

# Australian Women 1500m All-Time List

Primary Source: Tim Erickson and Paul Rance – no official listings kept anywhere so not definitive.

Last Updated – 03/11/2019

Rank	Time	Name	State	DOB	Location	Comp Date	Age
1	5.48.34	Katie Hayward	QLD	23/07/2000	Brisbane	03/11/2016	16
2	5.50.41	Kerry Saxby-Junna	NSW	02-06-1961	Sydney	20/01/1991	29
3	5.59.15	Renee McAskill	NSW	11/03/1982	Sydney	25/02/1996	13
4	6.09.31	Michelle French	NSW	10/04/1982	Sydney	14/02/1998	15
5	6.09.74	Clara Smith	QLD	09/03/1998	Brisbane	02/11/2017	19
6	6.10.78	Natalie Saville	NSW	07/09/1978	Hobart	27/03/1994	15
7	6.10.80	Sue Cook	VIC	23/04/1958	Canberra	21/01/1984	25
8	6.14.30	Jane Saville	NSW	05/11/1974	Sydney	20/01/1991	16
9	6.17.08	Jessica Pickles	QLD	09/02/1994	Brisbane	07/11/2013	19
10	6.20.20	Gabrielle Blythe	VIC	09/03/1969	Geelong	08/02/1986	16
11	6.22.43	Linda Coffee	NSW	31/07/1977	Sydney	21/03/1993	15
12	6.23.43	Cheryl Webb	NSW	03/10/1976		'92 Aust Titles	15
13	6.25.75	Christina Papadopoulos	QLD	05/09/1996	Brisbane	02/11/2017	21
14	6.25.94	Alanna Peart	VIC	06/09/2003	Melbourne	18/10/2019	16
15	6.26.17	Jayda Anderson	QLD	10/08/2005	Brisbane	02/11/2019	14
16	6.27.79	Rebecca Henderson	VIC	04/07/2001	Melbourne	23/10/2017	16
17	6.31.45	Kate Connolly	NSW		Perth	/03/99 Aust Titles	U16
18	6.31.67	Jillian Hosking	ACT	12/02/1987	Hobart	08/12/2002	15
19	6.31.70	Jemima Montag	VIC	15/02/1998	Melbourne	02/02/2013	14
20	6.32.60	Anne Miller	VIC	26/02/1963	Melbourne	05/02/1978	14
21	6.32.93	Caitlin Hannigan	QLD	27/07/2002	Brisbane	02/11/2018	16
22	6.33.38	Amber Lawrence	NSW		Sydney	21/03/1993	U16
23	6.33.44	Maureen O'Brien	WA		Sydney	21/03/1993	U16
24	6.35.0	Jemma Peart	VIC	16/06/2001	Ballarat	19/01/2019	17
25	6.35.3	Shannon Jennings	NSW	11/01/1993	Sydney	19/03/2006	13
26	6.35.70	Camryn Novinetz	QLD	?	Townsville	23/03/2019	U16
27	6.36.0	Zoe Hunt	ACT	04/12/1997	Canberra	05/03/2015	17
28	6.36.17	Marcia Lomas	WA			1991 Aust Titles	U16
29	6.36.73	Nyssa Cobby	WA		Perth	/03/99 Aust Titles	U16
30	6.37.03	Kellie Wapshott	VIC	23/03/1981	Sydney	09/12/1995	14
31	6.27.79	Rebecca Henderson	VIC	04/07/2001	Melbourne	18/10/2019	18
32	6.38.13	Laura Johnson	NSW	31/08/1984	Sydney	/12/1999	15
33	6.38.7	Eliza Clarke	VIC	29/02/2000	Doncaster	10/12/2015	15
34	6.38.80	Alannah Pitcher	NSW	19/09/2003	Sydney	16/03/2019	15
35	6.39.18	Lisa McIlvenie	NSW		Sydney	13/10/1996	U14
36	6.39.20	Tanya Holliday	SA	21/09/1988	Hobart	08/12/2002	14
37	6.39.50	Jane Henderson	VIC		Geelong	07/12/1991	U15
38	6.39.97	Bridgitte Burns	VIC		Sydney	07/05/2000	U16

