

**Australian Men 1500m All-Time Ranking List**

Primary Source: Tim Erickson

Last Updated 01/04/2017

Rank	Time	Name	State	DOB	Location	Date	Age
1	05:16.4	Dane Bird-Smith	QLD		Brisbane, QLD	07/11/2013	U23
2	05:19.1	David Smith	VIC		Melbourne, VIC	07/02/1981	Open
3	05:19.5	Jesse Osborne	VIC		Melbourne, VIC	23/03/2014	U20
4	05:22.1	Nathan Deakes	VIC		Geelong, VIC	18/10/1997	U23
5	05:29.0	Rhydian Cowley	VIC		Melbourne, VIC	12/12/2012	U23
6	05:30.8	Willi Sawall	VIC		Melbourne, VIC	23/01/1980	Open
7	05:32.0	Jesse Osborne	VIC		Melbourne, VIC	16/10/2013	U20
8	5.32.0	Greg Robertson	TAS		Hobart, TAS	04/01/1989	U20
9	05:36.0	Chris Erickson	VIC		Sydney, NSW	28/02/2009	Open
10	05:36.6	Tim Erickson	VIC		Melbourne, VIC	08/11/1980	Open
11	05:37.5	Andrew Jachno	VIC		Melbourne, VIC	06/03/1982	U20
12	05:38.8	Dion Russell	VIC		Melbourne, VIC	26/10/1992	U18
13	05:41.9	Brad Aiton	QLD		Southport, QLD	17/12/2011	U18
14	05:42.7	Stephen Brooks	VIC		Adelaide, SA	26/03/1995	U16
15	05:42.6	Nick Dewar	QLD		Brisbane, QLD	07/11/2013	U23
16	05:42.5	Brandon Dewar	QLD		Brisbane, QLD	04/10/2010	U20
17	05:43.8	Daniel Thorne	VIC		Geelong, VIC	07/03/1998	U19
18	05:45.0	David Cash	VIC		Melbourne, VIC	08/11/1980	Open
19	05:45.0	Simon Baker	VIC		Melbourne, VIC	02/12/1983	Open
20	05:46.2	Bill Dyer	VIC		Melbourne, VIC	07/02/1981	U19
21	05:47.7	Wayne McEwan			Hobart, TAS	27/03/1994	U16
22	05:48.6	Nick A'Hern	NSW		Sydney, NSW	05/11/1986	U18
23	05:50.2	Steve Beecroft	VIC		Melbourne, VIC	25/10/1988	U18
24	05:51.5	Nathan Brill	VIC		Melbourne, VIC	23/10/2012	U17
25	05:52.0	Barry Birchenall	VIC		Melbourne, VIC	04/12/1980	U20
26	05:53.0	Brendon Reading	ACT	26/01/1989	Canberra, ACT	01/12/2016	27
27	05:54.4	Declan Tingay	WA	06-02-1999	Perth, WA	21/03/2015	16
28	05:54.9	Tyler Jones	NSW		Sydney, NSW	07/09/2013	U16
29	05:56.0	Shaun Bubb			Geelong, VIC	07/12/1991	U17
30	05:56.4	Greg Topperwein			Adelaide, SA	14/09/1987	U16
31	05:58.0	Martin Richardson	VIC		Melbourne, VIC	22/01/1983	Open
32	05:58.1	Emmet Brasier	VIC	29-04-1998	Melbourne, VIC	20/10/2015	17
33	05:58.2	Alan Muir	NSW		Sydney, NSW	31/01/1980	U17
34	05:59.0	Kim Mottrom	SA		Adelaide, SA	22/01/2014	Open

35	05:59.0	Connor Frew	ACT	21-10-2000	Canberra, ACT	02/02/2017	16
36	05:59.1	Paul Copeland	VIC		Melbourne, VIC	06/03/1984	U18

