

VRWC Records

Edited and Created by Tim Erickson and Terry Swan

Creation Date 01-Oct-10
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Tab legend

1km is ROAD Event
1000m Track Event
2km is Road Event
2000m is Track Event



VRWC CLUB RECORDS

Last Updated: Tim Erickson, 25/06/2015

1KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:05:06	07/06/2015	RWA LBG Carnival	Canberra	31/07/2006	8
U10 BOYS	Corey Dickson	0:05:03	10/06/2012	RWA LBG Carnival	Canberra	19/07/2002	9
U11 BOYS	Corey Dickson	0:05:03	10/06/2012	RWA LBG Carnival	Canberra	19/07/2002	9
U12 BOYS	Kyle Swan	0:04:44	23/05/2010	VRWC Club Race	Middle Park	28/03/1999	11
1KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Georgia Bertrand	0:05:21	07/06/2009	RWA LBG Carnival	Canberra	12/07/2000	8
U10 GIRLS	Brodie Richardson	0:05:06	13/06/2010	RWA LBG Carnival	Canberra	05/12/2000	9
U11 GIRLS	Brodie Richardson	0:05:06	13/06/2010	RWA LBG Carnival	Canberra	05/12/2000	9
U12 GIRLS	Paige De Lisen	0:05:04	23/05/2010	VRWC Club Race	Middle Park	09/10/1998	11

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

1.5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:08:11	05/07/2014	VRWC Club Races	Middle Park	31/07/2006	7
U10 BOYS	Harry Hockley-Samon	0:07:50	13/07/2010	VRWC Club Races	Middle Park	18/10/2000	9
U11 BOYS	Corey Dickson	0:07:18	30/06/2013	VRWC Club Champs	Middle Park	19/07/2002	10
U12 BOYS	Corey Dickson	0:07:18	30/06/2013	VRWC Club Champs	Middle Park	19/07/2002	10
U13 BOYS	Corey Dickson	0:07:18	30/06/2013	VRWC Club Champs	Middle Park	19/07/2002	10
U14 BOYS	Connor McShanag	0:07:04	06/02/2010	AV Shield Region Final	Moonee Valley	26/06/1996	13
U15 BOYS	Lucas Taylor	0:07:03	15/12/2010	VRWC Club Races	Clifton Hill	30/06/1996	14
U16 BOYS							
U17 BOYS							
U18 BOYS							
U20 MEN							
U23 MEN							
OPEN MEN							
M35+							
M40+							
M45+							
M50+							
M55+							
M60+							
M65+							
M70+							
M75+							
M80+							
M85+							
M90+							

1.5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Brianna Lillie	0:08:37	24/07/2010	VRWC Club Races	Middle Park	30/12/2001	8
U10 GIRLS	Georgia Bertrand	0:08:05	27/06/2010	VRWC Club Races	Middle Park	12/07/2000	9
U11 GIRLS	Darcey Roberts	0:07:37	12/05/2018	VRWC Club Races	Middle Park	15/09/2007	10
U12 GIRLS	Darcey Roberts	0:07:37	12/05/2018	VRWC Club Races	Middle Park	15/09/2007	10
U13 GIRLS	Darcey Roberts	0:07:37	12/05/2018	VRWC Club Races	Middle Park	15/09/2007	10
U14 GIRLS							
U15 GIRLS							
U16 GIRLS							
U17 GIRLS							
U18 GIRLS							
U20 WOMEN							
U23 WOMEN							
OPEN WOMEN							
W35+							
W40+							
W45+							
W50+							
W55+							
W60+							
W65+	Heather Carr	0:07:54	13/06/2015	VRWC Club Races	Middle Park	13/08/1949	65
W70+							
W75+							
W80+							
W85+							
W90+							

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

1500M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Unclaimed						
U11 BOYS	Nikola Mandic	7.28.8	30/11/2013	AV Shield	Knox	23/01/2003	10
U12 BOYS	Nikola Mandic	06:57.4	20/12/2014	AV Shield	Casey Fields, Melb	23/01/2003	11
U13 BOYS	Travis Harbour	6.44.1	12/11/1988	Victorian Interclub Competition	Knox	12/12/1975	12
U14 BOYS	Travis Harbour	6.25.1	30/11/1989	Victorian Interclub Competition	Knox	12/12/1975	13
U15 BOYS	Stephen Brooks	5.48.0	27/03/1994		Olympic Park, Melb	16/05/1979	14
U16 BOYS	Stephen Brooks	5.42.7	26/03/1995		Olympic Park, Melb	16/05/1979	15
U17 BOYS	Stephen Brooks	5.42.7	26/03/1995		Olympic Park, Melb	16/05/1979	15
U18 BOYS	Dion Russell	5.38.8	26/10/1992		Olympic Park, Melb	8/05/1975	17
U20 MEN	Jesse Osborne	05:19.54	23/03/2014	VRWC Track Race	Mentone	21/01/1995	19
U23 MEN	Jesse Osborne	05:19.54	23/03/2014	VRWC Track Race	Mentone	21/01/1995	19
OPEN MEN	David Smith	5.19.1	07/02/1981		Olympic Park, Melb	24/07/1955	25
M35+	Daniel Walters	06:09.7	25/03/2018	VMA 1500m Championship	Doncaster	19/12/1979	38
M40+	Paul Kennedy	6.15.0	3/02/2001		Aberfeldie	3/04/1957	43
M45+	Paul Kennedy	6.14.3	2004		Aberfeldie	3/04/1957	47
M50+	Andrew Jamieson	6.21.1	4/03/1999		East Burwood	13/06/1946	52
M55+	Murray Dickinson	6.44.1	7/10/1995		Olympic Park, Melb	22/08/1938	56
M60+	Andrew Jamieson	6.52.5	9/03/2008		Olympic Park, Melb	13/06/1946	61
M65+	Andrew Jamieson	06:52.6	25/03/2012	VMA T&F Championships	Doncaster	13/06/1946	65
M70+	Ralph Bennett	08:00.4	6/04/2012	AMA T&F Championships	Lakeside Stadium, AP	26/12/1941	70
M75+	Bob Gardiner	7.57.44	3/04/2011	Victorian Masters T&F Champs	Doncaster	22/03/1936	75
M80+	unclaimed						
M85+	George Knott	12.04.6	7/10/1995		Olympic Park	24/03/1905	85
M90+	unclaimed						

