

VICTORIAN OPEN WOMEN RACEWALKING CHAMPIONSHIPS



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Victorian Race Walking Club

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Many of the early results are incomplete. I always welcome additional information to make these records even better.

Tim Erickson

Open Women Victorian Track Championships

440 yards walk

1931 Hazel Scott Eastern Suburbs 1.52.4

880 yards walk

1931	Hazel Scott	Eastern Suburbs	4.13.8	Mabel Moad	Malvern	1 yd	D. Sinclair	Malvern	
1932	Mabel Moad	Malvern	4.11.1	Emily Neville	VRI (Vic Railways Inst.)	20 yds	B. Cooper	VRI	5 yds
1933	Mabel Moad	Malvern	4.04.0	Elsie Edwards	Footscray	4.15	Emily Neville	VRI	4.21
1934	Mabel Moad	Malvern	4.04.1	Elsie Edwards	Footscray	6 yds	Hazel Day	Eastern Suburbs	20 yds
1935	Elsie Edwards	Footscray	4.01.6	Mabel Moad	Malvern	15 yds	Betty Wilson	Eastern Suburbs	
1936	Mabel Moad	Malvern	4.01.6	Jill Bond	Eastern Suburbs	15 yds	Maisie James	Melbourne	30 yds
1937	Maise James	Melbourne	3.58.4	Mabel Moad	Malvern	inches	Rose Roberts	Collingwood	20 yds
1938	Maise James	Melbourne	3.48.6	Jill Bond	Eastern Suburbs		Elsie Capel	Melbourne	
1939	Maise James	Melbourne	3.51.1	Elsie Capel	Melbourne		Mabel Moad	Malvern	
1940	Iris Dowsey	Collingwood	3.50.1	Elsie Capel	Melbourne		Betty Jarrad	VRI	
1941	Iris Dowsey	Collingwood	4.00.0	Betty Jarrad	VRI		Gwen Vautier	Eastern Suburbs	
1942	Iris Dowsey	Collingwood	4.07.8	Betty Jarrad	VRI		-		

880 yards deleted from Championships until the 1946/47 Season

1947	Elsie Chapel	Melbourne	4:09.2	Lyn Parry	Coburg		K. Roberts	VRI
1948	Elsie Chapel	Melbourne	4:02.0	N. Cox	VRI		L. Hughes	St Kilda

880 yards deleted from Championships until the 1958/59 Season

1959	Beverley Viney	Williamstown	3.59.2	Joan Dodson	Brunswick		A.Lambie	Coburg
1960	Beverley Viney	Williamstown	4.09.0	M.Cooper	Williamstown		Joan Dodson	Brunswick
1961	Beverley Viney	Williamstown	4.06.5	J.Viney	Williamstown		J.Eades	Williamstown
1962	Beverley Viney	Williamstown	4.10.0	J.Eades	Williamstown		J.Viney	Williamstown
1963	Beverley Viney	Williamstown	3.59.0					
1964	Beverley Viney	Williamstown	3.59.2	J.Viney	Williamstown		Joan Fisher	Sth Bendigo
1965	Joan Fisher	South Bendigo	3.57.2	Lyn Parry	Sandringham		J.Viney	Williamstown
1966	Joan Fisher	South Bendigo	4.04.3	M.Slater	Footscray		Carol Bryce	Glenhuntly
1967	Bernadette Jeacle	Footscray	3.45.5					

800 metres walk

1968	Lorraine Stafford	Ringwood						
1969	Kaye Pittman	Oakleigh	3.36.2	Lorraine Stafford	Ringwood		Helen Littlejohn	Brunswick
1970	Kaye Pittman	Oakleigh	3.47.1	Diane Ball	Ballarat YCW		Megan.Pye	Beaumaris