**Australian Men 3000m All-Time Ranking List**  
**Primary Source: Athletics Australia – Paul Jenès**  
**Last Updated 13/02/2017**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	10.54.70	Dane Bird-Smith	Q	15-07-1992	1	Brisbane	11/02/2017	24
2	10.56.22	Andrew Jachno	V	13-04-1962	1	Melbourne	07-02-1991	33
3	10.59.04	Luke Adams	N	22-10-1976	2	Cork, Ireland	03-07-2010	33
4	11.00.56	David Smith	V	24-07-1955	1	Perth	24-01-1987	31
5	11.11.45	Nick A'Hern	N	06-01-1969	2	Melbourne	07-02-1991	22
6	11.13.77	Jared Tallent	V	17-01-1984	1	Sydney	28-02-2009	25
7	11.16.2	Troy Sundstrom	N	30-05-1981	1	Sydney	27-11-1999	18
8	11.17.0	Nathan Deakes	V	17-08-1977	1	Melbourne	10-12-1998	21
9	11.19.0	Jesse Osborne	Q	12-01-1995	1	Melbourne	12-04-2014	19
10	11.21.86	Adam Rutter	N	24-12-1986	3	Sydney	28-02-2009	22
11	11.23.2	Steve Beecroft	V	14-03-1971	1	Melbourne	13-01-1994	22
12	11.26.0	Simon Baker	V	06-02-1958	1	Sollefuna	07-07-1989	31
13	11.27.0	Michael McCagh	W	16-04-1986	2	Sydney	17-02-2007	20
14	11.28.2	Willi Sawall	V	07-11-1941	1	Melbourne	15-03-1980	38
15	11.28.83	Chris Erickson	V	01-12-1981	6	Sydney	18-02-2012	30
16	11.29.7	Brent Vallance	N	30-04-1972	1	Sydney	06-12-1997	25
17	11.32.9	Doug Connolly	N	30-10-1982	2	Sydney	27-11-1999	17
18	11.33.1	Rhydian Cowley	V	04-01-1991	2	Brisbane	14-02-2015	24
19	11.38.8	Liam Murphy	S	05-06-1979	1	Adelaide	13-11-1999	20
20	11.40.32	Declan Tingay	W	06-02-1999	1	Geelong	17-12-2016	17
21	11.42.7	Damien O'Mara	N	03-10-1975	2	Sydney	04-01-1997	21
22	11.45.5	Paul Copeland	V	25-04-1967	1	Melbourne	16-01-1992	24
23	11.46.09	Anthony Miles	Q	30-11-1971	2	Brisbane	16-11-1991	19
24	11.46.64	Brad Aiton	Q	20-06-1994	1	Brisbane	01-10-2010	16
25	11.47.2	Jon Gawley	N	08-05-1980	2	Sydney	16-01-1999	18
26	11.47.6	Dion Russell	V	08-05-1975	2	Melbourne	02-12-1993	18
27	11.49.7	Travis Harbour	V	12-12-1975	1	Melbourne	01-02-1997	21
28	11.50.0	Ian Rayson	N	04-02-1998	1	Bruce, ACT	09-01-2014	25
29	11.50.2	Darren Bown	S	30-06-1974	2	Adelaide	30-10-1999	25
30	11.50.6	Mike Harvey	V	05-12-1962	2	Melbourne	01-03-1986	23
31	11.51.0	Greg Robertson	T	23-12-1969	1	Hobart	19-01-1991	21
32	11.52.3	Craig Brill	V	10-11-1967	3	Melbourne	15-11-1990	23
33	11.53.3	Tim Erickson	V	23-11-1950	2	Melbourne	15-11-1980	29
34	11.54.75	Noel Wooler	Q	19-05-1975	1	Brisbane	25-01-1996	20
35	11.56.73	Brendon Reading	A	26-01-1989	1	Canberra	18-11-2011	22
36	11.58.3	Rob McFadden	S	15-03-1966	1	Adelaide	06-01-1988	21
37	11.58.4	Daniel Thorne	V	19-12-1979	1	Geelong	27-10-2001	21
38	11.58.8	Craig Jeffery	V	12-05-1968	2	Melbourne	30-01-1992	23

39	12.00.0	Mark Blackwood	V	25-11-1977	2	Melbourne	11-02-1997	19
40	12.00.3	Mike Woods	N	11-10-1962	1	Sydney	13-03-1982	19
41	12.00.5	Dominic McGrath	V	04-06-1972	3	Melbourne	07-11-1996	24
42	12.00.8	Nathan Brill	V	24-05-1996	1	Melbourne	27-03-2014	17
43	12.01.69	Dariusz Wojcic	V	24-09-1959	1	Melbourne	10-12-1991	32
44	12.01.9	Ian Waters	V	10-04-1967	3	Melbourne	02-12-1993	26
45	12.02.1	Mark Donahoo	V	27-05-1958	4	Melbourne	02-12-1993	35
46	12.03.0	Rohan Best	T	24-02-1973	2	Hobart	02-02-1991	17
47	12.07.83	Tyler Jones	N	08-04-1998	1	Campbelltown, NSW	22-01-2016	17
48	12.08.1	Jarred Russell	V	12-06-1980	2	Melbourne	27-01-2000	19
49	12.08.58	Matt Golebiowski	N	20-04-1980	1	Hobart	12-12-1997	17
50	12.09.7	Paul Kennedy	V	03-04-1957	1	Melbourne	15-01-1994	36
51	12.10.0	Darren Bown	S	30-06-1974	1	Adelaide	10-10-2009	33
52	12.10.2	Brad Malcolm	V	07-08-1978	3	Melbourne	15-02-2001	22
53	12.10.55	Sean Fitzsimons	W	15-01-1992	2	Canberra	18-11-2011	19
54	12.10.71	Tom Barnes	V	22-08-1982	1	Melbourne	10-01-2009	26
55	12.11.4	Alan Muir	N	15-10-1964	2	Sydney	13-03-1982	17

