

VRWC Records

Edited and Created by Tim Erickson and Terry Swan

Creation Date 01-Oct-10

Last Edit Date 08-Jul-17

Tab legend

1km is ROAD Event

1000m Track Event

2km is Road Event

2000m is Track Event



VRWC CLUB RECORDS

Last Updated: Tim Erickson, 25/06/2015

1KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:05:06	07-06-2015	RWA LBG Carnival	Canberra	31-07-2006	8
U10 BOYS	Corey Dickson	0:05:03	10-06-2012	RWA LBG Carnival	Canberra	19-07-2002	9
U11 BOYS	Corey Dickson	0:05:03	10-06-2012	RWA LBG Carnival	Canberra	19-07-2002	9
U12 BOYS	Kyle Swan	0:04:44	23-05-2010	VRWC Club Race	Middle Park	28-03-1999	11
1KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Georgia Bertrand	0:05:21	07-06-2009	RWA LBG Carnival	Canberra	12-07-2000	8
U10 GIRLS	Brodie Richardson	0:05:06	13-06-2010	RWA LBG Carnival	Canberra	05-12-2000	9
U11 GIRLS	Brodie Richardson	0:05:06	13-06-2010	RWA LBG Carnival	Canberra	05-12-2000	9
U12 GIRLS	Paige De Lisen	0:05:04	23-05-2010	VRWC Club Race	Middle Park	09-10-1998	11

VRWC CLUB RECORDS

Last Updated: Terry Swan. 21 September 2015

1.5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:08:11	05-07-2014	VRWC Club Races	Middle Park	31-07-2006	7
U10 BOYS	Harry Hockley-Samon	0:07:50	13-07-2010	VRWC Club Races	Middle Park	18-10-2000	9
U11 BOYS	Corey Dickson	0:07:18	30-06-2013	VRWC Club Champs	Middle Park	19-07-2002	10
U12 BOYS	Corey Dickson	0:07:18	30-06-2013	VRWC Club Champs	Middle Park	19-07-2002	10
U13 BOYS	Corey Dickson	0:07:18	30-06-2013	VRWC Club Champs	Middle Park	19-07-2002	10
U14 BOYS	Connor McShanag	0:07:04	06-02-2010	AV Shield Region Final	Moonee Valley	26-06-1996	13
U15 BOYS	Lucas Taylor	0:07:03	15-12-2010	VRWC Club Races	Clifton Hill	30-06-1996	14
U16 BOYS							
U17 BOYS							
U18 BOYS							
U20 MEN							
U23 MEN							
OPEN MEN							
M35+							
M40+							
M45+							
M50+							
M55+							
M60+							
M65+							
M70+							
M75+							
M80+							
M85+							
M90+							

1.5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Brianna Lillie	0:08:37	24-07-2010	VRWC Club Races	Middle Park	30-12-2001	8
U10 GIRLS	Georgia Bertrand	0:08:05	27-06-2010	VRWC Club Races	Middle Park	12-07-2000	9
U11 GIRLS	Georgia Bertrand	0:08:05	27-06-2010	VRWC Club Races	Middle Park	12-07-2000	9
U12 GIRLS	Charlotte Hay	0:07:53	22-08-2015	VRWC Club Races	Middle Park	01-12-2003	11
U13 GIRLS	Charlotte Hay	0:07:53	22-08-2015	VRWC Club Races	Middle Park	01-12-2003	11
U14 GIRLS							
U15 GIRLS							
U16 GIRLS							
U17 GIRLS							
U18 GIRLS							
U20 WOMEN							
U23 WOMEN							
OPEN WOMEN							
W35+							
W40+							
W45+							
W50+							
W55+							
W60+							
W65+	Heather Carr	0:07:54	13-06-2015	VRWC Club Races	Middle Park	13-08-1949	65
W70+							
W75+							
W80+							
W85+							
W90+							

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 01/04/2016

1500M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Unclaimed						
U11 BOYS	Nikola Mandic	7.28.8	2013-11-30	AV Shield	Knox	23-01-2003	10
U12 BOYS	Nikola Mandic	06:57.4	2014-12-20	AV Shield	Casey Fields, Melb	23-01-2003	11
U13 BOYS	Travis Harbour	6.44.1	1988-11-12	Victorian Interclub Competition	Knox	12-12-1975	12
U14 BOYS	Travis Harbour	6.25.1	1989-11-30	Victorian Interclub Competition	Knox	12-12-1975	13
U15 BOYS	Stephen Brooks	5.48.0	27-03-1994		Olympic Park, Melb	16-05-1979	14
U16 BOYS	Stephen Brooks	5.42.7	26-03-1995		Olympic Park, Melb	16-05-1979	15
U17 BOYS	Stephen Brooks	5.42.7	26-03-1995		Olympic Park, Melb	16-05-1979	15
U18 BOYS	Dion Russell	5.38.8	26-10-1992		Olympic Park, Melb	8-05-1975	17
U20 MEN	Jesse Osborne	05:19.54	23-03-2014	VRWC Track Race	Mentone	21-01-1995	19
U23 MEN	Jesse Osborne	05:19.54	23-03-2014	VRWC Track Race	Mentone	21-01-1995	19
OPEN MEN	David Smith	5.19.1	07-02-1981		Olympic Park, Melb	24-07-1955	25
M35+	Clyde Riddoch	6.29.0	1988-11-03		East Burwood	23-07-1953	35
M40+	Paul Kennedy	6.15.0	2001-02-03		Aberfeldie	3-04-1957	43
M45+	Paul Kennedy	6.14.3	2004		Aberfeldie	3-04-1957	47
M50+	Andrew Jamieson	6.21.1	1999-03-04		East Burwood	13-06-1946	52
M55+	Murray Dickinson	6.44.1	1995-10-07		Olympic Park, Melb	22-08-1938	56
M60+	Andrew Jamieson	6.52.5	2008-03-09		Olympic Park, Melb	13-06-1946	61
M65+	Andrew Jamieson	06:52.6	2012-03-25	VMA T&F Championships	Doncaster	13-06-1946	65
M70+	Ralph Bennett	08:00.4	2012-04-06	AMA T&F Championships	Lakeside Stadium, AP	1941-12-26	70
M75+	Bob Gardiner	7.57.44	2011-04-03	Victorian Masters T&F Champs	Doncaster	22-03-1936	75
M80+	unclaimed						
M85+	George Knott	12.04.6	1995-10-07		Olympic Park	24-03-1905	85
M90+	unclaimed						