39	6.40.10	Emma Blanch	NSW	01/04/2003	Sydney	16/03/2019	15
40	6.41.48	Claire Bock	QLD	02/08/1982	Melbourne	23/03/1996	13
41	6.41.62	Jasmyn McDonald	NSW	01/07/1999	Sydney	07/09/2013	14
42	6.41.91	Jasmine Dighton	NSW	23/02/1993	Sydney	23/03/2014	21
43	6.42.12	Erin McGinniskin	VIC		Melbourne	23/03/1996	U13
44	6.42.55	Tiffany Charman	VIC		Melbourne	/03/1992	U14
45	6.43.30	Yolanda Russell	VIC		Darwin	05/04/1992	U16
46	6.43.51	Alana McIlvenie	NSW		Sydney	07/09/1996	U16
47	6.43.58	Deborah Foster	TAS		Adelaide	25/03/1995	U16
48	6.43.6	Claire Maddison	SA		Adelaide	06/03/1993	U16
49	6.43.92	Alice Randall	TAS	13/06/2000	Hobart	08/12/2018	18
50	6.43.94	Sarah Gathercole	VIC		Melbourne	/03/1992	U14
51	6.44.02	Tenyka Chapman	QLD	03/12/2001	Brisbane	5/11/2015	13
52	6.45.53	Helen Sestic	NSW		Adelaide	25/03/1995	U16
53	6.45.71	Roxie Schmidt	QLD		Canberra	/12/1998	U16
54	6.45.88	Jessica Rothwell	VIC	18/06/1989	Melbourne	03/04/2014	14
55	6.46.0	Gabby Hunt	ACT	03/09/2000	Canberra	28/01/2016	15
56	6.46.11	Melissa Scott	VIC		Melbourne	27/02/1993	U16
57	6.46.65	Jade Newell	NSW		Brisbane	23/03/1997	U16
58	6.47.16	Elizabeth Hosking	ACT	30/05/1995	Canberra	03/11/2014	19
59	6.48.00	Rebecca Wilkie	VIC		Sydney	07/05/2000	U16
60	6.48.08	Victoria Upton	SA	25/10/2003	Sydney	22/04/2017	13
61	6.48.22	Jenny Randall	NSW			1986 Aust Titles	U16
62	6.48.6	Simone York	SA		Adelaide	20/02/1993	U16
63	6.48.72	Tanya-Maree Holloway	WA	21/10/1981	Perth	21/02/1997	15
64	6.49.0	Ally Durr	ACT	01/09/1996	Canberra	05/03/2015	18
65	6.49.0	Elizabeth Stratford	NSW		Sydney	03/11/1996	U16
66	6.49.19	Belinda Cole	ACT		Adelaide	25/03/1995	U14
67	6.49.52	Jessica Heazlewood	NSW	30/05/1987	Hobart	08/12/2002	15
68	6.49.53	Karen Donnelly	NSW		Adelaide	25/03/1995	U16
69	6.49.69	Natalie McKean	NSW	13/06/1971		1987 Aust Titles	15

