

**Victorian Race Walking Club****1995 Winter Season****1 April****1995****Box Hill****Victorian Open Mens Walk Championship**

<b>10km</b>	<b>Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time (m.s)</b>	<b>Club</b>
	1	M	Russell Dion	41m05.5s	Doncaster
	2	M	Donahoo Mark	43.58	Collingwood
	3	M	Thomas Mark	44.08	Werribee
	4	M	McGrath Dominic	45.15	Glenhuntley
	5	M	Knox Duncan	45.59	Essendon
	6	M	Sawell Willie	46.18	Ballarat
	7	M	Dwyer Marcus	46.26	Ivanhoe
	8	M	Bertei Frank	46.41	Ringwood
	9	M	Paul Kennedy	46.54	MUAC
	10	M	Lachlan McDonald	52.45	Warragul
	11	M	Dudon Bruce	52.47	Essendon
	Disq	M	Wojcik Darius		Essendon
		M	Cousins Duane		Bendigo YMCA
		M	Mark Blackwood		Ringwood
	Abs	M	Malcolm Bradley		Doncaster
		M	Shambrook Tim		Box Hill
		M	Coleman Mark		Bellarine
		M	Brooks Stephen		Ivanhoe

**Club races:**

<b>5km Open</b>	<b>Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time (m.s)</b>
	1	M	Deakes Nathan	23m11.7s
	2	M	Illingworth Richard	23.48
	3	M	Patterson Adam	24.35
	4	M	Riddock Clive	24.36
	5	M	Barrett Anthony	25.20
	6	M	Gardiner Robert	26.36
	7	M	Cooper Stuart	28.05
	8	M	Trapalis Nikolas	28.49
	9	M	Sawell Aaron	29.02
	10	M	Barrow Geoff	30.08
	11	M	Eames Jason	30.16
	12	M	Blackwell A	32.43
	Abs	M	Dickinson Murray	

<b>5km Open</b>	<b>Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time (m.s)</b>
	1	F	McDonald Heather	25.46
	2	F	Cassidy Kathy	26.54

3	F	Carrassi	Carmela	28.20
4	F	Jardine	Glenys	29.26
5	F	Hay	Shirley	29.27
6	F	Bonney	Kylie	31.03
7	F	Dwyer	Julie	31.31
8	F	Hay	Eileen	34.18
9	F	Anzil	Antonella	38.59
Abs				
	F	Hodgkinson	Peta	

<b>2km Under 12</b>	<b>Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time (m.s)</b>
	1	M	Keall	Haydn	11.23
	2	F	Jardine	Emma	14.04

<b>1km Under 9</b>	<b>Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time (m.s)</b>
	1	F	Jardine	C	6.21
	2	M	Bonney	R	10.45

**22 April 1995 The Boulevard Essendon**

<b>Open Women</b>	<b>10km Place</b>	<b>Sex</b>	<b>Essendon EMH Championship and Handicap</b>		<b>Actual Time</b>	<b>Points</b>	<b>Handicap</b>	<b>HCP Time</b>	<b>HCP Place</b>	<b>HCP Points</b>
	1	F	Wolowiec	Simone	49.06	5	7.18	41.48	3	5
	2	F	Bertei-Massie	Celia	52.42	4	11.38	41.04	2	6
	3	F	Cassidy	Kathy	56.10	3	12.47	43.23	4	7
	4	F	Carrassi	Carmela	60.45	2	20.00	40.45	1	2
	5	F	Hall	Penny	61.35	1	No recorded time			
	6	F	Osborne	Lee	61.45		18.19	43.26	5	3

<b>Open Men</b>	<b>10km Place</b>	<b>Sex</b>	<b>Essendon EMH Championship and Handicap</b>		<b>Actual Time</b>	<b>Points</b>	<b>Handicap</b>	<b>HCP Time</b>	<b>HCP Place</b>	<b>HCP Points</b>
	1	M	Kennedy	Paul	44.17	5	6.54	37.23	1	7
	2	M	Blackwood	Mark	46.55	4	4.27	42.28	8	2
	3	M	Bertei	Frank	48.29	3	6.41	41.48	6	2
	4	M	Knox	Duncan	49.06	2	5.59	43.07	9	2
	5	M	Dwyer	Marcus	50.20	1	6.08	44.12	10	2
	6	M	Dickinson	Murray	50.37		8.54	41.43	5	3
	7	M	Illingworth	Richard	51.14		9.13	42.01	7	2
	8	M	Dudon	Bruce	52.25		11.46	40.39	2	6
	9	M	McDonald	Lachlan	53.25		12.45	40.40	3	5
	10	M	Barrett	Anthony(Tony)	54.54		10.13	44.41	11	2
	11	M	Maslin	Brian	59.57		18.18	41.39	4	4
	12	M	Russell	Graham	60.40		No recorded time			2
	13	M	Barrow	Geoff	61.30		No recorded time			2

Open Women	5km Place	Sex	Essendon EMH Championship and Handicap		Actual Time	Points	Handicap	HCP Time	HCP Place	HCP Points
			Name							
	1	F	Muldoon	Wendy	22.50	5	No recorded time			2
	2	F	McDonald	Heather	25.40	4	4.50	20.50	5	3
	3	F	Arcadi	Vanessa	28.18	3	6.44	21.34	7	2
	4	F	Kozaris	Lisa	29.42	2	7.33	22.09	8	2
	5	F	May	Win	30.00	1	9.32	20.28	4	4
	6	F	Arcadi	Franca	31.20		8.29	22.51	9	2
	7	F	Dwyer	Julia	31.49		11.31	20.18	2	6
	8	F	Thomson	K	33.22		14.13	19.09	1	7
	9	F	Thomson	Chantelle	33.44		13.24	20.20	3	5
	10	F	Jones	Janice	34.45		13.22	21.23	6	2

Open Men	5km Place	Sex	Essendon EMH Championship and Handicap		Actual Time	Points	Handicap	HCP Time	HCP Place	HCP Points
			Name							
	1	M	Donahoo	Mark	23.58	5	0.56	23.02	6	2
	2	M	Walters	Stuart	25.18	4	4.52	20.26	2	6
	3	M	Paton	George	27.25	3	5.04	22.21	4	4
	4	M	Gardiner	Robert	28.00	2	4.51	23.09	7	2
	5	M	Anzil	Mauro	28.42	1	10.4	18.02	1	7
	6	M	Dwyer	Robert	28.50		5.54	22.56	5	3
	7	M	Trapalis	Nikolas	29.25		8.49	20.36	3	5
	8	M	Williams	Geoff	34.17		No recorded time			2

