrnes	NSW	3:30:46
23. Paul Dorsett	NSW	3:33:26
24. Sid Bray	QLD	3:33:50
25. John Harris	QLD	3:41:33
26. J Forest	NSW	3:45:41
27. Brian Hamer	NSW	3:55:00

Retirees:

Alan Lucas, Ian Henderson, Dave Di Bondi, Ray Smith, Clarrie Jack, Greg Ellis (VIC), G. Deale, R. Tarte, K. Piscopo (NSW), B. Carman, D. Knight (SA),
DQ: N. Crew

1973

Peter Fullager won his third title in a row while the NSW team of Lindsay Carrucan, and Colin Campbell and Eddie Dawkins took the Teams event. In the first 4 years of the teams event, it has been won by 4 different clubs.

1. Peter Fullager	SA	2:40:04
2. Graeme Nicholls	VIC	2:43:25
3. Robin Whyte	ACT	2:46:13
4. Lindsay Carrucan	NSW	2:58:27
5. Brian Carman	Newcastle	2:59:44
6. Colin Campbell	NSW	3:03:22
7. Eddie Dawkins	NSW	3:06:03
8. Stan Malbut	SA	3:06:24
9. David Bryson	SA	3:07:27
10. Paul Dorsett	NSW	3:08:59
11. Sid Bray	QLD	3:09:47
12. Peter Waddell	ACT	3:10:31
13. Brendan Hyde	NSW	3:21:25
14. John Harris	QLD	3:22:29
15. Colin Hainsworth	SA	3:25:50
16. Ralph Field	VIC	3:27:00
17. Jack Webber	SA	3:29:41
18. Brian Hamer	NSW	3:35:08
19. Gus Theobald	VIC	3:44:01
20. Frank Kennett	Newcastle	3:46:25
21. Charlie Baxter	Newcastle	3:48:12
22. J Millington	Newcastle	3:48:20

DNF: J Kelly (NCC), R Thomas (VIC), P McCullagh (ACT), K, Hennes (NSW), J Tormey (NSW), S. Hausfeld (NSW), D. Cox (NSW), F. Overton (NSW)

1974

The 1 Mile Under 12 was added for the 1974 edition. The program now read as follows

9:45AM	1 Mile U12
10:00AM	6 Mile Junior Men
10:05AM	2 Mile Women
10:30AM	880 yards U9
11:00AM	1 Mile U14
12:00PM	20 Miles Men and Teams event

The 20 Mile saw 39 starters representing NSW (9), VIC (15), QLD (1), SA (5), ACT (5) and Newcastle/Central Coast (4). Peter Fullager won his fourth title in a row with his easiest win so far. Victoria wrested the teams title back.

1.	Peter Fullager	SA	2:43:36
2.	Clarrie Jack	VIC	2:53:52
3.	Tim Erickson	VIC	2:53:52
4.	Eddie Dawkins	NSW	2:57:18
5.	Russell Miller	VIC	2:59:49
6.	Robin Whyte	ACT	3:03:24
7.	Kevin Green	ACT	3:04:19
8.	Paul Dorsett	NSW	3:06:05
9.	Claude Martin	VIC	3:06:25
10.	Ian Jack	VIC	3:08:07
11.	Bill Dillon	VIC	3:09:43
12.	Brian Hamer	NSW	3:10:46
13.	Peter Bethune	VIC	3:13:08
14.	Peter Waddell	ACT	3:15:18
15.	Brendan Hyde	NSW	3:16:06
16.	Keith Heness	NSW	3:17:08
17.	Frank Overton	NSW	3:17:51
18.	Tom Daintry	VIC	3:24:15
19.	Geoff Major	VIC	3:29:32
20.	John Harris	QLD	3:31:38
21.	Roy Thomas	VIC	3:36:06
22.	Jack Webber	SA	3:40:01
23.	Alan Minter	VIC	3:40:43
24.	J Millington	NCC	3:41:06
25.	Fred Redman	VIC	3:41:50
26.	Gus Theobald	VIC	3:45:22
27.	Ern Geering	NCC	3:54:28
28.	J. Kelly	NCC	4:03:56

DNF: B. Carman, S. Malbut, D. Bryson, F. Kennett, D. Faux, R. Byrnes, P. McCullagh.

1975

The Under 14 age group was changed to Under 15 (but still over the 1 mile distance) and Veterans Teams contested the 20 mile for the first time. Victoria (Ford, Daintry, Field, Porter, Coster, Theobold, Mead) and SA (Malbut, Webber, Peters) contested this inaugural Veterans division in the 20 Mile event. The 20 Mile race had 50 entries and 45 actual starters to make it the largest start so far and the overall entries were as follows

20 Mile	50
6 Mile Junior	23
U9 Boys/Girls	15
Women 2 Mile	24
U12 Boys/Girls	42
U15 Girls	16
U15 Boys	14

With a total entry of 184 walkers, the event was now Australia's biggest walking carnival, a title it has held since. Peter Fullager walked to his fifth win in a row and so far, no one had been able to match his speed and strength over the Canberra Hills. He was just outside his event record by 1 minute. Robin Whyte produced a 5 minute PB for second. The SA team of Fullager, Tim Thompson and Stan Malbut took the Teams race from Victoria.

1.	Peter Fullager	SA	2:40:51
2.	Robin Whyte	ACT	2:42:12
3.	Tim Erickson	VIC	2:42:51
4.	Clarrie Jack	VIC	2:50:45
5.	Eddie Dawkins	NSW	2:51:51

6.	Richard Keam	QLD	2:58:12
7.	Stuart Cooper	VIC	2:58:41
8.	Tim Thompson	SA	3:00:06
9.	Ian Jack	VIC	3:00:19
10.	John Tormey	QLD	3:01:36
11.	Brian Carman	NSW	3:02:54
12.	Bill Dillon	VIC	3:03:38
13.	Peter Waddell	ACT	3:04:42
14.	Bill Ford	VIC	3:05:28
15.	Paul Dorsett	NSW	3:06:57
16.	Stan Malbut	SA	3:09:04
17.	John Harris	QLD	3:10:03
18.	Frank Overton	NSW	3:11:11
19.	Paul Francis	SA	3:14:37
20.	Peter Bethune	VIC	3:14:51
21.	L Alderton	NSW	3:16:46
22.	Tom Daintry	VIC	3:19:49
23.	Claude Martin	VIC	3:19:49
24.	J Forest	NSW	3:26:04
25.	Ron Crawford	NSW	3:27:58
26.	Keith Heness	NSW	3:28:08
27.	Mike Porter	VIC	3:28:15
28.	George Buck	QLD	3:30:47
29.	Ralph Field	VIC	3:33:56
30.	Jack Webber	SA	3:37:26
31.	Gus Theobald	VIC	3:38:02
32.	Geoff Peters	SA	3:39:28
33.	Len Buck	ACT	3:41:42
34.	Brian Hamer	NSW	3:53:12
35.	Vin Meade	VIC	3:59:04

Retirees:

Tony Andrews (ACT), Ern Gerring (NCC), Paul Nugent (VIC), Greg Ellis (VIC), K Piscopo (NSW), Ross Haywood (VIC), Terry O'Neil (VIC), G Rae, Russell Miller (VIC), Justin Coxhead (VIC)

1976

Peter Fullager was well and truly dethroned by two Victorians, Willi Sawall (with a 6 minute race record) and Tim Erickson. This would be the first of 7 consecutive wins for Sawall who dominated the event like no one before or since. The Victorian team of Sawall, Erickson and Peter Bethune took the teams event, the first of 17 such wins in a row. The VAWC domination of the Teams Event would not be broken until a break away Victorian club called Proclamation Park would take the title in 1993.

1.	Willi Sawall	VIC	2:33:29
2.	Tim Erickson	VIC	2:40:43
3.	Peter Fullager	SA	2:44:55
4.	Robin Whyte	ACT	2:49:20
5.	John Tormey	QLD	2:53:28
6.	Bruce Cook	QLD	2:56:39
7.	Peter Bethune	VIC	2:57:27
8.	John Smith	NSW	2:57:40
9.	Richard Keam	VIC	3:02:19
10.	Terry O'Neill	VIC	3:02:54
11.	John Lardi	QLD	3:03:35
12.	Tim Thompson	SA	3:05:11
13.	Eddie Dawkins	GOS	3:06:22
14.	F Sawyer	GOS	3:08:18
15.	Brendan Hyde	NSW	3:08:35
16.	Paul Dorsett	NSW	3:11:16
17.	Bill Dillon	VIC	3:11:28

18. John Harris	QLD	3:15:58
19. Frank Overton	GOS	3:18:24
20. Tom Daintry	VIC	3:18:59
21. Mark Wall	VIC	3:20:40
22. Ian Jack	VIC	3:20:52
23. Ron Crawford	NSW	3:24:40
24. David Gaff	VIC	3:25:59
25. Ralph Field	VIC	3:29:03
26. Mike Porter	VIC	3:30:20
27. Colin O'Brien	SA	3:35:42
28. Vin Meade	VIC	3:42:13
29. K Piscopo	VIC	3:44:27
30. Gus Theobald	VIC	3:45:47

1977

47 entries made this the largest field so far in the 20 Mile event. High drama unfolded at the 15 mile mark as Sawall and Erickson, well clear of the rest of the field, turned incorrectly at an unmarshalled roundabout and lost several minutes before turning back and rejoining the course. Even so, Sawall still broke his race record by 15 seconds to hold out an improving Erickson. The many unmarshalled roundabouts and the steadily increasing traffic would eventually spell an end to the various road courses and push the event onto the bike paths but that was in the future.

1. Willi Sawall	VIC	2:33:14
2. Tim Erickson	VIC	2:35:01
3. Clarrie Jack	VIC	2:45:54
4. Robin Whyte	ACT	2:50:13
5. Terry O'Neill	VIC	2:51:55
6. Eddie Dawkins	NSW	2:52:51
7. Duncan Faux	SA	2:53:12
8. Stuart Cooper	VIC	2:53:39
9. Ian Jack	VIC	2:53:54
10. Bruce Cook	VIC	2:56:26
11. Tim Thompson	SA	2:56:58
12. Justin Coxhead	VIC	2:57:04
13. John Tormey	QLD	2:59:24
14. Mark Wall	VIC	3:00:20
15. Greg Sockhill	QLD	3:01:25
16. John Smith	NSW	3:02:51
17. Don Cox	SA	3:03:21
18. Peter Waddell	ACT	3:05:35
19. Colin Campbell	ACT	3:05:35
20. Bruce Dudon	VIC	3:07:21
21. Ken Hall	VIC	3:07:21
22. John Lardi	QLD	3:08:09
23. Claude Martin	VIC	3:10:53
24. Frank Overton	NSW	3:12:04
25. Tom Daintry	VIC	3:15:21
26. David Gaff	VIC	3:19:21
27. Brendan Hyde	NSW	3:20:53
28. Ron Crawford	NSW	3:23:23
29. Keith Heness	NSW	3:23:47
30. G Martin	VIC	3:27:19
31. Ralph Field	VIC	3:30:11
32. Bill Starr	SA	3:36:06
33. Mike Porter	VIC	3:39:23
34. J Mead	VIC	3:40:33
35. Colin O'Brien	SA	3:42:20
36. Gus Theobald	VIC	3:44:22
37. Ern Geering	NCC	3:46:02

38. P Francis	SA	3:47:05
39. J Millington	NCC	3:47:37
40. B Reed	VIC	3:56:32
41. J Kelly	NCC	4:04:14
42. J Hoskins	SA	4:04:28

Retirees:

F Sawyer (NSW), R Tarte (NSW), Stan Malbut (SA), Peter McCullagh (ACT), M Cotton (SA)

1978

This year saw most events converting to their metric equivalents. The one exception was the blue ribband 20 Mile event which was left untouched. The Newcastle club was replaced by the newly formed Gosford club who participated for the first time. The new timetable saw 221 entries (the largest so far) spread across the following events.