1971	Diane Ball	Ballarat YCW	3.35.2	Helen Littlejohn	Brunswick		Robyne.Knape	Collingwood	
1972	Alison Nicholls	Wendoree	3.35.3	Kaye Pittman	Oakleigh		Lyn.Jenkins	Glenhuntly	
1973	Alison Nicholls	Wendoree	3.32.0	Sue Orr	Ringwood	3.44.6	Megan.Pye	Beaumaris	4.09.5

1320 yards walk

1932	Mabel Moad	Malvern	6.39.1	Emily Neville	VRI	5 yds	Betty Hooper	VRI	10 yds
1933	Mabel Moad	Malvern	6.33.2	Elsie Edwards	Footscray	6.41	Emily Neville	VRI	6.57
1934	Mabel Moad	Malvern	6.17.5	Elsie Edwards	Footscray	40 yds	Hazel Day	Eastern Suburbs	20 yds
1935	Elsie Edwards	Footscray	6.20.0	Mabel Moad	Malvern	20 yds	Dorothy McLennan	Collingwood	50 yds
1936	Mabel Moad	Malvern	6.20.8	Jill Bond	Eastern Suburbs	20 yds	Iris Dowsey	Collingwood	10 yds

1500 metres walk

1970	Kay Pitman	Oakleigh	7:55.2		
1971	Helen Littlejohn	Brunswick	7:48.5		
1972	Alison Nicholls	Wendoree			
1973	Alison Nicholls	Wendoree	7:05.4		
1974					
1975	Sue Cook	Ringwood	6:29.4		
1976	Sue Cook	Ringwood	7:07.4		

1 Mile walk

1965	Joan Fisher	South Bendigo	8:40.3		
1966	Joan Fisher	South Bendigo	8:56.4		

3000 metres walk

1975	Jane Davies	South Bendigo	15:07.2		
1976	Alison Nicholls	Wendoree			
1977	Not contested. Insufficient entries.				
1978	Sue Cook	Ringwood	13:47.5		
1979	Lorraine Young	St. Stephens	15:22.6		
1980	Sue Cook	Ringwood	13:44.3		
1981	Sue Cook	Ringwood	13:28.8		
1982	Sally Pierson	Doncaster	13:02.5		

5000 metres walk

1978	Sue Cook	Ringwood	24.29.5		
1979	Lorraine Young	St Stephens	27.26.1		
1980	Sue Cook	Ringwood	23.22.8		
1981	Sue Cook	Ringwood	25.26.9		
1982	Sally Pierson	Doncaster	23.03.6		
1983	Sue Cook	Ringwood	23.29.82		