**Australian Men 5000m All-Time Ranking List**

Last Updated 19 December 2016

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	18:38.97	Dane Bird-Smith	Q	15-07-1992	1	Melbourne	05-03-2016	23
2	18:41.83	Jared Tallent	V	17-01-1984	2	Sydney	28-02-2009	25
3	18:45.19	Nathan Deakes	V	17-08-1977	1	Melbourne	09-03-2006	28
4	18:51.39	Nick A'Hern	N	06-01-1969	1	Auckland,NZ	21-02-1998	29
5	18:52.87	Dave Smith	V	24-07-1955	1	Canberra	21-02-1986	30
6	18:54.65	Adam Rutter	N	24-12-1986	1	Brisbane	07-02-2009	22
7	18:56.67	Luke Adams	N	11-10-1976	2	Sydney	30-01-2010	33
8	19:09.74	Andrew Jachno	V	13-04-1962	2	Sydney	23-02-1991	28
9	19:20.87	Brent Vallance	N	30-04-1972	1	Sydney	20-02-2000	27
10	19:23.72	Chris Erickson	V	01-12-1981	1	Melbourne	01-03-2015	33
11	19:24.12i	Simon Baker	V	06-02-1958	7	Budapest,Hungary	05-03-1989	31
12	19:26.76	Rhydian Cowley	V	04-01-1991	2	Melbourne	05-03-2016	25
13	19:31.24	Michael Hosking	V	16-10-1985	3	Melbourne	05-03-2016	30
14	19:36.84	Dion Russell	V	08-05-1975	3	Hobart	14-02-1997	21
15	19:38.22	Troy Sundstrom	N	30-05-1981	3	Sydney	19-02-2000	18
16	19:45.65	Willi Sawall	V	07-11-1941	2	Melbourne	31-03-1984	42
17	19:46.23	Jesse Osborne	Q	12-01-1995	2	Melbourne	02-03-2014	19
18	19:46.91	Steve Becroft	V	14-03-1971	2	Melbourne	09-02-1992	20
19	19:48.57	Michael McCagh	W	16-04-1986	2	Geelong	17-12-2005	19
20	19:56.90	Jon Gawley	N	09-05-1980	2	Sydney	06-03-1999	18
21	19:57.90	Paul Copeland	V	25-04-1967	2	Melbourne	14-12-1989	22
22	19:58.65	Doug Connolly	N	30-10-1982	1	Sydney	09-12-1999	17
23	20:00.50	Darren Bown	S	30-06-1974	1	Adelaide	16-03-2005	20
24	20:06.51	Brandon Dewar	Q	13-05-1992	2	Brisbane	05-07-2014	22
25	20:06.54	Noel Wooler	Q	19-05-1975	1	Brisbane	16-02-1996	20
26	20:08.1	Declan Tingay	W	06-02-1999	1	Perth	20-03-2017	18
27	20:08.51	Nathan Brill	V	24-05-1996	1	Melbourne	14-02-2014	17
28	20:08.62	Duane Cousins	V	13-07-1973	5	Melbourne	09-03-2006	32
29	20:12.20	Liam Murphy	S	05-06-1979	5	Adelaide	28-01-2000	20
30	20:12.60	Ian Rayson	N	04-02-1988	8	Sydney	18-02-2012	24
31	20:14.90	Michael Harvey	V	05-12-1962	1	Melbourne	26-11-1991	28
32	20:16.26	Damian O'Mara	N	03-10-1975	4	Melbourne	20-02-1997	21
33	20:19.70	Brendon Reading	A	26-01-1989	6	Sydney	19-03-2011	22
34	20:22.50	Dariusz Wojcik	V	24-09-1959	3	Melbourne	26-11-1991	32
35	20:22.78	Brad Aiton	Q	20-06-1994	1	Brisbane	09-02-2013	18
36	20:30.10	Rob McFadden	S	15-03-1966	1	Adelaide	21-03-1992	26
37	20:30.87	Matt O'Donnell	N	18-11-1974	4	Sydney	12-03-1994	19
38	20:34.90	Daniel Thorne	V	19-12-1979	1	Melbourne	13-03-2003	23
39	20:36.73	Tom Barnes	V	22-09-1982	4	Melbourne	24-02-2007	24