Under 12 Girls	2km Place	Sex	Essendon EMH Championship and Handicap		Actual Time	Points	Handicap	HCP Time	HCP Place	HCP Points
			Name							
	1	F	Anzil	Antonia	13.48	3	No recorded time			2
	2	F	McDonald	Kenna	14.02	2	3.45	10.17	3	3
	3	F	Arcadi	Anita	14.05	1	5.46	8.19	1	5

Under 12 Boys	2km Place	Sex	Essendon EMH Championship and Handicap		Actual Time	Points	Handicap	HCP Time	HCP Place	HCP Points
			Name							
	1	F	Keall	Haydn	12.10	1	2.23	9.47	2	4

Under 9	1km Place	Sex	Essendon EMH Championship and Handicap		Actual Time	Points	Handicap	HCP Time	HCP Place	HCP Points
			Name							
	1	M	Kozaris	Richard	5.14	2	1.31	3.43	2	3
	2	M	Bonney	R	9.58	1	6.45	3.13	1	4

29 April

1995

Knox Basin

Handicap Races

Open Women	10km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
	1	F	McDonald	Heather	55.12	5	13.29	41.43	2	6
	2	F	Carrassi	Carmela	60.39	4	20.00	40.39	1	7
	3	F	Jardine	Glenys	63.18	3	20.11	43.07	3	5
	abs									
		F	Hall	Penny						1
		F	Osborne	Lee						1

Open Men	10km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
	1	M	Dickinson	Murray	50.01	1	8.54	41.07	1	7
	2	M	Walters	Stuart	52.11	2	10.02	42.09	3	5
	3	M	Barrett	Anthony(Tony)	54.52	3	10.13	44.39	5	3
	4	M	Summers	Harold	58.33	4	14.15	44.18	4	4
	5	M	Russell	Graham	62.18	5	20.40	41.38	2	6
	disq									
		M	Vysma	Peter						1

Open Women	5km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
	1	F	Rosengrave	Tracey	26.26	5	6.20	20.06	3	5
	2	F	Cassidy	Kathy	26.55	4	5.52	21.03	7	2
	3	F	Kozaris	Lisa	28.24	3	7.33	20.51	6	2
	4	F	Kelly	Celia	29.02	2	7.27	21.35	9	2
	5	F	Arcadi	Franca	29.36	1	8.29	21.07	8	2
	6	F	May	Win	29.48		9.32	20.16	4	4
	7	F	Thomson	Chantelle	32.22		13.24	18.58	1	7
	8	F	Thomson	K	32.56		13.22	19.34	2	6
	9	F	Deakes	Naomi	33.51		11.24	22.27	10	2
	10	F	Hay	Eileen	34.49		14.07	20.42	5	3
	abs									
		F	Arcadi	Vanessa						1

Open Men	5km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
	1	M	Deakes	Nathan	23.30	5	2.50	20.40	8	2
	2	M	Illingworth	Richard	23.37	4	3.29	20.08	3	5
	3	M	McDonald	Lachlan	24.16	3	3.43	20.33	6	2
	4	M	Hawkins	Trenton	24.23	2	3.33	20.50	9	2
	5	M	Patterson	Adam	25.01	1	4.35	20.26	5	3
	6	M	Coleman	Mark	25.55		9.54	16.01	1	7

7	M	Paton	George	26.19		5.04	21.15	11	2
8	M	Anzil	Mauro	28.05		8.42	19.23	2	6
9	M	Trapalis	Nikolas	28.59		8.49	20.10	4	4
10	M	Cooper	Stuart	29.10		8.05	21.05	10	2
11	M	Bannon	Jim	31.20		No recorded time			2
12	M	Conboy	Bruce	31.42		20.38	20.38	7	2
13	M	Mercer	Daniel	32.56		No recorded time			2
14	M	Harvey	Richard	39.17		No recorded time			2

**Under 12 Boys**

2km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
1	M	Keall	Haydn	11.33	1	2.33	9.10	1	3

**Under 12 Girls**

2km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
1	F	Jardine	Emma	12.14	4	2.21	9.53	2	5
2	F	Anzil	Antonia	13.52	3	4.41	9.11	1	6
3	F	Arcadi	Anita	15.15	2	5.05	10.10	3	4
4	F	McDonald	Kenna	16.51	1	3.25	13.26	4	3

**Under 9 Girls**

1km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
1	F	Jardine	C	7	2	1.41	5.19	1	3

**Under 9 Boys**

1km Place	Sex	Name		Time (m/s)	Points	Handicap	HCP Nett	HCP place	HCP points
1	M	Kozaris	Richard	5.20	2	1.14	4.06	1	3

**7 May**

**1995**

**Knox Industrial Rushdale St, Knox  
2km circuit**

**AV Championship Races  
AV Schools Championships  
Victorian Veterans Titles**

**Open Men**

20km Place	Sex	Championship Name	(and Teams Race but no Winner)	Time
1	M	Waters	Ian	1h31m35s
2	M	Bertei	Frank	1h35m16s
3	M	Knox	Duncan	1h39m33s
4	M	Paterson	Adam	1h47m14s

	5	M	Dudon	Bruce	1h50m21s
<b>Open Women</b>	<b>10km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Muldoon	Wendy	46.20
	2	F	Schnyder	Sharon	47.32
	3	F	Wolowiec	Simone	47.45
	4	F	McDonald	Heather	51.57
	5	F	Massie-Bertei	Celia	52.28
	6	F	Cousins	Angela	54.44
<b>Open Men</b>	<b>5km Place</b>	<b>Sex</b>	<b>non-Championship Name</b>		<b>Time</b>
	1	M	Walters	Stuart	23.29
	2	M	Vysma	Peter	24.10
	3	M	Dwyer	Robert	27.54
<b>Open Women</b>	<b>5km Place</b>	<b>Sex</b>	<b>non-Championship Name</b>		<b>Time</b>
	1	F	Kozaris	Lisa	27.35
	2	F	Hay	Shirley	28.36
	3	F	Bonney	Kylie	31.25
	4	F	Hay	Eileen	34.30
<b>Under 20 Men</b>	<b>10km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Blackwood	Mark	44.35
	2	M	Dwyer	Marcus	45.05
<b>Under 20 Boys</b>	<b>10km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Blackwood	Mark	44.35
	2	M	Deakes	Nathan	45.23
	3	M	Malcolm	Bradley	51.47
<b>Under 19 Girls</b>	<b>10km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Rosengrave	Tracey	54.25
	2	F	Scott	Melissa	56.29
<b>Under 17</b>	<b>5km</b>		<b>Championship</b>		