1500M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Hayley Woolfe	9.07.1	2013-02-02	AV Shield Competition	Cranbourne East	23-12-2003	9
U11 GIRLS	Rebecca Henderson	07:45.84	2012-03-24	LAVic State Championships	Bendigo	4-07-2001	10
U12 GIRLS	Rebecca Henderson	0:07:17	2013-03-24	LAVic State Championships	Bendigo	4-07-2001	11
U13 GIRLS	Rebecca Henderson	6.48.79	2014-03-29	Victorian Little Athletics T&F Champ	Lakeside, Melb	4-07-2001	12
U14 GIRLS	Jemima Montag	6.44.36	2011-03-19	Victorian T&F Champs - 1500m U14	Olympic Park, Melb	15-02-1998	13
U15 GIRLS	Jemma Peart	6.29.19	2016-03-19	LAVic State Championships	Berwick	15-06-2001	14
U16 GIRLS	Jemma Peart	6.29.19	2016-03-19	LAVic State Championships	Berwick	15-06-2001	14
U17 GIRLS	Gabrielle Blythe	6.20.2	1986-02-08		Melbourne	9-03-1969	16
U18 GIRLS	Gabrielle Blythe	6.20.2	1986-02-08		Melbourne	9-03-1969	16
U20 WOMEN	Gabrielle Blythe	6.20.2	1986-02-08		Melbourne	9-03-1969	16
U23 WOMEN	Gabrielle Blythe	6.20.2	1986-02-08		Melbourne	9-03-1969	16
OPEN WOMEN	Sue Cook	6.19.0	1980-11-08		Melbourne	23-04-1958	22
W35+	Unclaimed						
W40+	Heather McDonald	6.45.0	3/90		Murrumbeena	13-08-1949	40
W45+	Heather McDonald	6.49.0	1996-03-23		Murrumbeena	13-08-1949	45
W50+	Pam Tindal	6.59.0	2010-03-21		Murrumbeena	2-12-1959	50
W55+	Heather Carr	7.11.91	2005-11-12		Murrumbeena	13-08-1949	56
W60+	Heather Carr	7.18.5	2010-03-21		Murrumbeena	13-08-1949	60
W65+	Brenda Riley	7.48.2	2005-03-06		Murrumbeena	9-11-1939	65
W70+	Gwen Steed	9:17.63	2013-03-29	AMA T&F Champs	Canberra	14-07-1942	70
W75+	Margaret Beaumont	12:41.85	2013-03-29	AMA T&F Champs	Canberra	8-02-1938	75
W80+	unclaimed						
W85+	unclaimed						
W90+	unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 03/06/2016

2KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Joel Prys	0:11:02	2014-09-06	VRWC Road Races	Middle Park	2006-07-31	8
U10 BOYS	Corey Dickson	0:10:02	2012-06-10	LBG Carnival	Canberra	19-07-2002	9
U11 BOYS	Corey Dickson	0:10:01	2013-05-25	VRWC Races	Middle Park	19-07-2002	10
U12 BOYS	Kyle Swan	0:09:34	2010-06-10	VRWC Club Races	Middle Park	1999-03-28	11
U13 BOYS	Corey Dickson	0:09:12	2015-06-07	LBG Carnival	Canberra	2002-07-19	12
U14 BOYS	Corey Dickson	0:09:12	2015-06-07	LBG Carnival	Canberra	2002-07-19	12
U15 BOYS	Billy Allamby	0:08:58	2012-06-30	VRWC Intervals Race	Middle Park	1997-11-24	14
U16 BOYS	Billy Allamby	0:08:58	2012-06-30	VRWC Intervals Race	Middle Park	1997-11-24	14
U17 BOYS	Nathan Brill	0:08:10	2012-06-30	VRWC Intervals Race	Middle Park	1996-05-24	16
U18 BOYS	Nathan Brill	0:08:10	2012-06-30	VRWC Intervals Race	Middle Park	1996-05-24	16
U20 MEN	Nathan Brill	0:08:10	2012-06-30	VRWC Intervals Race	Middle Park	1996-05-24	16
U23 MEN	Rhydian Cowley	0:07:39	2013-07-07	VRWC Intervals Race	Middle Park	1991-01-04	22
OPEN MEN	Nathan Deakes	0:07:46	2005-05-13	IAAF World Cup 20km - Split	La Coruna, Spain	1977-08-17	27
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

2KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Cassie Raselli	0:10:57	2004-08-21	VRWC Club Races	Middle Park	1994-08-27	9
U11 GIRLS	Mikhala Hodges	0:10:38	10-06-2012	LBG Carnival	Canberra	19-08-2001	10
U12 GIRLS	Cassie Raselli	0:09:47	11-06-2006	LBG Carnival	Canberra	28-08-1994	11
U13 GIRLS	Rebecca Henderson	0:09:28	08-06-2014	LBG Carnival	Canberra	2001-07-04	12
U14 GIRLS	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U15 GIRLS	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U16 GIRLS	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U17 GIRLS	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U18 GIRLS	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U20 WOMEN	Jemma Peart	0:09:23	7-06-2015	LBG Carnival	Canberra	15-06-2001	13
U23 WOMEN	Unclaimed						
OPEN WOMEN	Unclaimed						
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Michelle Laufer	0:10:11	2012-06-30	VRWC Intervals Race	Middle Park	10-11-1969	40
W50+	Pam Tindal	0:10:43	2013-07-07	VRWC Intervals Race	Middle Park	1959-12-02	53
W55+	Unclaimed						
W60+	Heather Carr	0:10:46	2013-07-07	VRWC Intervals Race	Middle Park	1949-08-13	63
W65+	Heather Carr	0:10:54	2015-07-11	VRWC Road Race	Middle Park	1949-08-13	65
W70+	Gwen Steed	0:12:11	2013-07-07	VRWC Intervals Race	Middle Park	14-07-1942	70
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 24/01/2017

2000M TRACK	NAME	RFORMAN	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS							
U10 BOYS							
U11 BOYS	Nikola Mandic	10.09.2	2014-01-18	AV Shield - 2000m	Albert Park	2003-01-23	10
U12 BOYS	Nikola Mandic	9:42.3	2014-11-15	AV Shield - 2000m	Knox	2003-01-23	11
U13 BOYS	Nikola Mandic	9:18.51	31/10/2015	AV Shield - 2000m	Casey Fields	2003-01-23	12
U14 BOYS	Nikola Mandic	9:18.51	31/10/2015	AV Shield - 2000m	Casey Fields	2003-01-23	12
U15 BOYS	Nathan Brill	8:10.4	2011-01-15	AV Shield Round 11 East Region - 2000m	Doncaster	1996-05-24	14
U16 BOYS	Nathan Brill	8:10.4	2011-01-15	AV Shield Round 11 East Region - 2000m	Doncaster	1996-05-24	14
U17 BOYS	Nathan Brill	7:52.5	2012-10-27	AV Shield Round 3 East Region - 2000m	Box Hill	1996-05-24	16
U18 BOYS	Nathan Brill	7:51.9	27-10-2013	AV Shield E Region - 2000m	Nunawading	1996-05-24	17
U20 MEN	Jesse Osborne	7:38.3	2014-01-18	AV Shield NW Region - 2000m	Aberfeldie	1995-01-21	19
U23 MEN	Jesse Osborne	7:38.3	2014-01-18	AV Shield NW Region - 2000m	Aberfeldie	1995-01-21	19
OPEN MEN	Rhydian Cowley	7:29.1	2014-02-24	AV Shield - 2000m	Casey Fields	1991-01-04	23
M35+	Paul Kennedy	7:50.65	1993-11-13		Aberfeldie	1957-04-03	36
M40+	Paul Kennedy	8:06.5	2000-02-12		Aberfeldie	1957-04-03	42
M45+	Paul Kennedy	8:22.77	2004-10-16		Aberfeldie	1957-04-03	47
M50+	Andrew Jamieson	8:33.0	2000-03-06		Box Hill	1946-06-13	53
M55+	Andrew Jamieson	8:47.7	2003-02-25		Box Hill	1946-06-13	57
M60+	Andrew Jamieson	9:23.5	2009-12-05		Box Hill	1946-06-13	63
M65+	Andrew Jamieson	9:33.5	2011-11-12	AV Shield Round 4 East Region - 2000m	Doncaster	1946-06-13	65
M70+	Andrew Jamieson	10:32.9	2016-12-12	AV Shield 2000m	East Burwood	1946-06-13	70
M75+	Bob Gardiner	11:20.1	2011-10-22	AV Shield Round 3 East Region - 2000m	Box Hill	1936-03-22	75
M80+	unclaimed						
M85+	unclaimed						
M90+	unclaimed						