9:15AM	1500m U15 Girls	(Non-Federation event)	22 entries
9:30AM	1500m U15 Boys	(Non-Federation event)	14 entries
9:45AM	800m U9 Boys and Girls	(Non-Federation event)	27 entries
10:00AM	1500m U12 Boys	(Non-Federation event)	14 entries
10:15AM	1500m U12 Girls	(Non-Federation event)	21 entries
10:30AM	5000m Women	(Federation event)	49 entries
11:15AM	10000m Junior Men	(Federation event)	26 entries
1:00PM	20 Mile Men	(Federation event)	48 entries

Willi Sawall broke his own race record by some 3 minutes and Tim Erickson and David Smith also broke 2:40:00 in the fastest race seen so far. The 3 Victorians had passed the 10 mile mark in 76:07 before Willi stormed home with a second 10 mile split of 74:38. This was David's first attempt at a longer race and he came through with flying colours. Sawall and Erickson went on to represent Australia at the 1978 Commonwealth Games later that year.

Overall 15 competitors broke 3 hours in the best race depth seen so far. Victoria showed its dominance with 12 of the first 20 places and they took 1st and 2nd in the Teams event as well as winning the Vets Teams event. Overall 43 walkers started with 36 finishing. Tom Daintry earned the award as the oldest finisher with a time of 3:20:11.

Of particular mention were the two women who finished the 20 Mile, namely Shirley Brasher of Tasmania (walking for Victoria) and Elaine McFarlane of SA, with times of 3:47:36 and 3:52:31 respectively.

1. Willi Sawall	VIC	2:30:45
2. Tim Erickson	VIC	2:36:47
3. David Smith	VIC	2:38:28
4. Robin Whyte	ACT	2:46:01
5. John Sheard	VIC	2:46:33
6. John Smith	NSW	2:46:51
7. Bruce Cook	VIC	2:51:29
8. Clarrie Jack	VIC	2:51:55
9. Terry O'Neill	VIC	2:52:36
10. Stuart Cooper	VIC	2:53:34
11. Keith Knox	GOSFD	2:54:58
12. Greg Sockhill	QLD	2:54:59
13. Ian Jack	VIC	2:55:17
14. Jeff Phillips	GOSFD	2:58:13
15. Joe Anderson	VIC	2:59:51
16. Bob Mee	ACT	3:01:52
17. F Sawyer	GOSFD	3:03:52
18. Ken Hall	VIC	3:04:33
19. Bruce Dudon	VIC	3:04:45
20. Claude Martin	VIC	3:07:41
21. Greg O'Neill	SA	3:08:48
22. Duncan Knox	VIC	3:10:45
23. Peter Waddell	ACT	3:11:25
24. Jim Bannan	VIC	3:12:57
25. Stan Malbut	SA	3:13:17

26. Harry Jones	VIC	3:19:25
27. Tom Daintry	VIC	3:20:11
28. Paul Dorsett	NSW	3:20:44
29. Brendan Hyde	GOSFD	3:23:22
30. Keith Heness	NSW	3:27:26
31. Paul Francis	SA	3:29:03
32. Phil Hollis	SA	3:30:26
33. Ron Crawford	NSW	3:32:34
34. Shirley Brasher (F)	VIC	3:47:36
35. Bill Larson	SA	3:52:31
36. Elaine McFarlane (F)	SA	3:52:31

1979

Willi Sawall smashed his race record by an unbelievable 7 minutes. Tim Erickson went with him for the first 3 miles (passed in 21:16 before losing contact and this set him up for a time that would have easily won in just about any other year. With 12 of the first 16 places, Victoria continued its domination of men's walking. Victoria took 1st, 2nd and 3rd places in the teams events as well as winning the veterans teams events. Never before had one state so dominated the event. Sawall confirmed his class with the first sub 4 hour 50 km by an Australian that same year.

1. Willi Sawall	VIC	2:23:10
2. Tim Erickson	VIC	2:33:45
3. Terry O'Neill	VIC	2:41:06
4. John Sheard	VIC	2:43:42
5. John Smith	NSW	2:46:02
6. Clarrie Jack	VIC	2:46:51
7. Greg Sockhill	QLD	2:47:29
8. Bob Mee	ACT	2:50:11
9. Robin Whyte	ACT	2:51:23
10. Ian Jack	VIC	2:52:43
11. Duncan Knox	VIC	2:52:45
12. Bruce Cook	VIC	2:55:02
13. Joe Anderson	VIC	2:56:34
14. Harry Summers	VIC	2:58:16
15. Ken Hall	VIC	2:59:55
16. Alan Hancock	NSW	3:04:29
17. Claude Martin	VIC	3:07:02
18. F Sawyer	NSW	3:11:29
19. Tom Daintry	VIC	3:14:40
20. Roy McFadden	SA	3:15:37
21. Bill Dillon	VIC	3:17:23
22. Mark Donahoo	VIC	3:17:57
23. Bill Cook	QLD	3:18:26
24. G Martin	VIC	3:18:37
25. Jim Bannan	VIC	3:21:17
26. J Russell	VIC	3:24:02
27. Bill Starr	SA	3:27:37
28. Frank Overton	NSW	3:29:38
29. Shiela Miller (F)	VIC	3:31:17
30. Keith Heness	NSW	3:34:28
31. Stan Miller	SA	3:35:43
32. Paul Dorsett	NSW	3:37:40

1980

Willi Sawall produced what was at that time the most amazing performance ever seen in Canberra. Passing the 10 mile mark in a little over 68 minutes, he produced a second 68 minute 10 mile split to produce the superb time of 2:16:48. It

was one of a number of wonderful walks by him that Olympic year. The vastly improved performances of John Sheard and John Smith were overshadowed by this awesome walk. Shiela Miller completed the gruelling 20 mile distance for the second year in a row.

1.	Willi Sawall	VIC	2:16:48
2.	John Sheard	VIC	2:35:17
3.	John Smith	NSW	2:37:34
4.	Harry Summers	VIC	2:45:47
5.	Robin Whyte	ACT	2:48:18
6.	Bruce Cook	VIC	2:50:12
7.	Keith Knox	NSW	2:51:07
8.	Greg Sockhill	QLD	2:51:51
9.	Bob Mee	ACT	2:52:36
10.	Clarrie Jack	VIC	2:54:32
11.	Mark Wall	VIC	2:56:14
12.	Alan Hancock	NSW	2:57:21
13.	Claude Martin	VIC	2:58:06
14.	Roy McFadden	SA	3:09:26
15.	John Harris	NSW	3:09:38
16.	Bill Cook	QLD	3:10:31
17.	Claude Martin	VIC	3:10:48
18.	Frank Overton	NSW	3:11:32
19.	Peter Waddell	ACT	3:13:07
20.	Mark Donahoo	VIC	3:15:23
21.	Shiela Miller (F)	VIC	3:17:01
22.	David Gaff	VIC	3:19:56
23.	Ron Whitham	NSW	3:23:47
24.	Bill Starr	SA	3:33:23
25.	Tony Michelson	NSW	3:47:56
26.	J McBride	???	3:51:32

1981

The Carnival continued to grow in popularity and the Women's 5000m attracted a record 52 entrants while the Men's 20 Mile attracted its usual big field of nearly 40 entrants. An ACTAA 30 km championship was added to the program and was run concurrently with the 20 mile event while an ACTAA Junior Men's 10,000m and an ACTAA 5000m for women was run concurrently with their respective Federation events.

Willi Sawall continued his domination with yet another superb performance while Tim Erickson improved yet further to 2:27:23 for second. A young Bill Dyer showed great maturity to take third with his own sub 2:40:00 walk.

Victorian women Shiela Miller and Marlane Stanway both started the 20 mile event but only Shiela completed the event. Her time was an excellent 3:14:08.

1.	Willi Sawall	VIC	2:22:14
2.	Tim Erickson	VIC	2:27:23
3.	Bill Dyer	VIC	2:39:56
4.	Keith Knox	NSW	2:44:13
5.	Rod Huxley	NSW	2:45:48
6.	John Sheard	VIC	2:47:45
7.	Clarrie Jack	VIC	2:50:14
8.	John Smith	NSW	2:51:11
9.	Colin Donald	VIC	2:51:37
10.	Robin Whyte	ACT	2:51:54
11.	Duncan Knox	VIC	2:53:02
12.	Harry Summers	VIC	2:53:40
13.	Mark Wall	VIC	2:55:23
14.	Ian Jack	VIC	2:56:35
15.	Stuart Cooper	VIC	2:57:51

16. David Cash	VIC	2:59:04
17. John Cust	VIC	3:05:13
18. Bruce Cook	ACT	3:07:12
19. Peter McCullagh	ACT	3:09:37
20. Claude Martin	VIC	3:10:18
21. Frank Overton	NSW	3:10:18
22. Mark Donahoo	VIC	3:12:02
23. Roy McFadden	SA	3:13:16
24. Shiela Miller (F)	VIC	3:14:08
25. Alan Hancock	NSW	3:14:47
26. Bill Cook	QLD	3:17:23
27. F Sawyer	NSW	3:18:56
28. L Alderton	NSW	3:19:42
29. Brendan Hyde	NSW	3:26:41
30. Bill Gould	ACT	3:27:03
31. Peter Waddell	ACT	3:27:18
32. Ron Whitham	NSW	3:31:40
33. Ralph Field	VIC	3:37:50
34. Bill Starr	SA	3:43:49
35. Tony Michelson	NSW	3:52:04
36. Paul Dorsett	NSW	3:54:10

Retirees:

Barry Birtchenell (VIC), Dave Smith (VIC), Marlaine Stanway (VIC)

1982

Willi Sawall won his seventh title in a row with his second fastest ever – in 2:18:18. This was Sawall's greatest year of racing and, as well as this performance, he produced two 2:08 performances over 30 km and reduced his 10 km time to 40:04. He was untouchable throughout the year.