Boys	Place	Sex	Name		Time
	1	M	Brooks	Stephen	22.59
	2	M	Hawkins	Trenton	23.2
	3	M	McDonald	Lachlan	25.33
	4	M	Blair	Matthew	33.44

Under 17 Girls	5km Place	Sex	Championship Name		Time
	1	F	Arcadi	Vanessa	27.22
	2	F	Etheridge	Emily	28.22
	3	F	Deakes	Naomi	30.57

Under 15	3km Place	Sex	Championship Name		Time
	1	M	McDade	Chris	15.34
	2	M	Harvey	Richard	17.36
	3	M	Harvey	Robert	17.41

Under 15	3km Place	Sex	Championship Name		Time
	1	F	Wapshott	Kellie	14.02
	2	F	McDade	Kellie-Ann	15.28
	3	F	Emmett	Jamie Lee	15.37
	4	F	Gleeson	L	15.47
	5	F	Cahill	R	16.37
	6	F	Hoile	Hannah	16.58
	7	F	Jardine	Emily	17.49
	8	F	Kirwan	G	19.18

Under 12	1500m Place	Sex	VRWC Championship Name		Time
	1	F	Gleeson	N	7.30
	2	F	Hodgkinson	L	8.27
	3	F	Blair	Emily	9.00
	4	F	Arcadi	Anita	9.51
	5	F	Emmett	S	10.09
	6	F	mcDonald	kenna	10.40

Under 12	2km Place	Sex	Championship Name		Time
	1	M	Kozaris	Richard	7.45

2 M Bonney R 16.34

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**13 May 1995 Birrarrung Park, Templestowe  
East Brunswick Club Championship**

<b>Veterans Women</b>	<b>12km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	McDonald	Heather	1h2m5s
	2	F	Kelly	Celia	1h8m1s
	3	F	Carrassi	Carmela	1h13m13s
	4	F	Jardine	Glenys	1h13m42s

<b>Veterans Men</b>	<b>12km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Dudin	Bruce	1h1m1s
	2	M	Summers	Harold	1h7m22s

<b>Open Men</b>	<b>12km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Dwyer	Marcus	56.39
	2	M	Illingworth	Richard	58.27
	3	M	Vysma	Peter	1h0m15s
	4	M	McDonald	Lachlan	1h7m21s
	5	M	Cooper	Stuart	Abs

<b>Veterans Women</b>	<b>6km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Cassidy	Kathy	31.49
	2	F	Arcadi	Franca	34.37
	3	F	Hall	Penny	34.59
	4	F	May	Win	34.59
	5	F	Hay	Eileen	41.01

<b>Open Women</b>	<b>6km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Russell	Yolanda	31.18
	2	F	Arcadi	Vanessa	33.18
	3	F	Hay	Shirley	35.44

<b>Veterans Men</b>	<b>6km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Barrett	Anthony	30.01
	2	M	Paton	George	30.55
	3	M	Russell	Graham	34.50
	4	M	Conboy	Bruce	38.11



	5	M	Williams	Geoff	40.44
<b>Open Men</b>	<b>6km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Dwyer	Robert	33.29
	2	M	Eames	Jason	35.30
<b>Under 18 Womens</b>	<b>4km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Rosengrave	Tracey	20.23
	2	F	Kozaris	Lisa	22.00
	3	F	Dwyer	Julia	24.17
	4	F	Deakes	Naomi	24.38
	5	F	Thomson	K	25.36
	6	F	Anzil	Antoina	28.59
<b>Under 18 Mens</b>	<b>4km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Duff	Andrew	23.59
	2	M	Harvey	Robert	24.07
	3	M	Harvey	Richard	27.51
<b>Open Mens</b>	<b>4km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
	1	M	Anzil	Mauro	22.00
<b>Under 12 Girls</b>	<b>2.5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Jardine	Emma	14.14
	2	F	Tarticchio	Marie	16.57
	3	F	Arcadi	Anita	17.03
<b>Under 12 Boys</b>	<b>2.5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Keall	Haydn	14.20
<b>Under 9 Girls</b>	<b>1.5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Jardine	C	10.13
<b>Under 9 Girls</b>	<b>1.5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Kozaris	Richard	7.53

21 May

1995

Knox Industrial Area  
VRWC Club Championships

Rushdale St, Knox

Open Men	35km Place	Sex	Championship Name		Time
	1	M	Thomas	Mark	3h9m04s
	2	M	Brooks	Stephen	3h21m44s
		M	Waters	Ian	Abs
		M	Knox	Duncan	Abs
		M	Gardiner	Robert	Abs
		M	Bertei	Frank	Abs
		M	Coleman	Mark	Abs
		M	Illingworth	Richard	Abs
		M	Vysma	Peter	Abs
		M	Summers	Harold	Abs

Open Men	20km Place	Sex	Name		Time
	1	M	Dickinson	Murray	1h40m42s
		M	Malcolm	Bradley	Abs
		M	Hawkins	Trenton	Abs

Open Womens	15km Place	Sex	Championship Name		Time
	1	F	Muldoon	Wendy	1h11m29s
	2	F	Wolowiec	Simone	1h11m44s
	3	F	McDonald	Heather	1h17m30s
	4	F	Cassidy	Kathy	1h23m21s
	5	F	Kelly	Celia	1h27m42s
	6	F	Osborne	Lee	1h29m33s
	7	F	Hall	Penny	1h30m09s
	8	F	Arcadi	Franca	1h32m04s
	9	F	carressi	Carmela	1h33m40s
	10	F	Lowther	S	1h44m59s

Under 20 Women:	15km Place	Sex	Championship Name		Time
	1	F	Rosengrave	Tracey	1h24m57s

Under 20 Men	15km Place	Sex	Championship Name		Time
	1	M	Deakes	Nathan	1h21m23s

Open Men 15km

	Place	Sex	Name		Time
		M	Walters	Stuart	Abs
		M	McDonald	Lachlan	Abs
		M	Paton	George	Abs
		M	Anzil	Mauro	Disq
<b>Open</b>	<b>10km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
	1	M	Barrett	Anthony	52.19
	2	F	Kozaris	Lisa	57.33
	3	F	Hay	Shirley	1h02m01s
	4	F	May	Win	1h03m46s
	5	F	Hay	Eileen	1h09m51s
		M	Johnson	Tony	Abs
<b>Under 16 Girls</b>	<b>5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Wapshott	Kellie	26.49
	2	F	McDade	Kellie-Ann	28.43
	3	F	Deakes	Naomi	30.42
	4	F	Sawyer	M	34.19
<b>Under 14 Girls</b>	<b>5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Anzil	Antonella	34.39
<b>Under 13 Girls</b>	<b>5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	F	Blair	Emily	34.19
<b>Under 16 Boys</b>	<b>5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Blair	Matthew	28.20
	2	M	Mercer	Daniel	28.37
	3	M	Harvey	Robert	32.05
<b>Under 13 Boys</b>	<b>5km Place</b>	<b>Sex</b>	<b>Championship Name</b>		<b>Time</b>
	1	M	Harvey	Richard	36.14