2000M TRACK	NAME	RFORMAN	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS							
U10 GIRLS							
U11 GIRLS	Claire Noonan	11:30.73	2015-01-31	AV Shield Final, Lakeside Stadium	Albert Park	2004-03-15	10
U12 GIRLS	Cassie Raselli	10:17.5	2005-10-15	AV Shield Box Hill	Box Hill	1994-08-27	11
U13 GIRLS	Rebecca Henderson	9:36.90	2014-02-20	AV Shield Casey Fields	Casey Field	2001-07-04	12
U14 GIRLS	Jemima Montag	9:10.6	2012-02-04	AV Shield Round 12 South East Region - 2000m	Scoresby	1998-02-15	13
U15 GIRLS	Eliza Clarke	8:53.48	2015-01-31	AV Shield Final	Albert Park	2000-02-29	14
U16 GIRLS	Jemima Montag	8:37.8	2013-11-16	AV Shield East Region - 2000m	Knox	1998-02-15	15
U17 GIRLS	Jemima Montag	8:37.8	2013-11-16	AV Shield East Region - 2000m	Knox	1998-02-15	15
U18 GIRLS	Jemima Montag	8:37.8	2013-11-16	AV Shield East Region - 2000m	Knox	1998-02-15	15
U20 WOMEN	Jemima Montag	8:37.8	2013-11-16	AV Shield East Region - 2000m	Knox	1998-02-15	15
U23 WOMEN	Jemima Montag	8:37.8	2013-11-16	AV Shield East Region - 2000m	Knox	1998-02-15	15
OPEN WOMEN	Kelly Ruddick	8:26.40	2013-01-19	AV Shield, Ballarat Region	Geelong	1973-04-19	39
W35+	Kelly Ruddick	8:26.40	2013-01-19	AV Shield, Ballarat Region	Geelong	1973-04-19	39
W40+	Michelle Laufer	9:37.3	2012-11-17	AV Shield East Region - 2000m	Doncaster	1969-11-10	43
W45+	Michelle Laufer	9:28.39	2014-12-14	AV All Comers Meet	Albert Park	1969-11-10	45
W50+	Heather Carr	9:43.0	2001-03-03		Murrumbeena	1949-08-13	51
W55+	Heather Carr	9:57.5	2006-11-25		Knox	1949-08-13	57
W60+	Heather Carr	10:10.4	2010-01-14		Murrumbeena	1949-08-13	60
W65+	Heather Carr	10:52.2	2017-01-21	AV Shield - 2000m	Casey Field	1949-08-13	66
W70+	Gwen Steed	12:33.1	2012-10-27	AV Shield South East Region - 2000m	Mentone	1942-07-14	70
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 26/09/2016

3KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Luke Epps	0:17:20	2016-08-20	VRWC Club Races	Middle Park	2006-11-05	9
U11 BOYS	Nikola Mandic	0:16:03	2013-04-08	AV U14 Roadwalk Championship	Middle Park	2003-01-23	10
U12 BOYS	Billy Allamby	0:15:02	2009-08-30	Australian Roadwalking Championships - 3km U14	Parramatta	1997-11-24	12
U13 BOYS	Corey Dickson	0:14:28	2014-07-19	VRWC Club Races	Middle Park	2002-07-19	12
U14 BOYS	Kyle Swan	0:14:10	2012-11-18	VRWC Club Races	Middle Park	1998-03-28	13
U15 BOYS	Nathan Brill	0:13:16	2010-06-13	LBG RWA Carnival	Canberra	1996-05-24	14
U16 BOYS	Nathan Brill	0:12:21	2012-05-19	VRWC Club Races	Middle Park	1996-05-24	15
U17 BOYS	Nathan Brill	0:12:04	2013-02-03	VRWC Club Races	Middle Park	1996-05-24	16
U18 BOYS	Nathan Brill	0:12:04	2013-02-03	VRWC Club Races	Middle Park	1996-05-24	16
U20 BOYS	Nathan Brill	0:12:04	2013-02-03	VRWC Club Races	Middle Park	1996-05-24	16
U23 MEN	Rhydian Cowley	0:11:55	2012-10-28	VRWC Club Races	Middle Park	1991-01-04	21
OPEN MEN	Nathan Deakes	0:11:43	2005-05-13	IAAF World Cup 20km - Split	La Coruna, Spain	1977-08-17	27
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Alan Lucas	17:04	2011-09-03	VRWC Club Races	Middle Park	1948-01-05	63
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

3KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Gemma Lillie	0:19:31	2015-05-02	VRWC Roadwalks	Middle Park	2005-06-11	9
U11 GIRLS	Brianna Lillie	0:16:30	2012-07-27	VRWC Roadwalks	Middle Park	2001-12-30	10
U12 GIRLS	Cassie Raselli	0:15:27	2006-08-19	VRWC Roadwalks	Middle Park	1994-08-27	11
U13 GIRLS	Jemima Montag	0:14:45	2010-10-14	VRWC Roadwalks	Middle Park	1998-02-15	12
U14 GIRLS	Jemima Montag	0:14:16	2011-11-20	VRWC Roadwalks	Middle Park	1992-11-28	13
U15 GIRLS	Rebecca Henderson	0:14:08	2016-06-12	LBG Carnival	Canberra	2001-07-04	14
U16 GIRLS	Rebecca Henderson	0:14:08	2016-06-12	LBG Carnival	Canberra	2001-07-04	14
U17 GIRLS	Rebecca Henderson	0:14:08	2016-06-12	LBG Carnival	Canberra	2001-07-04	14
U18 GIRLS	Beth Alexander	0:13:53	2010-01-10	VRWC Roadwalks	Middle Park	1992-11-28	17
U20 WOMEN	Unclaimed						
U23 WOMEN	Unclaimed						
OPEN WOMEN	Unclaimed						
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Heather Carr	0:15:19	2010-08-21	VRWC Roadwalks	Middle Park	1949-08-13	61
W65+	Heather Carr	0:16:31	2014-09-06	VRWC Roadwalks	Middle Park	1949-08-13	65
W70+	Gwen Steed	0:18:14	2013-08-28	VRWC Roadwalks	Middle Park	1942-07-14	71
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 24/01/2017