1984	Sue Cook	Ringwood	22.06.34	(World Record) Sally Pierson (22:52.9), Lorraine Young (23:35.6), M Gustafson (SWE), A. Jansson (SWE), Marlane Stanway (BH)					
1985	Sally Pierson	Doncaster	22.57.42						
1986	Kerry Saxby	NSW	21:52.36						
	Gabrielle Blythe	St Josephs	22.37.46						
1987	Kerry Saxby	NSW	21:52.39						
	Lorraine Jachno	St Stephens	23:13.13						
1988	Carolyn Vanstan	Knox/S'brooke	24:39.2						
1989	Sharon Schnyder	Wendoree	24.10.2						
1990	Lorraine Jachno	St Stephens	23.34.75	Carolyn Vanstan	Knox S/Brooke	23:55.5	Celia Massie-Bertei	Ringwood	24:18.9
1991	Celia Massie-Bertei	Ringwood	22:45.32						
1992	Louise Nicholson	Ringwood	23.07.05	Garbielle Blythe	St Josephs	23:43.8	Wendy Muldoon	Box Hill	23:57.7
1993	Gabrielle. Blythe	St Josephs	21.55.52	Carolyn Vanstan	Knox S/Brooke	23.24.2	Yvonne Waters	Sandringham	24.00.8
1994	Gabrielle Blythe	St Josephs	22.39.52	Simone Wolowiec	Knox S/Brooke	22.53.1	Wendy Muldoon	Box Hill	23.37.2
1995	Wendy Muldoon	Knox/S'brooke	22:43.92	Siimone Wolowiec	Knox S/Brooke	23:35.7	Sharon Schnyder	Wendoree	24:33.67
1996	Wendy Muldoon	Knox/S'brooke	22:34.88	Gabrielle Blythe	St Josephs	23.22.1	Simone Wolowiec	Knox S/Brooke	23.25.51
1997	Simone Wolowiec	Knox/S'brooke	23.18.44	Wendy Muldoon	Box Hill	23.50.8	Tracy Rosengrave	Knox S/Brooke	24.14.89
1998	Wendy Muldoon	Box Hill	22.49.74	Simone Wolowiec	Knox S/Brooke	23.13.6	TracyRosengrave	Knox S/Brooke	23.48.9
1999	Wendy Muldoon	Knox/S'brooke	23.05.93	Tracy Rosengrave	Knox S/Brooke	24.07.8	Justi Tonti-Filippini	Aths Essendon	24.47.5
2000	Wendy Muldoon	Knox/S'brooke	22.57.51	Simone Wolowiec	Knox S/Brooke	23.26.5	Tracy Rosengrave	Knox S/Brooke	24.07.1
2001	Simone Wolowiec	Knox/S'brooke	23.01.50	Roisin Gleich	Aths Essendon	26.48.1	-		
2002	Wapshott, Kellie	Knox/S'brooke	23:30.08	Muldoon, Wendy	Box Hill	23:51.7	Peters, Megan	Glenhuntly	23:59.54
2003	Wapshott, Kellie	Knox/S'brooke	23:23.81	Peters, Megan	Glenhuntly	23:24.5	Muldoon, Wendy	Box Hill	24:10.26
2004	Wapshott, Kellie	Knox/S'brooke	25:35.31	Sansonetti, Nicole	Box Hill	26:36.5	Muldoon, Wendy	Box Hill	27:14.81
2005	Wapshott, Kellie	Knox	23:07.50	Ruddick, Kelly	Ballarat Harriers	23:57.07	Watson, Carma	Athletics Essendon	24:51.60
2006	Saville, Natalie	NSW	21:51	French, Michelle	NSW/AIS	22:06	Watson, Carma	Aths Essendon	24.10
	Wapshott, Kellie	Knox	22.35	Szirom, Megan	Ringwood	22:44			
2007	Szirom, Megan	Ringwood	22:20.90	Boddy, Tyne	Corio	25:31.03	Geisler, Sandra	Ringwood	25:43.87
2008	Wapshott, Kellie	Knox	22:46.70 *	Lamble, Regan	Nunawading	24:35.90	Bannister, Lynnette	Tasmania	24:45.34
							Roseman, Justijana	Essendon	26:35.51
2009	Rothwell, Jess	Eaglehawk	21:03.33	Szirom, Megan	Frankston	22:36.34	Ruddick, Kelly	Ballarat Harriers	23:27.47
2010	Irshad, Kylie	South Coast	26:38.61	Carr, Heather	Eaglehawk	27:04.50	Brunton, Caitlin	Corio	28:57.72
2011	Ruddick, Kelly	Ballarat Harriers	23:17.03	Burren, Amy	Malvern	23:52.18	Tindal, Pam	Croydon	25:07.71
2012	Ruddick, Kelly	Ballarat Harriers	23:03.47	Laufer, Michelle	Collingwood	25:32.49	Hockley-Samon, Jmara	Chilwell	26:19.49
2013	Ruddick, Kelly	Ballarat Harriers	21:50.13	Alexander, Beth	Knox	24:01.71	George, Stephan ie	South Coast	25:38.96
2014	Ruddick, Kelly	Ballarat Harriers	22:12.66	Alexander, Beth	Knox	24:00.24	George, Stephanie	South Coast	24:44.80
2015	Ruddick, Kelly	Ballarat Harriers	21:49:33	Montag, Jemima	Maccabi	23:06.80	Szirom, Megan	Frankston	24:21.18
2016	Clarke, Eliza	Doncaster	24:24.62	Szirom, Megan	Frankston	24:28.24	McInnes, Simone	Glenhuntly	24:41.94