Under 12 Girls	2km Place	Sex	Championship Name		Time
	1	F	Blair	Emily	11.50
	2	F	Brown	K	12.15
	3	F	Tarticchio	Marie	12.52
	4	F	Lloyd	K	12.54
	5	F	Arcadi	Anita	14.35

Under 12 Boys	2km Place	Sex	Championship Name		Time
	1	M	McDade	Chris	10.26
	2	M	Kozaris	Richard	10.33
	3	M	Radney	Matthew	11.14

Under 9 Girls	1km Place	Sex	Championship Name		Time
	1	F	Emmett	S	6.29

**27 May 1995 Essendon Bike Track**

Open Women	12km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Carressi	Carmela	1h14m22s	1	25.13	49.09	2	6
	2	F	Arcadi	Vanessa	1h12m55s	2	25.00	47.55	1	7

Open Men	12km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Kennedy	Paul	56.30	1	No recorded time			2
	2	M	Dickinson	Murray	59.42	2	No recorded time			2
	3	M	Deakes	Nathan	1h02m51s	3	No recorded time			2
	4	M	Barrett	Anthony	1h03m41s	4	15.59	47.42	1	7
	5	M	Thomas	Mark	1h04m00s	5	6.00	58.00	2	6
	6	M	Gardiner	Robert	1h07m11s	6	No recorded time			2
		M	Coleman	Mark	Abs					1
		M	Donahoo	Mark	Abs					1
		M	Eames	Jason	Abs					1
		M	Illingworth	Richard	Abs					1
		M	Dudon	Bruce	Abs					1
		M	Summers	Harold	Abs					1
		M	Vysma	Peter	Abs					1

Open Men	4km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	McDonald	Lachlan	19.31	5	3.27	16.04	2	6
	2	M	Dwyer	Robert	21.00	4	4.25	16.35	3	5
	3	M	Mercer	Daniel	22.03	3	No recorded time			2
	4	M	Trapalis	Nikolas	22.11	2	No recorded time			2
	5	M	Duff	Andrew	23.38	1	5.59	17.39	6	2
	6	M	Anzil	Mauro	24.35		6.00	18.35	7	2
	7	M	Harvey	Robert	25.27		8.27	17.00	5	3
	8	M	Harvey	Richard	26.43		11.51	14.52	1	7
	9	M	Williams	Geoff	27.03		10.22	16.41	4	4

Open Women	4km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	McDonald	Heather	19.32	5	4.26	15.06	2	6
	2	F	Rosengrave	Tracey	20.29	4	4.23	16.06	6	2
	3	F	Russell	Yolanda	20.50	3	4.22	16.28	8	2
	4	F	Arcadi	Vanessa	21.01	2	5.16	15.45	4	4
	5	F	Cassidy	Kathy	21.15	1	6.11	15.04	1	7
	6	F	Kozaris	Lisa	22.40		5.43	16.57	9	2
	7	F	Deakes	Naomi	24.21		8.38	15.43	3	5
	8	F	Dwyer	Julia	24.25		8.17	16.08	7	2
	9	F	Thomson	K	25.28		9.36	15.52	5	3

Under 12 Girls	2km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Tarticchio	Marie	12.33	1	5.01	7.32	1	6
	2	F	Anzil	Antonella	13.21	2	4.41	8.40	2	5
	3	F	McDonald	Kenna	14.14	3	3.45	10.29	4	3
	4	F	Arcadi	Anita	14.46	4	5.05	9.41	3	4

Under 12 Boys	2km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Kozaris	Richard	10.53	1	No recorded time			2

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**4 June 1995 Barwon Valley 2km Circuit AV Championships  
Mens/Womens 15km Championships  
Country Championships**

**Open Men 15km Place Sex Name Championship and Teams race Time**

1	M	Cousins	Duane	1h06m59s	Bendigo YMCA
2	M	Blackwood	Mark	1h08m44s	Ringwood
3	M	Dwyer	Marcus	1h09m27s	Inavhoe
4	M	Knox	Duncan	1h10m31s	Essendon
5	M	Thomas	Mark	1h11m05s	Werribee
6	M	Illingworth	Richard	1h13m58s	Ivanhoe
7	M	Dudon	Bruce	1h16m53s	Essendon
	M	Donahoo	Mark	Abs	Collingwood

**Open Women**

**15km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	F	Muldoon	Wendy	1h11m17s	Knox Sherbrook
2	F	Schnyder	Sharon	1h12m47s	Wendouree
3	F	Wolowiec	Simone	1h14m37s	Knox Sherbrook
4	F	McDonald	Heather	1h17m25s	Warragul
	F	Rosengrave	Tracey	Abs	Knox Sherbrook

**Open Men**

**10km  
Place**

**Sex**

**Country Championship  
Name**

**Time**

1	M	Cousins	Duane	45.09	Bendigo YMCA
2	M	Coleman	Mark	51.34	Bellarine
3	M	Biggins	Daryl	55.45	Ballarat YCW
4	M	Blood	A	1h01m20s	Ballarat YCW