Bill Dyer and Keith Knox both produced PBs to take the minor medals. But this event is memorable for very different reasons – with Victorian walker Mark Wall being hit by a car and seriously injured when in sight of home. Mark described the scenario as follows:

“It was near the start of the the last mile and I was walking a stormer. I had passed Andrew Jachno at about 30 km, I was in fifth place, Rod Huxley in 4th, Bruce Cook 3rd In easy view. They apparently were bobbing like corks with fatigue. Rod was spent from trying to break away from me, I might even have got both, or so I believe. The bugger of the thing was that I had done the extreme Carbo depletion/ load, so I will never know if it works...ha ha ! The facts are these, it was the Commonwealth Drive Roundabout in Russell. It was uncontrolled and the motorist was looking for only traffic coming in from the normal direction. I took some evasive action but did not lift my left leg in time and ruptured ligaments. It was essentially the old 1 lap course with some bike paths, it did cause a change in subsequent years. “

1. Willi Sawall	VIC	2:18:18
2. Bill Dyer	VIC	2:36:52
3. Keith Knox	NSW	2:37:27
4. Michael Harvey	VIC	2:40:20
5. Bruce Cook	ACT	2:42:12
6. Rod Huxley	NSW	2:45:07
7. Duncan Knox	VIC	2:48:12
8. Clarrie Jack	VIC	2:49:01
9. Dave Cash	VIC	2:50:16
10. Harry Summers	VIC	2:53:08
11. Greg Rowe	NSW	2:59:25
12. Bill Cook	QLD	3:04:05
13. Ian Fay	SA	3:06:15
14. Peter Waddell	ACT	3:08:29
15. John Harris	QLD	3:24:41
16. Roy McFadden	SA	3:26:34

17. Frank Overton	NSW	3:27:15
18. Paul Woodhouse	NSW	3:27:15
19. Marlaine Stanway (F)	VIC	3:27:48
20. John McPherson	QLD	3:31:27
21. Dan Reavey	SA	3:33:40
22. Brendan Hyde	NSW	3:36:56
23. Tim Thompson	SA	3:37:40
24. Peter Bethune	VIC	3:37:56
25. Bill Starr	SA	3:44:08
26. Paul Dorsett	NSW	3:47:52

Retirees: Mark Wall (VIC), Alan Lucas (VIC), Andrew Jachno (VIC), Ian Jack (VIC), Colin Donald (VIC) ,Terry O'Neill (VIC) ,Ron Pilcher(VIC)

DQ: H Van Beek, Robin Whyte (ACT), Dave Smith (VIC)

1983

The distances for the younger age groups were increased, in line with trends elsewhere in the walking community. The spread of events now read as follows

Under 9 Boys/Girls 1000m
 Under 12 Boys/Girls 2000m
 Under 15 Boys/Girls 2000m
 Junior Men 10,000m
 Open Men 20 Mile
 Open Women 5000m
 Open Women 20 km

As a result of the car accident the previous year, the 20 Mile start/finish was moved to Weston Park and a 1 lap course, utilising the lakeside cycle path, was used. This course is still used today although, over the intervening years, various changes have occurred

With Willi Sawall finally absent from Canberra, the stage was set for another winner to emerge and David Smith produced a great time of 2:32:50 to win by some 3 minutes from a vastly improved Duncan Knox. This was the year when David finally emerged from the huge shadow cast by Sawall. As well as this Canberra win, he produced Commonwealth best times for 10 km (39:41.7) and 20 km (1:20:22.7) to match his Commonwealth leading track performances.

The other faces to emerge were those of Victorian youngsters Michael Harvey and Simon Baker who took third and fourth.

1. Dave Smith	VIC	2:32:50
2. Duncan Knox	VIC	2:35:39
3. Michael Harvey	VIC	2:36:44
4. Simon Baker	VIC	2:38:47
5. Bill Dyer	VIC	2:39:44
6. Rod Huxley	NSW	2:43:47
7. John Smith	NSW	2:45:24
8. Ian Fay	SA	2:46:43
9. Keith Knox	NSW	2:50:40
10. Clarrie Jack	VIC	2:51:09
11. Harry Summers	VIC	2:53:01
12. Robin Whyte	ACT	2:53:43
13. Jim Bannan	VIC	2:55:53
14. Mark Wall	VIC	2:57:10
15. John Harris	QLD	3:00:41
16. David Thomson	QLD	3:05:58
17. Paul Woodhouse	NSW	3:07:00
18. Logan Irwin	NSW	3:07:20

19. Tim Thompson	SA	3:11:10
20. Frank Overton	NSW	3:11:18
21. Claude Martin	VIC	3:14:57
22. Bob Chapman	ACT	3:16:43
23. Peter Waddell	ACT	3:17:13
24. G Strachan	NSW	3:20:49
25. Daryl Biggin	VIC	3:22:48
26. Robin Wood	VIC	3:25:47
27. Ron Whithlam	NSW	3:26:02
28. Paul Dorsett	NSW	3:30:32
29. M Truswell	NSW	3:33:31
30. John Morrison	VIC	3:36:45
31. Bill Starr	SA	3:36:48
32. Brian Hamer	NSW	4:02:12

1984

Simon Baker and Michael Harvey took little time to improve and their times this year heralded a new era and a passing of the baton from the Sawall/Erickson/Smith era of the last seventies/early eighties. A number of talented young walkers would emerge over the next few years and leave their mark on Canberra.

1. Simon Baker	VIC	2:28:00
2. Michael Harvey	VIC	2:29:39
3. Colin Barnett	NSW	2:43:49
4. David Thomson	QLD	2:45:40
5. Richard Everson	SA	2:46:02
6. Keith Knox	NSW	2:46:15
7. Clarrie Jack	VIC	2:46:34
8. Mark Donahoo	VIC	2:47:22
9. Dave Cash	VIC	2:47:37
10. Duncan Knox	VIC	2:50:59
11. John Harris	QLD	2:51:27
12. Harry Summers	VIC	2:53:40
13. Bruce Dudon	VIC	2:57:42
14. Colin Donald	VIC	2:58:28
15. Greg Rowe	NSW	3:01:03
16. Robin Whyte	ACT	3:01:46
17. Bill Cullen	VIC	3:07:13
18. John Smith	NSW	3:09:48
19. Frank Overton	NSW	3:12:38
20. Roy McFadden	SA	3:15:19
21. Peter Waddell	ACT	3:18:39
22. Theo Orr	VIC	3:25:14
23. Paul Moritz	SA	3:27:59
24. Colin Hainsworth	SA	3:29:14
25. Tim Thompson	SA	3:35:45
26. Bill Starr	SA	3:36:06
27. Brian Hamer	NSW	3:53:51

1985

Simon Baker, now on an AIS scholarship, won for a second year in a row but only after a hard fought battle with Willi Sawall who was now 44 years of age but showing little signs of slowing with age.

1. Simon Baker	VIC	2:31:02
2. Willi Sawall	VIC	2:31:40
3. Bill Dyer	VIC	2:35:43

4.	Andrew Jachno	VIC	2:37:27
5.	Ian Fay	SA	2:38:00
6.	Mark Donahoo	VIC	2:46:47
7.	Duncan Knox	VIC	2:47:21
8.	Colin Barnett	NSW	2:48:09
9.	Clarrie Jack	VIC	2:49:47
10.	Mark Wall	VIC	2:53:59
11.	John Harris	NSW	2:55:22
12.	Robin Whyte	ACT	2:58:18
13.	Bruce Dudon	VIC	2:59:48
14.	Tim Thompson	SA	3:01:41
15.	Frank Overton	NSW	3:04:43
16.	David Moore	VIC	3:08:04
17.	Bob Chapman	ACT	3:09:44
18.	Rod Huxley	NSW	3:15:32
19.	Jim Leppick	VIC	3:18:44
20.	Royston Johnson	NSW	3:22:29
21.	Keith Law	NSW	3:26:53
22.	Colin Hainsworth	SA	3:27:34
23.	Paul Moritz	SA	3:32:41
24.	Bill Starr	SA	3:33:14
25.	Brendan Hyde	NSW	3:41:49
26.	Stephen Richardson	VIC	3:55:18

Retirees:

Harry Summers (VIC), David Cash (VIC), Caleb Maybir (NSW), Frank Woods (VIC), Colin Donald (VIC), Tony Andrews (ACT), Barry Birtchenell (VIC), Peter Waddell (ACT), David Thomson (QLD)

1986

The carnival was now hitting its straps for both quality and depth. Finishers in each event were as follows

Open Men 20 Mile	29
Open Women 5000m	65
Open Women 20 km	11
U20 Men 10000m	22
U15 Boys 2 km	17
U15 Girls 2 km	34
U12 Boys 2 km	10
U12 Girls 2 km	17
U9 Boys 1 km	4
U9 Girls 1 km	9

This added up to an amazing 218 finishers. Add in the DNFs and DQs and the carnival now boasted upwards of 250 starters. The 20 Mile event saw past dominator Willi Sawall, now 45 years of age, give his younger rivals a lesson in how to walk. He was a clear winner in yet another quality performance. With the first 5 walkers all under 2:40:00, the depth was impressive.

1.	Willi Sawall	VIC	2:26:26
2.	Andrew Jachno	VIC	2:30:06
3.	Michael Harvey	VIC	2:32:44
4.	Terry Jones	WA	2:38:04
5.	Colin Barnett	NSW	2:39:55
6.	Mark Donahoo	VIC	2:43:41
7.	Bill Dyer	VIC	2:44:25
8.	David Thomson	QLD	2:47:52
9.	Clarrie Jack	VIC	2:48:08
10.	Mark Wall	VIC	2:56:28
11.	Robin Whyte	ACT	2:56:56
12.	Jack Grimanis	NSW	2:58:06

13. Harry Summers	VIC	3:01:29
14. Michael Bodey	VIC	3:03:40
15. David Cash	VIC	3:04:47
16. Kieth Law	NSW	3:06:48
17. Rod Huxley	NSW	3:08:08
18. Frank Woods	VIC	3:19:39
19. Theo Orr	VIC	3:21:05
20. Paul Moritz	SA	3:22:55
21. Bob Chapman	ACT	3:23:26
22. Paul Thompson	NSW	3:29:38
23. Bob Pearce	NSW	3:30:33
24. Colin Hainsworth	SA	3:30:49
25. Roy McFadden	SA	3:31:29
26. Tony Barrett	VIC	3:39:16
27. Brendan Hyde	NSW	3:43:18
28. Bill Dent	ACT	3:47:16
29. Bill Starr	SA	3:54:38

Disqualified:

John Harris (NSW), C Kozak (WA), J Plowman (QLD)

1987

Once again, over 200 finishers spread over the events and including 60 finishers in the Womens 5000m. Simon Baker became the second fastest walker behind Willi Sawall with his winning time of 2:25:18 as the 3 placegetters all did personal bests. Robbie McFadden took third place in his first attempt at the distance.

This win followed Simon's 30 km win in the 1986 Edinburgh Commonwealth Games and confirmed his status as Australia's top distance walker.