* Victorian Record

Open Women Victorian 10 Km Walk Championships

1984	Sally Pierson	Doncaster	47:12	Lorraine Young	SSH	49:01	Carolyn Vanstan	Knox/S'brooke	54:47
1985	Sally Pierson	Doncaster	48:44	Lorraine Jachno	SSH	48:56	Karyn Iselin	QLD	53:52
							Sarah Miller	Knox/S'brooke	55:16
1986	Lorraine Jachno	St Stephens	46:04.2	Sharon Schnyder	Wendoree	52:02.0	Sarah Miller	Knox/S'brooke	52:55.3
1987	Sharon Schnyder	Wendoree	49:13.4	Carolyn Vanstan	Knox/S'brooke	49:51.1	Shiela Miller	Knox/S'brooke	54:04.0
1988	Gabrielle Blythe	St Josephs	47:49	Lorraine Jachno	SSH	48:30	Sharon Schnyder	Wendoree	50:56
1989	Lorraine Jachno	St Stephens	46:02	Carolyn Vanstan	Knox/S'brooke	49:07	Celia Massie-Bertei	Ringwood	49:39
1990	Carolyn Vanstan	Knox/S'brooke	48:08.9	Wendy Muldoon	Box Hill	49:42.4	Heather McDonald	Warragul	50:21.8
1991	Kerry Saxby	NSW	44:37						
	Sharon Schnyder	Wendoree	48:12	Carolyn Vanstan	Knox/S'brooke	48:43	Celia Massie-Bertei	Ringwood	50:49
1992	Carolyn Vanstan	Collingwood	49:53	Wendy Muldoon	Box Hill	50:05	Heather McDonald	Warragul	50:30
1993	Carolyn Vanstan	Knox/S'brooke	48:25.5	Wendy Muldoon	Box Hill	48:58.9	Simone Wolowiec	Knox/S'brooke	49:56.7
1994	Wendy Muldoon	Box Hill	46:45	Simone Wolowiec	Knox/S'brooke	48:47	Natalie Davison		49:49
1995	Wendy Muldoon	Box Hill	46:20.0	Sharon Schnyder	Wendoree	47:32	Simone Wolowiec	Knox/S'brooke	47:45
1995	Wendy Muldoon	Box Hill	46:27	Simone Wolowiec	Knox/S'brooke	47:34	Tracey Rosengrave	Knox/S'brooke	50:36
1997	Wendy Muldoon	Box Hill	46:43	Simone Wolowiec	Knox/S'brooke	48:23	Tracey Rosengrave	Knox/S'brooke	49:29
1998	Wendy Muldoon	Box Hill	45:22	Simone Wolowiec	Knox/S'brooke	46:04	Sharon Schnyder	Wendoree	49:39
1999	Simone Wolowiec	Knox/S'brooke	46:41	Wendy Muldoon	Box Hill	48:08	Sharon Schnyder	Wendoree	51:04
2000	Simone Wolowiec	Knox/S'brooke	47:36	Tracey Rosengrave	Knox/S'brooke	50:00	Wendy Muldoon	Box Hill	50:21
2001	Tracey Rosengrave	Knox/S'Brooke	48:11	Wendy Muldoon	Box Hill	48:19	Erin Adamcewicz	Aths Essendon	53:26
2002	Wendy Muldoon	Box Hill	49:16	Kellie Wapshott	Knox/S'brooke	51:24	Megan Peters	Glenhuntly	52:13
2003	Simone Wolowiec	Knox/S'brooke	48:38	Megan Peters	Glenhuntly	48:57	Kylie Bonney	Knox/S'brooke	51:48
2004	Kylie Irshad	Ringwood	52:14	Carma Watson	Aths Essendon	52:40	Erin Adamcewicz	Aths Essendon	54:14
2005	Simone Wolowiec	Knox	46:21	Wapshott, Kellie	Knox	47:11	Watson, Carma	Aths Essendon	51:45
2006	Megan Szirom	Ringwood	47:29	Tracy Feiner	Knox	52:07	Heather Carr	Victorian Masters	54:17
2007	Jess Rothwell	South Bendigo	51:18	Regan Lamble	Nunawading	51:14	Heather Carr	Eaglehawk	55:57
2008	Rachel Tallent	Ballarat YCW	52:06	Amy Burren	Malvern	53:41	Natalie Laurie	Nunawading	54:17
2009	Szirom, Megan	Frankston	47:53	Alexander, Beth	Knox	50:39	Tallent, Rachel	Bendigo YCW	51:08
2010	Ruddick, Kelly	Ballarat Harriers	49:46	Tindal, Pam	Croydon	52:19	Carr, Heather	Eaglehawk	54:23
2011	Ruddick, Kelly	Ballarat Harriers	47:34	Raselli, Cassandra	South Coast	55:09	Carr, Heather	Eaglehawk	55:20
2012	Ruddick, Kelly	Ballarat Harriers	47:07	Laufer, Michelle	Collingwood	52:51	Brennan, Sarah	Ballarat YCW	54:33
2013	Laufer, Michelle	Collingwood	52:41	Brennan, Sarah	Ballarat YCW	54:21	Carr, Heather	Eaglehawk	58:38
2014	Ruddick, Kelly	Ballarat Harriers	46:49	Michelle Laufer	Collingwood	51:42	Carr, Heather	Eaglehawk	58:31
2015	Montag, Jemima	Maccabi	48:02	Bryant, Barbara	Eaglehawk	58:00	Carr, Heather	Eaglehawk	58:24
2016	McInnes, Simone	Glenhuntly	50:32	Szirom, Megan	Frankston	50:45	Brennan, Sarah	Ballarat YCW	54:22