**Open Women**

**10km  
Place**

**Sex**

**Country Championship  
Name**

**Time**

1	F	Schnyder	Sharon	47.34	Wendouree
2	F	McDonald	Heather	50.35	Warragul
	F	Cousins	Angela	Abs	Bendigo YMCA

**Under 20 Mens**

**5km  
Place**

**Sex**

**Country Championship  
Name**

**Time**

1	M	Bradley	A	23.30	Ballarat YCW
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**Under 20 Women:**

**5km  
Place**

**Sex**

**Country Championship  
Name**

**Time**

1	F	Cousins	Angela	27.00	Bendigo YMCA
2	F	Coleman	Christy	29.11	South Barwon

**Under 18 Mens**

**5km  
Place**

**Sex**

**Country Championship  
Name**

**Time**

	1	M	Deakes	Nathan	22.31	Bellarine
	2	M	McDonald	Lachlan	25.17	Warragul
<b>Under 18 Women:</b>	<b>5km Place</b>	<b>Sex</b>	<b>Country Championship Name</b>		<b>Time</b>	
	1	F	Russell	Yolanda	26.06	Geelong Guild
<b>Under 16 Mens</b>	<b>3km Place</b>	<b>Sex</b>	<b>Country Championship Name</b>		<b>Time</b>	
	1	M	Thorne	David	15.03	Corio
	2	M	Blair	Matthew	16.55	Geelong Guild
	3	M	Harvey	Robert	17.32	South Barwon
<b>Under 16 Women:</b>	<b>3km Place</b>	<b>Sex</b>	<b>Country Championship Name</b>		<b>Time</b>	
	1	F	McGinniskin	B	15.24	Maryborough
	2	F	Gleeson	L	15.28	Bendigo YMCA
	3	F	Etheridge	Emily	16.17	Wendouree
	4	F	Deakes	Naomi	17.13	Bellarine
	5	F	Sawyer	M	19.04	Deakin
<b>Under 14 Mens</b>	<b>3km Place</b>	<b>Sex</b>	<b>Country Championship Name</b>		<b>Time</b>	
	1	M	Harvey	Richard	17.58	South Barwon
	2	M	Sawall	Aaron	26.51	Ballarat
<b>Under 14 Women:</b>	<b>3km Place</b>	<b>Sex</b>	<b>Country Championship Name</b>		<b>Time</b>	
	1	F	Hoile	M	16.59	South Bendigo
			Cahill	R	DNS	Bendigo YMCA

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**17 June 1995 Knox Basin, She Handicap Races**

Open Women	10km Place	Sex	Name	Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points	
	1	F	McDonald	Heather	51.49	5	13.29	38.20	1	7
	2	F	Woodward	Kathy	60.21	4	20.59	39.22	2	6
Open Men	10km Place	Sex	Name	Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points	

1	M	Blackwood	Mark	44.13	5	4.27	39.46	2	6
2	M	Dickinson	Murray	48.23	4	8.54	39.29	1	7
3	M	Vysma	Peter	Disq					

### Open Women

5km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
1	F	Arcadi	Vanessa	26.46	5	6.44	20.02	4	7
2	F	Cassidy	Kathy	26.54	4	5.52	21.02	6	6
3	F	Kozaris	Lisa	27.59	3	7.33	20.26	5	5
4	F	Kelly	Celia	28.40	2	7.27	21.13	8	4
5	F	May	Win	28.52	1	9.32	19.20	2	3
6	F	Hay	Shirley	29.08		9.27	19.41	3	2
7	F	Thompson	K	31.14		12.56	18.18	1	2
8	F	Hay	Eileen	35.19		14.07	21.12	7	2

### Open Men

5km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
1	M	McDonald	Lachlan	23.57	5	3.43	20.14	4	4
2	M	Barrett	Anthony	24.15	4	3.45	20.30	6	2
3	M	Johnson	Tony	25.58	3	4.57	21.01	7	2
4	M	Paton	George	26.34	2	5.04	21.30	8	2
5	M	Mercer	Daniel	27.54	1	8.27	19.27	2	6
6	M	Harvey	Robert	30.01		10.28	19.33	3	5
7	M	Summers	Harold	30.37		5.53	24.44	9	2
8	M	Harvey	Richard	30.55		16.14	14.41	1	7
9	M	Conboy	Bruce	31.30		11.04	20.26	5	3

### Under 12 Girls

2km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
1	F	McDonald	Kenna	16.30	2	3.45	12.45	2	3
2	F	Arcadi	Anita	17.12	1	5.05	12.07	1	4

### Under 12 Boys

2km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
1	M	Kozaris	Richard	12.57	2	1.33	11.24	1	4

24 June

1995

Albert Park, near Boat Shed, 1km laps

### Open Women

8km Place	Sex	Name	Time (m.s)
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1	F	Russell	Yolanda	43.21
2	F	Thomson	K	50.50

**Open Men**

<b>8km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
1	M	Deakes	Nathan	37.4
2	M	Dickinson	Murray	38.23
3	M	Barrett	Anthony	39.44
4	M	Dudon	Bruce	40.12
5	M	Coleman	Mark	42.18
6	M	Russell	Graham	46.39
7	M	Barrow	Geoff	47.42
8	M	Conboy	Bruce	50.26
9	M	Anzil	Mauro	50.42
	M	Illingworth	Richard	Abs
	M	Eames	Jason	Abs

**Open Women**

<b>5km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
1	F	Vanstan	Carolyn	24.17
2	F	McDonald	Heather	24.28
3	F	Rosengrave	Tracey	24.48
4	F	Arcadi	Vanessa	26.53
5	F	Kelly	Celia	27.13
6	F	Deakes	Naomi	29.23
7	F	Hay	Shirley	29.42
8	F	Carrassi	Carmela	30.54
9	F	Hay	Eileen	34.24

**Open Men**

<b>5km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
1	M	McDonald	Lachlan	24.16
2	M	Mercer	Daniel	26.51
3	M	Harvey	Robert	29.27
4	M	Williams	Geoff	33.44
5	M	Harvey	Richard	Abs

**2 July**

**1995**

**King of the Mountain, near Whittlesea Country Club  
Uphill course of 9.8km**

**Open**

<b>8km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
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1	M	Thomas	Mark	50.13
2	F	Muldoon	Wendy	51.28
3	M	Illingworth	Richard	51.29
4	M	Deakes	Nathan	51.50
5	M	Knox	Duncan	52.03
6	F	Wolowiec	Simone	52.19
7	M	Dwyer	Marcus	52.25
8	M	Dudon	Bruce	55.17
9	M	Hawkins	Trenton	56.47
10	M	Malcolm	Bradley	58.22
11	M	Dwyer	Robert	63.32
12	M	Coleman	Mark	67.53
13	M	Brooks	Stephen	68.04
14	F	Deakes	Naomi	68.05
15	M	Eames	Jason	68.11

**8 July 1995 Essendon Bike Track. Off Maribynong Rd Handicap Races**

Open Women	12km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Arcadi	Franca	73.08	5	24.55	48.13	1	7
Open Men	12km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Knox	Duncan	58.34	5	7.20	51.14	3	5
	2	M	Dudon	Bruce	59.43	4	13.01	46.42	1	7
	3	M	Coleman	Mark	60.46	3	12.00	48.46	2	6
	4	M	Vysma	Peter	63.35	2	12.15	51.20	4	4
		M	Deakes	Nathan	Abs					1
		M	Blair	Matthew	Abs					1
Open Women	6km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Thomson	K	39.12	5	14.56	24.16	1	7
Open Men	6km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Dwyer	Marcus	28.08	5	3.30	24.38	3	5
	2	M	Barrett	Anthony	30.07	4	5.38	24.29	2	6
	3	M	McDonald	Lachlan	30.07	3	4.30	25.37	4	4
	4	M	Conboy	Bruce	38.17	2	14.11	24.06	1	7