**Australian Women 3000m All-Time List****Sources: Tim Erickson, Paul Jeness****Last Updated – 25/03/2019**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	11.51.26	Kerry Saxby-Junna	N	20/06/1961	1	Melbourne	07/02/1991	29
2	12.10.17	Katie Hayward	Q	23/07/2000	mix	Brisbane	23/03/2019	18
3	12.22.09	Gabrielle Blythe	V	09/03/1969	2	Melbourne	24/02/1994	24
4	12.26.87	Anne Pembroke Manning	N	13/11/1959	3	Melbourne	24/02/1994	34
5	12.26.73	Tanya Holliday	S	21/09/1988	1	Adelaide	19/02/2013	24
6	12.27.74	Jane Saville	N	05/11/1974	2	Melbourne	25/02/1993	28
7	12.36.21	Natalie Saville	N	07/09/1978	1	Sydney	09/12/1995	17
8	12.40.84	Teresa Letherby	Q	05/04/1972	2	Melbourne	29/02/1996	25
9	12.42.1	Sue Orr-Cook	V	23/04/1958	1	Canberra	10/03/1984	25
10	12.43.0	Michelle French	N	10/04/1982	mix	Sydney	08/11/1997	15
11	12.45.95	Beki Smith (nee Lee)	N	25/11/1986	2	Sydney	21/02/2012	25
12	12.46.76	Jenny Jones	Q	20/04/1967	mix	Brisbane	14/11/1992	25
13	12.48.4	Cheryl Webb	N	03/10/1976	mix	Sydney	22/11/1997	21
14	12.48.76	Lorraine Jachno	V	21/09/1959	2	Melbourne	25/02/1992	32
15	12:48.87	Claire Tallent	S	06/07/1981	mix	Brisbane	07/02/2009	27
16	12.49.2	Linda Coffee	N	31/07/1977	mix	Sydney	13/01/1996	18
17	12.51.56	Wendy Muldoon	V	27/05/1971	3	Melbourne	29/02/1996	24
18	12.51.6	Louise Nicholson	V	26/12/1966	mix	Melbourne	20/02/1992	25
19	12.56.6	Jane Lewry Barbour	S	27/07/1966	mix	Adelaide	05/03/1994	27
20	12.58.85	Kelly Ruddick	V	19/04/73	1	Ballarat	09-01-2016	42
21	12.59.4	Bev Wilkins Hayman	N	09/05/1961	mix	Sydney	21/01/1989	27
22	13.00.74	Clara Smith	Q	09-03-1998	1	Brisbane	25/11/2017	19
23	13.02.71	Sally Pierson	V	10/03/1963	1	Melbourne	21/02/1982	18
24	13.03.99	Jantien Saltet	N	24/01/1972	4	Brisbane	31/01/1993	21
25	13.04.68	Kellie Wapshott	V	23/08/1981	mix	Sydney	27/02/2010	28
26	13.06.03	Simone Wolowiec	V	12/02/1974	4	Melbourne	24/02/1994	20
27	13.06.57	Stephanie Stigwood	T	21/10/1990	1	Hobart	20-12-2014	24
28	13.06.97	Regan Lamble	V	14/10/1991	4	Sydney	18/02/2012	20
29	13.09.85	Nicole Fagan	N	24/07/1989	7	Sydney	18/02/2012	22
30	13.10.80	Laura Johnson	N	31/08/1984	1	Nassau,Bahamas	12/07/2002	17
31	13.11.0	Simone McInnes	V	27/11/91	1	Mentone	18/02/2018	26
32	13.12.13	Jessica Pickles	Q	09/02/1994	1	Brisbane	30/11/2013	19
33	13 12.9	Megan Szirom	V	18/08/1977	mix	Melbourne	07/01/2006	28
34	13.13.32	Jemima Montag	V	15/02/1998	1	Melbourne	27/10/2013	15
35	13.13.7	Sharon Schnyder	V	01/07/1964	mix	Melbourne	14/11/1991	25
36	13.14.0	Tracy Rosengrave	V	28/08/1977	mix	Melbourne	04/03/2000	22
37	13.18.48	Renee McAskill	N	11/03/1982	2	Sydney	22/02/1998	15
38	13.21.45	Natalie Camplin	Q	26/03/1969	5	Brisbane	01/02/1992	22

39	13.25.56	Rachel Tallent	V	20/02/1993	6	Sydney	18/02/2012	18
40	13.26.32	Celia Massie Bertei	V	18/01/1966	6	Melbourne	24/02/1994	18