1. Simon Baker	VIC	2:25:18
2. Michael Harvey	VIC	2:28:36
3. Robbie McFadden	SA	2:39:44
4. Mark Donahoo	VIC	2:41:39
5. Bill Dyer	VIC	2:43:10
6. Steve Hausefeld	ACT	2:44:38
7. Keith Knox	NSW	2:45:26
8. Brian Trower	VIC	2:47:13
9. Dave Thomson	ACT	2:50:05
10. Duncan Knox	VIC	2:50:45
11. John Smith	NSW	2:54:03
12. Robin Whyte	ACT	2:54:16
13. Don Cox	SA	2:56:12
14. Murray Marker	SA	3:03:35
15. Bob Agnew	ACT	3:03:36
16. Rod Huxley	NSW	3:07:03
17. Keith Law	NSW	3:12:53
18. Tim Thompson	SA	3:13:38
19. Bob Chapman	ACT	3:14:16
20. Robert Lilley	NSW	3:15:15
21. Frank Overton	NSW	3:23:18
22. John Mison	NSW	3:23:18
23. Caleb Maybir	NSW	3:24:24
24. Peter Waddell	ACT	3:28:24
25. Roy McFadden	SA	3:31:12
26. Warren Harbour	VIC	3:33:58
27. Les Bird	NSW	3:35:51
28. Colin Hainsworth	SA	3:37:56
29. Trevor Vogler	ACT	3:38:57
30. Bill Starr	SA	3:41:54

31. Ted Reynolds ACT 3:45:57

Retirees:

James Plowman (QLD), Mike McDermott (QLD), R Johnson (NSW), I Richardson (QLD), Leo Pluymers (VIC), Beesley (QLD)

1988

This year saw yet another change to the program. The Under 9 distance was increased from 1000m to 1200m, an Invitation 10,000m walk was added to the program as was a 20 km Invitation event for men (to match that for women). So now there was a choice of 10,000m, 20 km or 20 Miles for the senior walkers.

Simon Baker just held out Michael Harvey once again to win, both walkers recording PBs. This was the greatest depth seen so far in the event with the first 7 finishers all well under the 2:40:00 barrier. 8 of the first 10 walkers were from Victoria.

1.	Simon Baker	VIC	2:27:37
2.	Michael Harvey	VIC	2:27:53
3.	Andrew Jachno	VIC	2:31:55
4.	Robbie McFadden	SA	2:32:50
5.	Mark Donahoo	VIC	2:36:29
6.	Brian Trower	VIC	2:37:11
7.	Ian Waters	VIC	2:37:40
8.	Bill Dyer	VIC	2:45:08
9.	Duncan Knox	VIC	2:47:28
10.	Keith Knox	NSW	2:50:06
11.	Mark Wall	VIC	2:53:02
12.	Murray Marker	SA	2:54:04
13.	Rod Huxley	NSW	2:55:17
14.	John Ostrouskis	VIC	2:58:42
15.	Robin Whyte	ACT	2:58:59
16.	David Thomson	ACT	3:01:09
17.	Keith Law	NSW	3:02:01
18.	Mark Fletcher	VIC	3:05:56
19.	John Mison	NSW	3:08:54
20.	Tim Thompson	SA	3:09:46
21.	Trevor Vogler	ACT	3:10:24
22.	Harry Summers	VIC	3:11:45
23.	Murray Brown	VIC	3:15:56
24.	Frank Overton	NSW	3:16:45
25.	S Rickinson	VIC	3:17:33
26.	John Smith	NSW	3:20:48
27.	Warren Harbour	VIC	3:21:08
28.	Mark Dredge	NSW	3:21:58
29.	Bob Chapman	ACT	3:23:28
30.	Bob Agnew	ACT	3:23:28
31.	Rob Lilley	NSW	3:23:41
32.	Bob Pearce	NSW	3:23:45
33.	Paul Moritz	NSW	2:23:48
34.	Paul Thompson	NSW	3:34:21
35.	Colin Hainsworth	SA	3:36:24
36.	Caleb Maybir	NSW	3:42:38
37.	Bill Starr	SA	3:44:28
38.	Brendan Hyde	NSW	3:48:52
39.	Wayne Fletcher	TAS	3:53:50
40.	D Bracken	QLD	3:58:53

1989

This year saw a number of changes. Firstly the 20 Mile event was held first, starting at 8:30AM and 10 Mile events were held in conjunction with the 20 Mile event. The shorter races were held in the afternoon at the Bruce Stadium Complex. The carnival timetable was as follows

8:30AM	20 Mile Open and Veteran Men 10 Mile Women 10 Mile Men Invitation
1:00PM	U15 Girls 2000m
1:20PM	U15 Boys 2000m
1:40PM	U12 Girls 2000m
2:00PM	U2 Boys 2000m
2:20PM	U9 Boys/Girls 1000m
2:30PM	5000m Open Women
3:20PM	U20 Men 10,000m & 10,000m Invitation

Andrew Jachno, in his first year on an AIS scholarship, broke through for an inaugural win with a PB time of 2:27:17 which placed him 3rd on the all time rankings behind Willi Sawall and Simon Baker. Willi Sawall and Tim Erickson made once off return appearances and finished 2nd and 4th respectively. It was Sawall's 10th appearance for 8 gold and 2 silver medals while for Erickson it was 5 silver, two bronze and a 4th from 8 appearances. It also saw the first New Zealander, Shane Donnelly, race by Invitation. It also saw a young Nick A'Hern come an inauspicious 10th place in just under 3 hours.

1.	Andrew Jachno	VIC	2:27:19
2.	Willi Sawall	VIC	2:32:44
3.	Michael Harvey	VIC	2:34:21
4.	Tim Erickson	VIC	2:43:04
5.	Rod Huxley	NSW	2:44:24
6.	Shane Donnelly	NZ	2:50:00
7.	Robin Whyte	ACT	2:55:19
8.	Duncan Knox	VIC	2:55:52
9.	Mark Wall	VIC	2:56:13
10.	Murray Marker	SA	2:57:49
11.	Mark Dredge	NSW	2:59:16
12.	Nick A'Hern	NSW	2:59:47
13.	Keith Law	NSW	3:02:43
14.	John Smith	NSW	3:08:52
15.	Tim Thompson	SA	3:11:46
16.	Trevor Vogler	ACT	3:12:48
17.	Ben Richardson	NSW	3:14:20
18.	Chris Stratford	NSW	3:14:28
19.	Robert Lilley	NSW	3:15:00
20.	Warren Harbour	VIC	3:18:41
21.	Graeme Huxley	NSW	3:20:39
22.	Paul Moritz	NSW	3:21:31
23.	Caleb Maybir	QLD	3:22:54
24.	Anthony Barrett	VIC	3:26:47
25.	Brendan Hyde	NSW	3:30:13
26.	Frank Overton	NSW	3:35:28
27.	Tony Andrews	ACT	3:40:22
28.	Bill Starr	SA	3:45:52
29.	G Walsh	NSW	3:52:20
30.	Paul Thompson	NSW	3:55:58

DQ: Paul Copeland (VIC), Mark Thomas (VIC), Bob Agnew (ACT), Tony Michelson (ACT)

1990

This year, the Federation Under 20 Men's 10,000m walk was extended in scope to also include the Australian Junior 10,000m racewalking championship. Also, a new Federation club, Proclamation Park, competed for the first time. Since

this was a second Victorian club, the results would now have to show VRWC or PP rather than VIC from now on. Once again, the Bruce Stadium precinct was used for the afternoon events.

On this occasion, the entries hit the 300 mark – a new record. Near disaster was avoided when the cycle path was dug up on the Thursday. A team of Mike Dando, Bob Agnew and Bruce Cook had to quickly fill in a 10m wide hole and sweep 80m of sand/dirt off the track the day before the carnival.

Andrew Jachno, fresh from his Commonwealth Games silver medal, easily retained his title from Mike Harvey and Mark Donahoo. Mark, after a slow first 10 miles in 81:25, stormed home with a 72:47 last 10 miles to finish just 5 seconds behind Mike. Robin Whyte celebrated his 24th year of continuous racing in this event with a time of 3:00:07. VRWC filled the first 7 positions.

1.	Andrew Jachno	VRWC	2:27:31
2.	Michael Harvey	VRWC	2:34:07
3.	Mark Donahoo	VRWC	2:34:12
4.	Mark Dossetor	VRWC	2:38:00
5.	John Leydon	VRWC	2:38:47
6.	Mark Thomas	VRWC	2:46:28
7.	Duncan Knox	VRWC	2:48:03
8.	Michael Woods	NSW	2:48:55
9.	Mark Dredge	NSW	2:49:50
10.	Robert McFadden	SA	2:50:52
11.	Jeffrey Phillips	NSW	2:51:45
12.	Bob Mee	ACT	2:52:29
13.	Keith Knox	NSW	2:55:20
14.	Keith Law	NSW	2:55:35
15.	Kevin Lowden	PP	2:56:02
16.	Frank Bertei	PP	2:56:10
17.	Rod Huxley	NSW	2:56:20
18.	Robin Whyte	ACT	3:00:07
19.	Alex Crawford	NSW	3:03:29
20.	Trevor Vogler	ACT	3:03:42
21.	Bruce Dudon	VRWC	3:05:06
22.	Grant Saunders	VRWC	3:10:30
23.	Chris Stratford	NSW	3:18:33
24.	Warren Harbour	PP	3:19:45
25.	Frank Overton	NSW	3:23:41
26.	Robin Wood	VRWC	3:28:03
27.	Graeme Huxley	NSW	3:30:38
28.	Peter Waddell	ACT	3:31:51
29.	Tim Thompson	SA	3:39:05
30.	Bill Starr	SA	3:40:30
31.	Tony Barrett	VRWC	3:41:53
32.	Ron Whitham	NSW	3:41:53

DQ: Russell McFarlane (VRWC), Brian Trower (VRWC), Bill Dyer (VRWC), Anthony Michelson (NSW)

1991

The carnival continued to get bigger and bigger with a second year of over 300 entries. On this occasion, the entries were spread as follows

Men 20 Mile	47
Womens 10 Mile	11
Mens 10 Mile	21
U15 Girls 2000m	35
U16 Bous 2000m	16
U12 Girls 2000m	12
U12 Boys 2000m	21
U9 Girls 1000m	8

U9 Boys 1000m	8
U20 & Open Men 10km	29
Women 5000m	85

Again, VRWC proved to have too much depth in the 20 Mile event and took 8 of the first 10 placings. Simon Baker won out after a good battle with Michael Harvey while 20 year old Steve Beecroft, in his first year of an AIS scholarship, took 3rd place in a great first up appearance. The previous year, he had won the U20 10,000m title at Canberra in an Australian Junior best time of 42:30.

1. Simon Baker	VRWC	2:29:11
2. Michael Harvey	VRWC	2:29:54
3. Steve Beecroft	VRWC	2:34:15
4. Greg Robertson	TAS	2:35:37
5. Mark Donahoo	VRWC	2:41:34
6. Mark Fletcher	VRWC	2:45:23
7. Duncan Knox	VRWC	2:45:23
8. John Leydon	VRWC	2:48:20
9. Chris Lockwood	VRWC	2:48:43
10. Frank Bertei	PP	2:49:56
11. Paul Nunn	VRWC	2:50:02
12. Rod Huxley	NSW	2:50:49
13. Keith Knox	NSW	2:51:11
14. Keith Law	NSW	2:54:59
15. Alex Crawford	NSW	2:57:03
16. Tony Johnson	VRWC	3:00:13
17. Warren Harbour	PP	3:00:25
18. Murray Marker	SA	3:01:48
19. Ben Richardson	NSW	3:02:42
20. Robin Whyte	ACT	3:04:46
21. Chris Stratford	NSW	3:05:35
22. Dean Cruise	VRWC	3:08:16
23. Trevor Vogler	ACT	3:11:30
24. Darian Law	NSW	3:11:54
25. Peter Luke	VRWC	3:14:43
26. Frank Overton	NSW	3:18:41
27. Manfred Kuppler	PP	3:19:07
28. John Jardine	PP	3:19:24
29. Mike Mulligan	NSW	3:22:26
30. Tim Thompson	SA	3:45:37
31. Ron Whitham	NSW	3:46:18
32. Tony Andrews	ACT	3:46:38
33. Brendan Hyde	NSW	3:55:15

1992

Michael Harvey, after 5 second placings and 3 third placing, finally broke through for a well deserved and popular win. In a year in which most of the senior walkers were absent, John Leydon and Bill Dyer took the minor medals ahead of youngsters Shane Pearson and Mark Fletcher.