1500M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Hayley Woolfe	9.07.1	2/02/2013	AV Shield Competition	Cranbourne East	23/12/2003	9
U11 GIRLS	Rebecca Henderson	07:45.84	24/03/2012	LAVic State Championships	Bendigo	4/07/2001	10
U12 GIRLS	Rebecca Henderson	0:07:17	24/03/2013	LAVic State Championships	Bendigo	4/07/2001	11
U13 GIRLS	Rebecca Henderson	6.48.79	29/03/2014	Victorian Little Athletics T&F Champ	Lakeside, Melb	4/07/2001	12
U14 GIRLS	Jemima Montag	6.44.36	19/03/2011	Victorian T&F Champs - 1500m U14	Olympic Park, Melb	15/02/1998	13
U15 GIRLS	Jemma Peart	6.29.19	19/03/2016	LAVic State Championships	Berwick	15-06-2001	14
U16 GIRLS	Jemma Peart	6.29.19	19/03/2016	LAVic State Championships	Berwick	15-06-2001	14
U17 GIRLS	Gabrielle Blythe	6.20.2	8/02/1986		Melbourne	9/03/1969	16
U18 GIRLS	Gabrielle Blythe	6.20.2	8/02/1986		Melbourne	9/03/1969	16
U20 WOMEN	Gabrielle Blythe	6.20.2	8/02/1986		Melbourne	9/03/1969	16
U23 WOMEN	Gabrielle Blythe	6.20.2	8/02/1986		Melbourne	9/03/1969	16
OPEN WOMEN	Sue Cook	6.19.0	8/11/1980		Melbourne	23/04/1958	22
W35+	Unclaimed						
W40+	Heather McDonald	6.45.0	3/90		Murrumbeena	13/08/1949	40
W45+	Heather McDonald	6.49.0	23/03/1996		Murrumbeena	13/08/1949	45
W50+	Pam Tindal	6.59.0	21/03/2010		Murrumbeena	2/12/1959	50
W55+	Heather Carr	7.11.91	12/11/2005		Murrumbeena	13/08/1949	56
W60+	Heather Carr	7.18.5	21/03/2010		Murrumbeena	13/08/1949	60
W65+	Brenda Riley	7.48.2	6/03/2005		Murrumbeena	9/11/1939	65
W70+	Gwen Steed	9:17.63	29/03/2013	AMA T&F Champs	Canberra	14/07/1942	70
W75+	Margaret Beaumont	12:41.85	29/03/2013	AMA T&F Champs	Canberra	8/02/1938	75
W80+	unclaimed						
W85+	unclaimed						
W90+	unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

2KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:11:02	6/09/2014	VRWC Road Races	Middle Park	31/07/2006	8
U10 BOYS	Corey Dickson	0:10:02	10/06/2012	LBG Carnival	Canberra	19/07/2002	9
U11 BOYS	Corey Dickson	0:10:01	25/05/2013	VRWC Races	Middle Park	19/07/2002	10
U12 BOYS	Kyle Swan	0:09:34	10/06/2010	VRWC Club Races	Middle Park	28/03/1999	11
U13 BOYS	Corey Dickson	0:09:12	7/06/2015	LBG Carnival	Canberra	19/07/2002	12
U14 BOYS	Corey Dickson	0:09:12	7/06/2015	LBG Carnival	Canberra	19/07/2002	12
U15 BOYS	Billy Allamby	0:08:58	30/06/2012	VRWC Intervals Race	Middle Park	24/11/1997	14
U16 BOYS	Billy Allamby	0:08:58	30/06/2012	VRWC Intervals Race	Middle Park	24/11/1997	14
U17 BOYS	Nathan Brill	0:08:10	30/06/2012	VRWC Intervals Race	Middle Park	24/05/1996	16
U18 BOYS	Nathan Brill	0:08:10	30/06/2012	VRWC Intervals Race	Middle Park	24/05/1996	16
U20 MEN	Nathan Brill	0:08:10	30/06/2012	VRWC Intervals Race	Middle Park	24/05/1996	16
U23 MEN	Rhydian Cowley	0:07:39	7/07/2013	VRWC Intervals Race	Middle Park	4/01/1991	22
OPEN MEN	Nathan Deakes	0:07:46	13/05/2005	IAAF World Cup 20km - Split	La Coruna, Spain	17/08/1977	27
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

2KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Cassie Raselli	0:10:57	21/08/2004	VRWC Club Races	Middle Park	27/08/1994	9
U11 GIRLS	Darcey Roberts	0:10:20	19/05/2018	VRWC Club Races	Middle Park	15/09/2007	10
U12 GIRLS	Cassie Raselli	0:09:47	11/06/2006	LBG Carnival	Canberra	28/08/1994	11
U13 GIRLS	Rebecca Henderson	0:09:28	08-06-2014	LBG Carnival	Canberra	4/07/2001	12
U14 GIRLS	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U15 GIRLS	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U16 GIRLS	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U17 GIRLS	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U18 GIRLS	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U20 WOMEN	Jemma Peart	0:09:23	7/06/2015	LBG Carnival	Canberra	15/06/2001	13
U23 WOMEN	Unclaimed						
OPEN WOMEN	Unclaimed						
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Michelle Laufer	0:10:11	30/06/2012	VRWC Intervals Race	Middle Park	10/11/1969	40
W50+	Pam Tindal	0:10:43	7/07/2013	VRWC Intervals Race	Middle Park	2/12/1959	53
W55+	Unclaimed						
W60+	Heather Carr	0:10:46	7/07/2013	VRWC Intervals Race	Middle Park	13/08/1949	63
W65+	Heather Carr	0:10:54	11/07/2015	VRWC Road Race	Middle Park	13/08/1949	65
W70+	Gwen Steed	0:12:11	7/07/2013	VRWC Intervals Race	Middle Park	14/07/1942	70
W75+	Gwen Steed	0:13:41	15/07/2017	VRWC Road Race	Middle Park	14/07/1942	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 27/04/2018

2000M TRACK	NAME	RFORMAN	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS							
U10 BOYS							
U11 BOYS	Nikola Mandic	10.09.2	18/01/2014	AV Shield - 2000m	Albert Park	23/01/2003	10
U12 BOYS	Nikola Mandic	9:42.3	15/11/2014	AV Shield - 2000m	Knox	23/01/2003	11
U13 BOYS	Nikola Mandic	9:18.51	31/10/2015	AV Shield - 2000m	Casey Fields	23/01/2003	12
U14 BOYS	Nikola Mandic	9:18.51	31/10/2015	AV Shield - 2000m	Casey Fields	23/01/2003	12
U15 BOYS	Nathan Brill	8:10.4	15/01/2011	AV Shield Round 11 East Region - 2000m	Doncaster	24/05/1996	14
U16 BOYS	Nathan Brill	8:10.4	15/01/2011	AV Shield Round 11 East Region - 2000m	Doncaster	24/05/1996	14
U17 BOYS	Nathan Brill	7:52.5	27/10/2012	AV Shield Round 3 East Region - 2000m	Box Hill	24/05/1996	16
U18 BOYS	Nathan Brill	7:51.9	27/10/2013	AV Shield E Region - 2000m	Nunawading	24/05/1996	17
U20 MEN	Jesse Osborne	7:38.3	18/01/2014	AV Shield NW Region - 2000m	Aberfeldie	21/01/1995	19
U23 MEN	Jesse Osborne	7:38.3	18/01/2014	AV Shield NW Region - 2000m	Aberfeldie	21/01/1995	19
OPEN MEN	Rhydian Cowley	7:29.1	24/02/2014	AV Shield - 2000m	Casey Fields	4/01/1991	23
M35+	Paul Kennedy	7:50.65	13/11/1993		Aberfeldie	3/04/1957	36
M40+	Paul Kennedy	8:06.5	12/02/2000		Aberfeldie	3/04/1957	42
M45+	Paul Kennedy	8:22.77	16/10/2004		Aberfeldie	3/04/1957	47
M50+	Andrew Jamieson	8:33.0	6/03/2000		Box Hill	13/06/1946	53
M55+	Andrew Jamieson	8:47.7	25/02/2003		Box Hill	13/06/1946	57
M60+	Andrew Jamieson	9:23.5	5/12/2009		Box Hill	13/06/1946	63
M65+	Andrew Jamieson	9:33.5	12/11/2011	AV Shield Round 4 East Region - 2000m	Doncaster	13/06/1946	65
M70+	Andrew Jamieson	10:32.9	12/12/2016	AV Shield 2000m	East Burwood	13/06/1946	70
M75+	Bob Gardiner	11:20.1	22/10/2011	AV Shield Round 3 East Region - 2000m	Box Hill	22/03/1936	75
M80+	unclaimed						
M85+	unclaimed						
M90+	unclaimed						