**Australian Women 5000m All-Time List****Sources: Tim Erickson, Paul Jeness****Last Updated – 01/08/2019**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	20:03.0	Kerry Saxby-Junna	N	20/06/1961	1	Sydney	11/02/1996	34
2	21:03.33	Jess Rothwell	V	18/06/1989	1	Melbourne	20/02/2009	19
3	21:19.19	Cheryl Webb	N	03/10/1976	2	Sydney	14/02/2009	32
4	21:19.46	Beki Smith nee Lee	N	25/11/1986	1	Melbourne	05-03-2016	29
5	21:19.55	Regan Lamble	V	14/10/1991	2	Milan, Italy	22-02-2016	24
6	21:21.25	Tanya Holliday	S	21/09/1988	1	Sydney	18/02/2012	23
7	21:25.6	Anne Pembroke-Manning	N	13/11/1959	mix	Sydney	12/02/1994	34
8	21:29.12	Claire Tallent	S	06/07/1981	3	Sydney	18/02/2012	30
9	21:31.0	Rachel Tallent	V	20/02/1993	2	Canberra	12-06-2016	23
10	21:32.26	Jane Saville	N	05/11/1974	1	Melbourne	01/03/1997	26
11	21:32.68	Jemima Montag	V	15/02/1998	1	Melbourne	03/03/2018	20
12	21:34.23	Natalie Saville	N	07/09/1978	2	Melbourne	01/03/1997	18
13	21:39.03	Katie Hayward	Q	23/07/2000	1	Brisbane	21-10-2016	16
14	21:45.16	Lisa Sheridan-Paolini	N	10/12/1962	1	Sydney	20/02/2000	37
15	21:46.68	Kelly Ruddick	V	19/04/1973	2	Brisbane	29/03/2014	40
16	21:46.70	Kellie Wapshott	V	23/03/1981	mix	Melbourne	10/02/2008	26
17	21:47.6	Gabrielle Blythe	V	09/03/1969	mix	Canberra	12/03/1993	24
18	21:59.0	Teresa Letherby	Q	05/04/1972	3	Sydney	11/02/1996	23
19	22:01.50	Linda Coffee	N	31/07/1977	2	Sydney	18/02/1996	18
20	22:04.42	Sue Orr-Cook	V	23/04/1958	1	Melbourne	01/04/1984	25
21	22:05.76	Michelle French	N	01/04/1982	2	Melbourne	19/02/2006	23
22	22:08:00	Megan Szirom	V	18/08/1977	1	Melbourne	23/06/2007	29
23	22:08.5	Jenny Jones-Billington	Q	20/04/1967	4	Brisbane	06/03/1993	25
24	22:11.76	Jessica Pickles	Q	09-02-1994	1	Brisbane	06-02-2016	21
25	22:13.0	Simone Wolowiec	V	12/02/1974	mix	Melbourne	20/11/1997	23
26	22:15.0	Sally Pierson	V	10/03/1963	1	Melbourne	27/01/1984	20
27	22:15.5	Jane Lewry-Barbour	S	27/07/1966	1	Adelaide	16/02/1994	27
28	22:17.32	Lorraine Young-Jachno	V	21/09/1959	4	Sydney	04/01/1990	30
29	22:23.17	Nicole Fagan	N	24/07/1989	5	Sydney	18/02/2012	22
30	22:24.9	Wendy Muldoon	V	27/05/1971	mix	Melbourne	09/03/1995	23
31	22:31.18	Lisa Grant	N	26/04/1985	3	Sydney	09/12/2091	20
32	22:34.30	Jo Strangman	A	17/11/1975	mix	Canberra	17/02/1995	19
33	22:35.15	Jillian Hosking	A	12/02/1987	2	Canberra GP event	30/01/2010	22
34	22:36.6	Jantien Saltet	N	24/01/1972	mix	Sydney	28/11/1992	20
35	22:37.8	Bev Wilkins-Hayman	N	09/05/1961	1	Sydney	05/11/1988	27
	22:39.45	Sarah Popadopolous	Q	22/08/1987	1	Brisbane	26/01/2019	21
36	22:40.3	Sharon Schnyder	V	01/07/1964	1	Bendigo	25/01/1992	27
37	22:41.2	Louise Nicholson	V	26/12/1966	1	Melbourne	05/01/1992	25

38	22.42.46	Clara Smith	Q	09/03/1998	1	Brisbane	22/02/2014	15
39	22:44.6	Celia Massie-Bertei	V	18/01/1966	mix	Melbourne	14/01/1991	24
40	22:44.66	Renee McAskill	N	11/03/1982	3	Sydney	07/03/1996	13
41	22:49.3	Jill Barrett-Maybir	Q	13/07/1964	7	Sydney	10/03/1996	31
42	22.51.33	Stephanie Stigwood	T	21/10/1990	3	Melbourne	05-03-2016	25
43	22:52.70	Laura Johnson	N	31/08/1984	1	Darwin	28/06/2002	17
44	22.52.87	Simone McInnes	V	27/11/1991	1	Canberra	27/01/2018	26
45	22:57.67	Paige Hooper	S	09/09/1992	4	Ostrava, Czech Rep	12/07/2007	14
46	22:59.19	Rachel Thompson	N	21/11/1962	2	Sydney	24/02/1985	22