Open Women	4km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Rosengrave Tracey		19.53	5	4.23	15.3	1	7
	2	F	Arcadi Vanessa		20.48	4	5.01	15.47	2	6
	3	F	Russell Yolanda		21.33	3	4.22	17.11	5	3
	4	F	Kozaris Lisa		22.08	2	5.43	16.25	3	5
	5	F	Dwyer Julia		25.13	1	8.17	16.56	4	4

Open Men	4km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Dwyer Robert		21.23	5	4.25	16.58	3	5
	2	M	Duff Andrew		21.59	4	7.38	14.21	2	6
	3	M	Mercer Daniel		23.19	3	6.03	17.16	4	4
	4	M	Harvey Richard		23.29	2	10.43	12.46	1	7
	5	M	Harvey Robert		28.02	1	8.27	19.35	5	3

Under 12 Girls	2km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	F	Arcadi Anita		13.22	1	5.05	8.17	1	3

Under 12 Boys	2km	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Kozaris Richard		10.40	1	1.33	9.07	1	3

**16 July 1995 Knox Industrial Rushdale St, Knox**  
**Circuit: 2km for 30km, 20km, 10km, 8km, 4km**  
**Circuit: 3x1km for 3km, 1x1km for 1km+2x2km for 5km**

**AV Championship Races**

Open Men	30km Place	Sex	Championship Name		Time	
	1	M	Cousins Duane		2h21m38s	Bendigo YMCA
	2	M	Thomas Mark		2h25m04s	Werribee
	3	M	McGrath Dominic		2h27m18s	Glenhuntley
	4	M	Knox Duncan		2h35m28s	Essendon
		M	Coleman Mark		Abs	Bellarine
		M	Illingworth Richard		Abs	Ivanhoe
		M	Donohoo Mark		Dns	Collingwood

**Open Women 20km Championship**

	Place	Sex	Name		Time	
Open	1	F	Muldoon	Wendy	1h37m33s	Knox
	2	F	Wolowiec	Simone	1h39m22s	Knox
	3	F	Jardine	Glenys	2h11m14s	Ringwood
		F	Schnyder	Sharon	Dns	Wendouree
Open	5km Place	Sex	Sex	Name	Time	
	1	M		Sawall	23.41	
	2	M		Barrett	26.46	
	3	F		Arcadi	28.55	
Under 20 Men	20km Place	Sex	Championship Name		Time	
	1	M	Dwyer	Marcus	1h38m48s	Ivanhoe
M		Blackwood	Mark	Disq		Knox
Under 20 Women	10km Place	Sex	Championship Name		Time	
	1	F	Rosengrave	Tracey	51.55	Knox
Under 20 Women	2	F	Cousins	Angela	55.26	Bendigo YMCA
	Under 18 Women	8km Place	Sex	Championship Name		Time
1		F	Russell	Yolanda	42.06	Geelong
Under 18 Women	2	F	Scott	Melissa	42.31	Doncaster
	3	F	Thomson	K	52.52	Waverley
Under 18 Mens	8km Place	Sex	Championship Name		Time	
	1	M	Deakes	Nathan	36.09	Bellarine
	2	M	Hawkins	Trenton	38.07	Preston
	3	M	Malcolm	Bradley	39.28	Doncaster
Under 18 Mens	4	M	McDonald	Lachlan	39.57	Warragul
	Under 16 Girls	4km Place	Sex	Championship Name		Time
1		F	Arcadi	Vanessa	20.21	Knox
2		F	McGinniskin	Bridget	20.29	Maribyrnong
3		F	Gleeson	L	20.59	Bendigo
Under 16 Girls	4	F	Kozaris	Lisa	21.16	Knox

5	F	McDade	Kellie-Ann	22.23	Ringwood
6	F	Etheridge	Emily	22.36	Wendouree
7	F	Deakes	Naomi	22.56	Bellarine
8	F	Wapshott	Kellie	23.33	Knox
9	F	Thomson	Chantelle	26.13	Knox

**Under 16 Boys**

**4km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	M	Thorne	David	19.17	Corio
2	M	Blair	Matthew	21.55	Geelong
3	M	Mercer	Daniel	22.55	Sandringham
4	M	Harvey	Robert	23.29	South Barwon

**Under 16 Girls**

**3km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	F	Cahill	R	16.11	Bendigo YMCA
2	F	Hoile	Hannah	16.58	South Bendigo
	F	Anzil	Antonella	Dns	East brunswick

**Under 14 Boys**

**3km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	M	Sawall	Aaron	15.52	Ballarat
2	M	Harvey	Richard	17.38	South Barwon
	M	McDade	Chris	Disq	Knox

**Under 12 Girls**

**2km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	F	Emmett	Jamie-Lee	11.28	
2	F	Blair	Emily	12.34	
3	F	Jardine	C	12.49	
4	F	Arcadi	Anita	13.25	

**Under 12 Girls**

**2km  
Place**

**Sex**

**Invitation  
Name**

**Time**

1	F	Gleeson	N	10.10	
2	F	Emmerson	J	11.40	
3	F	Hodgkinson	L	12.04	
4	F	Lloyd	K	12.57	

**Under 12 Boys**

**2km  
Place**

**Sex**

**Championship  
Name**

**Time**

1	M	Kozaris	Richard	10.10
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**29 July**

**1995**

**Partners Race**

**Birrurung park**

**Partners Result**

<b>5km</b>	Vanessa	Arcadi	Daniel	Mercer
<b>10km</b>	Marcus	Dwyer	Graham	Russell

**Open Men**

<b>10km Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
1	M	Dwyer Marcus	45.17
2	M	Malcolm Bradley	48.37
3	M	Barrett Anthony	48.59
4	M	Russell Graham	57.42

**Open Women**

<b>10km Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
1	F	Jardine Glenys	63.38

**Open Men**

<b>5km Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
1	M	Dwyer Robert	26.24
2	M	Mercer Daniel	26.57
3	M	Eames Jason	28.19
4	M	Harvey Robert	28.30
5	M	Harvey Richard	33.00
6	M	Williams Geoff	33.51