2000M TRACK	NAME	RFORMAN	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS							
U10 GIRLS							
U11 GIRLS	Claire Noonan	11:30.73	31/01/2015	AV Shield Final, Lakeside Stadium	Albert Park	15/03/2004	10
U12 GIRLS	Cassie Raselli	10:17.5	15/10/2005	AV Shield Box Hill	Box Hill	27/08/1994	11
U13 GIRLS	Rebecca Henderson	9:36.90	20/02/2014	AV Shield Casey Fields	Casey Field	4/07/2001	12
U14 GIRLS	Jemima Montag	9:10.6	4/02/2012	AV Shield Round 12 South East Region - 2000m	Scoresby	15/02/1998	13
U15 GIRLS	Eliza Clarke	8:53.48	31/01/2015	AV Shield Final	Albert Park	29/02/2000	14
U16 GIRLS	Jemima Montag	8:37.8	16/11/2013	AV Shield East Region - 2000m	Knox	15/02/1998	15
U17 GIRLS	Jemima Montag	8:37.8	16/11/2013	AV Shield East Region - 2000m	Knox	15/02/1998	15
U18 GIRLS	Jemima Montag	8:37.8	16/11/2013	AV Shield East Region - 2000m	Knox	15/02/1998	15
U20 WOMEN	Jemima Montag	8:37.8	16/11/2013	AV Shield East Region - 2000m	Knox	15/02/1998	15
U23 WOMEN	Jemima Montag	8:37.8	16/11/2013	AV Shield East Region - 2000m	Knox	15/02/1998	15
OPEN WOMEN	Kelly Ruddick	8:26.40	19/01/2013	AV Shield, Ballarat Region	Geelong	19/04/1973	39
W35+	Kelly Ruddick	8:26.40	19/01/2013	AV Shield, Ballarat Region	Geelong	19/04/1973	39
W40+	Michelle Laufer	9:37.3	17/11/2012	AV Shield East Region - 2000m	Doncaster	10/11/1969	43
W45+	Michelle Laufer	9:28.39	14/12/2014	AV All Comers Meet	Albert Park	10/11/1969	45
W50+	Heather Carr	9:43.0	3/03/2001		Murrumbeena	13/08/1949	51
W55+	Heather Carr	9:57.5	25/11/2006		Knox	13/08/1949	57
W60+	Heather Carr	10:10.4	14/01/2010		Murrumbeena	13/08/1949	60
W65+	Heather Carr	10:52.2	21/01/2017	AV Shield - 2000m	Casey Field	13/08/1949	66
W70+	Gwen Steed	12:33.1	27/10/2012	AV Shield South East Region - 2000m	Mentone	14/07/1942	70
W75+	Gwen Steed	13:42.9	10/12/2017	AV Shield	East Cranbourne	14/07/1942	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 27/04/2018

3KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Luke Epps	0:17:20	20/08/2016	VRWC Club Races	Middle Park	5/11/2006	9
U11 BOYS	Nikola Mandic	0:16:03	8/04/2013	AV U14 Roadwalk Championship	Middle Park	23/01/2003	10
U12 BOYS	Billy Allamby	0:15:02	30/08/2009	Australian Roadwalking Championships - 3km U14	Parramatta	24/11/1997	12
U13 BOYS	Corey Dickson	0:14:28	19/07/2014	VRWC Club Races	Middle Park	19/07/2002	12
U14 BOYS	Kyle Swan	0:14:10	18/11/2012	VRWC Club Races	Middle Park	28/03/1998	13
U15 BOYS	Nathan Brill	0:13:16	13/06/2010	LBG RWA Carnival	Canberra	24/05/1996	14
U16 BOYS	Nathan Brill	0:12:21	19/05/2012	VRWC Club Races	Middle Park	24/05/1996	15
U17 BOYS	Nathan Brill	0:12:04	3/02/2013	VRWC Club Races	Middle Park	24/05/1996	16
U18 BOYS	Nathan Brill	0:12:04	3/02/2013	VRWC Club Races	Middle Park	24/05/1996	16
U20 BOYS	Nathan Brill	0:12:04	3/02/2013	VRWC Club Races	Middle Park	24/05/1996	16
U23 MEN	Rhydian Cowley	0:11:55	28/10/2012	VRWC Club Races	Middle Park	4/01/1991	21
OPEN MEN	Nathan Deakes	0:11:43	13/05/2005	IAAF World Cup 20km - Split	La Coruna, Spain	17/08/1977	27
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Alan Lucas	17:04	3/09/2011	VRWC Club Races	Middle Park	5/01/1948	63
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

3KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Gemma Lillie	0:19:31	2/05/2015	VRWC Roadwalks	Middle Park	11/06/2005	9
U11 GIRLS	Brianna Lillie	0:16:30	27/07/2012	VRWC Roadwalks	Middle Park	30/12/2001	10
U12 GIRLS	Cassie Raselli	0:15:27	19/08/2006	VRWC Roadwalks	Middle Park	27/08/1994	11
U13 GIRLS	Jemima Montag	0:14:45	14/10/2010	VRWC Roadwalks	Middle Park	15/02/1998	12
U14 GIRLS	Jemima Montag	0:14:16	20/11/2011	VRWC Roadwalks	Middle Park	28/11/1992	13
U15 GIRLS	Rebecca Henderson	0:14:08	12/06/2016	LBG Carnival	Canberra	4/07/2001	14
U16 GIRLS	Rebecca Henderson	0:14:08	12/06/2016	LBG Carnival	Canberra	4/07/2001	14
U17 GIRLS	Rebecca Henderson	0:14:08	12/06/2016	LBG Carnival	Canberra	4/07/2001	14
U18 GIRLS	Beth Alexander	0:13:53	10/01/2010	VRWC Roadwalks	Middle Park	28/11/1992	17
U20 WOMEN	Unclaimed						
U23 WOMEN	Unclaimed						
OPEN WOMEN	Unclaimed						
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Heather Carr	0:15:19	21/08/2010	VRWC Roadwalks	Middle Park	13/08/1949	61
W65+	Heather Carr	0:16:31	6/09/2014	VRWC Roadwalks	Middle Park	13/08/1949	65
W70+	Gwen Steed	0:18:14	28/08/2013	VRWC Roadwalks	Middle Park	14/07/1942	71
W75+	Gwen Steed	0:20:44	2/09/2017	VRWC Roadwalks	Middle Park	14/07/1942	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 30/05/2018