# Australian Women 10 km All-Time List

Sources: Tim Erickson, Paul Jeness

Last Updated – 31/01/2021

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	41.30	Kerry Saxby-Junna	N	20/06/1961	1	Canberra	27/08/1988	27
2	42.15	Jane Saville	N	05/11/1974	6	Eisenhuttenstadt	8/05/1999	24
3	42.35.2	Jemima Montag	V	15/02/1998	1	Melbourne (Clifton Hill)	31/01/2021	22
4	43.20.65	Katie Hayward	Q	23/07/2000	1	Sydney (Aust T&F Champs)	5/04/2019	18
5	43.28	Gabrielle Blythe	V	09/03/1969	-	Hawkesbury	10/07/1993	24
6	43.48.08	Beki Lee	N	25/11/1986	1	Sydney (Track)	1/04/2016	29
7	43.58	Tanya Holliday	S	21/09/1988	1	Adelaide	28/07/2012	23
8	44.01	Jess Rothwell	V	18/06/1989	1	Melbourne	15/02/2009	19
9	44.19	Claire Tallent	S	06/07/1981	1	Cairns (Oceania Champs)	29/06/2012	30
10	44.27	Anne Pembroke-Manning	N	13/11/1959	1	Melbourne	21/01/1996	26
11	44.48	Regan Lamble	V	14/10/1991	4	Lake Taihu, China	26/09/2016	24
12	44.52	Cheryl Webb	N	03/10/1976	1	Melbourne (Aust 20km split)	7/03/2009	32
13	45.10	Natalie Saville	N	07/09/1978	2	Melbourne	27/02/1997	18
14	45.15	Lisa Sheridan Paolini	N	10/12/1962	1	Sydney	17/08/2000	37
15	45.18	Jill Barrett-Maybir	Q	13/07/1964	3	Melbourne	27/02/1997	26
16	45.19	Sue Cook	V	23/04/1958	1	Brisbane	28/06/1987	39
17	45.20.9	Rebecca Henderson	V	04/07/2001	3	Melbourne (Clifton Hill)	31/01/2021	18
18	45.21.47	Nicole Fagan	N	24/07/1989	2	Melbourne (Aust T&F Champs)	4/04/2014	24
19	45.22	Wendy Muldoon	V	27/05/1971	1	Melbourne	19/07/1998	27
20	45.25	Lorraine Young Jachno	V	21/09/1959	1	Melbourne	19/05/1991	31
21	45.25.90	Kelly Ruddick	V	19/04/1973	3	Melbourne (Aust T&F Champs)	4/04/2014	40
22	45.38	Sally Pierson	V	10/03/1963	1	Melbourne	8/05/1982	20
23	45.40	Simone Wolowiec	V	12/02/1974	1	Melbourne	14/12/1997	23
24	45.51	Jane Lewry Barbour	S	09/05/1961	2	Melbourne	21/01/1996	24
25	46.06	Jenny Jones Billington	Q	20/04/1967	1	Canberra	28/08/1993	26
26	46.06	Teresa Letherby	Q	05/04/1972	3	Melbourne	17/12/1995	23
27	46.10	Jillian Hosking	A	12/02/1987	3	Hobart (Aust 20km split)	13/02/2010	23
28	46.10.54	Rachel Tallent	V	20/02/1993	3	Sydney (Aust T&F Champs)	5/04/2019	26
29	46.11.63	Simone McInnes	V	27-11-1991	4	Sydney (Aust T&F Champs)	5/04/2019	27
30	46.23	Kellie Wapshott	V	23/03/1981	2	Melbourne (Aust 20 km split)	23/02/2008	26
31	46.29	Zoe Hunt	A	12-04-1997	1	Adelaide	21/02/2016	19
32	46.30	Megan Szirom	V	18/08/1977	1	Melbourne	2/06/2007	29
33	46.31.34	Jessica Pickles	Q	09/02/1994	3	Sydney (Track)	31/03/2017	23
34	46.33	Clara Smith	Q	09/03/1998	8	Taichang China (IAAF World Cup)	3/05/2014	16
35	46.35	Lyn Ventris	W	02/10/1956		Canberra	8/02/2002	45
36	46.50	Bev Wilkins Hayman	N	09/05/1961	1	Richmond	24/05/1986	25
37	47.01	Linda Coffee	N	31/07/1977	1	Naumburg	28/04/1996	18
38	47.02	Celia Massie Bertei	V	18/01/1966	2	Melbourne	19/05/1991	25