Open Women Victorian 15 Km Walk Championships

1993	Wendy Muldoon	Box Hill	1:13.02	Carolyn Vanstan	Knox/S'brooke	1:14.14	Yvonne Waters	Sandringham	1:22.12
1994	Wendy Muldoon	Box Hill	1:12.53	M Scott		1:21.54	Heather McDonald	Deakin	1:23.31
1995	Wendy Muldoon	Box Hill	1:11:17	Sharon Schnyder	Wendoree	1:12:47	Simone Wolowiec	Knox/S'brooke	1:14:37
1996	Wendy Muldoon	Box Hill	1:11:16	Simone Wolowiec	Knox/S'brooke	1:13:09	Carolyn Vanstan	Knox/S'brooke	1:19:04
1997	Wendy Muldoon	Box Hill	1:14:16	Carolyn Vanstan	Knox/S'brooke	1:19:08	Tracey Rosengrave	Knox/S'brooke	1:21:59
1998	Wendy Muldoon	Box Hill	1:09:58	Simone Wolowiec	Knox/S'brooke	1:13:30	Tracey Rosengrave	Knox/S'brooke	1:17:02
1999	Wendy Muldoon	Box Hill	1:12.46	Simone Wolowiec	Knox/S'brooke	1:15.04	Sharon Schnyder	Wendoree	1:17.27
2000	Wendy Muldoon	Box Hill	1:11:25	Simone Wolowiec	Knox/S'brooke	1:12:23	Tracey Rosengrave	Knox/S'brooke	1:16:00
2001	Wendy Muldoon	Knox/S'brooke	1:15:11	Tracey Rosengrave	Knox/S'brooke	1:15:29	Megan Peters	Glenhuntly	1:19:32
2002	Wendy Muldoon	Knox/S;brooke	1:16.49	Megan Peters	Glenhuntly	1:22.48	Annette Major	Bendigo	1:37.40
2003	Simone Wolowiec	Knox/S'booke	1:13:22	Rachel Loone	Chilwell	1:19:25	Sandra Geisler	Ringwood	1:23:33
2004	Kylie Irshad	Ringwood	1:19:12	Sandra Geisler	Ringwood	1:22:21	Rachael Loone	Chilwell	1:22:58
2005	Simone Wolowiec	Knox	1:11:52	Kelly Ruddick	Ballarat Harriers	1:18:28	Sandra Geisler	Ringwood	1:20:55
2006	Megan Szirom	Ringwood	1:12:20	Sandra Geisler	Ringwood	1:18:57	Annette Major	Eaglehawk	1:33:13
2007	Megan Szirom	Ringwood	1:12:46	Yolanda Russell	Geelong	1:24:05	Heather Carr	Eaglehawk	1:25:05
2008	Megan Szirom	Frankston	1:19:50	Justijana Roseman	Aths Essendon	1:31:54	Erin Adamcewicz	Aths Essendon	1:35:44