40	20:37.19	Tyler Jones	N	08-04-1998	1	Sydney	24-02-2017	18
41	20:37.43	Blake Steele	S	04-01-1993	7	Sydney	19-03-2011	18
42	20:38.00	Mark Donahoo	V	27-05-1958	2	Melbourne	22-11-1990	32
43	20:39.26	Nick Dewar	Q	13-05-1992	5	Sydney	09-03-2013	20
44	20:40.80	Jason Moore	Q	19-03-1974	1	Brisbane	12-02-1993	19
45	20:41:45	Greg Robertson	T	23-12-1969	4	Sydney	23-02-1991	21
46	20:42.90	Craig Brill	V	10-11-1967	1	Melbourne	06-12-1990	23
47	20:44.40	Brad Malcolm	V	07-08-1978	1	Melbourne	11-02-2000	21
48	20:45.92	Paul Kennedy	V	03-04-1957	5	Sydney	12-03-1994	36
49	20:47.74	Mark Thomas	V	23-12-1962	7	Melbourne	20-02-1997	34
50	20:48.00	Anthony Miles	Q	30-11-1971	1	Brisbane	15-10-1989	17
51	20:51.18	Rohan Best	T	24-02-1973	1	Hobart	06-01-1991	17
52	20:51.32	Kyle Swan	V	28-03-1999	2	Perth	11-03-2016	16
53	20:52.72	Kyle Malone	N	25-07-1991	2	Brisbane	09-02-2013	21
54	20:54.56	Michael Woods	N	11-06-1962	3	Sydney	23-02-1985	22
55	20:54.70	Marcus Dwyer	V	26-03-1977	1	Melbourne	19-11-1998	21
56	20:59.10	Scott Holliday	W	22-12-1983	1	Perth	06-01-2002	18
57	21:02.10	Craig Jeffery	V	12-05-1968	1	Bendigo	25-01-1992	23
58	21:03.10	Dominic McGrath	V	04-06-1972	2	Melbourne	22-02-2001	28
59	21:06.38	Travis Harbour	V	12-12-1975	3	Melbourne	08-02-1997	21
60	21:06.40	Graeme Nicholls	V	15-05-1948	1	Ballarat	17-11-1970	22

**Australian Men 10 km All-Time Ranking List**  
**Primary Source: Athletics Australia – Paul Jenès**  
**Last Updated 2 April 2017**

**I inherited these rankings from Alex Crawford so some details are a bit vague.**  
**I have done my best to clarify where required**

Rank	Time	Name	State	DOB	Place	Details	Date	Age
1	38.06	David Smith	V	24-07-1955	1	Sydney	1986-09-25	31
2	38.09	Nathan Deakes	V	17-08-1977	4	Krakow, Poland	2001-06-09	23
3	38.29	Jared Tallent	V	17-01-1984	8	IAAF Challenge Final 10km, Beijing	2010-09-18	26
4	38.34.23	Dane Bird-Smith	Q	15-07-1992	1	Sydney	2017-03-31	24
5	38.49	Andrew Jachno	V	13-04-1962	1	Copenhagen, Denmark	1992-05-23	30
6	38.59	Chris Erickson	V	01-12-1981	11	IAAF Challenge Final 10km, Beijing	2010-09-18	28
7	39.10	Nick A'Hern *	N	06-01-1969	1	Sydney	1991-01-13	22
8	39.20	Adam Rutter	N	24-12-1986	15	IAAF Challenge Final 10km, Beijing	2010-09-18	23
9	39.50	Simon Baker	V	06-02-1958	1	Canberra (Aust 20 km split)	1988-08-27	30
10	40.08	Willi Sawall	V	07-11-1941	1	AFORWC Championship, Richmond, NSW	1982	40
11	40.16	Rhydian Cowley	V	04-01-1991	2	Brisbane, QLD	2012-07-29	21
12	40.46	Steve Beecroft	V	14-03-1971	2	Melbourne	1992-01-05	20
13	40.50	Mike Harvey	V	05-12-1962	-	Canberra (Aust 20 km split)	1988-08-27	25
14	41.00	Liam Murphy	S	05-06-1979	1	Adelaide (SA State 20km split)	2003-07-26	24
15	41.00	Darren Bown	S	30-06-1974	2	Adelaide	2005-02-19	30
16	41.01	Jon Gawley	N	08-05-1980		NSW U20 10km Championship, Sydney	1999-05-08	19
17	41.05	Paul Copeland	V	25-04-1967	3	Melbourne	1992-01-05	24
18	41.05.50	Dion Russell *	V	08-05-1975	1	VIC 10,000m Championship, Doncaster	1995-04-01	19
19	41.07	Nathan Brill	V	24-05-1996	7	Taicang, China	2014-05-03	17
20	41.27	Jesse Osborne	V	21-01-1995	1	Hobart	2014-02-02	19
21	41.31	Brendon Reading	A	26-01-1989	4	Canberra	2015-26-10	26
22	41.38	Brent Vallance	N	30-04-1972	3	Canberra	1998-02-08	25
23	41.46.79	Ian Rayson *	N	04-02-1988	2	Sydney, NSW Title (Track)	2009-01-03	20
24	41.58	Troy Sundstrom	N	30-05-1981	1	Sydney	2000-08-18	19
25	42.01.39	Tyler Jones	N	08-04-1998	3	Sydney	2017-03-31	19
26	42.12	Rob McFadden	S	15-03-1966	1	Adelaide	1992-03-28	26
27	42.13	Michael McCagh	W	16-04-1986	1	Fed Champ – Sydney	2005-09-18	19
28	42.14	Sean Fitzsimons	W	15-01-1992	2	VRWC, Middle Park, Melbourne	2010-10-24	18
29	42.22.96	Adam Garganis	V	18-09-1997	16	Bydgoszcz, Poland (WJ)	2016-07-23	18
30	42.29	Douglas Connelly	N	30-10-1982	1	Sydney	2001-10-26	18
31	42.31	Duane Cousins	V	13-07-1973	4	Canberra	2002-02-08	28
32	42.32	Tim Erickson	V	23-11-1950	1	London, England	1980-06-28	29
33	42.36	Declan Tingay	W	06-02-1999	1	Melbourne	2016-12-11	17
34	42.37	Nick Dewar	Q	13-05-1992	4	Wuzhong, China	2014-10-14	22
35	42.39	Kim Mottrom	S	27-09-1994	1	Adelaide	2012-11-07	28