39	47.25	Sharon Schnyder	V	10/07/1964	3	Melbourne	25/08/1991	27
40	47.25	Tayla-Paige Billington	V	31/03/1997	3	Adelaide	21/02/2016	18
41	47.26	Sue Narbey	W	25/11/1964	2	Canberra	24/08/1985	20
42	47.28	Carolyn Vanstan Ferguson	V	14/08/1968	4	Melbourne	25/08/1991	23
43	47.28	Jo Strangman	A	17/11/1975	5	Canberra	29/01/1995	19
44	47.30	Lisa Grant	N	24/06/1985	3	Hobart	27/08/2006	21
45	47.34	Michelle French	N	10/04/1982	-	Melbourne	2/07/2006	24
46	47.38.38	Christina Papadopolous	Q	05/09/1996	6	Sydney (Aust T&F Champs)	5/04/2019	22
47	47.41	Jantien Saltet	N	24/01/1972	6	Canberra	25/01/1993	21
48	47.42	Rachel Thompson	N	21/11/1962	1	Sydney	28/04/1984	21
49	47.47	Lauren Bourke	N	20/07/1990	2	Leichhardt, NSW	5/07/2014	23
50	47.51.98	Kristie Goznic	S	08-05-1993	1	Adelaide	29/11/2015	26
51	48.00	Natalie Camplin	N	26/03/1969	6	Adelaide	4/03/1992	23
52	48.04	Laura Johnson	N	31/08/1984	10	Kingston, Jamaica (Track)	18/07/2002	17
53	48.04.62	Melissa Hayes	N	24/08/1991	2	Gold Coast, Aust U20 10000m	2/08/2008	16
54	48.11	Tracey Rosengrave	V	25/08/1977	1	Melbourne	15/07/2001	23
55	48.26	Jenny Crooks	S	09/04/1976	9	Melbourne	27/02/1997	20
56	48.35.5	Stephanie Stigwood	T	21/10/1990	1	Hobart	26/01/2013	22
57	48:36.3	Alanna Peart	V	06/09/2003	4	Melbourne (Clifton Hill)	31/01/2021	17
58	48.44	Karen Iselin	Q	21/09/1956	1	Brisbane	23/07/1989	32
59	48.47	Anne Ryan	N	02/07/1962	3	Adelaide	26/06/1983	20
60	48.52	Natalie McKean	N	13/06/1971	8	Melbourne	25/08/1991	20
61	48.52.25	Philippa Huse	V	11/04/1999	2	Sydney (Track)	16/03/2018	18
62	49.03	Beth Alexander	V	28/11/1992	2	Hobart	13/02/2010	17
63	49.05	Miriam Harding	A	02/06/1956	1	Canberra	27/05/1989	32
64	49.06	Louise Nicholson	V	26/12/1966	4	Melbourne	8/12/1991	24
65	49.10	Alannah Pitcher	N	29/09/2003	1	Chipping Norton	7/07/2018	14
66	49.11	Jasmine Dighton	N	05/12/1996	3	Hobart	2/02/2014	17
67	49.11	Anna Cross	S	18/01/1999	3	Adelaide	11/02/2018	19
68	49.12.58	Paige Hooper	S	09/09/1992	2	Sydney, Aust U20 10000m	12/03/2010	17
69	49.15	Kirsty Klein	N	19/05/1994	2	Oatley, NSW	13/07/2013	19
70	49.21	Jemma Peart	V	15/06/2001	2	Melbourne	23/06/2019	18
71	49.21	Elizabeth Hosking	A	30/05/1995	25	Taicang China (IAAF World Cup)	3/05/2014	18
72	49.31.49	Katya Martin	Q	20-03-1997	6	Sydney (Track)	31/03/2017	20
73	49.39	Caitlin Hannigan	Q	29/07/2002	2	Adelaide	9/02/2020	17
74	49.43	Olivia Sandery	S	22/01/2003	1	Adelaide	18/07/2020	17