3000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Unclaimed						
U11 BOYS	Nikola Mandic	15.49.37	27/10/2013	AV All Schools Champs	Albert Park	23/01/2003	10
U12 BOYS	Corey Dickson	15:16.01	14/03/2014	Aust Junior T&F Champs	Sydney	19/07/2002	11
U13 BOYS	Nikola Mandic	14:18.6	14/11/2015	AV Shield Competition	Frankston	23/01/2003	12
U14 BOYS	Mark Blackwood	13.56.7	19/01/1991	Interclub	Olympic Park	25/01/1977	13
U15 BOYS	Nathan Brill	12:32.06	27/02/2011	Victorian T&F Championships	Olympic Park	24/05/1996	14
U16 BOYS	Nathan Brill	12:16.25	18/02/2012	Sydney Track Classic	Homebush, Sydney	24/05/1996	15
U17 BOYS	Dion Russell	11:52.8	25/11/1991	Australian Schools T&F Champs	Brisbane	8/05/1975	16
U18 BOYS	Dion Russell	11:52.8	25/11/1991	Australian Schools T&F Champs	Brisbane	8/05/1975	16
U20 MEN	Jesse Osborne	11.19.0	12/04/2014	AV Shield Final	Albert Park	21/01/1995	19
U23 MEN	Nathan Deakes	11:17.0	10/12/1998	Interclub	Melbourne	17/08/1977	21
OPEN MEN	Andrew Jachno	10:56.22	7/02/1991		Olympic Park	13/04/1962	33
M35+	Willi Sawall	11.28.2	15/03/1980		Olympic Park	7/11/1941	38
M40+	Willi Sawall	11.28.3	21/02/1982		Albert Park	7/11/1941	40
M45+	Paul Kennedy	12.50.2	11/02/2003		Aberfeldie	3/04/1957	45
M50+	Willi Sawall	12.56.0	2/12/1993		Olympic Park	7/11/1941	52
M55+	Willi Sawall	12.44.0	14/12/1996		Geelong	7/11/1941	55
M60+	Andrew Jamieson	13.24.1	31/03/2007		Olympic Park	13/06/1946	60
M65+	Andrew Jamieson	14:13.6	3/11/2012	AV Shield Competition	Doncaster	13/06/1946	66
M70+	Andrew Jamieson	15:17.0	8/10/2016	AV Shield Competition	East Burwood	13/06/1946	70
M75+	Bob Gardiner	17:01.0	2/04/2011	Vic Masters T&F Championships	Doncaster	22/03/1936	75
M80+	Tom Daintry	18.44.0	5/04/1992		Murrumbeena	7/04/1911	81
M85+	Gus Theobald	19.31.0	10/04/1982		Perth	1897	85
M90+	Gus Theobald	21.21.0	5/04/1987		Murrumbeena	1897	90

3000M TRACK	NAME	PERFORMANC	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Unclaimed						
U11 GIRLS	Darcey Roberts	18:29.88	24/02/2018	AV U14 3000m Championship	Albert Park	15/09/2007	10
U12 GIRLS	Charlotte Hay	16:18.45	8/11/2015	AV Schools T&F Champs	Albert Park	01-12-2003	11
U13 GIRLS	Jemima Montag	14:35.20	6/11/2010	Victorian All Schools T&F Champs	Olympic Park	15/02/1998	12
U14 GIRLS	Jemima Montag	14:04.5	31/01/2012	A.V. Shield Competition	SAC, Albert Park	15/02/1998	13
U15 GIRLS	Jemima Montag	13:38.63	2/12/2012	Australian Schools Championships	Hobart	15/02/1998	14
U16 GIRLS	Jemima Montag	13:13.32	27/10/2013	AV Shield, Lakeside Stadium, Albert Park	Albert Park	15/02/1998	15
U17 GIRLS	Gabrielle Blythe	13:12.6	6/01/1986		Olympic Park	9/03/1969	16
U18 GIRLS	Gabrielle Blythe	13:12.6	6/01/1986		Olympic Park	9/03/1969	16
U20 WOMEN	Sally Pierson	13:02.71	21/02/1982		Melbourne	8/05/1982	19
U23 WOMEN	Gabrielle Blythe	12.22.1	24/02/1994		Melbourne	09/03/1969	24
OPEN WOMEN	Gabrielle Blythe	12.22.1	24/02/1994		Melbourne	09/03/1969	24
W35+	Kelly Ruddick	13:02.10	12/01/2013	A.V. Shield Competition	Frankston	19/04/1973	39
W40+	Kelly Ruddick	12:58.58	9/01/2016	AV Shield Competition	Ballarat	19/04/1973	42
W45+	Michelle Laufer	14:47.7	7/12/2014	AV Shield Competition	Doncaster	10/11/1969	45
W50+	Pam Tindal	14.58.3	20/03/2010	Vic Masters T&F Championships	Murrumbeena	2/12/1959	50
W55+	Heather Carr	15.08.4	24/03/2007	Vic Masters T&F Championships	Knox	13/08/1949	57
W60+	Heather Carr	15.30.7	21/01/2010	AV Shield Competition	Frankston	13/08/1949	60
W65+	Brenda Riley	16.22.1	1/04/2006	Vic Masters T&F Championships	Murrumbeena	9/11/1939	65
W70+	Gwen Steed	19:09.2	6/12/2012	AV Shield - South East Zone	Knox	14/07/1942	70
W75+	Gwen Steed	20:04.5	21/10/2017	AV Shield Competition	Nunawading	14/07/1942	75
W80+	Pam Mews	30.25.9	19/03/2016	Vic Masters T&F Championships	Doncaster	21/12/1934	81
W85+	unclaimed						
W90+							