36	42.41	Tom Barnes	V	22-09-1982	1	Melbourne	2009-02-15	26
37	42.45	Greg Robertson	T	23-12-1969	1	Hobart	1991-02-09	21
38	42.47	Anthony Miles	Q	30-11-1971		Aust u20	1991	19
39	42.47.31	Kyle Swan	V	28-03-1999	4	Sydney	2017-03-31	17
40	42.51.83	Brad Aiton	Q	20-06-1994	1	Brisbane, QLD	04/02/2012	17
41	43.04.81	Blake Steele	S	04-01-1993	17	Barcelona, Spain	2012-07-13	19
42	43.14	Brandon Dewar	Q	13-05-1992	2	Brisbane, QLD	2012-08-19	20
43	43.25	Mark Donahoo	V	27-05-1958		VIC State	1988	30
44	43.35	Scott Hollaway	W	22-12-1983		Canberra	2002-02-08	18
45	43.38.83	Luke McCutcheon	Q	24-06-1998	6	Canberra	2017-03-31	18
46	43.39	Daniel Thorne	V	19-12-1979		Melbourne	2001-12-16	21
47	43.40	Rohan Best	T	24-02-1973		Ath Tas Website	1990-07-01	17
48	43.40	Jay Felton	N	15-08-1995	1	Chipping Norton, NSW	2016-05-22	20
49	43.41	Noel Freeman *	V	24-12-1938		VIC State (Track)	21-05-1960	21
50	43.46	Brad Malcolm	V	07-08-1978		VIC RWC	2005-04-16	26
51	43.51	Ross Haywood	V	18-02-1947	2	VIC State	1976-04-24	29
52	43.55	Mark Thomas	V	13-12-1962		VIC State	1994	31



**Australian Men 20 Km All-Time Ranking List**  
**Primary Source: Athletics Australia – Paul Jenès**  
**Last Updated 02/04/2017**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	1:17.33.0	Nathan Deakes	V	17-08-1977	1	Cixi City, China	23-04-2005	27
2	1:19.15.0	Luke Adams	N	22-10-1976	7	Cheboksary, Russia	10-05-2008	31
3	1:19.15.0	Jared Tallent	V	17-10-1984	1	Melbourne	13-02-2010	25
4	1:19.22.0	Dave Smith	V	24-07-1955	1	Hobart	19-07-1987	31
5	1:19.33.0	Nick A'Hern	N	06-01-1969	1	Melbourne	15-12-1990	21
6	1:19.37.0	Dane Bird-Smith	Q	15-07-1992	3	Rio de Janiero, Brazil	08-12-2016	24
7	1:20.43.0	Andrew Jachno	V	13-04-1962	1	Brisbane	26-08-1990	28
8	1:20.49.0	Dion Russell	V	08-08-1975	1	Melbourne	19-03-1999	23
9	1:21.19.0	Simon Baker	V	06-02-1958	1	Canberra	27-08-1988	30
10	1:21.36.0	Willi Sawall	V	07-11-1941	1	Melbourne	04-07-1982	40
11	1:21.49.0	Adam Rutter	N	12-12-1986	3	Melbourne	23-02-2008	21
12	1:22.07.0	Rhydian Cowley	V	04-01-1991	9	Adelaide	21-02-2016	25
13	1:22.08.0	Chris Erickson	V	01-12-1981	10	Nomi, Japan	15-03-2015	33
13	1:24.11.0	Liam Murphy	S	05-06-1979	1	Adelaide	26-07-2003	24
14	1:24.20.0	Duane Cousins	V	13-07-1973	5	Melbourne	19-03-1999	25
15	1:24.25.0	Ian Rayson	N	04-02-1988	1	Narellan, NSW	13-11-2011	23
16	1:24.34.0	Brent Vallance	N	30-04-1972	15	Naumburg,Germany	23-05-1998	26
17	1:24.37.0	Brendon Reading	A	26-01-1989	12	Adelaide	19-02-2017	28
18	1:24.42.0	Michael Hosking	V	16-10-1985	11	Adelaide	21-02-2016	30
19	1:24.54.0	Paul Copeland	V	25-04-1967	1	Melbourne	10-11-1991	24
20	1:24.56.0	Darren Bown	S	30-06-1974	4	Sydney	06-03-2005	30
21	1:25.02.0	Troy Sundstrom	N	30-05-1981	7	Melbourne	19-03-1999	17
22	1:25.31.0	Steve Beecroft	V	14-03-1971	2	Canberra	28-01-1994	22
23	1:25.34.0	Mike Harvey	V	05-12-1962	3	Melbourne	25-08-1990	27
24	1:26.33.0	Mark Donahoo	V	27-05-1958	1	Melbourne	22-05-1994	35
25	1:26.40.0	Tom Barnes	V	22-09-1982	1	Melbourne	24-08-2008	25
26	1:26.50.0	Sean Fitzsimons	W	15-01-1992	3	Melbourne	11-12-2011	19
27	1:27.12.0	Tim Erickson	V	23-11-1950	1	Melbourne	14-12-1980	30
28	1:27.12.0	Tyler Jones	N	08-04-1998	16	Adelaide	19-02-2017	18
29	1:27.14.0	Nathan Brill	V	25-04-1996	15	Adelaide	21-02-2016	19
30	1:27.19.0	Dominic McGrath	V	04-06-1972	10	Melbourne	19-03-1999	26
31	1:27.20.0	Daniel (Thorne) Walters	V	19-12-1979	1	Melbourne	16-12-2001	21
32	1:27.27.0	Adam Garganis	V	18-09-1997	18	Adelaide	19-02-2017	19
33	1:27.29.0	Bill Dyer	V	26-03-1961	-	Melbourne	22-06-1985	24
34	1:27.35.0	Michael McCagh	W	16-04-1986	6	Canberra	28-01-2007	20
35	1:27.42.0	Brad Malcolm	V	07-08-1978	1	Melbourne	19-07-1998	19
36	1:28.18.0	Mike Woods	N	11-10-1962	30	Bergen,Norway	24-09-1983	20
37	1:28.23.0	Brad Aiton	Q	20-06-1994	25	Nomi, Japan	16-03-2014	19