1. Michael Harvey	VRWC	2:30:14
2. John Leydon	NSW	2:38:42
3. Bill Dyer	VRWC	2:43:48
4. Shane Pearson	QRWC	2:46:31
5. Mark Fletcher	VRWC	2:47:10
6. Mark Dossetor	ACT	2:48:40
7. Duncan Knox	VRWC	2:52:18
8. Mark Donahoo	VRWC	2:53:51
9. Rod Huxley	NSW	2:54:30
10. Chris Stratford	NSW	2:56:47

11. Craig Webb	NSW	2:58:51
12. Ben Richardson	NSW	2:59:01
13. Robin Whyte	ACT	2:59:41
14. Darian Law	NSW	3:08:46
15. John Smith	NSW	3:10:40
16. Murray Marker	SA	3:11:09
17. Keith Law	NSW	3:19:38
18. Frank Overton	NSW	3:21:34
19. Ann Staunton (F)	ACT	3:28:06
20. H Geyteman	NSW	3:36:41
21. Bill Starr	SA	3:41:49
22. Tim Thompson	SA	3:57:21

Retirees:

Alex Crawford (NSW), Dariusz Wojcik (VRWC)

1993

Nick A'Hern returned for his second Canberra 20 Miler (the previous one was in 1989) and he was a clear winner in a time that made him the second fastest ever winner behind Willi Sawall. Nick had already competed in his first Olympics (1992) and 1993 also saw him selected for the IAAF World Championships and Racewalking World Cup. He had indeed come of age in the senior ranks.

Behind Nick, a great teams battle was unfolding between the two Victorian clubs. Proclamation Park got up by the smallest of margins to beat VRWC 44 points to 42 points. VRWC had won the previous 17 Teams Events and it took another Victorian team to finally dethrone them.

1. Nick A'Hern	NSW	2:24:35
2. Paul Copeland	PP	2:29:13
3. Michael Harvey	PP	2:31:18
4. Simon Baker	VRWC	2:33:59
5. Mark Donahoo	VRWC	2:39:36
6. Mark Thomas	VRWC	2:42:52
7. Duncan Knox	VRWC	2:44:07
8. Ignazio Jiminez	QRWC	2:45:09
9. Dominic McGrath	VRWC	2:46:27
10. Frank Bertei	PP	2:48:39
11. Peter Bennett	QRWC	2:49:16
12. Shane Pearson	QRWC	2:57:18
13. Dan Andrikis	ACT	2:57:33
14. John Leydon	NSW	3:01:55
15. Andrew Ludwig	QRWC	3:02:19
16. Keith Law	NSW	3:02:39
17. Harry Summers	VRWC	3:03:16
18. Mick Mulligan	NSW	3:04:48
19. Manfred Kuppler	PP	3:09:36
20. Robin Whyte	ACT	3:10:09
21. Craig Webb	NSW	3:10:47
22. Paul Thompson	NSW	3:14:47
23. Frank Overton	NSW	3:20:59
24. John Jardine	PP	3:26:13
25. Ann Staunton (F)	ACT	3:26:26
26. Hugh Geyteman	NSW	3:30:21
27. Bill Starr	SA	3:32:00
28. Caleb Maybir	QRWC	3:44:05
29. Brendan Hyde	NSW	3:50:41
30. Tim Thompson	SA	3:53:32

1994

Michael Harvey recorded his second win with a 2 minute PB and a time that ranked him as the third fastest Canberra walker ever. It was yet another year in which nearly all of the stars absent and hence it was an opportunity for the next rank of walkers to try for fame.

1.	Michael Harvey	VRWC	2:25:55
2.	Mark Dossetor	ACT	2:43:14
3.	Duncan Knox	VRWC	2:45:59
4.	Ignacio Jiminez	QRWC	2:47:26
5.	Frank Bertei	PP	2:49:36
6.	Keith Knox	NSW	2:53:07
7.	Andrew Ludwig	QRWC	2:54:47
8.	Peter Bennett	QRWC	2:55:16
9.	Craig Webb	NSW	2:56:24
10.	John Leydon	NSW	2:57:53
11.	Keith Law	NSW	2:59:28
12.	Daniel Andrikis	ACT	3:03:59
13.	Robin Whyte	ACT	3:09:51
14.	Mick Mulligan	NSW	3:12:53
15.	Celia Bertei (F)	PP	3:13:00
16.	David Bryson	SA	3:16:37
17.	John Jardine	PP	3:22:49
18.	Mark Coleman	VRWC	3:24:28
19.	Bill Starr	SA	3:50:09
20.	Tim Thompson	SA	3:58:06

Retirees:

Anthony Miles (QRWC), Kevin Lowden (PP), Alex Crawford (NSW), Travis Harbour (PP)

1995

The carnival showed no signs of losing its popularity and once again the total entries ran at around the 300 mark. Barwon Walkers Club (based in Geelong) joined the Federation as a second Victorian club. Proclamation Park seemed to have run its course and had effectively ceased to exist after only a few years of activity.

Finally a New Zealander took the race honours in the 20 Mile event as 1992 Olympian Scott Nelson held off 21 year old Victorian Duane Cousins for a popular win. Later that year, Duane would catapult to national attention with a fantastic 50 km time of 3:54:38. This Canberra walk was an indication of things to come. Another new face in the Canberra field was Brent Vallance who finished a fine fourth. 1995 also saw Brent win selection in the Australian Racewalking World Cup.

1.	Scott Nelson	NZ	2:28:45
2.	Duane Cousins	VRWC	2:29:29
3.	Michael Harvey	VRWC	2:36:41
4.	Brent Vallance	NSW	2:38:47
5.	Mark Thomas	VRWC	2:39:53
6.	Dominic McGrath	VRWC	2:42:36
7.	Shane Pearson	QRWC	2:46:00
8.	Ignacio Jiminez	QRWC	2:48:48
9.	Duncan Knox	VRWC	2:49:21
10.	Frank Bertei	VRWC	2:49:26
11.	Peter Bennett	QRWC	2:52:50
12.	Keith Knox	NSW	2:54:21
13.	Richard Illingworth	VRWC	2:59:15
14.	John Stenhouse	ACT	3:01:18
15.	Peter Vysma	VRWC	3:03:08
16.	Mark Coleman	BARWON	3:03:40
17.	Darren Bown	SA	3:05:45

18. Keith Law	NSW	3:06:30
19. Simon Robards	NSW	3:08:18
20. Frank Overton	NSW	3:08:39
21. Robin Whyte	ACT	3:17:43
22. John Griggs	ACT	3:20:01
23. Harry Summers	VRWC	3:22:38
24. Brian Murphy	SA	3:29:17
25. Hugh Geyteman	NSW	3:32:56
26. Ron Hall	NSW	3:38:14
27. Bill Starr	SA	3:44:02
28. Caleb Maybir	QRWC	3:46:35
29. Albert Cuschieri	NSW	3:50:35

1996

For the second year in a row, a New Zealander took the race but this year it was Craig Barrett. His time was second only to the great Willi Sawall and he was some 3 minutes clear of Duane Cousins whose time of 2:24:39 was a 5 minute PB. This race saw a large number of high profile retirements – Nick A’Hern, Brent Vallance, Darren Bown and a much older Willi Sawall, now making an appearance for BARWON. The day was very very cold - -6C in the morning and still below zero as the race started.

The DNF of Nick A’Hern has a story behind it. The race was actually a pre-departure trial and they had 20 km marked out on the course. Nick recorded around 1:23:00 and then retired. His 10 mile split was almost certainly the fastest ever recorded. He then went on to take 4th in the 1996 Olympic 20 km walk.

1. Craig Barrett	NZ	2:21:22
2. Duane Cousins	VRWC	2:24:39
3. Simon Baker	VRWC	2:31:10
4. Shane Pearson	QRWC	2:32:34
5. Dominic McGrath	VRWC	2:33:27
6. Noel Wooler	QRWC	2:46:38
7. Mark Donahoo	VRWC	2:48:01
8. John Stenhouse	ACT	2:51:08
9. Peter Bennett	QRWC	2:51:42
10. Keith Knox	REGAL	2:53:42
11. Mark Coleman	BARWON	2:57:46
12. Duncan Knox	VRWC	3:02:48
13. Robin Whyte	ACT	3:25:46
14. John Griggs	ACT	3:44:19
15. Bill Starr	SA	3:50:33

Retirees:

Simon Robards (REGAL), Willi Sawall (BARWON), David Bryson (SA), Nick A’Hern (REGAL), Darren Bown (SA), Brent Vallance (REGAL)

DQ: Peter Vysma (VRWC)

1997

The Under 15 events were changed from 2000m to 3000m and a new race, the Under 17 Boys 5000m, was introduced. Barwon Walkers Club disappeared and was replaced by Provincial Walkers, a combine of the Victorian country clubs.

Nick A’Hern, after his superb 4th place in the 1996 Olympic 20 km event, recorded his second win and a 2 minute PB after an exciting race against current holder Craig Barrett. Only 7 seconds separated these two great walkers at the end. The strong Regal team of A’Hern, Luke Adams and Damian O’Mara beat VRWC by 1 point in a very close teams race. 22 year old Dion Russell produced a great third place in his first Canberra 20 mile. Up till this point, Dion had been a 20 km specialist but new coach Ron Weigel had other ideas and had started his refocus towards the longer events. 20 year old Luke Adams walked a great race for fourth place and also gave notice of things to come.

1. Nick A'Hern	REGAL	2:22:19
2. Craig Barrett	NZ	2:22:26
3. Dion Russell	VRWC	2:27:36
4. Luke Adams	REGAL	2:33:05
5. Shane Pearson	QRWC	2:34:24
6. Duane Cousins	VRWC	2:34:43
7. Michael Harvey	VRWC	2:34:58
8. Tony Sargisson	NZ	2:37:01
9. Scott Nelson	NZ	2:37:24
10. Mark Coleman	PROV	2:44:19
11. Damian O'Mara	REGAL	2:45:45
12. Marcus Dwyer	VRWC	2:47:29
13. Brian Trower	VRWC	2:49:28
14. Peter Bennett	QRWC	2:52:16
15. John Stenhouse	ACT	2:58:26
16. Rod Sadler	PROV	2:59:46
17. Alex Crawford	REGAL	3:00:38
18. Noel Wooler	QRWC	3:07:58
19. Duncan Knox	VRWC	3:09:35
20. Daniel Andrikis	ACT	3:10:15
21. Robin Whyte	ACT	3:11:57
22. Harry Summers	VRWC	3:20:02
23. Peter Blood	PROV	3:21:02
24. Ann Staunton (F)	ACT	3:29:40
25. Bill Starr	SA	3:54:24
26. Lachlan Wilkinson	ACT	4:05:22

1998

The lead group of Duane Cousins, Craig Barrett, Dion Russell, Nathan Deakes and Brent Vallance powered through the first 5 miles in 36:00 and another good time looked assured. Then Craig and Nathan upped the ante, walking the next 5 miles in under 34 minutes to break the leading group apart. The two man battle continued until the 30 km mark which was reached in around 2:11. At this stage, Craig literally sprinted home to open a lead of nearly 2 minutes. His PB time of 2:19:37 was second only to Willi Sawall. 20 year old Victorian Nathan gave notice of his ability with his time of 2:21:50 – the fastest inaugural performance ever. The strong VRWC team of Deakes, Russell and Cousins was too strong for the opposition and easily took the teams race. All three were all AIS scholarship holders at the time.