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 BOYS	Nikola Mandic	0:28:35	19/01/2014	VRWC Road Races	Middle Park	23/01/2003	10
U12 BOYS	Corey Dickson	0:27:06	07/09/13	VRWC Road Races	Middle Park	19/07/2002	11
U13 BOYS	Corey Dickson	0:25:41	16/08/2014	VRWC Road Races	Middle Park	19/07/2002	12
U14 BOYS	Nathan Brill	0:23:27	23/05/2010	VRWC Road Races	Middle Park	24/05/1996	13
U15 BOYS	Nathan Brill	0:21:52	9/01/2011	VRWC Road Races	Middle Park	24/05/1996	14
U16 BOYS	Kyle Swan	0:21:38	24/05/2014	VRWC Road Races	Middle Park	28/03/1999	15
U17 BOYS	Nathan Brill	0:20:15	18/05/2013	VRWC Road Races	Middle Park	24/05/1996	16
U18 BOYS	Nathan Brill	0:20:15	18/05/2013	VRWC Road Races	Middle Park	24/05/1996	16
U20 MEN	Nathan Brill	0:20:15	18/05/2013	VRWC Road Races	Middle Park	24/05/1996	16
U23 MEN	Jared Tallent	0:19:53	6/08/2006	IAAF World Champ 20km - Split	Helsinki	17/10/1984	21
OPEN MEN	Nathan Deakes	0:19:32	13/05/2005	IAAF World Cup 20km - Split	La Coruna, Spain	17/08/1977	27
M35+	Daniel Walters	0:22:24	21/01/2018	VRWC Road Races	Middle Park	19/12/1979	38
M40+	Pramesh Prasad	0:24:41	22/01/2017	VRWC Road Races	Middle Park	21/04/1974	42
M45+	James Christmass	0:23:44	11/09/2016	VRWC Road Races	Middle Park	17/11/1967	48
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Andrew Jamieson	0:24:07	5/05/2012	VRWC Road Races	Middle Park	13/06/1946	66
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U10 GIRLS	Gemma Lillie	0:32:46	16/05/2015	VRWC Road Races	Middle Park	11/06/2005	9
U11 GIRLS	Unclaimed						
U12 GIRLS	Charlotte Hay	0:29:43	25/07/2015	VRWC Races	Middle Park	1/12/2003	11
U13 GIRLS	Jemima Montag	0:26:41	31/07/2010	VRWC Road Races	Middle Park	15/02/1998	12
U14 GIRLS	Jemima Montag	0:24:51	12/11/2011	AA Invitational Race	Fawkner Park	15/02/1998	13
U15 GIRLS	Rebecca Henderson	0:24:12	28/05/2016	VRWC Roadwalks	Middle Park	4/07/2001	14
U16 GIRLS	Jemima Montag	0:22:55	10/11/2013	VRWC Club Championships	Middle Park	15/02/1998	15
U17 GIRLS	Jemima Montag	0:22:55	10/11/2013	VRWC Club Championships	Middle Park	15/02/1998	15
U18 GIRLS	Jemima Montag	0:22:52	7/06/2015	LBG Carnival	Canberra	15/02/1998	17
U20 WOMEN	Regan Lambie	0:22:39	12/06/2011	LBG Carnival	Canberra	14/10/1991	19
U23 WOMEN	Jess Rothwell	0:22:22	19/06/2010	Official Split – IAAF 20km Race	La Coruna, Spain	18/06/1989	21
OPEN WOMEN	Gabrielle Blythe	0:22:20	12/06/1993	LBG Carnival	Canberra	9/03/1969	24
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Heather Carr	0:26:42	24/04/2010	VRWC Races	Middle Park	13/08/1949	61
W65+	Heather Carr	0:28:46	21/05/2016	VRWC Races	Middle Park	13/08/1949	66
W70+	Gwen Steed	0:30:45	7/09/2013	VRWC Races	Middle Park	14/07/1942	71
W75+	Gwen Steed	0:35:49	29/07/2017	VRWC Races	Middle Park	14/07/1942	75
W80+	Margaret Beaumont	0:46:07	12/05/2018	VRWC Races	Middle Park	8/02/1938	80
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 30/05/2018

5000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 BOYS	Unclaimed						
U12 BOYS	Kyle Swan	25.57.0	15/12/2010	VRWC Track Race	George Knott Reserve	28/03/1999	11
U13 BOYS	Kyle Swan	25.57.0	15/12/2010	VRWC Track Race	George Knott Reserve	28/03/1999	11
U14 BOYS	Kyle Swan	25.57.0	15/12/2010	VRWC Track Race	George Knott Reserve	28/03/1999	11
U15 BOYS	Stephen Brooks	22.59.0	17/03/1994	AV 5000m C'ship	Olympic Park, Melb	16/05/1979	14
U16 BOYS	Nathan Brill	20:44.66	18/02/2012	Sydney Track Classic	Homebush, Sydney	24/05/1996	15
U17 BOYS	Nathan Brill	20:08.22	19/01/2013	Youth Olympics	Homebush, Sydney	24/05/1996	16
U18 BOYS	Nathan Brill	20:08.22	19/01/2013	Youth Olympics	Homebush, Sydney	24/05/1996	16
U20 MEN	Jesse Osborne	19:46.23	2/03/2014	AV 5000m C'ship	Albert Park, Melb	21/01/1995	19
U23 MEN	Jared Tallent	19.12.27	Feb 2006	AV 5000m C'ship	MCG, Melbourne	17/10/1984	21
OPEN MEN	Jared Tallent	18.41.83	28/02/2009	AV 5000m C'ship	Olympic Park, Melb	17/10/1984	24
M35+	Simon Baker	19.57.43	13/02/1994		Olympic Park, Melb	6/02/1958	36
M40+	Willi Sawall	19.45.65	31/03/1984		Olympic Park, Melb	7/11/1941	42
M45+	Willi Sawall	21.12.19	31/03/1990		Olympic Park, Melb	7/11/1941	48
M50+	Willi Sawall	21.38.3	19/03/1992		Olympic Park, Melb	7/11/1941	50
M55+	Willi Sawall	22.11.5	26/01/1997	Vic Country T&F Champs	Ballarat	7/11/1941	56
M60+	Andrew Jamieson	22.38.7	1/03/2007		Olympic Park, Melb	13/06/1946	60
M65+	Andrew Jamieson	24:14.4	14/04/2012	AA Challenge Race	Albert Park, Melb	13/06/1946	65
M70+	Andrew Jamieson	26.42.1	26/10/2016	World Masters T&F Champs	Perth	13/06/1946	70
M75+	Tom Daintry	28.02.26	Dec 1987		Olympic Park, Melb	7/04/1911	76
M80+	Gus Theobald	30.42.0	8/08/1977	World Vets T&F Champs	Sweden	Apr 1897	80
M85+	Gus Theobald	33.14.2	10/04/1982	Aust Masters T&F Champs	Perth	Apr 1897	85
M90+	Gus Theobald	36.09.5	Apr 1987	Aust Masters T&F Champs	NSW	Apr 1897	90

5000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 GIRLS	Unclaimed						
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Jemima Montag	26.19.81	10/03/2011	Aust T&F Champs	Sydney	15/02/1998	13
U15 GIRLS	Jemima Montag	23.57.60	25/01/2013	AV Country Champs	Geelong	15/02/1998	14
U16 GIRLS	Jemima Montag	22.32.95	14/02/2014	Vic U20 5000m C'Ship	Lakeside Stadium, Melb	15/02/1998	15
U17 GIRLS	Jemima Montag	22.32.95	14/02/2014	Vic U20 5000m C'Ship	Lakeside Stadium, Melb	15/02/1998	15
U18 GIRLS	Jemima Montag	22.04.29	14/06/2015	AA Meet	Brisbane	15/02/1998	17
U20 WOMEN	Jess Rothwell	21.03.33	20/02/2009	AV 5000m C'Ship	Olympic Park, Melb	18/06/1989	19
U23 WOMEN	Jess Rothwell	21.03.33	20/02/2009	AV 5000m C'Ship	Olympic Park, Melb	18/06/1989	19
OPEN WOMEN	Jess Rothwell	21.03.33	20/02/2009	AV 5000m C'Ship	Olympic Park, Melb	18/06/1989	19
W35+	Kelly Ruddick	21:50.13	1/03/2013	AV 5000m C'Ship	Lakeside Stadium, Melb	19/04/1973	39
W40+	Kelly Ruddick	21.46.68	29/03/2014	Qld Track Classic	Brisbane	19/04/1973	40
W45+	Heather McDonald	25.04.5	Oct 1994		Brisbane	13/08/1949	45
W50+	Pam Tindal	25.18.53	3/04/2010	AMA Champs	Perth	2/12/1959	50
W55+	Heather Carr	25.54.11	24/02/2007	AV 5000m C'Ship	Olympic Park, Melb	13/08/1949	56
W60+	Heather Carr	26.29.26	3/04/2010	AMA Champs	Perth	13/08/1949	60
W65+	Brenda Riley	27.19.1	12/02/2006		Coburg	9/11/1939	66
W70+	Gwen Steed	32:57.73	30/03/2013	AMA T&F Championships	Canberra	14/07/1942	70
W75+	Gwen Steed	35:10.0	31/01/2018	Vic Team Championships	Mentone	14/07/1942	75
W80+	Margaret Beaumont	0:46:14	18/02/2018	VMA 5000m C'Ship	Mentone	8/02/1938	80
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