38	1:28.25.0	Rob McFadden	S	15-03-1966	5	Canberra	27-08-1988	22
39	1:28.29.0	Steve Hausfeld	N	07-04-1952	6	Richmond	09-04-1988	36
40	1:28.29.0	Shane Pearson	Q	05-06-1974	8	Melbourne	27-02-1997	32
41	1:29.04.0	Craig Jeffery	V	12-05-1968	3	Melbourne	04-08-1991	23
42	1:29.08.0	Marcus Dwyer	V	26-03-1977	3	Melbourne	19-07-1998	21
43	1:29.12.0	Noel Freeman	V	24-12-1938	1	Melbourne	06-04-1968	29
44	1:29.13.0	Ian Waters	V	10-04-1967	-	Melbourne	19-12-1993	26
45	1:29.22.0	Rohan Best	T	24-02-1973	1	Hobart	04-08-1990	17
46	1:29.23.0	Craig Brill	V	10-11-1967	2	Melbourne	04-08-1991	23
47	1:29.24.0	Jesse Osborne	V	21-01-1995	6	Hobart	24-02-2013	18
48	1:29.29.0	Nick Dewar	Q	13-05-1992	5	Hobart	02-02-2014	21
49	1:29.40.0	Travis Harbour	V	12-12-1975	10	Melbourne	27-02-1997	21
50	1:29.48.0	Martin Richardson	V	21-01-1963	3	Melbourne	05-02-1984	21
51	1:29.51.0	Mark Blackwood	V	25-11-1977	2	Melbourne	01-09-1996	18
52	1:30.04.0	Jon Gawley	N	09-05-1980	1	Geelong	01-08-1998	18
53	1:30.07.0	Ricky Cooke	T	09-08-1969	4	Adelaide	04-03-1992	22
54	1:30.22.0	Greg Robertson	T	23-12-1969	5	Melbourne	25-08-1991	21
55	1:30.28.0	Ross Haywood	V	18-02-1947	2	Melbourne	05-02-1978	30
56	1:30.36.0	Mark Thomas	V	23-12-1962	3	Melbourne	22-05-1994	31
57	1:30.51.0	Paul Woodhouse	N	29-04-1962	9	Richmond	09-04-1988	25