3000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 BOYS	Unclaimed						
U10 BOYS	Unclaimed						
U11 BOYS	Nikola Mandic	15.49.37	2013-10-27	AV All Schools Champs	Albert Park	2003-01-23	10
U12 BOYS	Corey Dickson	15:16.01	2014-03-14	Aust Junior T&F Champs	Sydney	2002-07-19	11
U13 BOYS	Nikola Mandic	14:18.6	14/11/2015	AV Shield Competition	Frankston	2003-01-23	12
U14 BOYS	Mark Blackwood	13.56.7	1991-01-19	Interclub	Olympic Park	1977-01-25	13
U15 BOYS	Nathan Brill	12:32.06	2011-02-27	Victorian T&F Championships	Olympic Park	1996-05-24	14
U16 BOYS	Nathan Brill	12:16.25	2012-02-18	Sydney Track Classic	Homebush, Sydney	1996-05-24	15
U17 BOYS	Dion Russell	11:52.8	1991-11-25	Australian Schools T&F Champs	Brisbane	1975-05-08	16
U18 BOYS	Dion Russell	11:52.8	1991-11-25	Australian Schools T&F Champs	Brisbane	1975-05-08	16
U20 MEN	Jesse Osborne	11.19.0	2014-04-12	AV Shield Final	Albert Park	1995-01-21	19
U23 MEN	Nathan Deakes	11:17.0	10-12-1998	Interclub	Melbourne	17-08-1977	21
OPEN MEN	Andrew Jachno	10:56.22	1991-02-07		Olympic Park	1962-04-13	33
M35+	Willi Sawall	11.28.2	1980-03-15		Olympic Park	1941-11-07	38
M40+	Willi Sawall	11.28.3	1982-02-21		Albert Park	1941-11-07	40
M45+	Paul Kennedy	12.50.2	2003-02-11		Aberfeldie	1957-04-03	45
M50+	Willi Sawall	12.56.0	1993-12-02		Olympic Park	1941-11-07	52
M55+	Willi Sawall	12.44.0	1996-12-14		Geelong	1941-11-07	55
M60+	Andrew Jamieson	13.24.1	2007-03-31		Olympic Park	1946-06-13	60
M65+	Andrew Jamieson	14:13.6	2012-11-03	AV Shield Competition	Doncaster	1946-06-13	66
M70+	Andrew Jamieson	15:17.0	2016-10-08	AV Shield Competition	East Burwood	1946-06-13	70
M75+	Bob Gardiner	17:01.0	2011-04-02	Vic Masters T&F Championships	Doncaster	1936-03-22	75
M80+	Tom Daintry	18.44.0	1992-04-05		Murrumbeena	1911-04-07	81
M85+	Gus Theobald	19.31.0	1982-04-10		Perth	1897	85
M90+	Gus Theobald	21.21.0	1987-04-05		Murrumbeena	1897	90

3000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U9 GIRLS	Unclaimed						
U10 GIRLS	Unclaimed						
U11 GIRLS	Unclaimed						
U12 GIRLS	Charlotte Hay	16:18.45	2015-11-08	AV Schools T&F Champs	Albert Park	01-12-2003	11
U13 GIRLS	Jemima Montag	14:35.20	2010-11-06	Victorian All Schools T&F Champs	Olympic Park	15-02-1998	12
U14 GIRLS	Jemima Montag	14:04.5	2012-01-31	A.V. Shield Competition	SAC, Albert Park	15-02-1998	13
U15 GIRLS	Jemima Montag	13:38.63	2012-12-02	Australian Schools Championships	Hobart	15-02-1998	14
U16 GIRLS	Jemima Montag	13:13.32	2013-10-27	AV Shield, Lakeside Stadium, Albert Park	Albert Park	15-02-1998	15
U17 GIRLS	Gabrielle Blythe	13:12.6	1986-01-06		Olympic Park	1969-03-09	16
U18 GIRLS	Gabrielle Blythe	13:12.6	1986-01-06		Olympic Park	1969-03-09	16
U20 WOMEN	Sally Pierson	13:02.71	1982-02-21		Melbourne	1982-05-08	19
U23 WOMEN	Gabrielle Blythe	12:22.1	24-02-1994		Melbourne	09-03-1969	24
OPEN WOMEN	Gabrielle Blythe	12:22.1	24-02-1994		Melbourne	09-03-1969	24
W35+	Kelly Ruddick	13:02.10	2013-01-12	A.V. Shield Competition	Frankston	1973-04-19	39
W40+	Kelly Ruddick	12:58.58	2016-01-09	AV Shield Competition	Ballarat	1973-04-19	42
W45+	Michelle Laufer	14:47.7	2014-12-07	AV Shield Competition	Doncaster	1969-11-10	45
W50+	Pam Tindal	14:58.3	2010-03-20	Vic Masters T&F Championships	Murrumbeena	1959-12-02	50
W55+	Heather Carr	15:08.4	2007-03-24	Vic Masters T&F Championships	Knox	1949-08-13	57
W60+	Heather Carr	15:30.7	2010-01-21	AV Shield Competition	Frankston	1949-08-13	60
W65+	Brenda Riley	16:22.1	2006-04-01	Vic Masters T&F Championships	Murrumbeena	1939-11-09	65
W70+	Gwen Steed	19:09.2	2012-12-06	AV Shield - South East Zone	Knox	1942-07-14	70
W75+	Jean Knox	22:14.0	2006-04-01	Vic Masters T&F Championships	Murrumbeena	1926-12-08	79
W80+	Pam Mews	30:25.9	2016-03-19	Vic Masters T&F Championships	Doncaster	1934-12-21	81
W85+	unclaimed						
W90+							

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 24/01/2017

5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 BOYS	Nikola Mandic	0:28:35	2014-01-19	VRWC Road Races	Middle Park	23-01-2003	10
U12 BOYS	Corey Dickson	0:27:06	07-09-13	VRWC Road Races	Middle Park	19-07-2002	11
U13 BOYS	Corey Dickson	0:25:41	2014-08-16	VRWC Road Races	Middle Park	2002-07-19	12
U14 BOYS	Nathan Brill	0:23:27	2010-05-23	VRWC Road Races	Middle Park	1996-05-24	13
U15 BOYS	Nathan Brill	0:21:52	2011-01-09	VRWC Road Races	Middle Park	1996-05-24	14
U16 BOYS	Kyle Swan	0:21:38	2014-05-24	VRWC Road Races	Middle Park	1999-03-28	15
U17 BOYS	Nathan Brill	0:20:15	2013-05-18	VRWC Road Races	Middle Park	1996-05-24	16
U18 BOYS	Nathan Brill	0:20:15	2013-05-18	VRWC Road Races	Middle Park	1996-05-24	16
U20 MEN	Nathan Brill	0:20:15	2013-05-18	VRWC Road Races	Middle Park	1996-05-24	16
U23 MEN	Jared Tallent	0:19:53	2006-08-06	IAAF World Champ 20km - Split	Helsinki	1984-10-17	21
OPEN MEN	Nathan Deakes	0:19:32	2005-05-13	IAAF World Cup 20km - Split	La Coruna, Spain	1977-08-17	27
M35+	Unclaimed						
M40+	Pramesh Prasad	0:24:41	2017-01-22	VRWC Road Races	Middle Park	1974-04-21	42
M45+	James Christmass	0:23:44	2016-09-11	VRWC Road Races	Middle Park	1967-11-17	48
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Andrew Jamieson	0:24:07	2012-05-05	VRWC Road Races	Middle Park	1946-06-13	66
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

5KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U10 GIRLS	Gemma Lillie	0:32:46	2015-05-16	VRWC Road Races	Middle Park	2005-06-11	9
U11 GIRLS	Unclaimed						
U12 GIRLS	Charlotte Hay	0:29:43	2015-07-25	VRWC Races	Middle Park	2003-12-01	11
U13 GIRLS	Jemima Montag	0:26:41	2010-07-31	VRWC Road Races	Middle Park	1998-02-15	12
U14 GIRLS	Jemima Montag	0:24:51	2011-11-12	AA Invitational Race	Fawkner Park	1998-02-15	13
U15 GIRLS	Rebecca Henderson	0:24:12	2016-05-28	VRWC Roadwalks	Middle Park	2001-07-04	14
U16 GIRLS	Jemima Montag	0:22:55	2013-11-10	VRWC Club Championships	Middle Park	1998-02-15	15
U17 GIRLS	Jemima Montag	0:22:55	2013-11-10	VRWC Club Championships	Middle Park	1998-02-15	15
U18 GIRLS	Jemima Montag	0:22:52	2015-06-07	LBG Carnival	Canberra	1998-02-15	17
U20 WOMEN	Regan Lambie	0:22:39	2011-06-12	LBG Carnival	Canberra	1991-10-14	19
U23 WOMEN	Jess Rothwell	0:22:22	2010-06-19	Official Split – IAAF 20km Race	La Coruna, Spain	1989-06-18	21
OPEN WOMEN	Gabrielle Blythe	0:22:20	1993-06-12	LBG Carnival	Canberra	1969-03-09	24
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Heather Carr	0:26:42	2010-04-24	VRWC Races	Middle Park	1949-08-13	61
W65+	Heather Carr	0:28:46	2016-05-21	VRWC Races	Middle Park	1949-08-13	66
W70+	Gwen Steed	0:30:45	2013-09-07	VRWC Races	Middle Park	1942-07-14	71
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 4 November 2016

5000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 BOYS	Unclaimed						
U12 BOYS	Kyle Swan	25.57.0	2010-12-15	VRWC Track Race	George Knott Reserve	1999-03-28	11
U13 BOYS	Kyle Swan	25.57.0	2010-12-15	VRWC Track Race	George Knott Reserve	1999-03-28	11
U14 BOYS	Kyle Swan	25.57.0	2010-12-15	VRWC Track Race	George Knott Reserve	1999-03-28	11
U15 BOYS	Stephen Brooks	22.59.0	17-03-1994	AV 5000m C'ship	Olympic Park, Melb	16-05-1979	14
U16 BOYS	Nathan Brill	20:44.66	2012-02-18	Sydney Track Classic	Homebush, Sydney	1996-05-24	15
U17 BOYS	Nathan Brill	20:08.22	2013-01-19	Youth Olympics	Homebush, Sydney	1996-05-24	16
U18 BOYS	Nathan Brill	20:08.22	2013-01-19	Youth Olympics	Homebush, Sydney	1996-05-24	16
U20 MEN	Jesse Osborne	19:46.23	2014-03-02	AV 5000m C'ship	Albert Park, Melb	1995-01-21	19
U23 MEN	Jared Tallent	19.12.27	Feb 2006	AV 5000m C'ship	MCG, Melbourne	1984-10-17	21
OPEN MEN	Jared Tallent	18.41.83	2009-02-28	AV 5000m C'ship	Olympic Park, Melb	1984-10-17	24
M35+	Simon Baker	19.57.43	1994-02-13		Olympic Park, Melb	1958-02-06	36
M40+	Willi Sawall	19.45.65	1984-03-31		Olympic Park, Melb	1941-11-07	42
M45+	Willi Sawall	21.12.19	1990-03-31		Olympic Park, Melb	1941-11-07	48
M50+	Willi Sawall	21.38.3	1992-03-19		Olympic Park, Melb	1941-11-07	50
M55+	Willi Sawall	22.11.5	1997-01-26	Vic Country T&F Champs	Ballarat	1941-11-07	56
M60+	Andrew Jamieson	22.38.7	2007-03-01		Olympic Park, Melb	1946-06-13	60
M65+	Andrew Jamieson	24:14.4	2012-04-14	AA Challenge Race	Albert Park, Melb	1946-06-13	65
M70+	Andrew Jamieson	26.42.1	2016-10-26	World Masters T&F Champs	Perth	1946-06-13	70
M75+	Tom Daintry	28.02.26	Dec 1987		Olympic Park, Melb	1911-04-07	76
M80+	Gus Theobold	30.42.0	1977-08-08	World Vets T&F Champs	Sweden	Apr 1897	80
M85+	Gus Theobold	33.14.2	1982-04-10	Aust Masters T&F Champs	Perth	Apr 1897	85
M90+	Gus Theobold	36.09.5	Apr 1987	Aust Masters T&F Champs	NSW	Apr 1897	90

5000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U11 GIRLS	Unclaimed						
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Jemima Montag	26.19.81	2011-03-10	Aust T&F Champs	Sydney	1998-02-15	13
U15 GIRLS	Jemima Montag	23.57.60	2013-01-25	AV Country Champs	Geelong	1998-02-15	14
U16 GIRLS	Jemima Montag	22.32.95	2014-02-14	Vic U20 5000m C'Ship	Lakeside Stadium, Melb	1998-02-15	15
U17 GIRLS	Jemima Montag	22.32.95	2014-02-14	Vic U20 5000m C'Ship	Lakeside Stadium, Melb	1998-02-15	15
U18 GIRLS	Jemima Montag	22.04.29	2015-06-14	AA Meet	Brisbane	1998-02-15	17
U20 WOMEN	Jess Rothwell	21.03.33	2009-02-20	AV 5000m C'Ship	Olympic Park, Melb	1989-06-18	19
U23 WOMEN	Jess Rothwell	21.03.33	2009-02-20	AV 5000m C'Ship	Olympic Park, Melb	1989-06-18	19
OPEN WOMEN	Jess Rothwell	21.03.33	2009-02-20	AV 5000m C'Ship	Olympic Park, Melb	1989-06-18	19
W35+	Kelly Ruddick	21:50.13	2013-03-01	AV 5000m C'Ship	Lakeside Stadium, Melb	1973-04-19	39
W40+	Kelly Ruddick	21.46.68	2014-03-29	Qld Track Classic	Brisbane	1973-04-19	40
W45+	Heather McDonald	25.04.5	Oct 1994		Brisbane	1949-08-13	45
W50+	Pam Tindal	25.18.53	2010-04-03	AMA Champs	Perth	1959-12-02	50
W55+	Heather Carr	25.54.11	2007-02-24	AV 5000m C'Ship	Olympic Park, Melb	1949-08-13	56
W60+	Heather Carr	26.29.26	2010-04-03	AMA Champs	Perth	1949-08-13	60
W65+	Brenda Riley	27.19.1	2006-02-12		Coburg	1939-11-09	66
W70+	Gwen Steed	32:57.73	2013-03-30	AMA T&F Championships	Canberra	1942-07-14	70
W75+	Margaret Beaumont	42:55.06	2013-04-01	AMA T&F Championships	Canberra	1938-02-08	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 24/08/2016