10KM ROAD	NAME	PERFORMANC	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Kyle Swan	0:55:18	4/09/2010	VRWC 10km	Middle Park	28/03/1999	11
U13 BOYS	Corey Dickson	0:53:56	6/09/2014	VRWC 10km	Middle Park	19/07/2002	12
U14 BOYS	Corey Dickson	0:53:56	6/09/2014	VRWC 10km	Middle Park	19/07/2002	12
U15 BOYS	Nathan Brill	0:46:42	19/02/2011	AA Invit 10km	Hobart, TAS	24/05/1996	14
U16 BOYS	Kyle Swan	0:44:20	22/02/2015	AA Invit 10km	Adelaide, SA	28/03/1999	15
U17 BOYS	Kyle Swan	0:42:48	22/02/2016	AA Invit 10km	Adelaide, SA	28/03/1999	16
U18 BOYS	Nathan Brill	0:42:33	3/08/2013	AV 10km U20 Race	Middle Park	24/05/1996	17
U20 MEN	Nathan Brill	0:41:07	3/05/2014	IAAF World Cup	Taicang, China	24/05/1996	18
U23 MEN	Jared Tallent	0:39:59	July 2005	NSW 10km C'ship	Sydney	17/10/1984	20
OPEN MEN	Nathan Deakes	0:38:09	9/06/2001	IAAF Race	Krakow, Poland	17/08/1977	23
M35+	Mark Donahoo	0:43:45	9/04/1994		Box Hill	27/05/1958	35
M40+	Willi Sawall	0:40:08	1982	RWA Champ	Richmond, NSW	7/11/1941	40
M45+	Mark Donahoo	0:46:41	21/06/2003	VRWC 10km	Middle Park	27/05/1958	45
M50+	Willi Sawall	0:44:11	5/01/1992		Albert Park	7/11/1941	50
M55+	Andrew Jamieson	0:46:33	30/07/2005	VMA 10km C'ship	Middle Park	13/06/1946	59
M60+	Andrew Jamieson	0:46:23	21/07/2007	VMA 10km C'ship	Middle Park	13/06/1946	61
M65+	Andrew Jamieson	0:48:38	19/05/2012	VRWC 10km	Middle Park	13/06/1946	66
M70+	Andrew Jamieson	0:53:17	23/07/2016	VRWC 10km	Middle Park	13/06/1946	70
M75+	Bob Gardiner	0:59:55	9/04/2012	AMA T&F Champs	Fawkner Park, Melb	22/03/1936	76
M80+	Tom Daintry	1:04:23	25/04/1993		Knox	7/04/1911	82
M85+	George Knott	1:28:29	31/03/1997		Olympic Park	1910	86
M90+	Gus Theobald	1:17:52	22/01/1990			Apr 1897	93

10KM ROAD	NAME	PERFORMANC	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Mikhala Hodges	1:05:36	3/08/2013	VRWC 10km	Middle Park	19/08/2001	11
U13 GIRLS	Rebecca Henderson	0:58:10	10/05/2014	VRWC 10km	Middle Park	4/07/2001	12
U14 GIRLS	Jemima Montag	0:53:18	11/09/2011	VRWC 10km	Middle Park	15/02/1998	13
U15 GIRLS	Rebecca Henderson	0:52:58	15/05/2016	VRWC 10km	Middle Park	4/07/2001	14
U16 GIRLS	Jemima Montag	0:47:00	2/02/2014	AA 10km U20 Race	Hobart, TAS	15/02/1998	15
U17 GIRLS	Jemima Montag	0:47:00	2/02/2014	AA 10km U20 Race	Hobart, TAS	15/02/1998	15
U18 GIRLS	Jemima Montag	0:47:00	2/02/2014	AA 10km U20 Race	Hobart, TAS	15/02/1998	15
U20 WOMEN	Jess Rothwell	0:44:01	15/02/2009	VRWC 10km	Middle Park	18/06/1989	19
U23 WOMEN	Jess Rothwell	0:44:01	15/02/2009	VRWC 10km	Middle Park	18/06/1989	19
OPEN WOMEN	Gabrielle Blythe	0:43:28	10/07/1993		Hawksbury, NSW	9/03/1969	24
W35+	Kelly Ruddick	0:46:52	27/05/2012	AV Country Champs	Ballarat	19/04/1973	39
W40+	Kelly Ruddick	0:45:26	17/08/2013	VMA 10km Champs	Middle Park	19/04/1973	40
W45+	Kelly Ruddick	0:48:36	27/05/2018	Victorian 10km Roadwalk	Middle Park	19/04/1973	45
W50+	Pam Tindal	0:52:19	15/05/2010	VRWC 10km	Middle Park	2/12/1959	50
W55+	Heather Carr	0:53:42	21/07/2007	VMA 10km C'ship	Middle Park	13/08/1949	57
W60+	Heather Carr	0:53:56	5/06/2010	VRWC 10km	Middle Park	13/08/1949	60
W65+	Brenda Riley	0:55:32	13/11/2005	VRWC 10km	Middle Park	9/11/1939	66
W70+	Gwen Steed	1:05:53	17/08/2013	VMA 10km Champs	Middle Park	14/07/1942	71
W75+	Gwen Steed	1:13:33	19/08/2017	VRWC 10km	Middle Park	14/07/1942	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 10/05/2015

10000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Unclaimed						
U13 BOYS	Unclaimed						
U14 BOYS	Unclaimed						
U15 BOYS	Kyle Swan	46:50.00	16/03/2014	Aust Junior T&F U20 10km	Sydney	28/03/1999	14
U16 BOYS	Kyle Swan	43:50.85	13/03/2015	Aust Junior T&F U20 10km	Sydney	28/03/1999	15
U17 BOYS	Nathan Brill	42:48.70	12/03/2013	Aust Junior T&F Champs	Perth	24/05/1996	16
U18 BOYS	Jared Tallent	42:48.70	12/03/2013	Aust Junior T&F Champs	Perth	24/05/1996	16
U20 MEN	Dion Russell	41:05.5	1/04/1995	Vic 10000m C'Ship	Doncaster	8/05/1975	19
U23 MEN	Nathan Deakes	40:32.8	8/02/1999	Canberra Grand Prix Meet	Canberra	18/08/77	21
OPEN MEN	David Smith	38:06.6	25/09/1986	Sydney Grand Prix Meet	Sydney	24/07/1955	31
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