**Australian Men 30 km All-Time Ranking List**  
**Primary Source: Athletics Australia – Paul Jenés**  
**Last Updated 29/02/2016**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	2:05:06	Nathan Deakes	V	17-08-1977	1	Hobart	28-08-2006	29
2	2:05:15	Jared Tallent	V	17-10-1984	1	Melbourne	07-06-2009	24
3	2:05:59	Dave Smith	V	24-07-1955	1	Canberra	10-05-1986	30
4	2:06:39	Simon Baker	V	06-02-1958	1	Melbourne	07-05-1989	31
5	2:07:53	Nick A'Hern	N	06-01-1969	1	Victoria	25-08-1994	25
6	2:08:01	Willi Sawall	V	07-11-1941	1	Melbourne	16-05-1982	40
7	2:09:09	Andrew Jachno	V	13-04-1962	2	Auckland	02-02-1990	27
8	2:09:29	Chris Erickson	V	01-12-1981	2	Melbourne	08-08-2010	28
9	2:09:35	Duane Cousins	V	13-07-1973	1	Melbourne	16-08-1998	25
10	2:10:02	Dion Russell	V	08-08-1975	1	Melbourne	06-08-2000	24
11	2:13:34	Dominic McGrath	V	04-06-1972	2	Melbourne	16-08-1998	26
12	2:13:47	Darren Bown	S	30-06-1974	1	Melbourne	04-08-2002	28
13	2:14:40	Adam Rutter	N	24-12-1986	2	Canberra	08-06-2008	21
14	2:14:54	Paul Copeland	V	25-04-1967	3	Melbourne	29-10-1989	22
15	2:15:40	Craig Brill	V	10-11-1967	2	Melbourne	21-04-1991	23
16	2:15:47	Tim Erickson	V	23-11-1950	2	Melbourne	18-05-1980	29
17	2:15:52	Mark Donahoo	V	27-05-1958	3	Gold Coast	24-04-1994	35
18	2:16:07	Liam Murphy	S	05-06-1979	2	Melbourne	06-08-2000	21
19	2:16:36	Dariusz Wojcik	V	24-09-1959	3	Melbourne	21-04-1991	31
20	2:17:00	Tom Barnes	V	22-09-1982	1	Melbourne	27-07-2008	25
21	2:17:17	Troy Sundstrom	N	30-05-1981	1	Hobart	03-09-2001	20
22	2:15:51	Luke Adams	N	22-10-1976	10	Beijing, Olympic 50 km split	22-08-2008	31
23	2:17:32	Ian Rayson	N	04-02-1988	3	Canberra	2015-06-07	27
24	2:17:42	Noel Freeman	V	24-12-1938	1	Melbourne	1970-06-13	31
25	2:17:45	Brent Vallance	N	30-04-1972	3	Canberra	1998-06-07	26
26	2:17:51	Michael Harvey	V	05-12-1962	1	Melbourne	1987-08-02	24
27	2:18:49	Brendon Reading	A	26-01-1989	6	Richmond, Canada	2014-08-10	25
28	2:18:55	Bill Dyer	V	26-03-1961	2	Melbourne	1985-08-25	24

**Australian Men 50 Km All-Time Ranking List**  
**Primary Source: Athletics Australia – Paul Jenès**  
**Last Updated 23/08/2016**