10KM ROAD	NAME	PERFORMANC	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Kyle Swan	0:55:18	2010-09-04	VRWC 10km	Middle Park	1999-03-28	11
U13 BOYS	Corey Dickson	0:53:56	2014-09-06	VRWC 10km	Middle Park	2002-07-19	12
U14 BOYS	Corey Dickson	0:53:56	2014-09-06	VRWC 10km	Middle Park	2002-07-19	12
U15 BOYS	Nathan Brill	0:46:42	2011-02-19	AA Invit 10km	Hobart, TAS	1996-05-24	14
U16 BOYS	Kyle Swan	0:44:20	2015-02-22	AA Invit 10km	Adelaide, SA	1999-03-28	15
U17 BOYS	Kyle Swan	0:42:48	2016-02-22	AA Invit 10km	Adelaide, SA	1999-03-28	16
U18 BOYS	Nathan Brill	0:42:33	2013-08-03	AV 10km U20 Race	Middle Park	1996-05-24	17
U20 MEN	Nathan Brill	0:41:07	2014-05-03	IAAF World Cup	Taicang, China	1996-05-24	18
U23 MEN	Jared Tallent	0:39:59	July 2005	NSW 10km C'ship	Sydney	1984-10-17	20
OPEN MEN	Nathan Deakes	0:38:09	2001-06-09	IAAF Race	Krakow, Poland	1977-08-17	23
M35+	Mark Donahoo	0:43:45	1994-04-09		Box Hill	1958-05-27	35
M40+	Willi Sawall	0:40:08	1982	RWA Champ	Richmond, NSW	1941-11-07	40
M45+	Mark Donahoo	0:46:41	2003-06-21	VRWC 10km	Middle Park	1958-05-27	45
M50+	Willi Sawall	0:44:11	1992-01-05		Albert Park	1941-11-07	50
M55+	Andrew Jamieson	0:46:33	2005-07-30	VMA 10km C'ship	Middle Park	13-06-1946	59
M60+	Andrew Jamieson	0:46:23	2007-07-21	VMA 10km C'ship	Middle Park	13-06-1946	61
M65+	Andrew Jamieson	0:48:38	2012-05-19	VRWC 10km	Middle Park	13-06-1946	66
M70+	Andrew Jamieson	0:53:17	2016-07-23	VRWC 10km	Middle Park	13-06-1946	70
M75+	Bob Gardiner	0:59:55	2012-04-09	AMA T&F Champs	Fawkner Park, Melb	1936-03-22	76
M80+	Tom Daintry	1:04:23	1993-04-25		Knox	1911-04-07	82
M85+	George Knott	1:28:29	1997-03-31		Olympic Park	1910	86
M90+	Gus Theobald	1:17:52	1990-01-22			Apr 1897	93

10KM ROAD	NAME	PERFORMANC	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Mikhala Hodges	1:05:36	2013-08-03	VRWC 10km	Middle Park	2001-08-19	11
U13 GIRLS	Rebecca Henderson	0:58:10	2014-05-10	VRWC 10km	Middle Park	2001-07-04	12
U14 GIRLS	Jemima Montag	0:53:18	2011-09-11	VRWC 10km	Middle Park	1998-02-15	13
U15 GIRLS	Rebecca Henderson	0:52:58	2016-05-15	VRWC 10km	Middle Park	2001-07-04	14
U16 GIRLS	Jemima Montag	0:47:00	2014-02-02	AA 10km U20 Race	Hobart, TAS	1998-02-15	15
U17 GIRLS	Jemima Montag	0:47:00	2014-02-02	AA 10km U20 Race	Hobart, TAS	1998-02-15	15
U18 GIRLS	Jemima Montag	0:47:00	2014-02-02	AA 10km U20 Race	Hobart, TAS	1998-02-15	15
U20 WOMEN	Jess Rothwell	0:44:01	2009-02-15	VRWC 10km	Middle Park	1989-06-18	19
U23 WOMEN	Jess Rothwell	0:44:01	2009-02-15	VRWC 10km	Middle Park	1989-06-18	19
OPEN WOMEN	Gabrielle Blythe	0:43:28	1993-07-10		Hawksbury, NSW	1969-03-09	24
W35+	Kelly Ruddick	0:46:52	2012-05-27	AV Country Champs	Ballarat	1973-04-19	39
W40+	Kelly Ruddick	0:45:26	2013-08-17	VMA 10km Champs	Middle Park	1973-04-19	40
W45+	Heather McDonald	0:50:35	1995-06-04		Geelong	1949-08-13	45
W50+	Pam Tindal	0:52:19	2010-05-15	VRWC 10km	Middle Park	1959-12-02	50
W55+	Heather Carr	0:53:42	2007-07-21	VMA 10km C'ship	Middle Park	1949-08-13	57
W60+	Heather Carr	0:53:56	2010-06-05	VRWC 10km	Middle Park	1949-08-13	60
W65+	Brenda Riley	0:55:32	2005-11-13	VRWC 10km	Middle Park	1939-11-09	66
W70+	Gwen Steed	1:05:53	2013-08-17	VMA 10km Champs	Middle Park	1942-07-14	71
W75+	Margaret Beaumont	1:24:48	2014-08-16	VMA 10km Champs	Middle Park	1938-02-08	76
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson 10/05/2015

10000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Unclaimed						
U13 BOYS	Unclaimed						
U14 BOYS	Unclaimed						
U15 BOYS	Kyle Swan	46:50.00	2014-03-16	Aust Junior T&F U20 10km	Sydney	1999-03-28	14
U16 BOYS	Kyle Swan	43:50.85	2015-03-13	Aust Junior T&F U20 10km	Sydney	1999-03-28	15
U17 BOYS	Nathan Brill	42:48.70	2013-03-12	Aust Junior T&F Champs	Perth	1996-05-24	16
U18 BOYS	Jared Tallent	42:48.70	2013-03-12	Aust Junior T&F Champs	Perth	1996-05-24	16
U20 MEN	Dion Russell	41:05.5	1995-04-01	Vic 10000m C'Ship	Doncaster	1975-05-08	19
U23 MEN	Nathan Deakes	40:32.8	1999-02-08	Canberra Grand Prix Meet	Canberra	18/08/77	21
OPEN MEN	David Smith	38:06.6	1986-09-25	Sydney Grand Prix Meet	Sydney	1955-07-24	31
M35+	Unclaimed						
M40+	Unclaimed						
M45+	Unclaimed						
M50+	Unclaimed						
M55+	Unclaimed						
M60+	Unclaimed						
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