1. Craig Barrett	NZ	2:19:37
2. Nathan Deakes	VRWC	2:21:50
3. Dion Russell	VRWC	2:26:14
4. Duane Cousins	VRWC	2:28:47
5. Brent Vallance	REGAL	2:30:12
6. Luke Adams	REGAL	2:31:16
7. Marcus Dwyer	VRWC	2:39:20
8. Michael Harvey	VRWC	2:42:35
9. Simon Baker	VRWC	2:44:10
10. Tony Sargisson	NZ	2:45:43
11. Brad Malcolm	VRWC	2:47:47
12. Mark Dossetor	ACT	2:49:39
13. Trenton Hawkins	VRWC	2:50:42
14. Noel Woolmer	QLD	2:54:44
15. Peter Bennett	QLD	2:55:10
16. Duncan Knox	VRWC	2:56:47
17. Mark Donahoo	VRWC	3:00:19
18. John Stenhouse	ACT	3:03:26
19. Alex Crawford	REGAL	3:17:17
20. Robin Whyte	ACT	3:22:18
21. Brian Glover	VRWC	3:30:08
22. Peter Luke	PROV	3:31:00

23. Daryl Biggin	PROV	3:35:48
24. Caleb Maybir	QLD	3:39:47
25. Russell McFarlane	PROV	3:40:10
26. Ann Staunton (F)	ACT	3:43:40
27. Lachlan Wilkinson	ACT	3:47:42
28. Bill Starr	SA	3:52:08
29. Peter Waddell	ACT	3:52:10

Retirees:

Harry Summers (VRWC), Michael Pearson (REGAL)

1999

The carnival seemed to be attracting fewer men to the long 20 Mile event and more men and women to the 10 Mile events. In this case, there were only 15 finishers for the 20 Mile event but there were 19 finishers for the Womens 10 Mile and 16 finishers in the Mens 10 Mile. There were still some 200 competitors spread over the various events so the carnival was still looking healthy.

Craig Barrett scored his third win in 4 years and fellow New Zealander Tony Sargisson took second place so a decision was made to award gold and silver to Craig and Tony but to also award medals to the first 3 Australians. So Darren Bown was also awarded gold, Lachlan McDonald was also awarded silver and Duncan Knox was awarded bronze. This precedent is still in effect today.

1. Craig Barrett	NZ	2:25:27
2. Tony Sargisson	NZ	2:32:47
3. Darren Bown	SA	2:41:14
4. Lachlan McDonald	VRWC	2:51:19
5. Duncan Knox	VRWC	2:55:07
6. Michael Pearson	REGAL	3:03:24
7. Peter Vysma	VRWC	3:03:43
8. Peter Bennett	QRWC	3:05:35
9. Robin Whyte	ACT	3:11:59
10. Harry Summers	VRWC	3:26:18
11. Bill Starr	SA	3:26:33
12. Lachlan Wilkinson	ACT	3:29:31
13. Graham Watt	VRWC	3:42:30
14. Caleb Maybir	QRWC	3:59:34
15. Peter Waddell	ACT	4:04:56

2000

After third placings in 1997 and 1998, Dion Russell stormed home to a great win in 2000 with a time that placed him third overall on the rankings behind Willi Sawall and Craig Barrett. The first 4 placings all went to walkers who subsequently walked in the 2000 Olympics. Craig Barrett took second, making a total of 3 firsts and 2 seconds from 5 outings.

Kerry Saxby and Simone Wolowiec both completed the 20 mile course and both shattered the previous best by any woman walker. In fact, Kerry's 8th place and time of 2:41:03 won her the award as the first Veteran to finish the event.

1. Dion Russell	VRWC	2:21:35
2. Craig Barrett	NZ	2:25:02
3. Nick A'Hern	REGAL	2:29:53
4. Duane Cousins	VRWC	2:35:11
5. Darren Bown	SA	2:36:00
6. Brad Malcolm	VRWC	2:39:38
7. Richard Everson	SA	2:41:08
8. Kerry Saxby Junna (F)	REGAL	2:41:43
9. Michael Harvey	VRWC	2:48:08

10. Luke Adams	REGAL	2:54:30
11. Simon Baker	VRWC	2:54:44
12. Simone Wolowiec (F)	VRWC	2:55:14
13. Peter Bennett	QRWC	2:58:37
14. Mark Dossetor	ACT	2:59:25
15. John Leydon	SA	3:00:03
16. Duncan Knox	VRWC	3:01:53
17. Keith Knox	NSW	3:08:34
18. Robert Osborne	NSW	3:20:48
19. Robin Whyte	ACT	3:21:48
20. Andrew Blood	VRWC	3:28:55
21. Daryl Biggin	VRWC	3:30:35
22. Bill Starr	SA	3:55:20

Retirees:

Natalie Saville (REGAL), Lachlan Wilkinson (ACT), Christian Bone (REGAL), Frank Overton (NSW)

2001

Luke Adams broke through for his first win after three previous attempts but he had to work hard to hold out 20 year old Troy Sundstrom by only 8 seconds. Troy had dominated Junior ranks throughout his career, earning an amazing 3 World Junior berths. This fine second place indicated that Troy was ready to move into the senior ranks and start to challenge his older competitors.

Although Luke and Troy took first and second place, REGAL lacked a third walker and this let VRWC take the teams event in an unlikely result.

1. Luke Adams	REGAL	2:30:56
2. Troy Sundstrom	REGAL	2:31:04
3. Marcus Dwyer	VRWC	2:40:48
4. Michael Harvey	VRWC	2:46:15
5. Frank Bertei	VRWC	2:48:15
6. Andrew Ludwig	QRWC	2:55:36
7. Peter Bennett	QRWC	2:57:18
8. Ignacio Jiminez	QRWC	2:57:18
9. Duncan Knox	VRWC	3:14:57
10. Robin Whyte	ACTRW	3:19:36
11. Andrew Blood	VRWC	3:28:04
12. Keith Knox	NSWRW	3:28:34
13. Daryl Biggin	VRWC	3:32:51
14. Lachlan Wilkinson	ACTRW	3:34:38
15. Bob Chapman	ACTRW	3:35:44
16. Bill Starr	SAAWC	3:48:58

Retirees:

John Leydon (SAAWC)

2002

Luke Adams retained his title with another good walk but, like last year, Regal could not put a third walker on the line so VRWC took the teams event. Darren Bown, now an AIS walker, scored a good second place ahead of Troy Sundstrom whose walk was a little down on his 2001 effort.

1. Luke Adams	REGAL	2:31:37
2. Darren Bown	SAAWC	2:32:05
3. Troy Sundstrom	REGAL	2:36:52
4. Frank Bertei	VRWC	2:42:54
5. Chris Erickson	VRWC	2:44:37
6. Andrew Jamieson	VRWC	2:47:48

7. Peter Bennett	QRWC	2:58:32
8. Mark Donahoo	VRWC	3:03:58
9. Duncan Knox	VRWC	3:10:02
10. Robin Whyte	ACTRW	3:19:43
11. Robert Osborne	NSWRW	3:22:01
12. Peter Blood	VRWC	3:23:22
13. Andrew Blood	VRWC	3:26:53
14. Daryl Biggin	VRWC	3:31:42
15. Bill Starr	SAAWC	3:40:34
16. Brendan Hyde	NSWRW	3:57:26

Retirees:

Liam Murphy (SAAWC), Claire Woods (SAAWC)

2003

Darren Bown finally broke through for a win after several years of trying and SAAWC took the teams event after fellow AIS walker Liam Murphy and race stalwart Bill Starr provided the necessary finish points. Frank Bertei, at 37 years of age, showed that he could still match it with his younger rivals and improved by one place on his 2002 finish to finally take a medal in this prestigious event.

It was the smallest field for many years and was indicative of a worrying trend in the Open Men division – the overall numbers and depth were both in decline.

1. Darren Bown	SAAWC	2:31:46
2. Liam Murphy	SAAWC	2:32:09
3. Frank Bertei	VRWC	2:42:12
4. Chris Erickson	VRWC	2:43:58
5. Mark Donahoo	VRQC	3:03:33
6. Peter Bennett	QRWC	3:04:15
7. Duncan Knox	VRWC	3:13:19
8. Robin Whyte	ACTRW	3:29:11
9. Bill Starr	SAAWC	3:35:00

2004

Craig Barrett became one of the all time greats in this event with yet another win, making 4 gold and 2 silvers from 6 walks. Victorian youngster Chris Erickson also took gold as the first Australian to finish, something his father was never able to do. Yet again, a very small field contested the event and SAAWC was the only club to finish a team, thus winning the teams event for a second year running.

1. Craig Barrett	NZ	2:30:02
2. Chris Erickson	VRWC	2:37:07
3. Darren Bown	SAAWC	2:39:05
4. Troy Sundstrom	REGAL	2:44:44
5. Andrew Ludwig	QRWC	3:00:33
6. Peter Bennett	QRWC	3:09:08
7. John Leydon	SAAWC	3:22:29
8. Duncan Knox	VRWC	3:23:21
9. Robin Whyte	ACT	3:31:01
10. Bill Starr	SAAWC	3:40:04

2005

Jared Tallent, after 3 years as the leading junior walker and contesting his first senior 20 mile event, was expected to provide stiff opposition for defending champion Craig Barrett. Not surprisingly, they broke away from the field almost immediately, passing the first 5 miles in 35:35. Jared continued to apply pressure, broke away from Craig at the 8 mile

mark and recorded 35:23 and 34:36 for his next two 5 mile splits to build up a lead of over 4 minutes. The only other 20 year old to do so well on debut was Nathan Deakes in 1998 when he took second place in 2:21:50. At the 18 mile mark, Jared was still on target to match Nathan's time but he slowed a little in the last few miles to record a winning time of 2:22:39. Chris Erickson, walking a very evenly paced race, broke away from the chasing pack, passed Craig Barrett and came home in second place for the second year in a row – but with a time some 10 minutes faster than last year. Craig Barrett medalled yet again, making a total of 4 golds, 2 silvers and a bronze from 7 attempts.