**Open Women**

<b>5km Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
1	F	Rosengrave Tracey	25.21
2	F	Arcadi Vanessa	26.27
3	F	Scott Melissa	27.00
4	F	Carrassi Carmela	29.47
5	F	Dwyer Julia	30.54
6	F	Heacherill S	31.31

**Under 12**

<b>3km Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
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	1	F	Jardine	Emma	20.07
	2	F	Arcadi	Anita	21.33
<b>Under 9</b>	<b>1.5km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time</b>
	1	F	Jardine	C	9.19

**5 August 1995 Collingwood Track**

<b>Open Men</b>	<b>1 Hour Place</b>	<b>Walk Sex</b>	<b>Name</b>		<b>Distance(Km)</b>
	1	M	McGrath	Dominic	12.885
	Eq2	M	Blackwood	Mark	12.606
	Eq2	M	Deakes	Nathan	12.606
	Eq2	M	Dwyer	Marcus	12.606
	5	M	Malcolm	Bradley	11.331
	6	M	Vysma	Peter	10.852
	7	M	Gardiner	Robert	10.462
	8	M	Brooks	F (Stephen?)	10.103
	9	M	Eames	Jason	10.051
	10	M	Williams	Geoff	8.796

<b>Open Women</b>	<b>1 Hour Place</b>	<b>Walk Sex</b>	<b>Name</b>		<b>Distance(Km)</b>
	1	F	Muldoon	Wendy	12.699
	2	F	Blythe	Gabrielle	12.450
	3	F	Rosengrave	Tracey	11.217
	4	F	Arcadi	Vanessa	10.593
	5	F	Arcadi	Franca	10.178

<b>Open Women</b>	<b>2 Hour Place</b>	<b>Walk Sex</b>	<b>Name</b>		<b>Distance(Km)</b>
	1	F	Cousins	Angela	20.029

<b>Open Men</b>	<b>2 Hour Place</b>	<b>Walk Sex</b>	<b>Name</b>		<b>Distance(Km)</b>
		M	Illingworth	Richard	dnf
		M	Coleman	Mark	dnf
		M	Thomas	Mark	dnf

**Records Broken or Set**

<b>5km U17-U16-U15 Victorian</b>	Arcadi	Vanessa	26.18
<b>1 hour Open Country</b>	Blythe	Gabrielle	12.450
<b>10km Open Country</b>	Blythe	Gabrielle	47m21.95s
<b>2 Hour U20 Country</b>	Cousin	Angela	20.029
<b>20km U20 Country</b>	Cousin	Angela	1h59m49s
<b>10km U18 Country</b>	Deakes	Nathan	44m52.9s

**12 August 1995 Albert Park Handicap Races  
Near Sth Melbourne Football Ground**

Open Men	10km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Malcolm	Bradley	51.05	5	8.01	43.04	2	6
	2	M	Gardiner	Robert	57.13	4	10.45	46.28	3	5
	3	M	Conboy	Bruce	64.55	3	26.53	38.02	1	7
	4	M	Maslin	Brian	Abs					1
		M	Illingworth	Richard	Abs					1

Open Women	5km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points	
	1	F	McDonald	Heather	26.14	5		4.28	21.46	7	2
	2	F	Rosengrave	Tracey	26.33	4		4.48	21.45	6	2
	3	F	Arcadi	Vanessa	27.31	3		6.27	21.04	Eq3	4.5
	4	F	Cassidy	Kathy	27.39	2		5.52	21.47	8	2
	5	F	Kelly	Celia	27.47	1		7.13	20.34	2	6
	6	F	Kozaris	Lisa	28.00			7.33	20.27	1	7
	7	F	Carrassi	Carmela	28.58			7.54	21.04	Eq3	4.5
	8	F	Dwyer	Julia	32.31			10.54	21.37	5	3
	9	F	Travers	A	32.32		Unfinancial				
		F	Blair	Emily	Abs						1

Open Men	5km Place	Sex	Name		Time (m/s)	Points	HCP	HCP Nett	HCP place	HCP points
	1	M	Barrett	Anthony	24.16	5	3.45	20.31	3	5
	2	M	McDonald	Lachlan	25.27	4	3.43	21.44	7	2
	3	M	Brooks	Stephen	25.46	3	2.53	22.53	8	2
	4	M	Dwyer	Robert	27.02	2	5.54	21.08	5	3
	5	M	Eames	Jason	27.27	1	6.48	20.39	4	4
	6	M	Blair	Matther	27.48		8.20	19.28	1	7
	7	M	Harvey	Robert	29.55		8.30	21.25	6	2
	8	M	Harvey	Richard	31.05		10.55	20.10	2	6
	9	M	Anzil	Mauro	31.31		8.05	23.26	9	2



	10	M	Mercer	Daniel	Abs					1
	11	M	Paton	George	Abs					1
<b>Under 12 Boys</b>	<b>2km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time (m/s)</b>	<b>Points</b>	<b>HCP</b>	<b>HCP Nett</b>	<b>HCP place</b>	<b>HCP points</b>
	1	M	Kozaris	Richard	10.20	1	1.33	8.47	1	3
<b>Under 12 Girls</b>	<b>2km Place</b>	<b>Sex</b>	<b>Name</b>		<b>Time (m/s)</b>	<b>Points</b>	<b>HCP</b>	<b>HCP Nett</b>	<b>HCP place</b>	<b>HCP points</b>
	1	F	Anzil	Antonella	13.47	2	4.21	9.26	1	4
	2	F	Arcadi	Anita	14.46	1	4.22	10.24	2	3

**3 September 1995 Laps of the Maribyrnong River VRWC Championships  
Chifley Drive, Maribyrnong**

<b>Open Men</b>	<b>3 Laps Place</b>	<b>Sex</b>	<b>Championship Name</b>	<b>Time</b>
	1	M	Kennedy Paul	64.52
	2	M	Knox Duncan	66.38
	3	M	Wood R	78.33
	4	M	Conboy Bruce	82.01
		M	Russell Graham	Abs
		M	Vysma Peter	Disq

<b>Open Women</b>	<b>2 Laps Place</b>	<b>Sex</b>	<b>Championship Name</b>	<b>Time</b>
	1	F	McDonald Heather	45.31
	2	F	Russell Yolanda	46.40
	3	F	Arcadi Yolanda	46.59
	4	F	Arcadi Franca	48.07
	5	F	Carrissi Carmela	50.18
	6	F	Cassidy Kathy	50.37