2009	Ruddick, Kelly	Ballarat Harriers	1:16:31	Carr, Heather	Eaglehawk	1:27:31	Bryant, Barbara	Eaglehawk	1:29:02
2010	Ruddick, Kelly	Ballarat Harriers	1:12:02	Carr, Heather	Eaglehawk	1:24:48	Hammond, Nardene	Aths Essendon	1:29:03
2011	Ruddick, Kelly	Ballarat Harriers	1:13:05	Carr, Heather	Eaglehawk	1:25:30	Shaw, Kirstin	Western Suburbs	1:27:15
2012	Laufer, Michelle	Collingwood	1:21:10	Brennan, Sarah	Ballarat YCW	1:24:28	Shaw, Kirstin	Western Suburbs	1:25:22
2013	Ruddick, Kelly	Ballarat Harriers	1:13:23	Laufer, Michelle	Collingwood	1:20:40	Brennan, Sarah	Ballarat YCW	1:22:44
2014	Tindal, Pam	Nunawading	1:24:23	Brennan, Sarah	Ballarat YCW	1:25:22	Elms, Donna-Marie	Preston	1:42:02
2015	Ruddick, Kelly	Ballarat Harriers	1:10:12	Geisler, Sandra	Ringwood	1:28:21	Carrh, Heather	Eaglehawk	1:29:14
2016	Szirom, Megan	Frankston	1:19:46	Brennan, Sarah	Ballarat YCW	1:25:22	Carr, Heather	Glenhuntly	1:34:12

Open Women Victorian 20 Km Walk Championships

1984	Sally Pierson	Doncaster	1:39.06.1						
1985	Sally Pierson	Doncaster	1:42:20	Lorraine Jachno	SSH	1:42:48	Sharon Schnyder	Wendoree	1:50:23
1986	Lorraine Jachno	St Stephens	1:43:28	Sharon Schnyder	Wendoree	1:44:16	Marlaine Stanway		2:09:05
1987	No starters ?								
1988	M Horne		1:56:11	Justine Young		2:03:56	J Bray		2:10:31
1989	Sharon Schnyder	Wendoree	1:42:10	Celia Massie-Bertei	Ringwood	1:52:00	T Pakusch		2:19:46
1990	Carolyn Vanstan	Knox/S'brooke	1:42:49	Heather McDonald	Warrugal	1:56:00	-		
1991	Carolyn Vanstan	Knox/S'brooke	1:40:49	Celia Massie-Bertei	Ringwood	1:44:05	Wendy Muldoon	Box Hill	1:52:40
1992	Carolyn Vanstan	Knox/S'brooke	1:43:12	Wendy Muldoon	Box Hill	1:48:17	Heather McDonald	Wararugal	1:50:48
1993	Heather McDonald	Vets	1:42:22	Carolyn Vanstan	Knox/S'brooke	1:43:54	Wendy Muldoon	Box Hill	1:48:28