1.	Jared Tallent	VRWC	2:22:39
2.	Chris Erickson	VRWC	2:27:04
3.	Craig Barrett	NZ	2:28:24
4.	Duane Cousins	VRWC	2:37:20
5.	Darren Bown	SAAWC	2:39:38
6.	Troy Sundstrom	Regal	2:42:40
7.	Frank Bertei	VRWC	2:45:50
8.	Andrew Jamieson	VRWC	2:48:24
9.	John Leydon	SAAWC	3:07:11
10.	Peter Bennett	QRWC	3:07:56
11.	Duncan Knox	VRWC	3:34:10
12.	Bill Starr	SAAWC	3:38:39
13.	Jim Hoare	SAAWC	3:52:42
14.	Bob Chapman	ACT	3:52:48
15.	Mark Worrall	ACT	4:00:01
16.	Val Chesterton (F)	ACT	4:24:36
DQ:	Robin Whyte	ACT	
DQ:	Bryan Thomas	ACT	

2006

Cold and windy conditions failed to dampen the spirits and competitiveness of nearly 300 racewalkers from all over Australia when they competed in the 40th Lake Burley Griffin Racewalking Carnival on Sunday 11th June.

The Mens 20 mile event saw a close battle between Commonwealth Games representatives Duane Cousins and Jared Tallent. After leading early, Duane was caught and passed by Jared soon after the half way mark and it looked like he would have to settle for second place. Surprisingly, Jared slowed at the Scrivener Dam and surrendered his lead soon afterwards. Duane stormed home to record his first official win in this prestigious event. In 1994 and 1995 he finished second to NZ ace Craig Barrett but this year he won in his own right in what was a popular victory. His time of 2:32:48 saw him 5 minutes clear of Jared who strolled home in second place after a month's furlough from training. It is Duane's 7th sub-2:40 performance in this event. Tom Barnes, in his first Canberra appearance, took third place with an impressive time of 2:40:40. The strong Victorian contingent took first and second in the teams event and Andrew Jamieson walked a PB time of 2:46:23 to come 5th and take the Veteran's trophy (less than 1 month shy of his 60th birthday).

1	Duane Cousins	VRWC	2:32:48
2	Jared Tallent	VRWC	2:37:31
3	Tom Barnes	VRWC	2:40:40
4	Troy Sundstrom	REGAL	2:41:52
5	Andrew Jamieson	VRWC	2:46:23
6	Andrew Cross	QRWC	2:50:18
7	Lachlan McDonald	VRWC	3:07:10
9	Peter Bennett	QRWC	3:07:45
9	Duncan Knox	VRWC	3:20:44
10	Robin Whyte	ACFRFWC	3:32:36
11	Bryan Thomas	ACFRFWC	3:42:31
12	Mark Worrall	ACFRFWC	3:48:51
13	Peter Strangman	ACFRFWC	3:55:01
14	Val Chesterton (F)	ACFRFWC	4:31:34
	Bill Starr	SAAWC	DQ

2007

A huge 310 entries ensured that the 41st annual Racewalking Australia carnival was a great success. And as an added bonus, Canberra turned on mild sunny weather – ideal conditions for racing. VRWC and NSWRC had the biggest racing contingents as usual but there was plenty of talent on show from the other participating clubs as well – WARWC, SAAWC, Regal, BRWC, ACTRFWC and TARWC – and to top it all off, we had 3 visiting Kiwis to lend an international flavour to the meet.

The absolute highlight had to be the wonderful performance of VRWC/AIS walker Jared Tallent who broke Willi Sawall's 1980 20 Mile Course record of 2:16:48. He had announced in the leadup to the race that he intended to attack Willi's record which had withstood all attempts for so long now that many thought it unbreakable, given the tough nature of the course. Jared certainly proved any doubters wrong in the most emphatic terms, storming to the front and never slowing. His final time of 2:15:43 took over 1 minute off the record and his 5 mile splits were an amazing 33:43, 34:00, 34:02 and 33:58. It was his second win and beat his previous best time by some 7 minutes. Second was VRWC/AIS fellow walker Chris Erickson whose time of 2:24:18 was also a PB by nearly 3 minutes. In third spot was NSW/AIS walker Adam Rutter in his inaugural 20 mile walk. Although he had never raced further than 20 km before, the 21 year old walker was undaunted by the extra distance and his time of 2:26:33 was one of the best times on record. That made it a clean sweep for the AIS!

Megan Szirom walked the second fastest time ever by a female entrant with 2:53:01.

1	Tallent, Jared	VRWC	2:15:43 (Race Record)
2	Erickson, Chris	VRWC	2:24:18
3	Rutter, Adam	NSWRW	2:26:23
4	Barnes, Tom	VRWC	2:33:17
5	Sargisson, Tony	NZ	2:38:58
6	Sundstrom, Troy	REGAL	2:41:53
7	Cross, Andrew	QRWC	2:42:18
8	Jamieson, Andrew V	VRWC	2:42:27
9	Szirom, Megan (F)	VRWC	2:53:01
10	Bennett, Peter V	QRWC	3:13:00
11	Knox, Duncan V	VRWC	3:21:09
12	Whyte, Robin V	ACTRF	3:29:03
13	Thomas, Bryan V	ACTRF	3:49:22
14	Starr, Bill V	SAAWC	3:58:16
15	Chesterton, Val (F) V	ACTRF	4:24:06
	Brown, Darren	SAAWC	DNF

2008

A record 335 entries made the 2008 carnival the biggest ever and competitors were treated to mild and sunny conditions. AIS walkers filled the first 3 places, but times were generally slower than in 2007 as the walkers were coming off a long racing season overseas. Jared Tallent won for the second year in a row ahead of Adam Rutter and Chris Erickson.

1	Tallent, Jared	VRWC	2:20:31
2	Rutter, Adam	NSWRWC	2:25:42
3	Erickson, Chris	VRWC	2:27:08
4	Bown, Darren	SAAWC	2:32:00
5	Barnes, Tom	VRWC	2:32:32
6	Rayson, Ian	REGAL	2:33:12
7	Cross, Andrew	QRWC	2:50:57
8	Jamieson, Andrew	VRWC	2:54:04
9	Jiminez, Iggy	QRWC	2:58:22
10	Bennett, Peter	QRWC	3:05:11
13	Ludwig, Andrew	QRWC	3:19:46
11	Heywood, Colin	ACTRFWC	3:07:33
14	Whyte, Robin	ACTRFWC	3:31:49
16	Thomas, Bryan	ACTRFWC	3:49:36

12	Kollmorgen, Stuart	VRWC	3:18:09
15	Knox, Duncan	VRWC	3:46:46
17	Starr, Bill	SAAWC	3:55:14
18	Osborne, Robert	REGAL	3:57:12
19	Chesterson, Val (F)	ACTRFWC	4:42:19

2009

A record 397 entries by 297 competitors meant that the previous year's attendance record was well and truly shattered. While conditions were perfect for the 10 mile and 10 mile events, intermittent showers later in the day meant that some of the events for the younger walkers were held in trying conditions but nothing dampened what was a huge carnival.

The 20 mile race was a corker with the four AIS walkers in control. Luke Adams took off from the gun with an 8 minute first 2km over the rolling hills. Jared Tallent took up the challenge, caught him at around the 4km mark and then went straight to the front and was never headed. With Jared passing the 10 mile mark in 66:21, the record was always going to fall and fall it did – with the Olympic dual medalist crossing the finish line in 2:14:57. Luke continued to walk strongly to record an 11 min PB time of 2:18:49, the third fastest of all time while Chris Erickson also PB'd with his third place time of 2:22:47. Young ACT walker Brendon Reading debuted successfully with an excellent 2:35:43 while Andrew Jamieson, now 62 years of age, belied the years with his time of 2:42:53. Megan Szirom walked the second fastest ever time by a woman to finish 8th with 2:49:54. Peter Bennett of QLD, only a week after finishing first in one of the big European 24 Hour classics (with 213km), came down in distance for a time of 3:27:02.

1.	Jared Tallent	VRWC	2:14:57
2.	Luke Adams	REGAL	2:18:49
3.	Chris Erickson	VRWC	2:22:47
4.	Adam Rutter	NSWRWC	2:28:40
5.	Darren Bown	SAAWC	2:34:27
6.	Brendon Reading	ACTRFWC	2:35:43
7.	Andrew Jamieson	VRWC	2:42:53
8.	Megan Szirom (F)	VRWC	2:49:54
9.	Peter Crump	SAAWC	3:02:41
10.	Ignacio Jimenez	QRWC	3:03:51
11.	Colin Heywood	ACTRFWC	3:07:21
12.	Stuart Kollmorgen	VRWC	3:15:56
13.	Peter Bennett	QRWC	3:27:02
14.	Robin Whyte	ACTRFWC	3:33:24
15.	Robert Osborne	REGAL	3:43:56
16.	Bill Starr	SAAWC	3:59:30
	Val Chesterton (F)	ACTRFWC	4:40:26
	Bryan Thomas	ACTRFWC	DQ

2010

A record 420 entries by just over 300 competitors a new record attendance as the carnival continued to get bigger and bigger. After an overnight temperature of -5°C, it cleared into a beautiful sunny day which was deemed to be the best in recent memory.

The 20 mile race saw only a small field as, on this occasion, most walkers chose the 10 mile distance. The race went as expected with Jared Tallent, Chris Erickson and Ian Rayson walking within striking distance of each other for nearly the whole way. With a few km to go, Jared pounced and walked to an easy victory, his fifth overall and his fourth in a row.

1.	Jared Tallent	VRWC	2:26:35
2.	Chris Erickson	VRWC	2:27:59
3.	Ian Rayson	REGAL	2:28:13
4.	Darren Bown	SARWC	2:39:53
5.	Stuart Kollmorgan	VRWC	3:06:07
6.	Colin Heywood	ACTRFWC	3:06:47

7.	Peter Crump	SARWC	3:14:36
8.	Duncan Knox	VRWC	3:27:42
9.	Robin Whyte	ACTRFCW	3:37:41
10.	Bill Starr	SARWC	3:58:12
11.	Val Chesterton	ACTRFCW	4:47:54

2011

2011 saw a smaller overall carnival size (around 270 competitors) but the racing was as competitive as ever. VRWC and Bendigo clubs combined to form a new Federation entity in Racewalking Victoria, thus ensuring an even stronger Vic team than usual.

The 20 Mile championship was watched with even more interest than usual, given the presence of our top seven men - Nathan Deakes (VIC), Jared Tallent (VIC), Luke Adams (Regal), Chris Erickson (VIC), Adam Rutter (NSWRWC), Brendon Reading (ACT) and Ian Rayson (Regal). All seven were Canberra based with the top five AIS based. It was no surprise to see them hit the front from the start and soon clear away from the field. By the half way mark, Jared and Chris had gained a handy lead over the others but we all know that it all happens in the second half of such a race, and so it was with Jared putting the foot down soon after and leaving Chris in his wake. He quickly built up a winning lead to record his 6th victory in the impressive time of 2:18:59. Luke Adams stormed home to finish only 47 secs behind Jared, his time of 2:19:46 less than a minute outside his best, and he was certainly making big inroads into Jared's lead in the final few miles. Nathan Deakes continued his comeback with yet another strong performance to take third ahead of Chris and Adam. This is an identical time to that done by Nathan in 1998 in his only other excursion over this tough course. How's that for an interesting stat! Chris 2:24:37 and Adam 2:25:55 rounded out the top five with further impressive times. This was the first time we had seen 5 walkers under 2:30 and it was nearly 7 as Brendon Reading and Ian Rayson came tantalisingly close with their times of 2:31:10 and 2:31:31. For Brendon, it was a 4 min PB as he continued his excellent form. Further back in the field, Robin Whyte recorded his 42nd finish and Bill Starr recorded his 33rd finish! We also saw 4 women competing and all finished. The best of them was 2008 Olympian Cheryl Webb whose time of 2:52:53 is the third best ever in this carnival, behind Kerry Saxby-Junna and Megan Szirom. Michelle Thompson was next in with 3:29:14 in her first ever Canberra, another excellent walk.