10000M TRACK	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Rebecca Henderson	53:44.49	2015-03-13	Aust U20 10,000m Title	Sydney	2001-07-04	13
U15 GIRLS	Rebecca Henderson	53:44.49	2015-03-13	Aust U20 10,000m Title	Sydney	2001-07-04	13
U16 GIRLS	Rebecca Henderson	53:44.49	2015-03-13	Aust U20 10,000m Title	Sydney	2001-07-04	13
U17 GIRLS	Jemima Montag	48:25.18	2014-03-14	Aust U20 10,000m Title	Sydney	1998-02-15	16
U18 GIRLS	Jemima Montag	48:25.18	2014-03-14	Aust U20 10,000m Title	Sydney	1998-02-15	16
U20 WOMEN	Jess Rothwell	44.44.20	2008-07-09	World Junior C'Ships	Poland	1989-06-18	18
U23 WOMEN	Jess Rothwell	44.44.20	2008-07-09	World Junior C'Ships	Poland	1989-06-18	18
OPEN WOMEN	Jess Rothwell	44.44.20	2008-07-09	World Junior C'Ships	Poland	1989-06-18	18
W35+	Unclaimed						
W40+	Unclaimed						
W45+	Unclaimed						
W50+	Unclaimed						
W55+	Unclaimed						
W60+	Unclaimed						
W65+	Unclaimed						
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 08/07/2017

15KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 BOYS	Unclaimed						
U13 BOYS	Unclaimed						
U14 BOYS	Corey Dickson	1:24:33	2016-05-05	Victorian 15km C'Ship	Middle Park	2002-07-19	13
U15 BOYS	Corey Dickson	1:24:33	2016-05-05	Victorian 15km C'Ship	Middle Park	2002-07-19	13
U16 BOYS	Corey Dickson	1:24:33	2016-05-05	Victorian 15km C'Ship	Middle Park	2002-07-19	13
U17 BOYS	Dion Russell	1:07:49	1992-04-26	VRWC U20 Club C'Ship	Albert Park	1975-05-08	16
U18 BOYS	Dion Russell	1:07:49	1992-04-26	VRWC U20 Club C'Ship	Albert Park	1975-05-08	16
U20 MEN	Jared Tallent	1:05:54	2004-05-02	RWWC 20km - 10km split	Naumburg, GER	1984-10-17	19
U23 MEN	Jared Tallent	1:00:30	13/05/2006	Official 15km split, 2006 W	La Coruna, Spain	1984-10-17	21
OPEN MEN	Nathan Deakes	0:59:21	2006-05-13	Official 15km split, 2006 W	La Coruna, Spain	18-08-77	28
M35+	Stuart Kollmorgen	1:18:09	2007-05-06	AV C'ship	Geelong	1969-04-20	38
M40+	Stuart Kollmorgen	1:11:44	2011-05-29	Victorian 15km C'Ship	Middle Park	1969-04-20	42
M45+	Mark Donahoo	1:19:32	2008-05-03	VRWC Open	Middle Park	1958-05-27	49
M50+	Andrew Jamieson	1:09:19	2000-05-21	AV C'ship	Ballarat	13-06-1946	53
M55+	Andrew Jamieson	1:12:36	2005-06-25	Victorian 15km C'Ship	Middle Park	13-06-1946	59
M60+	Andrew Jamieson	1:10:43	2008-05-03	VRWC Open	Middle Park	13-06-1946	61
M65+	Ralph Bennett	1:21:45	2008-05-03	VRWC Open	Middle Park	1941-12-26	66
M70+	Murray Dickinson	1:29:53	2009-06-28	VRWC C'ship	Middle Park	1938-08-22	70
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

15KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U12 GIRLS	Unclaimed						
U13 GIRLS	Unclaimed						
U14 GIRLS	Unclaimed						
U15 GIRLS	Unclaimed						
U16 GIRLS	Rebecca Henderson	1:18:52	2017-05-14	Victorian 15km C'Ship	Middle Park	2001-07-04	15
U17 GIRLS	Rebecca Henderson	1:18:52	2017-05-14	Victorian 15km C'Ship	Middle Park	2001-07-04	15
U18 GIRLS	Rebecca Henderson	1:18:52	2017-05-14	Victorian 15km C'Ship	Middle Park	2001-07-04	15
U20 WOMEN	Jemima Montag	1:13:37	2017-05-14	Victorian 15km C'Ship	Middle Park	1998-02-15	19
U23 WOMEN	Jess Rothwell	1:07:42	2010-06-19	Official Split – IAAF 20km	La Coruna, Spain	1989-06-18	21
OPEN WOMEN	Regan Lambie	1:07:40	2010-06-19	IAAF Challenge 20km	Rio Maior, Portugal	2016-04-09	25
W35+	Kelly Ruddick	1:11:53	2013-02-03	VRWC Road Races	Middle Park	1973-04-19	39
W40+	Michelle Laufer	1:21:10	2012-06-07	AV 15km C'Ship	Middle Park	1969-11-10	42
W45+	Pam Tindal	1:28:13	2009-05-03	VRWC C'ship	Middle Park	1959-12-02	49
W50+	Pam Tindal	1:22:45	2010-05-23	VRWC C'ship	Middle Park	1959-12-02	50
W55+	Heather Carr	1:27:31	2009-05-24	AV C'ship	Bendigo	1949-08-13	59
W60+	Heather Carr	1:24:48	2010-07-18	Victorian 15km C'Ship	Middle Park	1949-08-13	60
W65+	Heather Carr	1:29:14	2015-07-04	Victorian 15km C'Ship	Middle Park	1949-08-13	65
W70+	Marlaine Stanway	1:49:04	2010-05-23	VRWC C'ship	Middle Park	1938-07-01	71
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 01/07/2016

20KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U17 BOYS	Craig Brill	1:37:20	1984-08-19	Aust U20 20km	Fisherman's Bend	1967-11-10	16
U18 BOYS	Adam Garganis	1:31:08	2015-06-21	Vic 20km C'ship	Middle Park	1997-09-18	17
U20 MEN	Nathan Deakes	1:23:58	1997-04-19	Racewalking World Cup 20km	Podebrady	1977-08-17	19
U23 Men	Nathan Deakes	1:20:15	26/01/99	Adelaide Grand Prix 20km	Adelaide	18/08/77	21
OPEN MEN	Nathan Deakes	1.17.33	2005-04-23	IAAF Meet	Cixi, China	1977-08-17	27
M35+	Willi Sawall	1.24.05	1980-03-23	Aust Olympic Trial	Sydney	1941-11-07	38
M40+	Willi Sawall	1.21.36	1982-07-04	Vic 20km C'ship	Albert Park	1941-11-07	40
M45+	Willi Sawall	1.25.03	1988-08-27	Aust 20km C'Ship	Canberra	1941-11-07	46
M50+	Andrew Jamieson	1.34.38	1999-07-18	Vic 20km C'Ship	Middle Park	13-06-1946	53
M55+	Andrew Jamieson	1.35.13	2001-08-18	VRWC 2 Hour	Coburg	13-06-1946	55
M60+	Andrew Jamieson	1.35.39	2008-06-24	Vic 20km C'Ship	Middle Park	13-06-1946	62
M65+	Andrew Jamieson	1:40:13	2012-07-28	VRWC Club Race	Middle Park	13-06-1946	66
M70+	Andrew Jamieson	1:52:35	2016-06-26	VMA 20km C'Ship	Middle Park	13-06-1946	70
M75+	Tom Daintry	1.59.20	1986-06-22		Murrumbeena	1911-04-07	75
M80+	Gus Theobald	2.11.55	1977-08-13	WMA Champs	Sweden	Apr 1897	80
M85+	Gus Theobald	2.26.07	1982-08-21			Apr 1897	85
M90+	Gus Theobald	2.34.01	1987-04-21	Aust Masters Champs	NSW	Apr 1897	90