<b>Open Men</b>	<b>2 Laps Place</b>	<b>Sex</b>	<b>Name</b>	<b>Time</b>
	1	M	Donahoo Mark	37.44
	2	M	Gardiner Robert	44.18
	3	M	McDonald Lachlan	44.51
	4	M	Paton George	49.20
	5	M	Maslin Brian	49.26

Open	1 Lap Place	Sex	Name		Time
	1	M	Malcolm	Bradley	18.24
	2	M	Hawkins	Trenton	18.49
	3	F	Rosengrave	Tracey	20.36
	4	M	Mercer	Daniel	21.29
	5	F	Kozaris	Lisa	21.56
	6	M	Eames	Jason	23.37
	7	M	Harvey	Robert	27.59
	8	M	Harvey	Richard	27.59

Under 12 Boys	2km Place	Sex	Name		Time
	1	M	Kozaris	Richard	11.40

Under 12 Girls	2km Place	Sex	Name		Time
	1	F	McDonald	Kenna	15.44

**11 September 1995 Knox Industrial Area Victoria**

**Australian Road Walking Championships & Veterans**

Open Men	50km Place	Sex	50km Championship		Time	
			Name			
	1	M	Cousins	Duane	4h15m14s	VIC
	2	M	Ludwig	Andrew	4h34m03s	QLD
	3	M	Pearson	Shane	4h35m45s	QLD
	4	M	Jimenez	Ignacio	4h40m36s	QLD
	5	M	Bennett	Peter	4h42m47s	QLD
	6	M	Knox	Keith	4h43m21s	NSW
	7	M	Coleman	Mark	5h01m26s	VIC
	8	M	Beveridge	Steel	5h56m19s	NSW

Teams: 1st Queensland

Under 14 Boys	3km Place	Sex	3km Championship		Time	
			Name			
	1	M	Breckon	Darren	15m30.8s	NSW
	2	M	Davey	Tyson	16m25.1s	SA
	3	M	Armstrong	William	16m40.0s	QLD

	4	M	Bryson	Peter	17m31.1s	SA	
<b>Under 14 Girls</b>	<b>3km Place</b>	<b>Sex</b>	<b>3km Championship Name</b>		<b>Time</b>		
	1	F	McAskill	Renee	15m10.5s	NSW	
	2	F	Hollaway	Tanya-Marie	15m19.0s	WA	
	3	F	White	Carly	15m56.2s	SA	
	4	F	Hoile	Hannah	16m40.6s	VIC	
	5	F	Dodds	Rachael	16m44.5s	NSW	
	6	F	Hooper	Tracey	17m17.0s	SA	
	7	F	Coker	Michelle	17m35.6s	NSW	
<b>Under 20 Women</b>	<b>10km Place</b>	<b>Sex</b>	<b>10km Championship Name</b>		<b>Time</b>		
	1	F	Webb	Cheryl	51m12.1s	NSW	
	2	F	Crooks	Jennifer	51m50.7s	SA	
	3	F	Rosengrave	Tracey	55m01.4s	VIC	
	4	F	Cattermole	Sarah	59m00.0s	WA	
	5	F	Cousins	Angela	59m55.7s	VIC	
<b>Under 16 Men</b>	<b>5km Place</b>	<b>Sex</b>	<b>5km Championship Name</b>		<b>Time</b>		
	1	M	Sundstrom	Troy	23m12.7s	NSW	
	2	M	Jenkinson	Zane	25m30.8s	QLD	
	3	M	Little-Overton	Timothy	25m54.6s	NSW	
	4	M	McAllister	David	26m11.6s	QLD	
	5	M	Hubbard	Greg	28m44.2s	NSW	
	6	M	Mercer	Daniel	29m00.3s	VIC	
<b>Under 16 Women</b>	<b>5km Place</b>	<b>Sex</b>	<b>5km Championship Name</b>		<b>Time</b>		<b>Points</b>
	1	F	McAskill	Renee	25m54.6s	NSW	1
	2	F	McGinniskin	Bridgid	27m23.0s	VIC	2
	3	F	Crooks	Natalie	28m03.0s	SA	3
	4	F	Holloway	Tanya-Marie	28m15.6s	WA	
	5	F	Davey	Bianca	28m39.7s	SA	4
	6	F	Arcadi	Vanessa	28m49.4s	VIC	5
	7	F	Swann	Paula	29m25.5s	NSW	6
	8	F	Deakes	Naomi	29m34.9s	VIC	7
	9	F	Ellis	Nicole	30m00.5s	NSW	8
	10	F	Nilon	Catherine	30m24.4s	NSW	
	11	F	Grinter	Michelle	30m31.2s	SA	9
	12	F	Dodds	Rachel	30m39.5s	NSW(AC)	

13	F	Woods	Claire	30m59.0s	SA
14	F	Davis	Carmon	31m14.2s	NSW(EM)
15	F	Jurgowaik	Heidi	31m23.1s	SA

Teams: VIC 14 NSW 15 SA 16

Under 18 Men	8km Place	Sex	8km Championship Name		Time	
	1	M	Murphy	Liam	35m44.2s	SA
	2	M	Bown	Jason	36m06.3s	SA
	3	M	Malcolm	Bradley	36m48.0s	VIC
	4	M	Hobbess	Scott	37m08.0s	NSW
	5	M	Hawkins	Trenton	40m58.0s	VIC
	6	M	Pearson	Michael	Disq	NSW

Under 18 Women	8km Place	Sex	8km Championship Name		Time	
	1	F	Saville	Natalie	37m09.7s	NSW
	2	F	Kara-Ali	Lara	41m14.2s	SA
	3	F	Russell	Yolanda	45m55.5s	VIC

Open Women	20km Place	Sex	20km Championship Name		Time	
	1	F	Manning	Anne	1h36m04s	NSW
	2	F	Letherby	Theresa	1h37m34s	QLD
	3	F	Barbour	Jane	1h40m00s	SA
	4	F	Muldoon	Wendy	1h42m32s	VIC
	5	F	Blythe	Gabrielle	1h48m38s	VIC
	6	F	Rogers	Alanna	1h50m28s	TAS
	7	F	Tonti-Filippina	Justine	2h02m41s	WA

Under 20 Men	20km Place	Sex	20km Championship Name		Time	
	1	M	Adams	Luke	1h37m28s	NSW
	2	M	Bone	Christian	1h46m19s	WA
	3	M	Dwyer	Marcus	1h48m04s	VIC
	4	M	Dalton	Aaron	1h48m26s	QLD
	5	M	Watt	Graeme	1h53m31s	WA
	6	M	Collis	Luke	1h56m19s	NSW
	7	M	O'Mara	Damien	1h59m25s	NSW