1994	Wendy Muldoon	Box Hill	1:37:37	Simone Wolowiec	Knox/S'brooke	1:37:57	Heather McDonald	Deakin	1:48:28
1995	Wendy Muldoon	Box Hill	1:37:33	Simone Wolowiec	Knox/S'brooke	1:39:22	Glenys Jardine		2:11:14
1996	Simone Wolowiec	Knox S/brooke	1:37:31	Franca Arcadi	KSB	2:01:46	Carmela Carrassi	East Brunswick	2:08:16
1997	Wendy Muldoon	Box Hill	1:35:49	Simone Wolowiec	Knox/S'brooke	1:37:30	Tracey Rosengrave	Knox/S'brooke	1:45:45
1998	Wendy Muldoon	Box Hill	1:34:35	Simone Wolowiec	Knox/S'brooke	1:35:14	Tracey Rosengrave	Knox/S'brooke	1:47:27
1999	Wendy Muldoon.	Box Hill	1:35:58	Simone Wolowiec.	Knox/S'brooke	1:37:10	Megan Peters.	Glenhuntly	1:54:25
2000	Wendy Muldoon	Box Hill	1:43:01	Tracey Rosengrave	Knox/S'brooke	1:46:43	Alison Baker	Oakleigh	1:54:34
2001	Wendy Muldoon	Box Hill	1:42:33	Tracey Rosengrave	Knox/S'brooke	1:45:00	Megan Peters	Glenhuntly	1:46:41
2002	Wendy Muldoon	Box Hill	1:47:08	Megan Peters	Glenhuntly	1:49:27	Kylie Bonney	Knox/S'brooke	1:53:18
2003	Simone Wolowiec	Knox/S'brooke	1:38:15	Rachel Loone	Chilwell	1:46:29	Kellie Wapshott	Knox/S'brooke	1:49:09
2004	Carma Watson	Aths Essendon	1:51:59	Kylie Irshad	Ringwood	2:02:02	Justijana Roseman	Aths Essendon	2:13:24
2005	Simone Wolowiec	Knox	1:36:25	Kellie Wapshott	Knox	1:37:46	Sandra Geisler	Ringwood	1:50:46
2006	Megan Szirom	Ringwood	1:36:53	Michelle French	AIS/NSW	1:38:36			
				Sandra Geisler	Ringwood	1:53:20	Heather Carr	Victorian Masters	1:55:30
2007	Megan Szirom	Ringwood	1:36:55	Yolanda Russell	Geelong	1:52:33	Lynnette Bannister	Tasmania	1:54:38
							Heather Carr	Eaglehawk	1:56:45
2008	Megan Szirom	Frankston	1:38:10	Heather Carr	Eaglehawk	1:55:50	Justijana Roseman	Aths Essendon	1:58:59
2009	Ruddick, Kelly	Ballarat Harriers	1:43:57	Carr, Heather	Eaglehawk	1:59:49	-		
2010	Tindal, Pam	Croydon	1:51:08	Irshad, Kylie	South Coast	1:55:50	Carr, Heather	Eaglehawk	1:56:42
2011	Ruddick, Kelly	Ballarat Harriers	1:40:54	Shaw, Kirstin	Western Suburbs	2:03:42	-		
2012	Lee, Beki	NSW	1:36:45						
	Laufer, Michelle	Collingwood	1:50:09	Brennan, Sarah	Ballarat YCW	1:54:14	Shaw, Kirstin	Western Suburbs	1:59:28
2013	Holliday, Tanya	SA	1:36:03						
	Ruddick, Kelly	Ballarat Harriers	1:36:46	Laufer, Michelle	Collingwood	1:47:51	Brennan, Sarah	Ballarat YCW	1:49:22
2014	Carr, Heather	Eaglehawk	2:08:54	Elms, Donna-Marie	Preston	2:22:18	O'Neill, Karyn	Gippsland	2:22:32
2015	Ruddick, Kelly	Eaglehawk	1:36:45	Ruske, Courtney	NZ	1:44:07			
				Carr, Heather	Eaglehawk	2:07:10	O'Neill, Karyn	Gippsland	2:16:58
2016	Carr, Heather	Glenhuntly	2:09:02	-					