1.	Jared Tallent	2:18:59	VIC
2.	Luke Adams	2:19:46	REGAL
3.	Nathan Deakes	2:21:50	VIC
4.	Chris Erickson	2:24:37	VIC
5.	Adam Rutter	2:25:55	NSWRWC
6.	Brendan Reading	2:31:10	ACTW
7.	Ian Rayson	2:31:31	REGAL
8.	Cheryl Webb (F)	2:52:22	NSWRWC
9.	Stuart Kollmorgen	2:53:07	VIC
10.	Ian Jessurun	3:01:34	NSWRWC
11.	Kim Mottrom	3:02:25	SARWC
12.	Colin Heywood	3:04:34	ACTW
13.	Peter Bennett	3:06:24	QRWC
14.	Peter Crump	3:10:28	SARWC
15.	Michelle Thompson (F)	3:29:14	VIC
16.	Robin Whyte	3:33:33	ACTW
17.	Robert Osborne	3:53:10	REGAL
18.	Mary Willis (F)	3:57:02	NSWRWC
19.	Karyn O'Neill (F)	4:00:21	VIC
20.	Bill Starr	4:11:52	SARWC

2012

Around 260 entries ensured another large carnival in 2011. After an overnight temperature of -3°C, it cleared into a beautiful sunny day which was deemed to be as good as any. The 20 Mile walkers had to negotiate a long section of black ice on the track near Black Mountain and this was deemed to be a rare occurrence.

The 20 mile field was strong with 3 of our 2012 Olympic walkers (Jared Tallent, Chris Erickson and Regan Lamble) on the start line. As expected, they took the first 3 places with Jared untroubled to win his 7th 20 Mile title with an excellent 2:18:00. Chris Erickson took second with 2:26:36 while Regan Lamble walked an astonishing 2:32:17 to take third and shatter Kerry Saxby's course record by nearly 9 minutes. Further back in the field, Robin Whyte recorded his 43rd finish and Bill Starr recorded his 34th finish! The strong RWV team took both gold and silver in the teams events.

1.	Jared Tallent	2:18:00	RWV
2.	Chris Erickson	2:26:36	RWV
3.	Regan Lamble (F)	2:32:17	RWV
4.	Ignacio Jimenez	2:59:42	QRW
5.	Peter Crump	3:02:19	SARW
6.	Peter Bennett	3:09:17	QRW
7.	Simon Evans	3:12:26	RWV
8.	Terry O'Neill	3:31:32	RWV
9.	Robin Whyte	3:34:16	ACTW
10.	Duncan Knox	3:48:38	RWV
11.	Karyn O'Neill (F)	4:01:16	RWV
12.	Lachlan Wilkinson	4:02:05	ACTW
13.	Bill Starr	4:03:45	SARWC

2013

The 47th Lake Burley Griffin Racewalking Carnival was a huge success in every way - big fields (over 200 walkers all together), exciting races, great performances and good weather - it was foggy and cool in the morning but cleared to a fine sunny day.

Jared Tallent, Chris Erickson and Ian Rayson put on a great performance in the blue ribband 20 Mile event around the lake. Ian led out and held a 30 sec advantage at halfway before being reeled in first by Chris and then by Jared. The final times show just how close they were at the finish - Jared 2:20:42, Chris 2:21:12 (PB) and Ian 2:22:20 (PB). It was Jared's seventh win in a row and his 8th overall, equalling Willi Sawall's win record. The PB times of Chris and Ian propel them right up the all-time lists for this prestigious event.

1.	Jared Tallent	RWV	2:20:42
2.	Chris Erickson	RWV	2:21:12
3.	Ian Rayson	REGAL	2:22:20
4.	Kim Mottrom	SARWC	2:37:59
5.	Bradley Simpson	RWV	2:49:17
6.	Peter Crump	SARWC	3:01:27
7.	Terry O'Neill	RWV	3:29:26
8.	Robin Whyte	ACTW	3:37:12
9.	Karen O'Neill (F)	RWV	3:51:00
10.	Robert Osborne	REGAL	3:55:56
11.	Bill Starr	SARWC	4:02:05
	Andrew Jamieson	RWV	DNF
	Regan Lamble	RWV	DNF

2014

The 48th edition of the annual Lake Burley Griffin roadwalking carnival took place in almost perfect conditions - a crispy morning followed by a sunny winter's day. The overall number of walkers was slightly down on recent years but still our biggest yearly carnival with over 200 walkers in attendance.

Once again, it was Jared Tallent who proved strongest, winning by over 4 minutes in 2:27:27. It was his ninth win in this event, one more than the great Willi Sawall, so he now stood alone at the top of the list. Fellow Olympians Chris

Erickson (2:31:50) and Adam Rutter (2:32:53) took the minor medals, all 3 walkers considerably slower than in past years and obviously not in top racing shape post World Cup.

1.	Jared Tallent	SARWC	2:27:27
2.	Chris Erickson	RWV	2:31:50
3.	Adam Rutter	NSWRWC	2:32:53
4.	Dean Nipperess	QRWC	3:07:19
5.	Justin Hill	SARWC	3:08:33
6.	Peter Crump	SARWC	3:08:53
7.	Aaron McDonough	RWV	3:10:05
8.	Terry O'Neill	RWV	3:38:10
9.	Robin Whyte	ACTW	3:45:03
10.	Robert Osborne	REGAL	3:53:57
11.	Karyn O'Neill (F)	RWV	3:54:36
12.	Bill Starr	SARWC	4:16:29
	Brendon Reading	ACTW	DNF
	Michael Harvey	RWV	DNF

2015

The 49th Lake Burley Griffin Carnival was once again a huge show with over 200 walkers from across Australia contesting events ranging from U10 1km through to the Open 20 Mile walk. It was super cold early (-4°C) and foggy but, as the morning progressed, the temperature slowly rose and we had a beautiful sunny winter's afternoon for the shorter events.

The 20 Mile and 10 Mile events started in freezing conditions at 8AM and it was Quentin Rew and Jared Tallent who strode straight the front, walking side by side for the first 11 miles until Quentin broke free. Jared soon got back into contact and the second lap proceeded with them side by side once again. But it was Quentin who was the stronger over the final hills (it is indeed a very hilly 10 mile loop!) and he cleared away in the final couple of miles to win in a very impressive 2:21:17, denying Jared a 10th win. Jared was not far behind with 2:23:02 and Ian Rayson rounded out the first three with a strong 2:27:49.

1.	Quentin Rew	RWV	2:21:17
2.	Jared Tallent	SARWC	2:23:02
3.	Ian Rayson	REGAL	2:27:49
4.	Brendon Reading	ACTW	2:33:30
5.	Bradley Simpson	RWV	2:50:35
6.	Darren Bown (M)	SARWC	2:52:53
7.	Peter Crump (M)	SARWC	3:14:19
8.	Terry O'Neill (M)	RWV	3:28:01
9.	Robin Whyte (M)	ACTW	3:44:42
10.	Karyn O'Neill (M)(F)	RWV	3:46:59

2016

The 50th edition of the iconic Lake Burley Griffin Carnival was a much anticipated event and it lived up to expectations. As befits our national capital in winter, the temperature was around -3C when the Sunday morning dawned at 7AM and the mercury had not budged much by the time the 20 Miles and 10 Miles walks started at 8AM. With well over 200 walkers in attendance from across Australia, the LBG carnival continues to set the standard by which all other carnivals are measured.

As is always the case, most of our top walkers were there, with 2016 Olympians Jared Tallent, Chris Erickson, Rhydian Cowley, Quentin Rew, Tanya Holliday and Rachel Tallent in action, along with 2016 World Teams Champs walkers Kyle Swan, Adam Garganis, Tyler Jones, Zoe Hunt, Tayla-Paige Billington and Alanna Barber.

Chris Erickson finally won the Open 20 Miles walk outright in what was his 13th attempt. Rarely out of the medals in his previous walks, he turned the tables this year on title holder Quentin Rew and 10 times winner Jared Tallent, recording a 90 sec PB time of 2:19:51 and becoming one of the few walkers to break 2:20:00 for this demanding circuit. He was too strong in the second half and finished full of walking.

1.	Chris Erickson	RWV	2:19:51
2.	Quentin Rew	RWV	2:21:26
3.	Jared Tallent	SARWC	2:23:43
4.	Darren Bown (M)	SARWC	3:01:17
5.	Peter Bennett (M)	QRWC	3:08:17
6.	Argenis Guevara (M)	QRWC	3:12:31
7.	Aaron McDonough (M)	RWV	3:13:13
8.	Peter Crump (M)	SARWC	3:18:23
9.	Dean Nipperess (M)	QRWC	3:34:39
10.	Terry O'Neill (M)	RWV	3:36:16
11.	Clarence Jack (M)	RWV	3:40:47
12.	Lachlan Wilkinson (M)	SARWC	3:58:25
13.	Karyn O'Neill (M)(F)	RWV	3:58:53
14.	Bill Starr (M)	SARWC	4:08:38
15.	Robert Osborne (M)	REGAL	4:11:05
16.	Sandra Howarth (M)(F)	RWV	4:38:28
17.	Val Chesterton (M)(F)	ACTWWC	5:02:47
	Rhydian Cowley	RWV	DNF
	Robin Whyte (M)	ACTRWC	DQ
	Kevin Finn (M)	SARWC	DQ

2017

The 51st edition of the Lake Burley Griffin Carnival saw the event move away from Lake Burley Griffin in favour of the Stromlo Forest Park. This was a tough decision for ACTRWC but had been forced upon them by the ever increasing demands of the ACT council. The iconic 10 Miles course around the Lake now had too much motor, cycle and foot traffic to contend with. For 2017, the 10M and 20M would be contested on a 1km loop at Stromlo.

2017 saw LBG suffer another major blow with the Australian Masters T&F Championships being contested on the same weekend in Darwin, thus taking away many of the masters walkers.

These two factors meant the smallest carnival fields in recent memory, with the 10 Miles and 20 Miles fields especially effected.

1.	Darren Bown (M)	SARWC	2:57:56
2.	Ignacio Jimenez Solis (M)	RWQ	3:05:52
3.	Peter Crump (M)	SARWC	3:20:52
4.	Peter Bennett (M)	RWQ	3:26:46
5.	Robin Whyte (M)	ACTW	3:38:16
6.	Argenis Guevara (M)	RWQ	3:44:22
7.	Karyn O'Neill (M)(F)	RWV	3:54:37
8.	Val Chesterton (M)(F)	ACTW	5:07:53
	Terry O'Neill (M)	RWV	DQ