Rank	Time	Name	State	DOB	Place	Location	Date	Age
1	3:35:47	Nathan Deakes	VIC	17-08-1977	1	Geelong	02-12-2006	29
2	3:36:53	Jared Tallent	VIC	17-01-1984	2	London, UK	11-07-2012	28
3	3:43:13	Simon Baker	VIC	06-02-1958	1	L'Hospitalet	28-05-1989	31
4	3:43:39	Luke Adams	NSW	22-10-1976	6	Berlin	21-08-2009	32
5	3:46:34	Willi Sawall	VIC	07-11-1941	1	Adelaide	06-04-1980	38
6	3:47:34	Dion Russell	VIC	08-05-1975	1	Melbourne	13-12-1998	23
7	3:48:40	Chris Erickson	VIC	01-12-1981	10	Rio de Janiero, BRZ	19-08-2016	34
8	3:52:49	Adam Rutter	NSW	24-12-1986	2	Melbourne	16-12-2007	20
9	3:53:19	Duane Cousins	VIC	13-07-1973	2	Geelong	02-12-2006	23
10	3:53:23	Andrew Jachno	VIC	10-03-1957	19	Seoul	30-09-1988	31
11	3:54:37	Liam Murphy	SA	05-06-1979	1	Melbourne	13-05-2001	21
12	3:55:03	Brendon Reading	ACT	26-01-1989	4	Melbourne	13-12-2015	26
13	3:55:05	Darren Bown	SA	03-06-1974	2	Melbourne	13-05-2001	26
14	3:55:17	Ian Rayson	NSW	04-02-1988	4	Melbourne	13-12-2015	27
15	3:57:20	Michael Harvey	VIC	05-12-1962	1	Hawkesbury	10-07-1993	30
16	3:57:51	Dominic McGrath	VIC	04-06-1972	2	Leamington Spa	23-04-2000	27
17	3:58:30	Dariusz Wojcik	VIC	24-09-1959	1	Melbourne	26-01-1992	32
18	4:00:21	Craig Brill	VIC	10-11-1967	2	Melbourne	26-01-1992	24
19	4:03:17	Tim Erickson	VIC	23-11-1950	25	Eschborn	30-09-1979	28
20	4:11:08	Bill Dyer	VIC	26-03-1961	1	Adelaide	15-07-1984	23
21	4:11:10	Mark Donahoo	VIC	27-05-1958	2	Melbourne	08-05-1988	29
22	4:11:33	Tom Barnes	VIC	22-09-1982	7	Melbourne	16-12-2007	25
23	4:11:38	Steve Hausfeld	NSW	07-04-1952	1	Canberra	28-06-1986	24
24	4:12:29	Shane Pearson	QLD	05-06-1974	4	Melbourne	14-12-1997	23
25	4:13:55	John Sheard	VIC	09-05-1948	36	Eschborn, Germany	30-09-1979	31
26	4:14:17	Bob Gardiner	V	22-03-1936	1	Melbourne	24-08-1968	32
27	4:14:20	Paul Copeland	V	25-04-1967	1	Melbourne	12-09-1993	26
28	4:16:34	Ian Fay	S	02-01-1960	3	Melbourne	07-07-1985	25
29	4:16:43	Kevin Lowden	V	22-05-1968	3	Melbourne	27-01-1991	22
30	4:16:53	Frank Bertei	V	19-03-1966	13	Tijuana, Mexico	21-03-2004	38
31	4:17:44	Keith Knox	N	15-09-1950	1	Sydney	18-08-1984	33
32	4:17:47	Ricky Cooke	T	09-08-1969	4	Melbourne	27-01-1991	21
33	4:18:26	Troy Sundstrom	N	30-05-1981	2	Melbourne	23-10-2005	24
34	4:20:00	Ted Allsopp	V	15-08-1926	2	Melbourne	24-09-1966	40
35	4:20:38	Peter Fullager	S	19-04-1943	1	Adelaide	04-09-1971	28
36	4:21:13	Brian Trower	V	28-02-1959	5	Melbourne	27-01-1991	31
37	4:22:38	Mark Thomas	V	23-12-1962	68	Beijing, China	30-04-1995	32
38	4:22:51	Frank Clark	N	11-04-1943	1	Sydney	26-08-1967	24

39	4:23:16	Andrew Jamieson	V	13-06-1946	3	Melbourne	14-12-2008	62
40	4:23:57	Ian Hodgkinson	W	31-03-1948	1	Perth	11-09-1972	24
41	4:24:20	Ron Crawford	N	26-03-1936	11	Tokyo, Japan	18-10-1964	28
42	4:24:35	Richard Everson	S	07-09-1963	8	Melbourne	12-12-1999	36

## 20k50k Points

## Australian Men 20Km / 50Km All-Time Ranking List

Last Updated 29/02/2016

RANK	NAME	STATE	DOB	50KM TIME	IAAF POINTS	20KM TIME	IAAF POINTS	TOTAL
1	Nathan Deakes	VIC	17-08-1977	3:35:47	1249	1:17.33.0	1247	2496
2	Jared Tallent	VIC	17-01-1984	3:36:53	1243	1:19.15.0	1212	2455
3	Luke Adams	NSW	22-10-1976	3:43:39	1211	1:19.15.0	1212	2423
4	Simon Baker	VIC	06-02-1958	3:43:13	1213	1:21.19.0	1171	2384
5	Dion Russell	VIC	08-05-1975	3:47:34	1192	1:20.49.0	1181	2373
6	Willi Sawall	VIC	07-11-1941	3:46:34	1196	1:21.36.0	1166	2362
7	Andrew Jachno	VIC	10-03-1957	3:53:23	1164	1:20.43.0	1183	2347
8	Chris Erickson	VIC	01-12-1981	3:48:40	1182	1:22.08.0	1155	2337
9	Adam Rutter	NSW	24-12-1986	3:52:49	1166	1:21.49.0	1161	2327
10	Duane Cousins	VIC	13-07-1973	3:53:19	1164	1:24.20.0	1112	2276
11	Liam Murphy	SA	05-06-1979	3:54:37	1158	1:24.11.0	1115	2273
12	Ian Rayson	NSW	04-02-1988	3:55:17	1154	1:24.25.0	1110	2264
13	Brendon Reading	ACT	26-01-1989	3:55:03	1155	1:24:51	1102	2257
14	Darren Bown	SA	03-06-1974	3:55:05	1155	1:24.56.0	1101	2256
15	Michael Harvey	VIC	05-12-1962	3:57:20	1145	1:25.34.0	1089	2234
16	Dominic McGrath	VIC	04-06-1972	3:57:51	1142	1:27.19.0	1056	2198
17	Tim Erickson	VIC	23-11-1950	4:03:17	1117	1:27.12.0	1058	2175
18	Craig Brill	VIC	10-11-1967	4:00:21	1130	1:29.23.0	1017	2147
19	Dariusz Wojcik	VIC	24-09-1959	3:58:30	1139	?		1139