10000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Rebecca Henderson	53:44.49	13/03/2015	Aust U20 10,000m Title	Sydney	4/07/2001	13
U15 GIRLS	Rebecca Henderson	53:44.49	13/03/2015	Aust U20 10,000m Title	Sydney	4/07/2001	13
U16 GIRLS	Rebecca Henderson	53:44.49	13/03/2015	Aust U20 10,000m Title	Sydney	4/07/2001	13
U17 GIRLS	Jemima Montag	48:25.18	14/03/2014	Aust U20 10,000m Title	Sydney	15/02/1998	16
U18 GIRLS	Jemima Montag	48:25.18	14/03/2014	Aust U20 10,000m Title	Sydney	15/02/1998	16
U20 WOMEN	Jess Rothwell	44.44.20	9/07/2008	World Junior C'Ships	Poland	18/06/1989	18
U23 WOMEN	Jess Rothwell	44.44.20	9/07/2008	World Junior C'Ships	Poland	18/06/1989	18
OPEN WOMEN	Jess Rothwell	44.44.20	9/07/2008	World Junior C'Ships	Poland	18/06/1989	18
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Unclaimed						
W65+	Unclaimed						
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 30/05/2018

15KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Unclaimed						
U13 BOYS	Unclaimed						
U14 BOYS	Corey Dickson	1:24:33	5/05/2016	Victorian 15km C'Ship	Middle Park	19/07/2002	13
U15 BOYS	Corey Dickson	1:24:33	5/05/2016	Victorian 15km C'Ship	Middle Park	19/07/2002	13
U16 BOYS	Corey Dickson	1:24:33	5/05/2016	Victorian 15km C'Ship	Middle Park	19/07/2002	13
U17 BOYS	Dion Russell	1:07:49	26/04/1992	VRWC U20 Club C'Ship	Albert Park	8/05/1975	16
U18 BOYS	Dion Russell	1:07:49	26/04/1992	VRWC U20 Club C'Ship	Albert Park	8/05/1975	16
U20 MEN	Jared Tallent	1:05:54	2/05/2004	RWWC 20km - 10km split	Naumburg, GER	17/10/1984	19
U23 MEN	Jared Tallent	1:00:30	13/05/2006	Official 15km split, 2006 W	La Coruna, Spain	17/10/1984	21
OPEN MEN	Nathan Deakes	0:59:21	13/05/2006	Official 15km split, 2006 W	La Coruna, Spain	18-08-77	28
M35+	Stuart Kollmorgen	1:18:09	6/05/2007	AV C'ship	Geelong	20/04/1969	38
M40+	Stuart Kollmorgen	1:11:44	29/05/2011	Victorian 15km C'Ship	Middle Park	20/04/1969	42
M45+	Mark Donahoo	1:19:32	3/05/2008	VRWC Open	Middle Park	27/05/1958	49
M50+	Andrew Jamieson	1:09:19	21/05/2000	AV C'ship	Ballarat	13/06/1946	53
M55+	Andrew Jamieson	1:12:36	25/06/2005	Victorian 15km C'Ship	Middle Park	13/06/1946	59
M60+	Andrew Jamieson	1:10:43	3/05/2008	VRWC Open	Middle Park	13/06/1946	61
M65+	Ralph Bennett	1:21:45	3/05/2008	VRWC Open	Middle Park	26/12/1941	66
M70+	Murray Dickinson	1:29:53	28/06/2009	VRWC C'ship	Middle Park	22/08/1938	70
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

15KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Unclaimed						
U15 GIRLS	Unclaimed						
U16 GIRLS	Rebecca Henderson	1:18:52	14/05/2017	Victorian 15km C'Ship	Middle Park	4/07/2001	15
U17 GIRLS	Rebecca Henderson	1:18:52	14/05/2017	Victorian 15km C'Ship	Middle Park	4/07/2001	15
U18 GIRLS	Rebecca Henderson	1:18:52	14/05/2017	Victorian 15km C'Ship	Middle Park	4/07/2001	15
U20 WOMEN	Jemima Montag	1:13:37	14/05/2017	Victorian 15km C'Ship	Middle Park	15/02/1998	19
U23 WOMEN	Jess Rothwell	1:07:42	19/06/2010	Official Split – IAAF 20km	La Coruna, Spain	18/06/1989	21
OPEN WOMEN	Regan Lambie	1:07:40	19/06/2010	IAAF Challenge 20km	Rio Maior, Portugal	9/04/2016	25
W35+	Kelly Ruddick	1:11:53	3/02/2013	VRWC Road Races	Middle Park	19/04/1973	39
W40+	Michelle Laufer	1:21:10	7/06/2012	AV 15km C'Ship	Middle Park	10/11/1969	42
W45+	Kelly Ruddick	1:14:27	12/05/2018	VRWC Road Races	Middle Park	19/04/1973	45
W50+	Pam Tindal	1:22:45	23/05/2010	VRWC C'ship	Middle Park	2/12/1959	50
W55+	Heather Carr	1:27:31	24/05/2009	AV C'ship	Bendigo	13/08/1949	59
W60+	Heather Carr	1:24:48	18/07/2010	Victorian 15km C'Ship	Middle Park	13/08/1949	60
W65+	Heather Carr	1:29:14	4/07/2015	Victorian 15km C'Ship	Middle Park	13/08/1949	65
W70+	Marlaine Stanway	1:49:04	23/05/2010	VRWC C'ship	Middle Park	1/07/1938	71
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 01/07/2016

20KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U17 BOYS	Craig Brill	1:37:20	19/08/1984	Aust U20 20km	Fisherman's Bend	10/11/1967	16
U18 BOYS	Adam Garganis	1:31:08	21/06/2015	Vic 20km C'ship	Middle Park	18/09/1997	17
U20 MEN	Nathan Deakes	1:23:58	19/04/1997	Racewalking World Cup 20km	Podebrady	17/08/1977	19
U23 Men	Nathan Deakes	1:20:15	26/01/99	Adelaide Grand Prix 20km	Adelaide	18/08/77	21
OPEN MEN	Nathan Deakes	1.17.33	23/04/2005	IAAF Meet	Cixi, China	17/08/1977	27
M35+	Willi Sawall	1.24.05	23/03/1980	Aust Olympic Trial	Sydney	7/11/1941	38
M40+	Willi Sawall	1.21.36	4/07/1982	Vic 20km C'ship	Albert Park	7/11/1941	40
M45+	Willi Sawall	1.25.03	27/08/1988	Aust 20km C'Ship	Canberra	7/11/1941	46
M50+	Andrew Jamieson	1.34.38	18/07/1999	Vic 20km C'Ship	Middle Park	13/06/1946	53
M55+	Andrew Jamieson	1.35.13	18/08/2001	VRWC 2 Hour	Coburg	13/06/1946	55
M60+	Andrew Jamieson	1.35.39	24/06/2008	Vic 20km C'Ship	Middle Park	13/06/1946	62
M65+	Andrew Jamieson	1:40:13	28/07/2012	VRWC Club Race	Middle Park	13/06/1946	66
M70+	Andrew Jamieson	1:52:35	26/06/2016	VMA 20km C'Ship	Middle Park	13/06/1946	70
M75+	Tom Daintry	1.59.20	22/06/1986		Murrumbeena	7/04/1911	75
M80+	Gus Theobald	2.11.55	13/08/1977	WMA Champs	Sweden	Apr 1897	80
M85+	Gus Theobald	2.26.07	21/08/1982			Apr 1897	85
M90+	Gus Theobald	2.34.01	21/04/1987	Aust Masters Champs	NSW	Apr 1897	90