**Australian Women 20 km All-Time List****Sources: Tim Erickson, Paul Jeness****Last Updated – 25/03/2019**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	1:27.44.0	Jane Saville	N	05/11/1974	4	Naumburg, Germany	02/05/2004	29
2	1:28.53.0	Claire Tallent	S	06/07/1981	5	Taicang, China	30/03/2012	30
3	1:29.25.0	Katie Hayward	Q	23/07/2000	2	Adelaide	10/02/2019	18
4	1:29.33.0	Regan Lambie	V	14/10/1991	12	Rome, Italy (WC)	07-05-2016	24
5	1:29.36.0	Kerry Saxby-Junna	N	02/06/1961	2	Naumburg, Germany	30/04/2000	38
6	1:29.44.0	Cheryl Webb	N	03/10/1976	1	Melbourne	07/03/2009	32
7	1:29.49.0	Beki Smith (nee Lee)	N	25/11/1986	15	Rome, Italy (WC)	07-05-2016	29
8	1:29.56.0	Tanya Holliday	S	21/09/1988	16	Rome, Italy (WC)	07-05-2016	27
9	1:30.25.0	Jess Rothwell	V	18/06/1989	2	Melbourne	07/03/2009	19
10	1:30.51.0	Jemima Montag	V	15/02/1998	3	Adelaide	10/02/2019	20
11	1:31.33.0	Rachel Tallent	V	20/02/1993	1	Adelaide	21-02-2016	23
12	1:31.34.0	Natalie Saville	N	07/09/1978	25	Naumburg, Germany	02/05/2004	25
13	1:32.22.0	Stephanie Stigwood	T	21/10/1990	2	Melbourne	13-12-2015	25
14	1:32.57.0	Kellie Wapshott	V	23/08/1981	2	Melbourne	23/02/2008	26
15	1:33.00.0	Lisa Sheridan-Paolini	N	10/12/1962	1	Sydney	08/07/2000	37
16	1:33.15.0	Kelly Ruddick	V	19/04/1973	1	Launceston (Aust 20km)	01/09/2014	41
17	1:33.45.0	Megan Szirom	V	18/08/1977	4	Melbourne	07/03/2009	31
18	1:34.13.0	Jillian Hosking	A	12/02/1987	3	Hobart, Aust 20km	13/02/2010	23
19	1:34.27.0	Anne Pembroke-Manning	N	13/11/1959	1	Hawkesbury	10/07/1993	33
20	1:34.35.0	Wendy Muldoon	V	27/05/1971	1	Melbourne	16/08/1998	27
21	1:34.44.0	Simone Wolowiec	V	12/02/1974	1	Canberra	16/01/2000	25
22	1:34.44.0	Lyn Ventris	W	02/10/1956	1	Melbourne	16/12/2001	45
23	1:35.55.0	Nicole Fagan	N	24/07/1989	3	Hobart, Aust 20km	19/02/2011	21
24	1:36.16.0	Jenny Jones-Billington	Q	20/04/1967	2	Hawkesbury	10/07/1993	26
25	1:36.19.0	Sally Pierson	V	10/03/1963	1	Melbourne	15/07/1984	21
26	1:36.23.0	Sue Orr-Cook	V	23/04/1958	1	Canberra	07/07/1984	28
27	1:36.40.0	Lisa Grant	N	26/04/1985	4	Sydney	04/02/2006	20
28	1:37.06.0	Clara Smith	Q	09/03/1998	5	Melbourne	17/12/2017	19
29	1:37.13.0	Jessica Pickles	Q	09-02-1994	8	Adelaide	11/02/2018	24
30	1:37.32.0	Michelle French	N	01/04/1982	3	Melbourne	02/12/2006	24
31	1:37.34.0	Teresa Letherby	Q	05/04/1972	2	Adelaide	03/09/1995	23
32	1:37.48.0	Jill Barrett-Maybir	NT	13/07/1964	1	Sydney	07/09/1997	33
33	1:37.59.0	Bev Wilkins-Hayman	N	09/05/1961	1	Sydney	15/07/1989	28
34	1:38.54.0	Christina Papadopolous	Q	05/09/1996	10	Adelaide	11/02/2018	21
35	1:39.02.0	Jane Lewry-Barbour	S	27/07/1966	3	Hawkesbury	10/07/1993	26
36	1:39.03.0	Jo Strangman	A	17/11/1975	1	Sydney	05/08/1995	19
37	1:39.17.0	Simone McInnes	V	27-11-1991	11	Adelaide	11/02/2018	26
38	1:39.49.0	Sue Narbey	W	25/11/1964	1	Perth	13/07/1985	20