VRWC Club Championships - 20km Road

20KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U17 GIRLS	Unclaimed						
U18 GIRLS	Unclaimed						
U20 WOMEN	Jessica Rothwell	1.30.25	2009-03-07	Aust 20km C'ship	Melbourne	1989-06-18	19
U23 WOMEN	Regan Lamble	1:30:08	2012-08-01	Olympic 20km Walk	London, UK	1991-10-14	20
OPEN WOMEN	Regan Lamble	1:30:08	2012-08-01	Olympic 20km Walk	London, UK	1991-10-14	20
W35+	Kelly Ruddick	1:36:58	2013-02-24	Aust 20km C'ship	Hobart	1973-04-19	39
W40+	Kelly Ruddick	1:33:15	2013-09-01	Aust 20km C'ship	Launceston, TAS	1973-04-19	40
W45+	Kathy Woodward	1.48.01	1994-05-08	VRWC Club Championship	Knox	1949-04-02	45
W50+	Pam Tindal	1:51:07	2010-06-27	VRWC Roadwalk	Middle Park	1959-12-02	50
W55+	Heather Carr	1.54.17	2006-08-19	Aust 20km C'Ship	Middle Park	1949-08-13	57
W60+	Heather Carr	1:56:18	2011-05-29	VRWC Roadwalk	Middle Park	1949-08-13	61
W65+	Brenda Riley	1.57.39	2006-12-17	VRWC Club Walk	Middle Park	1939-11-09	67
W70+	Marlaine Stanway	2:33:11	2010-06-27	VMA Chanpionship	Middle Park	1938-07-01	71
W75+	Margaret Beaumont	2:57:00	2013-08-03	VRWC Races	Middle Park	1938-02-08	75
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC Club Championships - 20km Road

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 28/08/2016

30KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 MEN	Michael Harvey	2.22.00	Aug 1982	CG 30km Trial	Melbourne	1962-12-05	19
U23 MEN	Jared Tallent	2:06:27	10/06/2007	LBG Carnival – ACT 30	Canberra	17/10/1984	22
OPEN MEN	Nathan Deakes	2.05.06	2006-08-28	Aust 30km C'Ship	Hobart	1977-08-17	29
M35+	Willi Sawall	2.10.11	1980-05-18	Vic 30km C'Ship	Albert Park	1941-11-07	39
M40+	Willi Sawall	2.08.01	1982-05-16	Vic 30km C'Ship	Albert Park	1941-11-07	40
M45+	Willi Sawall	2.17.02	1988-05-29	Vic 30km C'Ship	Albert Park	1941-11-07	46
M50+	Andrew Jamieson	2.31.20	1999-09-05	Aust 30km C'Ship	Middle Park	13-06-1946	53
M55+	Andrew Jamieson	2.32.05	2003-11-09	VRWC Open 30km	Middle Park	13-06-1946	57
M60+	Andrew Jamieson	2.28.55	2009-05-03	VRWC 35km C'Ship	Middle Park	13-06-1946	62
M65+	Andrew Jamieson	2:39:25	2011-09-11	VRWC 35km C'Ship	Middle Park	13-06-1946	65
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

30KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 WOMEN	Unclaimed						
U23 WOMEN	Regan Lamble	2:21:43	2012-06-10	LBG Carnival	Canberra	1991-10-14	20
OPEN WOMEN	Regan Lamble	2:21:43	2012-06-10	LBG Carnival	Canberra	1991-10-14	20
W35+	Sarah Brennan	2:58:36	2016-08-07	AV 30km C'Ship	Middle Park	1976-04-22	40
W40+	Sarah Brennan	2:58:36	2016-08-07	AV 30km C'Ship	Middle Park	1976-04-22	40
W45+	Michelle Thompson	3:14:37	2015-09-13	VRWC 35km C'Ship	Middle Park	1968-12-12	46
W50+	Unclaimed						
W55+	Karyn O'Neill	3:45:30	2011-09-11	VRWC 35km C'Ship	Middle Park	1955-01-27	56
W60+	Heather Carr	3:19:01	2011-09-11	VRWC 35km C'Ship	Middle Park	1949-08-13	62
W65+	Heather Carr	3:37:02	2015-09-13	VRWC 35km C'Ship	Middle Park	1949-08-13	66
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						

VRWC CLUB RECORDS

Last Updated: Tim Erickson, 16/09/2011

50KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 MEN	Craig Brill	4.19.46	1987-05-03	Lugano Cup	New York	1967-11-10	19
U23 MEN	Dion Russell	3:48:12	14/12/1997	Aust 50km C'Ship	Middle Park	08/05/1975	22
OPEN MEN	Nathan Deakes	3.35.47	2006-12-02	Aust 50km C'ship	Geelong	17-08-1977	29
M35+	Willi Sawall	3.46.34	1980-04-06	Aust 50km C'Ship	Adelaide	1941-11-07	38
M40+	Willi Sawall	3.59.48	1986-08-16	Aust 50km C'Ship	Adelaide	1941-11-07	44
M45+	Willi Sawall	4.12.29	1905-06-11	Aust 50km C'Ship	Melbourne	1941-11-07	48
M50+	Willi Sawall	4.12.57	1992-05-24	Aust 50km C'Ship	Fisherman's Bend	1941-11-07	50
M55+	Andrew Jamieson	4.46.44	2004-10-24	Aust 50km C'Ship	Middle Park	13-06-1946	58
M60+	Andrew Jamieson	4.27.40	2006-12-02	Aust 50km C'Ship	Geelong	13-06-1946	62
M65+	Unclaimed						
M70+	Unclaimed						
M75+	Unclaimed						
M80+	Unclaimed						
M85+	Unclaimed						
M90+	Unclaimed						

50KM ROAD	NAME	PERFORMANCE	DATE	EVENT	VENUE	DOB	AGE ON DAY
U20 WOMEN	Unclaimed						
U23 WOMEN	Unclaimed						
OPEN WOMEN	Michelle Thompson	5:13:14	2011-09-11	RWA 50km C'ship	Middle Park	1968-12-12	42
W35+	Unclaimed						
W40+	Michelle Thompson	5:13:14	2011-09-11	RWA 50km C'ship	Middle Park	1968-12-12	42
W45+	Michelle Thompson	5:33:10	2015-09-13	RWA 50km C'ship	Middle Park	1968-12-12	46
W50+	Unclaimed						
W55+	Liz Feldman	5.45.08	2004-10-24	VRWC 50m C'ship	Middle Park	1948-08-18	56
W60+	Liz Feldman	6:05:43	2011-09-11	RWA 50km C'ship	Middle Park	1948-08-18	63
W65+	Unclaimed						
W70+	Unclaimed						
W75+	Unclaimed						
W80+	Unclaimed						
W85+	Unclaimed						
W90+	Unclaimed						