VRWC Club Championships - 20km Road

20KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U17 GIRLS	Unclaimed						
U18 GIRLS	Unclaimed						
U20 WOMEN	Jessica Rothwell	1.30.25	7/03/2009	Aust 20km C'ship	Melbourne	18/06/1989	19
U23 WOMEN	Regan Lamble	1:30:08	1/08/2012	Olympic 20km Walk	London, UK	14/10/1991	20
OPEN WOMEN	Regan Lamble	1:30:08	1/08/2012	Olympic 20km Walk	London, UK	14/10/1991	20
W35+	Kelly Ruddick	1:36:58	24/02/2013	Aust 20km C'ship	Hobart	19/04/1973	39
W40+	Kelly Ruddick	1:33:15	1/09/2013	Aust 20km C'ship	Launceston, TAS	19/04/1973	40
W45+	Kathy Woodward	1.48.01	8/05/1994	VRWC Club Championship	Knox	2/04/1949	45
W50+	Pam Tindal	1:51:07	27/06/2010	VRWC Roadwalk	Middle Park	2/12/1959	50
W55+	Heather Carr	1.54.17	19/08/2006	Aust 20km C'Ship	Middle Park	13/08/1949	57
W60+	Heather Carr	1:56:18	29/05/2011	VRWC Roadwalk	Middle Park	13/08/1949	61
W65+	Brenda Riley	1.57.39	17/12/2006	VRWC Club Walk	Middle Park	9/11/1939	67
W70+	Marlaine Stanway	2:33:11	27/06/2010	VMA Chanpionship	Middle Park	1/07/1938	71
W75+	Margaret Beaumont	2:57:00	3/08/2013	VRWC Races	Middle Park	8/02/1938	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC Club Championships - 20km Road

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 23/08/2017

30KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 MEN	Adam Garganis	2:17:24	6/08/2017	Vic 30km C'Ship	Melbourne	18/09/1997	19
U23 MEN	Jared Tallent	2:06:27	10/06/2007	LBG Carnival – ACT 30	Canberra	17/10/1984	22
OPEN MEN	Nathan Deakes	2.05.06	28/08/2006	Aust 30km C'Ship	Hobart	17/08/1977	29
M35+	Willi Sawall	2.10.11	18/05/1980	Vic 30km C'Ship	Albert Park	7/11/1941	39
M40+	Willi Sawall	2.08.01	16/05/1982	Vic 30km C'Ship	Albert Park	7/11/1941	40
M45+	Willi Sawall	2.17.02	29/05/1988	Vic 30km C'Ship	Albert Park	7/11/1941	46
M50+	Andrew Jamieson	2.31.20	5/09/1999	Aust 30km C'Ship	Middle Park	13/06/1946	53
M55+	Andrew Jamieson	2.32.05	9/11/2003	VRWC Open 30km	Middle Park	13/06/1946	57
M60+	Andrew Jamieson	2.28.55	3/05/2009	VRWC 35km C'Ship	Middle Park	13/06/1946	62
M65+	Andrew Jamieson	2:39:25	11/09/2011	VRWC 35km C'Ship	Middle Park	13/06/1946	65
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

30KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 WOMEN	Unclaimed						
U23 WOMEN	Regan Lamble	2:21:43	10/06/2012	LBG Carnival	Canberra	14/10/1991	20
OPEN WOMEN	Regan Lamble	2:21:43	10/06/2012	LBG Carnival	Canberra	14/10/1991	20
W35+	Sarah Brennan	2:58:36	7/08/2016	AV 30km C'Ship	Middle Park	22/04/1976	40
W40+	Sarah Brennan	2:58:36	7/08/2016	AV 30km C'Ship	Middle Park	22/04/1976	40
W45+	Michelle Thompson	3:14:37	13/09/2015	VRWC 35km C'Ship	Middle Park	12/12/1968	46
W50+	Unclaimed						
W55+	Karyn O'Neill	3:45:30	11/09/2011	VRWC 35km C'Ship	Middle Park	27/01/1955	56
W60+	Heather Carr	3:19:01	11/09/2011	VRWC 35km C'Ship	Middle Park	13/08/1949	62
W65+	Heather Carr	3:37:02	13/09/2015	VRWC 35km C'Ship	Middle Park	13/08/1949	66
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 16/09/2011

50KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 MEN	Craig Brill	4.19.46	3/05/1987	Lugano Cup	New York	10/11/1967	19
U23 MEN	Dion Russell	3:48:12	14/12/1997	Aust 50km C'Ship	Middle Park	08/05/1975	22
OPEN MEN	Nathan Deakes	3.35.47	2/12/2006	Aust 50km C'ship	Geelong	17/08/1977	29
M35+	Willi Sawall	3.46.34	6/04/1980	Aust 50km C'Ship	Adelaide	7/11/1941	38
M40+	Willi Sawall	3.59.48	16/08/1986	Aust 50km C'Ship	Adelaide	7/11/1941	44
M45+	Willi Sawall	4.12.29	11/06/1905	Aust 50km C'Ship	Melbourne	7/11/1941	48
M50+	Willi Sawall	4.12.57	24/05/1992	Aust 50km C'Ship	Fisherman's Bend	7/11/1941	50
M55+	Andrew Jamieson	4.46.44	24/10/2004	Aust 50km C'Ship	Middle Park	13/06/1946	58
M60+	Andrew Jamieson	4.27.40	2/12/2006	Aust 50km C'Ship	Geelong	13/06/1946	62
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

50KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 WOMEN	Unclaimed						
U23 WOMEN	Unclaimed						
OPEN WOMEN	Michelle Thompson	5:13:14	11/09/2011	RWA 50km C'ship	Middle Park	12/12/1968	42
W35+	Unclaimed						
W40+	Michelle Thompson	5:13:14	11/09/2011	RWA 50km C'ship	Middle Park	12/12/1968	42
W45+	Michelle Thompson	5:33:10	13/09/2015	RWA 50km C'ship	Middle Park	12/12/1968	46
W50+	Unclaimed						
W55+	Liz Feldman	5.45.08	24/10/2004	VRWC 50m C'ship	Middle Park	18/08/1948	56
W60+	Liz Feldman	6:05:43	11/09/2011	RWA 50km C'ship	Middle Park	18/08/1948	63
W65+	Unclaimed						
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						