39	1:40.02.0	Gabrielle Blythe	V	09/03/1969	1	Melbourne	24/05/1992	23
40	1:40.06.0	Philippa Huse	V	11/04/1999		Nomi. Japan	17/03/2019	19
41	1:40.31.0	Zoe Hunt	A	04-12-1997	2	Naumburg,Germany	22-05-2016	18
42	1:40.36.0	Sharon Schnyder	V	01/07/1964	1	Adelaide	14/07/1991	27
43	1:40.38.0	Jenny Crooks	S	09/04/1976	2	Melbourne	01/09/1996	20
44	1:40.39.0	Jess Heazlewood	N	30/05/1987	7	Melbourne	07/03/2009	21
45	1:40.49.0	Carolyn Vanstan-Ferguson	V	14/08/1968	1	Melbourne	08/09/1991	23
46	1:40.49.0	Tracy Rosengrave	V	25/08/1977	3	Melbourne	06/07/1997	19
47	1:41.17.0	Anne Ryan	N	02/07/1962	3	Canberra	13/07/1985	23
48	1:41.29.0	Lorraine Young-Jachno	V	21/09/1959	2	Richmond	14/07/1990	30
49	1:41.55.0	Jess Heazlewood	N	30/05/1987	7	Melbourne	23/02/2008	20
50	1:41.59.0	Kirsty Klein	N	19/05/1994	6	Adelaide	22/02/2015	20
51	1:42.17.0	Kristie Gozник	S	08-05-1993	8	Adelaide	21-02-2016	22
52	1:42.17.0	Lara Kara-Ali	S	06/02/1978	4	Melbourne	12/12/1999	21
53	1:42.22.0	Heather McDonald	V	13/08/1949	1	Melbourne	12/09/1993	44
54	1:42.25.0	Lauren Bourke	N	20/07/1990	2	Melbourne	15/12/2013	23
55	1:42.46.0	Laura Johnson	N	31/08/1984	6	Sydney	28/02/2004	19

**Australian Women 30 km All-Time List****Sources: Tim Erickson, Paul Jenes****Last Updated – 01/08/2019**

<b>Rank</b>	<b>Time</b>	<b>Name</b>	<b>State</b>	<b>DOB</b>	<b>Place</b>	<b>Location</b>	<b>Date</b>	<b>Age</b>
1	02:21:43	Regan Lamble	V	14/10/1991	1	Canberra	10/06/2012	20
2	02:37:36	Kelly Ruddick	V	19/04/1973	1	Melbourne	29/07/2018	45
3	02:49:12	Tracy Feiner	V	25/08/1977	1	Melbourne	08/07/2019	41
4	02:58:36	Sarah Brennan	V	22/04/1976	1	Melbourne	07/08/2016	40
5	03:08:30	Michelle Thompson	V	12/12/1968	1	Melbourne	09/09/2012	43
6	03:19:01	Heather Carr	V	13/08/1949	2	Melbourne	11/09/2011	62
7	03:31:15	Barbara Cain	S	01/12/1948	1	Adelaide	'2005	56
8	03:31:33	Karyn O'Neill	V	27/01/1955	1	Canberra	07/06/2015	60
9	03:50:31	Sue Archer	A	24/09/1948	3	Canberra	10/06/2018	59
10	04:18:10	Sandra Howorth	V	19/02/1963	3	Canberra	12/06/2016	53
11	04:27:59	Val Chesterton	A	13/06/1940	1	Canberra	07/06/2009	58

**Australian Women 50 km All-Time List****Sources: Tim Erickson, Paul Jenes****Last Updated – 04/12/2018**

<b>Rank</b>	<b>Time</b>	<b>Name</b>	<b>State</b>	<b>DOB</b>	<b>Place</b>	<b>Location</b>	<b>Date</b>	<b>Age</b>
1	04:09:33	Claire Tallent	S	06/07/1981	3	Taicang, China	05/05/2018	29
2	04:54:31	Kelly Ruddick	V	19/04/1973	2	Melbourne	02/12/2018	45
3	05:13:14	Michelle Thompson	V	12/12/1968	1	Melbourne	11/09/2011	42
4	05:23:08	Lisa Wilson	A	21/05/1967	1	Canberra	23/04/2004	36
5	05:27:11	Lillian Harpur	S	15/03/1948	1	Adelaide	1970	22
6	05:45:08	Liz Feldman	V	18/08/1948	1	Melbourne	24/10/2004	56
7	05:52:03	Marlaine Stanway	V	01/07/1938	6	Melbourne	1982	44
8	07:07:53	Val Chesterton	A	13/06/1940	1	Canberra	09/09/2006	66